

GIVE

I made the mistake of being on Facebook the other day when I came across a bunch of videos of a guy I know volunteering.

That's awesome. It's incredibly honourable what he's doing, but the spectacle of the videos, the show around something that should be shrouded in humility was a bit off-putting.

The gift of giving is one of the greatest gifts you can receive. I'm serious. The smile on a kid's face, the warmth of a woman in need's embrace, they can't be beat.

I just finished reading possibly the best book I've ever read.

I don't want to go into details about the man's story, but he was a guy who did incredible things, selflessly. That is, he did good without looking for applause, in fact, he made his flaws known and public and not his good deeds, awards, merits, because he wanted others to know that no matter what they're going through there's always away up and out.

That book:

[Fearless, by Eric Blehm](#)

I strongly encourage you to read the book. The story will bring a smile to your face, warmth to your heart, and likely a liquid salty discharge to your eyes that you've never experienced before.

But that's not the challenge.

The challenge is to give 5 hours of your time within the next 2 weeks to someone in need.

You have to realize the gifts you have. You're strong. You're a guy who's getting after it. People want to be around you. And you have a lot to give.

Buy a bunch of food and hand it out to the homeless.

Volunteer to help veterans in your community.

Help feed hungry children, they're everywhere.

Whatever you decide to do over the next two weeks, don't broadcast it. Don't tell anyone. Keep this to yourself. Do it for yourself, for your soul, and for those you're helping.