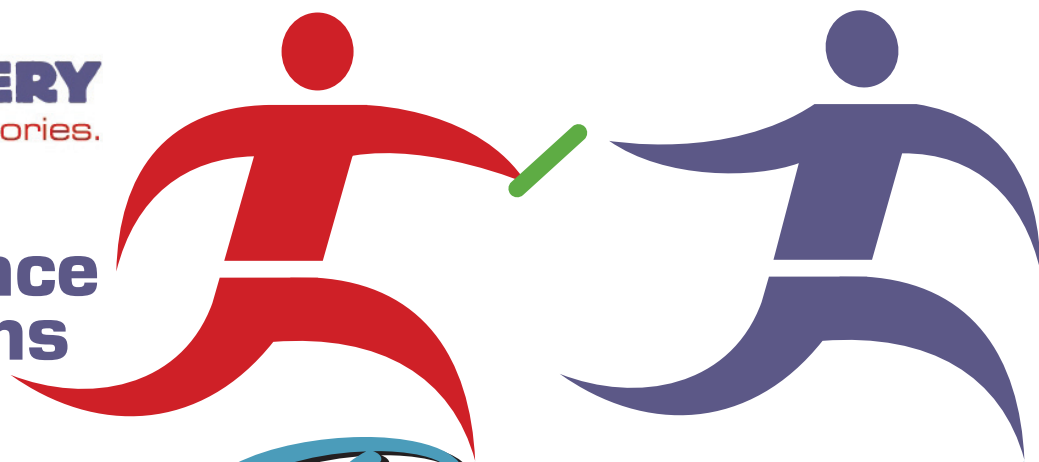


2-mile relay race
4-person teams



Run for Recovery

NYS Empire State Plaza • Albany, NY
September 16, 2008 • 11:00 am - 2:00 pm

Festivities

- For providers of addiction services & NYS agencies
- Online registration at www.oasas.state.ny.us
- Registration closes on Sept. 12, 2008 @ 5:00 p.m.
- No on-site registration
- No entrance fee

Awards

- Commissioner's Cup awarded for 1st place provider team & 1st place state agency team
- Prizes for the Team with the best t-shirt. Submit your team t-shirt to the registration table for display and judging

Features

- After-race refreshments for runners and walkers
- Live music by The Foy Brothers
- Register a team to run or walk, or come to watch the fun and join in the festivities

Team Captains' Instructions

- Register online at www.oasas.state.ny.us
- Teams should arrive at the Empire State Plaza at 11:00 a.m. Race starts promptly at noon.
- On arrival, check in at the registration table. Bring your signed waiver and receive your team packet.
- To enter the Best Team T-Shirt contest, drop off a team t-shirt at the registration table for judging and display (optional). Make sure your t-shirt is clearly identified.
- Make sure each runner knows the order they will be running.
- All runners pin the ribbons provided in the team packet to their left shoulder (pins will be provided):
 - red - 1st runner
 - green - 2nd runner
 - blue - 3rd runner
 - yellow - 4th runner
- Captains are responsible to record the clock time of each member on the results card, and return the card to the registration table immediately upon finishing.

NEW YORK STATE
OFFICE OF ALCOHOLISM & SUBSTANCE ABUSE SERVICES

David A. Paterson, Governor
Karen M. Carpenter-Palumbo, Commissioner



OASAS
Improving Lives.

For More Information

NYS OASAS 518-457-8299

www.oasas.state.ny.us
communications@oasas.state.ny.us

Travel directions and parking information are available at www.ogs.state.ny.us/parking