



# HOW WIC HELPS FIVE SANDOVAL INDIAN PUEBLOS

## MISSION OF WIC

To assure healthy pregnancies, healthy birth outcomes and healthy growth and development for women, infants and children up to age 5 who are at nutritional risk, by providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.

## FUN FACTS

**FIVE SANDOVAL INDIAN PUEBLOS WIC RECEIVED A BREASTFEEDING AWARD.**

**FIVE SANDOVAL INDIAN PUEBLOS IS WORKING WITH NOTAH BEGAY FOUNDATION ON REDUCING SUGARY SWEETENED BEVERAGES IN THEIR COMMUNITIES AND INCREASING BREASTFEEDING RATES.**

## FROM OUR PARTICIPANTS

*"We are working to build a better relationship with WIC and for stores to have a better shopping experience."*

**WIC VENDOR, FSIP**

*"I am a single mom with 2 kids and trying to go to school and take care of my ill father. The WIC staff have really gone out of there way to help. I had a problem buying some foods at a store and they talked to the store manager and helped me so I won't have anymore problems."*

**WIC PARTICIPANT, FSIP**

## WHO PARTICIPATES IN WIC?

Five Sandoval Indian Pueblos  
WIC Participation FY 2017

Pregnant Women	19
Fully Breastfeeding Women	9
Total Breastfeeding Women	14
Postpartum Women	15
Infants	61
Children	126
Total	235
Coverage (% eligible)	NA

Sources: USDA FNS WIC Program Data FY2017 <https://www.fns.usda.gov/pd/wic-program>; U.S. Department of Agriculture, Food and Nutrition Service, Office of Policy Support. National- and State-Level Estimates of (WIC) Eligibles and Program Reach in 2015. Note: The number of Fully Breastfeeding Women is included in the number of Total Breastfeeding Women.

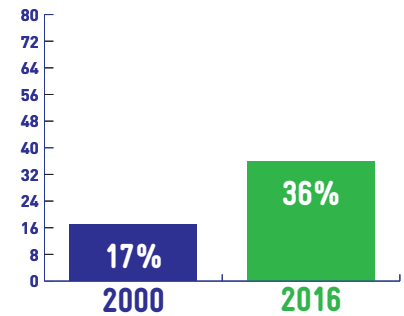
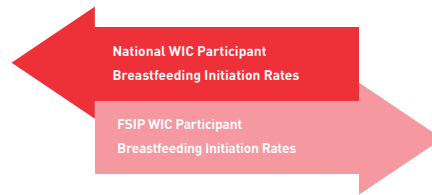
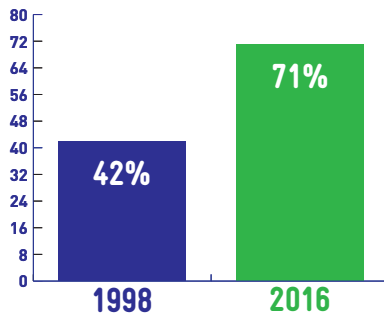
## WIC IS EFFICIENT

Five Sandoval Indian Pueblos Food and Nutrition Services Benefits FY 2017

Average monthly food value per participant	\$51.90
Net federal food cost	\$146,197
Competitive bidding savings	\$16,462
Nutrition, client services, and program management	\$257,247
Total funds to state	\$419,906

Source: USDA FNS WIC Program Data FY2017 <https://www.fns.usda.gov/pd/wic-program>

## BREASTFEEDING



Source: USDA 2016 WIC Participant and Program Characteristics (PC) Report. PC data allows for standardized comparisons to demonstrate overall progress. Some states collect more data than required by the PC Report and may yield different and more current results than shown.

## EBT STATUS

Five Sandoval Indian Pueblos is planning on implementing WIC EBT/eWIC statewide. All state WIC programs must transition from paper vouchers to electronic benefit transfer cards (EBT) by 2020.

## CONTACT DETAILS

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