

How to Let Go of 2015 and Live a Bigger Story™ in 2016!

Letting Go of 2015

What were you most grateful for this past year?

What did you learn about yourself in 2015?

Despite any setbacks, what is the good that is coming out of this past year?

What was your smartest decision in 2015?

If you could sum up 2015 in one word or phrase, what would it be?

What was the greatest lesson you learned in 2015?

What was the most loving service you performed in 2015?

What is your biggest piece of unfinished business in 2015?

What are you most happy about completing in 2015?

Who were 3 people that had the greatest impact on your life in 2015?

What was the biggest risk you took in 2015?

What was your biggest surprise?

What important relationship improved the most in 2015?

What compliment would you like to have received this year?

What compliment did you receive in 2015 that meant the most to you?

What compliment do you wish you had given in 2015?

What were some of the influential books you read in 2015?

What else do you need to do or say to feel complete with 2015?

Live a Bigger Story™ in 2016

What will be your biggest triumph in 2016?

What advice can you give yourself for the coming year?

How will you best improve your financial results in 2016?

What do you plan to complete in 2016?

What new experiences would you like to try in 2016?

What would you most like to change about yourself in 2016?

What are you hoping to learn in 2016?

What do big risk do you think you will take in 2016?

What are you most committed to changing and improving in the new year?

What undeveloped talent you are willing to explore in 2016?

Who would you like to get to know better in 2016?

What brings you the most joy and how are you going to do or have more of that in 2016?

Who or what, other than yourself, are you most committed to loving and serving in 2016?

What one word or phrase would you like to have as your theme in 2016?