

# HOW WIC HELPS OTOE-MISSOURIA TRIBE

#### MISSION OF WIC

To assure healthy pregnancies, healthy birth outcomes and healthy growth and development for women, infants and children up to age 5 who are at nutrition risk, by providing nutritious foods to supplement diets, information and education on healthy eating, and referrals to health care and critical social services.

#### **FUN FACTS**

THE OTOE-MISSOURIA WIC PROGRAM HAS A FULL TIME BREASTFEEDING PEER COUNSELOR THE OTOE-MISSOURIA WIC STAFF
HAVE RECEIVED EDUCATION
TO PROVIDE THE LATEST UPTO-DATE INFORMATION ON THE
BENEFITS OF GOOD NUTRITION

THE OTOE-MISSOURIA WIC STAFF ENCOURAGES ALL THEIR PREGNANT MOMS TO RECEIVE PRE-NATAL CARE AND MAKE HEALTHY CHOICES WHILE PREGNANT

#### FROM OUR PARTICIPANTS

"We're so happy to be able to be a part of your vendor providers."

WIC Grocer Participant, Otoe-Missouria Tribe "WIC helped me so much in being able to breastfeed my child successfully. I don't know that I would have continued without their support."

WIC Participant, Otoe-Missouria Tribe

## WHO PARTICIPATES IN WIC?

Otoe-Missouria Tribe WIC Participation FY 2015

Pregnant Women	40
Fully Breastfeeding Women	[20]
Total Breasfeeding Women	29
Postpartum Women	42
Infants	127
Children	260
Total	498
Coverage (% eligible)	NA

Source: USDA FNS WIC Program Data FY2015 https://www.fns.usda.gov/pd/wic-program



#### **WIC IS EFFICIENT**

Otoe-Missouria Tribe Food and Nutrition Services Benefits FY 2015

Monthly food value per participant	\$40.77
Net federal food cost	\$243,724
Competitive bidding savings	\$125,276
Admin Cost (Nutrition Service Benefits)	\$554,633
Total funds to state	\$923,633

Source: USDA FNS WIC Program Data FY2015 https://www.fns.usda.gov/pd/wic-program

#### **BREASTFEEDING**



Source: USDA 2014 WIC Participant and Program Characteristics (PC) Report. PC data allows for standardized comparisons to demonstrate overall progress. Some states collect more data than required by the PC Report and may yield different and more current results than shown.

#### **EBT STATUS**

Otoe-Missouria Tribe is implementing WIC EBT statewide. All state WIC programs must transition from paper vouchers to electronic benefit transfer cards (EBT) by 2020.

## WIC SUPPORTS MILITARY FAMILIES

Otoe-Missouria Tribe accepts all families that qualify for WIC Benefits. They have Vance Air Force Base in one of their city locations, but most military families do not come to the Otoe-Missouria WIC.

#### **CONTACT DETAILS**

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