



2023-24 Women's Basketball *End-of-Season Awards*

Player of the Year

Sarah Te-Biasu, VCU

Rookie of the Year

Zahirah Walton, George Mason

Most Improved Player

Sonia Smith, George Mason

Defensive Player of the Year

Addie Budnik, Richmond

Sixth Woman of the Year

Rachel Ullstrom, Richmond

Coach of the Year

Aaron Roussell, Richmond

All-Conference First Team

Megan McConnell, Duquesne
Sonia Smith, George Mason
Maggie Doogan, Richmond
Grace Townsend, Richmond
Laura Ziegler, Saint Joseph's
Sarah Te-Biasu, VCU

All-Conference Second Team

Taylor Donaldson, Fordham
Mayé Touré, Rhode Island
Addie Budnik, Richmond
Talya Brugler, Saint Joseph's
Mackenzie Smith, Saint Joseph's
Kyla McMakin, Saint Louis

All-Conference Third Team

Charlise Dunn, Davidson
Elle Sutphin, Davidson
Zahirah Walton, George Mason
Nya Robertson, George Washington
Sam Galanopoulos, Loyola Chicago
Timaya Lewis-Eutsey, VCU

All-Academic Team

Megan McConnell, Duquesne
Sophie Phillips, Rhode Island
Grace Townsend, Richmond
Talya Brugler, Saint Joseph's
Mykel Parham, VCU

All-Defensive Team

Megan McConnell, Duquesne
Addie Budnik, Richmond
Laura Ziegler, Saint Joseph's
Kennedy Calhoun, Saint Louis
Julia Martinez, Saint Louis
Mykel Parham, VCU

All-Rookie Team

Kennedy Harris, George Mason
Zahirah Walton, George Mason
Nicole Melious, La Salle
Lilly Taulelei, Massachusetts
Lucía Sotelo, VCU