HOW WIC HELPS
THE INTER TRIBAL COUNCIL
OF ARIZONA

MISSION OF WIC
To assure healthy pregnancies, healthy birth outcomes and healthy growth and development for women, infants
and children up to age 5 who are at nutritional risk, by providing nutritious supplemental foods, breastfeeding
promotion and support, education on healthy eating, and referrals to healthcare and critical social services.

FUN FACTS

ITCA WIC IMPLEMENTED ELECTRONIC BENEFITS STATEWIDE AT 13 LOCAL AGENCIES, 145 VENDORS AND FOR 9,000 CLIENTS.

ITCA PROVIDED 200 BOTTLES OF VITAMINS AT NO COST TO PREGNANT AND POSTPARTUM WOMEN TO PREVENT CONGENITAL OR BIRTH DEFECTS.

A RECENT SURVEY (2018) SHOWED THAT MORE THAN 40% OF CLIENTS SAID THEIR EATING HABITS IMPROVED SINCE PARTICIPATING IN WIC.

FROM OUR PARTICIPANTS

“I love coming to WIC because I get one-on-one time with staff which means all of my nutrition questions get answered.”

WIC PARTICIPANT, ITCA

“I having benefits on a card makes WIC so much easier. I like it.”

WIC PARTICIPANT, ITCA

WHO PARTICIPATES IN WIC?

Inter Tribal Council of Arizona
WIC Participation FY 2017

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pregnant Women</td>
<td>671</td>
</tr>
<tr>
<td>Fully Breastfeeding Women</td>
<td>248</td>
</tr>
<tr>
<td>Total Breastfeeding Women</td>
<td>417</td>
</tr>
<tr>
<td>Postpartum Women</td>
<td>625</td>
</tr>
<tr>
<td>Infants</td>
<td>2,029</td>
</tr>
<tr>
<td>Children</td>
<td>5,040</td>
</tr>
<tr>
<td>Total</td>
<td>8,782</td>
</tr>
</tbody>
</table>

Coverage (% eligible) NA


Please direct all questions to NWA at 202.232.5492

MARCH 2019
WIC IS EFFICIENT
Inter Tribal Council of Arizona Food and Nutrition Services Benefits
FY 2017

Average monthly food value per participant | $37.03
Net federal food cost | $3,902,139
Competitive bidding savings | $2,162,041
Nutrition, client services and program management | $3,182,299
Total funds to state | $9,246,479

Source: USDA FNS WIC Program Data FY2017 https://www.fns.usda.gov/pd/wic-program

BREASTFEEDING

Source: USDA 2016 WIC Participant and Program Characteristics (PC) Report. PC data allows for standardized comparisons to demonstrate overall progress. Some states collect more data than required by the PC Report and may yield different and more current results than shown.

EBT STATUS
Inter Tribal Council of Arizona has implemented WIC EBT/eWIC statewide. All state WIC programs must transition from paper vouchers to electronic benefit transfer cards (EBT) by 2020.

WIC SUPPORTS MILITARY FAMILIES
Inter Tribal Council of Arizona serves clients that are serving or have a spouse or significant other serving in the military.

CONTACT DETAILS

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