MISSION OF WIC
To assure healthy pregnancies, healthy birth outcomes and healthy growth and development for women, infants and children up to age 5 who are at nutrition risk, by providing nutritious foods to supplement diets, information and education on healthy eating, and referrals to health care and critical social services.

FROM OUR PARTICIPANTS
“Tammy had the family in August for their daughter’s 9 month height/weight/and hemoglobin check. Results showed her iron was 6.6! I was reading Tammy’s notes and she did check twice just to make sure it was not a false reading. The second results showed 6.4. Tammy did nutrition counseling with the family and sent the results over to the health care provider. I was able to meet with the family today and follow up. After their August WIC appointment, the family went straight to their daughters doctors. She was put on iron supplementation and within one week parents noticed her skin tone changed, she was not sleeping as much, she started to crawl, and even had 4 teeth come in. Coincidence or not, the family was so thankful Tammy checked their daughters iron and provided the information. Her iron has since increased to 12.6 and she is growing stronger daily! The family was very appreciative, a great way to end a Tuesday clinic!”

WIC Participant

WHO PARTICIPATES IN WIC?
Puerto Rico WIC Participation FY 2015

<table>
<thead>
<tr>
<th>Category</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pregnant Women</td>
<td>15,579</td>
</tr>
<tr>
<td>Fully Breastfeeding Women</td>
<td>[4,295]</td>
</tr>
<tr>
<td>Total Breastfeeding Women</td>
<td>7,601</td>
</tr>
<tr>
<td>Postpartum Women</td>
<td>8,918</td>
</tr>
<tr>
<td>Infants</td>
<td>29,773</td>
</tr>
<tr>
<td>Children</td>
<td>103,171</td>
</tr>
<tr>
<td>Total</td>
<td>165,042</td>
</tr>
<tr>
<td>Coverage (% eligible)</td>
<td>86%</td>
</tr>
</tbody>
</table>

Source: USDA FNS WIC Program Data FY2015 https://www.fns.usda.gov/pd/wic-program
WIC IS EFFICIENT
Puerto Rico Food and Nutrition Services Benefits FY 2015

Monthly food value per participant $86.38
Net federal food cost $171,070,840
Competitive bidding savings $19,256,813
Admin Cost (Nutrition Service Benefits) $36,661,694
Total funds to state $226,989,347

Source: USDA FNS WIC Program Data FY2015 https://www.fns.usda.gov/pd/wic-program

BREASTFEEDING

National WIC Participant Breastfeeding Rates
Puerto Rico WIC Participant Breastfeeding Rates

Source: USDA 2014 WIC Participant and Program Characteristics (PC) Report. PC data allows for standardized comparisons to demonstrate overall progress. Some states collect more data than required by the PC Report and may yield different and more current results than shown.

EBT STATUS
Puerto Rico is implementing WIC EBT. All state WIC programs must transition from paper vouchers to electronic benefit transfer cards (EBT) by 2020.

WIC SUPPORTS MILITARY FAMILIES

Source: USDA FNS WIC Program Data FY2015 https://www.fns.usda.gov/pd/wic-program

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