

Interim Guidance for Breastpump Distribution and Return

Distribution:

If a mother cannot access a pump through her health insurance, WIC can provide a Hygiea Pump rental. Staff can work with the mother to arrange a safe and appropriate pick up location that is not face to face. This may include dropping off to mother's doorstep or having a pick-up spot outside of the WIC office that is secure. Education on pump use and milk storage can be provided over the phone by appropriate WIC staff. The release form can be discussed over the phone as well and mother can provide a "verbal signature" until she returns to the office in person.

Example: A mother tells the peer counselor that she is unable to get a pump as she currently has no health insurance.

Scenarios-

1. The nutrition staff person or PC is able to get into the WIC office to get the pump and a new kit. She arranges a secure drop off location (e.g. outside WIC office within view). The mother/authorized family member can come to this pick-up spot outside of the WIC office. The pump is collected by the mother or authorized person and staff/PC reaches out to mother within the next 12-24 hours to provide education over the phone.

OR

2. The PC is not able to get into the WIC office. Reach out directly to Ellen Tolan to obtain a pump through Shawn at the warehouse. The pump can be delivered to the staff person/PC or the mother directly (depending on living situation). If the pump cannot be delivered to mother's residence, the PC can arrange to drop off at a secure spot. The mother and peer will connect that same day (12-24 hours) so the appropriate education can occur over the phone.

Breastpump Release Forms for Manual and Electric Pumps:

All of the information on the release form should be discussed over the phone. The mother can provide a "verbal" signature (initialed and signed by staff) until she is able to physically sign the form when she returns to the WIC office for her next appointment. Utilize EOS to document that this occurred. Message should be added to EOS that mom needs to sign the breastpump release form at the next appointment.

Education:

Provide an overview of all of the points on the release form (Breastfeeding Promotion chapter in Providing Nutrition Services of the PM). If the mother is returning to work or school discuss

how to prepare for that. Reinforce proper hygiene and breastmilk storage guidelines. Share links with mother by text or email:

<https://www.cdc.gov/healthywater/hygiene/healthychildcare/infantfeeding/breastpump.html>

<https://wicbreastfeeding.fns.usda.gov/storing-and-thawing-breast-milk>

For situations requiring a Symphony Pump (NICU settings in which mother is separated from baby) reach out to Ellen as needed.

Pump Returns:

At this time we are asking that mothers keep pumps in a safe place at home until the WIC office is open. Advise the mother to thoroughly wipe down the pump with an appropriate cleaning solution (Clorox or Lysol wipes or a bleach and water solution).

When WIC is open and ready to take back the pump it should be placed in a plastic/trash bag tied up or sealed for 4 days before the staff cleans/sanitizes it. After the 4 days the staff can sterilize the pumps with an appropriate cleaning product such as bleach or alcohol-based cleaner. List of recommended cleaners : <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>. Always wear gloves when disinfecting pumps.

Additional resources related to keeping pumps and parts clean.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cleaning-disinfection.html>

Medela : <https://www.medela.com/breastfeeding/mums-journey/covid-19-information-concerning-breastfeeding>

Hygiea Videos for pump use and cleaning:

<https://www.youtube.com/watch?v=Y4PIXgl6m1o>

<https://www.youtube.com/watch?v=ONN4YdzjHwU&t=16s> (Spanish)