HOW WIC HELPS
FIVE SANDOVAL INDIAN PUEBLOS

MISSION OF WIC
To assure healthy pregnancies, healthy birth outcomes and healthy growth and development for women, infants and children up to age 5 who are at nutritional risk, by providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.

WHO PARTICIPATES IN WIC?
Five Sandoval Indian Pueblos
WIC Participation FY 2017

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pregnant Women</td>
<td>19</td>
</tr>
<tr>
<td>Fully Breastfeeding Women</td>
<td>9</td>
</tr>
<tr>
<td>Total Breastfeeding Women</td>
<td>14</td>
</tr>
<tr>
<td>Postpartum Women</td>
<td>15</td>
</tr>
<tr>
<td>Infants</td>
<td>61</td>
</tr>
<tr>
<td>Children</td>
<td>126</td>
</tr>
<tr>
<td>Total</td>
<td>235</td>
</tr>
<tr>
<td>Coverage (% eligible)</td>
<td>NA</td>
</tr>
</tbody>
</table>


FUN FACTS

FIVE SANDOVAL INDIAN PUEBLOS WIC RECEIVED A BREASTFEEDING AWARD.

FIVE SANDOVAL INDIAN PUEBLOS IS WORKING WITH NOTAH BEGAY FOUNDATION ON REDUCING SUGARY SWEETENED BEVERAGES IN THEIR COMMUNITIES AND INCREASING BREASTFEEDING RATES.

FROM OUR PARTICIPANTS

"We are working to build a better relationship with WIC and for stores to have a better shopping experience."

WIC VENDOR, FSIP

"I am a single mom with 2 kids and trying to go to school and take care of my ill father. The WIC staff have really gone out of there way to help. I had a problem buying some foods at a store and they talked to the store manager and helped me so I won’t have anymore problems."

WIC PARTICIPANT, FSIP

MARCH 2019

Please direct all questions to NWA at 202.232.5492
WIC IS EFFICIENT

Five Sandoval Indian Pueblos Food and Nutrition Services Benefits
FY 2017

Average monthly food value per participant $51.90
Net federal food cost $146,197
Competitive bidding savings $16,462
Nutrition, client services, and program management $257,247
Total funds to state $419,906

Source: USDA FNS WIC Program Data FY2017 https://www.fns.usda.gov/pd/wic-program

BREASTFEEDING

Source: USDA 2016 WIC Participant and Program Characteristics (PC) Report. PC data allows for standardized comparisons to demonstrate overall progress. Some states collect more data than required by the PC Report and may yield different and more current results than shown.

EBT STATUS

Five Sandoval Indian Pueblos is planning on implementing WIC EBT/eWIC statewide. All state WIC programs must transition from paper vouchers to electronic benefit transfer cards (EBT) by 2020.

CONTACT DETAILS

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