



Mendability

An expert system that collated all the therapy protocols of Sensory Enrichment Therapy™ onto an automated platform for the customization of therapy to suit age, symptoms, and capabilities. It provides accessible and affordable therapy via the internet with the support of other parents and certified Sensory Enrichment therapists.

Sensory Enrichment Therapy™, created by Claudie Pomares, M.s. Ed., BCBA, was later evaluated by Michael Leon, Ph.D., of the University of California Irvine. He had discovered the benefits of combining smell and touch sensory inputs, and was the first to do an evaluation of the effectiveness of Sensory Enrichment Therapy™ on a population of children with autism. Drs. Michael Leon and Cynthia Woo were awarded the D.G. Marquis award for 2013 by the American Psychological Association.

Backed by award-winning studies

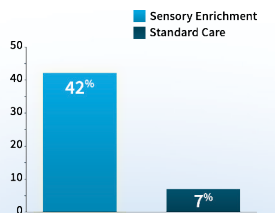
Two randomized controlled trials^(1,2) and a peer-reviewed analysis of 1,002 children with autism and developmental delays⁽³⁾ showed:

- **6x more effective than standard care alone**
- **21% fell below ADOS cutoff for autism after 6 months**⁽²⁾
- **Higher I.Q.**^(1,2)
- **Progress consistent across:**
 - all age groups (1 to 18)⁽³⁾
 - genders^(2,3)
 - wide range of symptoms⁽³⁾

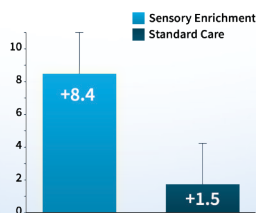
1. Woo CC, Leon M. Environmental enrichment as an effective treatment for autism: a randomized controlled trial. *Behav Neurosci*. 2013

2. Woo CC, Donnelly JH, Steinberg-Epstein R, Leon M. Environmental Enrichment as a Therapy for Autism: A Clinical Trial Replication and Extension. *Behav Neurosci*. 2015

3. Aronoff E, Hillyer R, Leon M. Environmental Enrichment Therapy for Autism: Outcomes with Increased Access. *Neural Plast*. 2016



Percent of individuals with clinical improvement on the Childhood Autism Rating Scale (CARS)



Change in mean Leiter-R score (I.Q.)

Contact

Local: 801-692-6830
Toll Free: 1-888-579-7002
www.mendability.com



Sensory Enrichment Therapy™



The Brain Stimulation Piece of the Puzzle

for the
Treatment of Delays
in Cognitive and
Behavioural Development

Designed for Those with Challenges or Delays in:

- ADD/ADHD
- * Autism, Asperger's
- * Obsessive Compulsive
- * Attention Span
- * Behaviour, Anxiety
- * Sensory Processing
- * Communication, Speech Delay
- * Social Immaturity
- * Motor Deficits
- * Intellectual Disability
- * Memory Retention
- * Poor Academic Performance
- * Dyslexia, Dyscalculia



"Environmental enrichment is an innovative therapy that is easy and simple to do. It may help many children."

--Temple Grandin, PhD

Simple Activities Built for Real Life

With daily implementation, you can expect to see improvements in your child's day-to-day functions including: attention span, anxiety, behaviour, sensory challenges, social skills, eating, sleeping, behaviour, self-regulation, motor skills, memory skills, and learning (to include reading, writing, and mathematics).

"Environmental enrichment therefore appears to be effective in ameliorating a range of symptoms that are expressed in children with autism."

- Prof. Michael Leon, PhD

The Approach

Sensory experiences enable the brain to compensate for a wide variety of challenges. Sensory and motor exercises are used together to stimulate two or more senses such as vision, hearing, taste, smell, touch, balance, temperature, proprioception, etc.

These easy-to-do exercises are administered by the parent or caregiver. They are done with items commonly found in the household. All it takes is about 15 minutes a day!

Individualized Treatment

Getting started is easy with our online baseline questionnaire. Your child's therapy program will be created in collaboration with your certified Sensory Enrichment therapist. Ongoing adjustments for your child's therapy is implemented on a 2-week cycle.

Easy Online Support

You can do Sensory Enrichment Therapy™ wherever you live, thanks to our easy-to-use online portal. There are video instructions for all of the exercises and activities. Our active Parent Forum is where you can exchange tips, advice, and success stories. You have unlimited access to your personal certified therapist.

A Few Minutes Every Day

Mendability's Sensory Enrichment Therapy™ takes a few minutes each day making it easy to fit into many different schedules with minimal disruption of your daily routines. This is your chance to take control of your child's therapy.

We've worked with
3,000 families in 60 countries.
How can we help you?

Mendability's Sensory Enrichment Therapy™ is practical, research-based, and effective.