

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Women 100 M**

A10: 11.44 2009 Lamarra Currie				
Name	Yr	School	Prelims	
Preliminaries				
1 100 Ashley Lucas	SO	George Mason	12.14Q-0.1	
2 260 Kia Carson	FR	VCU	12.15Q0.6	
3 158 Brianna Robitaille	JR	Rhode Island	12.29Q-0.8	
4 201 Nathaniela Bourdeau	FR	St. Joseph's	12.19q -0.1	
5 108 Caela Williams	JR	George Mason	12.28q -0.1	
6 276 Carina Peter	SR	VCU	12.36q -0.8	
7 263 Jessica Ewing	SR	VCU	12.37q 0.6	
8 251 Diamante Spencer	SO	UMass Amhers	12.49q -0.1	
9 129 Ariel Mitchell	FR	La Salle	12.50 0.6	
10 146 Shellyann Lindo	JR	Rhode Island	12.55 0.6	
11 183 Mackenzie Bonk	SO	Saint Louis	12.58 -0.1	
12 15 Jenea Adams	FR	Dayton	12.60 -0.8	
13 249 Tatiyanna Sanders	SO	UMass Amhers	12.69 -0.8	
14 94 Briana Hill	JR	George Mason	12.72 0.6	
15 184 Maddie Bryan	JR	Saint Louis	12.77 -0.1	
16 228 Melissa Beaupre	FR	UMass Amhers	12.89 -0.8	
17 186 Britta Engstrom	JR	Saint Louis	12.99 -0.8	
18 51 Conor Richardson	FR	Duquesne	13.10 0.6	
19 218 Janiece Murray	FR	St. Joseph's	13.20 -0.1	
20 58 Julia Wignot	SR	Duquesne	13.22 0.6	

Women 100 M

A10: 11.44 2009 Lamarra Currie				
Name	Yr	School	Finals	
Finals				
1 260 Kia Carson	FR	VCU	11.99 1.8	
2 100 Ashley Lucas	SO	George Mason	12.13 1.8	
3 158 Brianna Robitaille	JR	Rhode Island	12.30 1.8	
4 201 Nathaniela Bourdeau	FR	St. Joseph's	12.32 1.8	
5 108 Caela Williams	JR	George Mason	12.34 1.8	
6 276 Carina Peter	SR	VCU	12.35 1.8	
7 263 Jessica Ewing	SR	VCU	12.41 1.8	
8 251 Diamante Spencer	SO	UMass Amhers	12.62 1.8	

Women 200 M**Preferred lanes for final: 4-5-6-3-7-8-2-1**

A10: 23.46 2009 Lamarra Currie				
Name	Yr	School	Prelims	
Preliminaries				
1 201 Nathaniela Bourdeau	FR	St. Joseph's	24.55Q0.7	
2 260 Kia Carson	FR	VCU	24.56Q0.8	
3 108 Caela Williams	JR	George Mason	24.79Q1.0	
4 164 Mary Allen	JR	Richmond	24.68q 0.7	
5 137 Mariah Claudio	SR	Rhode Island	24.72q 0.8	
6 263 Jessica Ewing	SR	VCU	24.75q 0.8	
7 100 Ashley Lucas	SO	George Mason	24.82q 1.0	
8 267 Verna Hilaire-Lee	SR	VCU	24.88q 1.0	
9 215 Kelly Liebl	FR	St. Joseph's	25.26 0.8	

10 126 Amber Jenkins	SO	La Salle	25.27 1.0
11 251 Diamante Spencer	SO	UMass Amhers	25.30 0.7
12 158 Brianna Robitaille	JR	Rhode Island	25.35 0.7
13 141 Carleisha Forteau	FR	Rhode Island	25.36 1.0
14 15 Jenea Adams	FR	Dayton	25.51 0.8
15 57 Kim Watterson	SR	Duquesne	25.65 1.0
16 94 Briana Hill	JR	George Mason	25.77 0.7
17 68 Laura Jaeger	SO	Fordham	26.29 0.8
18 218 Janiece Murray	FR	St. Joseph's	26.92 0.8
--- 195 Hannah Rohde	JR	Saint Louis	DQ 0.7

Women 200 M**Preferred lanes for final: 4-5-6-3-7-8-2-1**

A10: 23.46 2009 Lamarra Currie				
Name	Yr	School	Finals	
Finals				
1 260 Kia Carson	FR	VCU	24.22 3.0	
2 201 Nathaniela Bourdeau	FR	St. Joseph's	24.50 3.0	
3 164 Mary Allen	JR	Richmond	24.65 3.0	
4 100 Ashley Lucas	SO	George Mason	24.66 3.0	
5 137 Mariah Claudio	SR	Rhode Island	24.71 3.0	
6 263 Jessica Ewing	SR	VCU	25.05 3.0	
7 267 Verna Hilaire-Lee	SR	VCU	25.08 3.0	
8 108 Caela Williams	JR	George Mason	25.41 3.0	

Women 400 M**Preferred lanes for final: 4-5-6-3-7-8-2-1**

A10: 52.80 2007 Shareese Woods				
Name	Yr	School	Prelims	
Preliminaries				
1 231 Emilie Cowan	FR	UMass Amhers	54.13Q	
2 48 Abby O'Connell	SR	Duquesne	54.70Q	
3 87 Sharon Dorsey	SO	George Mason	54.87Q	
4 170 Jade Gregory	SR	Richmond	54.95Q	
5 208 Courtney Foster	JR	St. Joseph's	55.09q	
6 101 Sarah Moore	FR	George Mason	55.19q	
7 137 Mariah Claudio	SR	Rhode Island	55.66q	
8 274 Latrice Morris	FR	VCU	56.36q	
9 164 Mary Allen	JR	Richmond	56.85	
10 286 Taylor Watkins	FR	VCU	57.13	
11 134 Mikaila Amerantes	FR	Rhode Island	57.73	
12 199 Marina White	JR	Saint Louis	57.86	
13 196 Laura Schlueter	SR	Saint Louis	57.93	
14 216 Alena Minitti	JR	St. Joseph's	58.23	
15 57 Kim Watterson	SR	Duquesne	58.24	
16 126 Amber Jenkins	SO	La Salle	58.35	
17 215 Kelly Liebl	FR	St. Joseph's	58.45	
18 185 Jackie Bynes	JR	Saint Louis	58.83	
19 7 Tori Long	FR	Davidson	59.30	
20 161 Natalie Sopchak	FR	Rhode Island	59.45	
21 178 Marshea Robinson	FR	Richmond	59.54	
22 75 Christina Perrier	SO	Fordham	59.76	
23 74 Aidan Moroz	FR	Fordham	59.79	
24 113 Kirsten Nottingham	JR	George Washi	1:01.04	

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Preliminaries ... (Women 400 M)**

Name	Yr	School	Prelims
--- 270 Candice James	FR	VCU	DQ

Women 400 M**Preferred lanes for final: 4-5-6-3-7-8-2-1**

A10:	52.80	2007	Shareese Woods
Name	Yr	School	Finals

Finals

1	170 Jade Gregory	SR	Richmond	54.21
2	231 Emilie Cowan	FR	UMass Amhers	54.52
3	87 Sharon Dorsey	SO	George Mason	54.53
4	48 Abby O'Connell	SR	Duquesne	54.58
5	208 Courtney Foster	JR	St. Joseph's	55.03
6	101 Sarah Moore	FR	George Mason	55.05
7	137 Mariah Claudio	SR	Rhode Island	55.42
8	274 Latrice Morris	FR	VCU	56.41

Women 800 M

A10:	2:07.28	2015	Heather MacLean
Name	Yr	School	Prelims

Preliminaries

1	11 Hannah Rieden	JR	Davidson	2:10.07Q
2	281 Nichelle Scott	SO	VCU	2:10.77Q
3	47 Annegret Nehl	SO	Duquesne	2:11.48Q
4	193 Elise Moore	JR	Saint Louis	2:12.04Q
5	266 Ashley Greenlee	FR	VCU	2:11.12q
6	2 Brigid Behrens	SR	Davidson	2:11.54q
7	191 Emma Kidd	JR	Saint Louis	2:12.11q
8	285 Elizabeth Stump	SR	VCU	2:12.42q
9	42 Hannah Gilliam	JR	Duquesne	2:12.73
10	190 Katherine Kelly	SO	Saint Louis	2:12.87
11	150 Katie McNulty	FR	Rhode Island	2:13.18
12	6 Ashlyn Gruber	SR	Davidson	2:13.49
13	77 Danielle Rowe	SR	Fordham	2:13.57
14	223 Sarah Regnault	JR	St. Joseph's	2:13.65
15	239 Mary Lavery	FR	UMass Amhers	2:13.78
15	132 Ifetayo Tyler	SO	La Salle	2:13.78
17	221 Sara Radzwilka	SR	St. Joseph's	2:13.82
18	253 Olivia Weir	FR	UMass Amhers	2:15.44
19	173 Stephanie Hughes	SO	Richmond	2:15.82
20	135 Nichole Barger	FR	Rhode Island	2:15.95
21	205 Sydney Coughlin	JR	St. Joseph's	2:17.25
22	26 Maggie Pryslak	JR	Dayton	2:18.71
23	80 Suzanne Abribat	SO	George Mason	2:18.96
24	252 Krista Webb	JR	UMass Amhers	2:20.48
25	121 Kate Conville	SR	La Salle	2:21.72
26	38 Erin Durnin	FR	Duquesne	2:22.27
27	98 Caitlin Kelly	FR	George Mason	2:22.38
28	111 Malone Gabor	SO	George Washi	2:22.86
29	122 Sara Dever	SO	La Salle	2:23.55
30	66 Leah Hickey	FR	Fordham	2:24.50
31	79 Merissa Wright	SO	Fordham	2:26.90

Women 800 M

A10:	2:07.28	2015	Heather MacLean
Name	Yr	School	Finals

Finals

1	281 Nichelle Scott	SO	VCU	2:11.05
2	11 Hannah Rieden	JR	Davidson	2:11.39
3	193 Elise Moore	JR	Saint Louis	2:12.06
4	191 Emma Kidd	JR	Saint Louis	2:12.57
5	47 Annegret Nehl	SO	Duquesne	2:13.65
6	285 Elizabeth Stump	SR	VCU	2:14.81
7	2 Brigid Behrens	SR	Davidson	2:15.37
8	266 Ashley Greenlee	FR	VCU	2:16.58

Women 1500 M

A10:	4:19.38	2011	Amy Van Alstine
Name	Yr	School	Finals

Finals

1	131 Morgan Szekely	SO	La Salle	4:28.01
2	168 Amanda Corbosiero	SO	Richmond	4:31.32
3	10 Sarah Paddon	SR	Davidson	4:32.75
4	167 Taylor Clevinger	SR	Richmond	4:35.86
5	45 Abbie Marquard	SR	Duquesne	4:36.72
6	225 Cassidy Weimer	SO	St. Joseph's	4:37.78
7	177 Haley Preschutti	SO	Richmond	4:38.22
8	130 Rebecca Scardelletti	SR	La Salle	4:38.69
9	262 Emily Dyke	JR	VCU	4:39.17
10	86 Ciara Donohue	FR	George Mason	4:40.78
11	8 Olivia Menden	SR	Davidson	4:41.92
12	133 Emily Ward	FR	La Salle	4:41.99
13	255 Carly Zinner	SR	UMass Amhers	4:44.09
14	49 Valerie Palermo	JR	Duquesne	4:44.44
15	72 Kate McCormack	FR	Fordham	4:45.19
16	50 Taylor Pletz	FR	Duquesne	4:45.21
17	238 Brook Hansel	FR	UMass Amhers	4:45.41
18	268 Courtney Holleran	SO	VCU	4:46.23
19	109 Halley Brown	FR	George Washi	4:48.05
20	65 Shanna Heaney	JR	Fordham	4:49.07
21	9 Sophia Mills	FR	Davidson	4:49.58
22	211 Lauren Hehir	SR	St. Joseph's	4:50.60
23	64 Brynna Harum	SO	Fordham	4:51.47
24	213 Caroline Keegan	SO	St. Joseph's	4:52.61
25	118 Madison Yerke	FR	George Washi	4:53.75
26	241 Deirdre Martyn	SO	UMass Amhers	4:54.75
27	264 Kathleen Gardner	SO	VCU	4:56.61
28	88 Victoria Doss	SR	George Mason	5:00.35
29	99 Siobhan Klie	SR	George Mason	5:01.53
30	30 Victoria Stallkamp	FR	Dayton	5:03.56
31	117 Caroline Wolfe	JR	George Washi	5:21.79

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University
Fairfax VA****Results****Women 5000 M****Athletes 1-18 on front row, fastest on front row****Double waterfall start****A10: 16:17.30 2013 Katie Clark**

Name	Yr	School	Finals
Finals			
1 33 Taylor Vernot	FR	Dayton	17:32.15
2 179 Marisa Ruskan	JR	Richmond	17:38.43
3 14 Caroline Yarbrough	FR	Davidson	17:40.15
4 250 Colleen Sands	SO	UMass Amhers	17:48.28
5 166 Shelby Cain	SO	Richmond	17:55.98
6 120 Megan Connell	SO	La Salle	17:56.92
7 46 Angela Mignanelli	FR	Duquesne	18:00.74
8 43 Autumn Greba	JR	Duquesne	18:03.20
9 86 Ciara Donohue	FR	George Mason	18:11.33
10 4 Allison Cheeseman	SO	Davidson	18:15.30
11 114 Macaulay Porter	SR	George Washi	18:16.27
12 197 Anna Schmitz	FR	Saint Louis	18:24.32
13 207 Alexandra Fiesel	JR	St. Joseph's	18:25.55
14 84 Carolyn Conley	FR	George Mason	18:26.75
15 204 Kathryn Cols	SR	St. Joseph's	18:33.26
16 220 Lindsey Oremus	FR	St. Joseph's	18:35.13
17 182 Sophie Adams	SO	Saint Louis	18:49.73
18 242 Molly McMahon	SR	UMass Amhers	18:50.16
19 127 Kaylie McNally	JR	La Salle	18:50.79
20 13 Caroline Turner	JR	Davidson	18:53.33
21 119 Lauren Columbare	SR	La Salle	18:57.14
22 233 Christine Davis	SO	UMass Amhers	19:06.51
23 67 Josephine Jacob-Dolan	SR	Fordham	19:09.75
24 116 Kelli Stetson	FR	George Washi	19:21.10
--- 175 Eryn Mills	FR	Richmond	DNF

Women 10000 M**Athletes 1-18 on front row, fastest on front row****Double waterfall start****A10: 34:22.38 2015 Meghan McGlinchey**

Name	Yr	School	Finals
Finals			
1 110 Miranda DiBiaso	SO	George Washi	35:07.64
2 14 Caroline Yarbrough	FR	Davidson	35:45.70
3 192 Elise Marker	FR	Saint Louis	36:33.03
4 43 Autumn Greba	JR	Duquesne	36:49.21
5 4 Allison Cheeseman	SO	Davidson	37:05.28
6 120 Megan Connell	SO	La Salle	37:11.05
7 194 Courtney Pfanstiel	FR	Saint Louis	37:13.27
8 53 Hannah Scipio	SR	Duquesne	37:14.95
9 172 Tara Hanley	SR	Richmond	37:16.24
10 84 Carolyn Conley	FR	George Mason	37:51.00
11 13 Caroline Turner	JR	Davidson	37:59.86
12 171 Ave Grosenheider	FR	Richmond	38:24.10
13 181 Ellie Adams	SO	Saint Louis	38:35.86
14 31 Nicole Steinbicker	SO	Dayton	38:40.51
15 32 Allison Triskett	FR	Dayton	39:04.94
16 70 Maiya Larsen	FR	Fordham	39:09.05

17 226 Gracie Bailly	SO	UMass Amhers	39:35.55
18 203 June Chiango	JR	St. Joseph's	39:36.03
19 202 Emily Chaundy	SR	St. Joseph's	40:09.33
20 115 Brigid Prial	FR	George Washi	40:52.03

Women 100 M Hurdles**A10: 13.40 2015 Shavon Briscoe**

Name	Yr	School	Prelims
Preliminaries			
1 138 Janel Conley	JR	Rhode Island	14.19Q-0.4
2 21 Jordan Hoffman	JR	Dayton	14.29Q0.1
3 157 Emily Renna	SR	Rhode Island	14.40q 0.1
4 85 Deonna Diggs	SO	George Mason	14.53q -0.4
5 188 Ann Harlos	FR	Saint Louis	14.55q -0.4
6 54 Victoria Soeder	SO	Duquesne	14.61q 0.1
7 244 Meghan Patroia	SR	UMass Amhers	14.74q 0.1
8 147 Karen Lobaton	SR	Rhode Island	14.94q -0.4
9 236 Brittany Green	JR	UMass Amhers	15.02 -0.4
10 278 Dijona Revell	FR	VCU	15.47 0.1
--- 124 Mone't Gist	JR	La Salle	FS -0.4

Women 100 M Hurdles**A10: 13.40 2015 Shavon Briscoe**

Name	Yr	School	Finals
Finals			
1 157 Emily Renna	SR	Rhode Island	13.83 0.6
2 188 Ann Harlos	FR	Saint Louis	14.21 0.6
3 21 Jordan Hoffman	JR	Dayton	14.22 0.6
4 138 Janel Conley	JR	Rhode Island	14.24 0.6
5 54 Victoria Soeder	SO	Duquesne	14.51 0.6
6 85 Deonna Diggs	SO	George Mason	14.58 0.6
7 244 Meghan Patroia	SR	UMass Amhers	14.72 0.6
8 147 Karen Lobaton	SR	Rhode Island	14.89 0.6

Women 400 M Hurdles**Preferred lanes for final: 4-5-6-3-7-8-2-1****A10: 58.62 2013 Nicole Cherok**

Name	Yr	School	Prelims
Preliminaries			
1 105 Sommer Sharpe	SO	George Mason	1:01.33Q
2 210 Dannah Hayward	JR	St. Joseph's	1:01.59Q
3 155 Dyshelle Pemberton	JR	Rhode Island	1:01.66Q
4 188 Ann Harlos	FR	Saint Louis	1:02.80q
5 282 Ann Sheehy	FR	VCU	1:02.85q
6 34 Paige Yaeger	SR	Dayton	1:03.05q
7 152 Kylie McPherson	SO	Rhode Island	1:03.13q
8 261 Erika Coleman	SO	VCU	1:03.86q
9 224 Stephanie Toland	SO	St. Joseph's	1:03.95
10 240 Caroline Leung	FR	UMass Amhers	1:04.08
11 44 Kaitlyn Janusey	FR	Duquesne	1:04.33
12 151 Micaela McPadden	JR	Rhode Island	1:04.45
13 73 Morgan Menzzasalma	FR	Fordham	1:04.70
14 219 Rose O'Brien	SO	St. Joseph's	1:04.87

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Preliminaries ... (Women 400 M Hurdles)**

Name	Yr	School	Prelims
15 269 Ashanti Jackson	FR	VCU	1:04.92
16 55 Sydney Sokol	FR	Duquesne	1:05.70

Women 400 M Hurdles**Preferred lanes for final: 4-5-6-3-7-8-2-1****A10: 58.62 2013 Nicole Cherok**

Name	Yr	School	Finals
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Finals

1	210 Dannah Hayward	JR	St. Joseph's	1:00.04
2	105 Sommer Sharpe	SO	George Mason	1:00.07
3	155 Dyshelle Pemberton	JR	Rhode Island	1:00.72
4	188 Ann Harlos	FR	Saint Louis	1:01.87
5	282 Ann Sheehy	FR	VCU	1:03.29
6	261 Erika Coleman	SO	VCU	1:03.59
7	34 Paige Yaeger	SR	Dayton	1:04.54
8	152 Kylie McPherson	SO	Rhode Island	1:05.08

Women 3000 M Steeplechase**A10: 10:04.20 2012 Nicole Traynor**

Name	Yr	School	Finals
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Finals

1	49 Valerie Palermo	JR	Duquesne	10:28.32
2	250 Colleen Sands	SO	UMass Amhers	10:36.62
3	23 Grace McDonald	SO	Dayton	10:43.13
4	104 Jennifer Nakamura	SR	George Mason	10:52.49
5	165 Kelly Bailey	SR	Richmond	10:59.74
6	212 Julia Jenkins	SO	St. Joseph's	10:59.80
7	16 Olivia Albers	SR	Dayton	11:00.10
8	112 Ariana North	JR	George Washi	11:04.37
9	93 Amber Hawkins	JR	George Mason	11:11.26
10	19 Brittany Fisher	SO	Dayton	11:18.03
11	12 Sarah Sears	SO	Davidson	11:19.51
12	176 Emma Nowak	JR	Richmond	11:47.04
13	71 Stephanie Leo	SO	Fordham	11:54.49
14	62 Laurel Fisher	FR	Fordham	12:01.73
---	78 Brianna Tevnan	SR	Fordham	DNF

Women 4x100 M Relay**A10: 44.94 2009**

Team	Relay	Finals
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Finals

1	VCU	46.67
1) 263 Jessica Ewing SR	2) 276 Carina Peter SR	
3) 267 Verna Hilaire-Lee SR	4) 260 Kia Carson FR	
2	Dayton	46.75
1) 21 Jordan Hoffman JR	2) 15 Jenea Adams FR	
3) 34 Paige Yaeger SR	4) 29 Sarah Sepanski SO	
3	Rhode Island	46.87
1) 157 Emily Renna SR	2) 158 Brianna Robitaille JR	
3) 155 Dyshelle Pemberton JR	4) 146 Shellyann Lindo JR	
4	George Mason	47.33
1) 105 Sommer Sharpe SO	2) 100 Ashley Lucas SO	
3) 94 Briana Hill JR	4) 108 Caela Williams JR	

5	St. Joseph's (Pa.)	48.40
1) 215 Kelly Liebl FR	2) 208 Courtney Foster JR	
3) 214 Katie Koss JR	4) 201 Nathaniela Bourdeau FR	
6	Duquesne	48.45
1) 54 Victoria Soeder SO	2) 48 Abby O'Connell SR	
3) 57 Kim Watterson SR	4) 51 Conor Richardson FR	
7	UMass Amherst	48.80
1) 249 Tatiyanna Sanders SO	2) 228 Melissa Beaupre FR	
3) 231 Emilie Cowan FR	4) 251 Diamante Spencer SO	
8	Richmond	49.34
1) 164 Mary Allen JR	2) 170 Jade Gregory SR	
3) 178 Marshea Robinson FR	4) 180 Sarah Timko JR	
9	Saint Louis	49.72
1) 183 Mackenzie Bonk SO	2) 186 Britta Engstrom JR	
3) 184 Maddie Bryan JR	4) 195 Hannah Rohde JR	
---	La Salle	DQ
1) 129 Ariel Mitchell FR	2) 124 Mone't Gist JR	
3) 128 Kaleah Miller FR	4) 126 Amber Jenkins SO	
---	Fordham	DQ
1) 73 Morgan Menzzasalma FR	2) 68 Laura Jaeger SO	
3) 66 Leah Hickey FR	4) 75 Christina Perrier SO	

Women 4x400 M Relay**A10: 3:40.56 2015**

Team	Relay	Finals
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Finals

1	George Mason	3:44.66
1) 87 Sharon Dorsey SO	2) 101 Sarah Moore FR	
3) 108 Caela Williams JR	4) 105 Sommer Sharpe SO	
2	Rhode Island	3:47.61
1) 155 Dyshelle Pemberton JR	2) 143 Keiko Hector SR	
3) 134 Mikaila Amerantes FR	4) 137 Mariah Claudio SR	
3	Duquesne	3:50.40
1) 44 Kaitlyn Janusey FR	2) 42 Hannah Gilliam JR	
3) 57 Kim Watterson SR	4) 48 Abby O'Connell SR	
4	Richmond	3:50.93
1) 164 Mary Allen JR	2) 170 Jade Gregory SR	
3) 178 Marshea Robinson FR	4) 179 Marisa Ruskan JR	
5	Saint Louis	3:51.86
1) 188 Ann Harlos FR	2) 199 Marina White JR	
3) 185 Jackie Bynes JR	4) 195 Hannah Rohde JR	
6	Fordham	4:00.20
1) 73 Morgan Menzzasalma FR	2) 75 Christina Perrier SO	
3) 68 Laura Jaeger SO	4) 66 Leah Hickey FR	
7	UMass Amherst	4:02.38
1) 240 Caroline Leung FR	2) 237 Elizabeth Gulino FR	
3) 234 Bridget Deveau SO	4) 228 Melissa Beaupre FR	
8	La Salle	4:12.72
1) 124 Mone't Gist JR	2) 126 Amber Jenkins SO	
3) 122 Sara Dever SO	4) 130 Rebecca Scardelletti SR	
---	VCU	DQ
1) 274 Latrice Morris FR	2) 282 Ann Sheehy FR	
3) 286 Taylor Watkins FR	4) 270 Candice James FR	

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Finals ... (Women 4x400 M Relay)**

Team	Relay	Finals
--- St. Joseph's (Pa.)		DQ
1) 214 Katie Koss JR	2) 208 Courtney Foster JR	
3) 209 Ashley Gerald JR	4) 210 Dannah Hayward JR	

Women 4x800 M Relay**A10: 8:43.10 2011**

Team	Relay	Finals
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Finals

1 Davidson	8:50.10
1) 6 Ashlyn Gruber SR	2) 2 Brigid Behrens SR
3) 10 Sarah Paddon SR	4) 11 Hannah Rieden JR
2 Richmond	8:50.39
1) 173 Stephanie Hughes SO	2) 168 Amanda Corbosiero SO
3) 177 Haley Preschutti SO	4) 167 Taylor Clevinger SR
3 Saint Louis	8:51.23
1) 190 Katherine Kelly SO	2) 191 Emma Kidd JR
3) 193 Elise Moore JR	4) 196 Laura Schlueter SR
4 VCU	9:00.52
1) 281 Nichelle Scott SO	2) 262 Emily Dyke JR
3) 266 Ashley Greenlee FR	4) 285 Elizabeth Stump SR
5 UMass Amherst	9:04.65
1) 239 Mary Lavery FR	2) 255 Carly Zinner SR
3) 253 Olivia Weir FR	4) 231 Emilie Cowan FR
6 Duquesne	9:05.04
1) 48 Abby O'Connell SR	2) 42 Hannah Gilliam JR
3) 45 Abbie Marquard SR	4) 47 Annegret Nehl SO
7 St. Joseph's (Pa.)	9:09.64
1) 223 Sarah Regnault JR	2) 211 Lauren Hehir SR
3) 205 Sydney Coughlin JR	4) 217 Kiersten Moylan JR
8 Rhode Island	9:13.07
1) 150 Katie McNulty FR	2) 139 Jennifer Czerapowicz JR
3) 161 Natalie Sopchak FR	4) 136 Alexandra Carbonell SR
9 La Salle	9:15.93
1) 121 Kate Conville SR	2) 131 Morgan Szekely SO
3) 130 Rebecca Scardelletti SR	4) 132 Ifetayo Tyler SO
10 Fordham	9:24.18
1) 65 Shanna Heaney JR	2) 77 Danielle Rowe SR
3) 74 Aidan Moroz FR	4) 72 Kate McCormack FR
11 George Mason	9:38.57
1) 80 Suzanne Abribat SO	2) 98 Caitlin Kelly FR
3) 99 Siobhan Klie SR	4) 88 Victoria Doss SR

Women High Jump**Sponsor: Progression: 1.50-1.55-1.60-1.65-1.70-1.75-1.78-1.81 +3****A10: 5-10 1997 Katie Ollendick**

Name	Yr	School	Finals
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Finals

1 106 Talisha Watts	JR	George Mason	1.75m
2 200 Claudine Andre	SO	St. Joseph's	1.75m
3 283 Christina Solomon	JR	VCU	1.70m
4 56 Shannon Taub	FR	Duquesne	1.65m
5 198 Stephanie Uhrich	SR	Saint Louis	1.60m
5 145 Tiffany Jenkins	SO	Rhode Island	1.60m

7 144 Elaina Hobbs	FR	Rhode Island	1.60m
8 254 Julia Witt	SO	UMass Amhers	1.60m
9 243 Katharine Osborne	SR	UMass Amhers	1.55m
9 222 Emely Ramirez	JR	St. Joseph's	1.55m
11 35 Nicole Bell	SO	Duquesne	1.55m
11 52 Paige Rittelmann	SR	Duquesne	1.55m
13 259 Amiaya Carey	SO	VCU	1.50m
--- 138 Janel Conley	JR	Rhode Island	NH

Women Pole Vault**Progression: 2.81-2.96-3.11-3.26-3.41-3.56-3.71-3.86-4.01-4.11****A10: 12-07.50 2011 Courtney Siebenaller**

Name	Yr	School	Finals
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Finals

1 96 Lindsay Horton	SR	George Mason	3.86m
2 20 Leah Frischmann	SO	Dayton	3.86m
3 149 Karleigh Manfredi	SR	Rhode Island	3.71m
4 91 Shelby Garnand	SO	George Mason	3.71m
5 142 Karlee Fowler	SO	Rhode Island	3.56m
6 180 Sarah Timko	JR	Richmond	3.41m
6 229 Sarah Bierly	SR	UMass Amhers	3.41m
8 248 Kayla Rorke	FR	UMass Amhers	3.41m
9 160 Amber Sekoll	JR	Rhode Island	3.41m
10 95 Ashley Hinton	JR	George Mason	3.41m
11 227 Kelsey Barnes	FR	UMass Amhers	3.26m
11 198 Stephanie Uhrich	SR	Saint Louis	3.26m
13 5 Megan Comstock	SO	Davidson	2.96m

Women Long Jump**Top 9 Marks to Final****A10: 20-07 2009 Pat Springs**

Name	Yr	School	Finals
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Finals

1 276 Carina Peter	SR	VCU	5.84m +0.0
2 82 Wahnetah Carty	SR	George Mason	5.78m +0.0
3 169 Janel Francis	SR	Richmond	5.68m +0.0
4 138 Janel Conley	JR	Rhode Island	5.58m +0.0
5 54 Victoria Soeder	SO	Duquesne	5.56m +0.0
6 249 Tatiyanna Sanders	SO	UMass Amhers	5.51m +0.0
7 125 Amber Jackson	JR	La Salle	5.39m -1.3
8 284 Alliyah Stevens	FR	VCU	5.37m +0.0
9 58 Julia Wignot	SR	Duquesne	5.23m +0.0
10 81 Nhautey Brown	JR	George Mason	5.17m +0.0
11 128 Kaleah Miller	FR	La Salle	5.17m +0.0
12 56 Shannon Taub	FR	Duquesne	5.11m -0.4
13 94 Briana Hill	JR	George Mason	5.09m +0.0
14 200 Claudine Andre	SO	St. Joseph's	5.01m +0.0
--- 244 Meghan Patroliia	SR	UMass Amhers	FOUL

Women Triple Jump**Top 9 Marks to Final****A10: 42-05.50 2007 Sharonda Johnson**

Name	Yr	School	Finals
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Finals

1 276 Carina Peter	SR	VCU	11.91m 1.0
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A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Finals ... (Women Triple Jump)**

	Name	Yr	School	Finals
2	81 Nhautey Brown	JR	George Mason	11.87m 2.7
3	102 Junei Mosley	JR	George Mason	11.85m 2.9
4	36 Gabriella Benninger	SO	Duquesne	11.83m 3.2
5	18 Adria Butler	SO	Dayton	11.75m 4.1
6	139 Jennifer Czerapowicz	JR	Rhode Island	11.72m 0.6
7	273 Taylor McCormick	SO	VCU	11.68m 4.9
8	125 Amber Jackson	JR	La Salle	11.67m 5.5
9	56 Shannon Taub	FR	Duquesne	11.59m 4.3
10	272 Jasmine Lackey	SO	VCU	11.37m 2.7
11	22 Meghan Krawiec	FR	Dayton	11.29m -0.3
12	128 Kaleah Miller	FR	La Salle	11.19m 3.8
13	97 Ashley Jean	SO	George Mason	10.93m 2.4
14	40 Lexis Frost	SR	Duquesne	10.59m +0.0
15	244 Meghan Patroliia	SR	UMass Amhers	10.53m 4.1
---	169 Janel Francis	SR	Richmond	FOUL

Women Shot Put**Top 9 Marks to Final**

	Name	Yr	School	Finals
	A10: 50-00.50	1998	Paula Allan	
Finals				
1	28 Jenni Rossi	SO	Dayton	14.91m
2	232 Kelsey Crawford	JR	UMass Amhers	14.35m
3	277 Briana Ratchford	JR	VCU	13.78m
4	280 Camora Sanders	FR	VCU	13.35m
5	25 Sonya Napariu	JR	Dayton	12.91m
6	189 Jasmine Jefko	SO	Saint Louis	12.62m
7	287 Latasha Williams	SO	VCU	12.41m
8	245 Margaret Riseborough	JR	UMass Amhers	12.27m
9	41 Sophia Fustos	SO	Duquesne	12.24m
10	154 Katja Neves	JR	Rhode Island	12.11m
11	206 Sarah Fairbanks	SR	St. Joseph's	11.59m
12	107 Kendra West	FR	George Mason	11.58m
13	83 Betsy Chilcoat	SO	George Mason	10.54m
14	174 Alena McGonigle	JR	Richmond	8.99m

Women Discus**Top 9 Marks to Final**

	Name	Yr	School	Finals
	A10: 163-07	2011	Monica Howard	
Finals				
1	28 Jenni Rossi	SO	Dayton	47.74m
2	275 Denise O'Rourke	SO	VCU	45.53m
3	90 Rachel Forder	FR	George Mason	44.34m
4	280 Camora Sanders	FR	VCU	43.96m
5	235 Ibiyemisi Gbenebor	FR	UMass Amhers	42.90m
6	103 Emily Muniz	SR	George Mason	41.89m
7	206 Sarah Fairbanks	SR	St. Joseph's	40.77m
8	163 Leah Wolf	FR	Rhode Island	39.92m
9	187 Kamaria Gage	SO	Saint Louis	38.57m
10	41 Sophia Fustos	SO	Duquesne	38.38m
11	154 Katja Neves	JR	Rhode Island	38.04m
12	230 Mariah Collins	JR	UMass Amhers	37.33m

13	27 Alyssa Ramstetter	FR	Dayton	37.19m
14	279 Jada Roberts	SR	VCU	35.85m
15	156 Sheila Plunkett	FR	Rhode Island	35.58m
16	3 Daisy Borders	FR	Davidson	34.66m
17	245 Margaret Riseborough	JR	UMass Amhers	32.44m
18	83 Betsy Chilcoat	SO	George Mason	32.09m
19	174 Alena McGonigle	JR	Richmond	27.87m

Women Hammer**Top 9 Marks to Final**

	Name	Yr	School	Finals
	A10: 203-00	2009	Jasmine Jennings	
Finals				
1	28 Jenni Rossi	SO	Dayton	54.45m
2	103 Emily Muniz	SR	George Mason	51.08m
3	25 Sonya Napariu	JR	Dayton	49.48m
4	279 Jada Roberts	SR	VCU	47.92m
5	153 Aysha Moreino	SR	Rhode Island	46.27m
6	232 Kelsey Crawford	JR	UMass Amhers	45.85m
7	140 Maggie Dufault	JR	Rhode Island	45.77m
8	189 Jasmine Jefko	SO	Saint Louis	45.21m
9	245 Margaret Riseborough	JR	UMass Amhers	45.03m
10	162 Manuela Vadis	JR	Rhode Island	43.29m
11	187 Kamaria Gage	SO	Saint Louis	42.51m
12	37 Alyse DePaola	SR	Duquesne	42.36m
13	230 Mariah Collins	JR	UMass Amhers	41.16m
14	41 Sophia Fustos	SO	Duquesne	38.62m
15	265 Julianne Gentry	SR	VCU	38.18m
16	90 Rachel Forder	FR	George Mason	38.12m
17	107 Kendra West	FR	George Mason	36.83m
18	275 Denise O'Rourke	SO	VCU	34.15m
---	27 Alyssa Ramstetter	FR	Dayton	FOUL

Women Javelin**Top 9 Marks to Final**

	Name	Yr	School	Finals
	A10: 153-04	2005	Lindsey Smith	
Finals				
1	39 Julia Franzosa	SR	Duquesne	45.79m
2	232 Kelsey Crawford	JR	UMass Amhers	44.50m
3	234 Bridget Deveau	SO	UMass Amhers	41.43m
4	246 Emma Robinson	SR	UMass Amhers	41.17m
5	91 Shelby Garnand	SO	George Mason	40.74m
6	163 Leah Wolf	FR	Rhode Island	38.24m
7	256 Jenna Anderson	SO	VCU	38.13m
8	17 Jessica Birdsong	FR	Dayton	38.12m
9	277 Briana Ratchford	JR	VCU	37.60m
10	24 Elizabeth Michalenko	FR	Dayton	33.40m
11	153 Aysha Moreino	SR	Rhode Island	33.19m
12	37 Alyse DePaola	SR	Duquesne	33.12m
13	92 Isabel Guide	FR	George Mason	33.06m
14	103 Emily Muniz	SR	George Mason	31.52m
15	148 Hannah Madison	JR	Rhode Island	29.59m

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Heptathlon: #4 Women 200 M Heptathlon**

	Name	Yr	School	Finals	
Finals					
1	258 LeClare Beres	FR	VCU	25.26	863
2	29 Sarah Sepanski	SO	Dayton	25.42	849
3	159 Michelle Savoie	SR	Rhode Island	26.01	796
4	143 Keiko Hector	SR	Rhode Island	26.03	795
5	148 Hannah Madison	JR	Rhode Island	26.62	744
6	234 Bridget Deveau	SO	UMass Amhers	26.75	733
7	247 Charlotte Robison	FR	UMass Amhers	26.99	713
8	271 Sakia Konin	FR	VCU	27.13	701
9	36 Gabriella Benninger	SO	Duquesne	27.22	694
10	254 Julia Witt	SO	UMass Amhers	27.39	680
11	284 Alliyah Stevens	FR	VCU	27.47	673
12	18 Adria Butler	SO	Dayton	27.79	647
13	89 Lynne Eisenberg	JR	George Mason	27.93	636

Heptathlon: #7 Women 800 M Heptathlon

	Name	Yr	School	Finals	
Finals					
1	143 Keiko Hector	SR	Rhode Island	2:18.91	838
2	234 Bridget Deveau	SO	UMass Amhers	2:20.19	821
3	159 Michelle Savoie	SR	Rhode Island	2:21.27	806
4	89 Lynne Eisenberg	JR	George Mason	2:22.18	794
5	148 Hannah Madison	JR	Rhode Island	2:26.83	733
6	36 Gabriella Benninger	SO	Duquesne	2:28.87	707
7	254 Julia Witt	SO	UMass Amhers	2:29.79	696
8	258 LeClare Beres	FR	VCU	2:33.34	652
9	29 Sarah Sepanski	SO	Dayton	2:34.35	639
10	284 Alliyah Stevens	FR	VCU	2:37.47	602
11	271 Sakia Konin	FR	VCU	2:40.36	569
12	247 Charlotte Robison	FR	UMass Amhers	2:45.18	515
13	18 Adria Butler	SO	Dayton	2:49.30	471

Heptathlon: #1 Women 100 M Hurdles Heptathlon

	Name	Yr	School	Finals	
Finals					
1	143 Keiko Hector	SR	Rhode Island	14.64	890
2	29 Sarah Sepanski	SO	Dayton	14.83	864
3	159 Michelle Savoie	SR	Rhode Island	14.96	847
4	234 Bridget Deveau	SO	UMass Amhers	15.13	825
5	284 Alliyah Stevens	FR	VCU	15.21	814
6	148 Hannah Madison	JR	Rhode Island	15.24	810
7	36 Gabriella Benninger	SO	Duquesne	15.32	800
8	258 LeClare Beres	FR	VCU	15.69	753
9	247 Charlotte Robison	FR	UMass Amhers	15.92	724
10	18 Adria Butler	SO	Dayton	16.12	700
11	271 Sakia Konin	FR	VCU	16.38	668
12	254 Julia Witt	SO	UMass Amhers	16.46	659
13	89 Lynne Eisenberg	JR	George Mason	16.86	612

Heptathlon: #2 Women High Jump Heptathlon

	Name	Yr	School	Finals	
Finals					
1	143 Keiko Hector	SR	Rhode Island	1.69m	842
2	234 Bridget Deveau	SO	UMass Amhers	1.60m	736
2	148 Hannah Madison	JR	Rhode Island	1.60m	736
4	254 Julia Witt	SO	UMass Amhers	1.57m	701
5	36 Gabriella Benninger	SO	Duquesne	1.54m	666
5	284 Alliyah Stevens	FR	VCU	1.54m	666
7	18 Adria Butler	SO	Dayton	1.48m	599
7	247 Charlotte Robison	FR	UMass Amhers	1.48m	599
9	159 Michelle Savoie	SR	Rhode Island	1.45m	566
10	89 Lynne Eisenberg	JR	George Mason	1.42m	534
11	29 Sarah Sepanski	SO	Dayton	1.39m	502
11	271 Sakia Konin	FR	VCU	1.39m	502
13	258 LeClare Beres	FR	VCU	1.30m	409

Heptathlon: #5 Women Long Jump Heptathlon

	Name	Yr	School	Finals	
Finals					
1	284 Alliyah Stevens	FR	VCU	5.63m	738
2	143 Keiko Hector	SR	Rhode Island	5.57m	720
3	159 Michelle Savoie	SR	Rhode Island	5.50m	700
4	18 Adria Butler	SO	Dayton	5.31m	645
5	29 Sarah Sepanski	SO	Dayton	5.28m	637
6	234 Bridget Deveau	SO	UMass Amhers	5.23m	623
7	36 Gabriella Benninger	SO	Duquesne	5.22m	620
8	271 Sakia Konin	FR	VCU	5.14m	598
9	89 Lynne Eisenberg	JR	George Mason	4.98m	554
10	247 Charlotte Robison	FR	UMass Amhers	4.93m	540
11	254 Julia Witt	SO	UMass Amhers	4.86m	522
12	148 Hannah Madison	JR	Rhode Island	4.83m	514
13	258 LeClare Beres	FR	VCU	4.73m	487

Heptathlon: #3 Women Shot Put Heptathlon

	Name	Yr	School	Finals	
Finals					
1	29 Sarah Sepanski	SO	Dayton	12.50m	694
2	18 Adria Butler	SO	Dayton	11.40m	621
3	234 Bridget Deveau	SO	UMass Amhers	11.27m	613
4	143 Keiko Hector	SR	Rhode Island	10.53m	564
5	36 Gabriella Benninger	SO	Duquesne	9.44m	493
6	258 LeClare Beres	FR	VCU	9.18m	476
6	159 Michelle Savoie	SR	Rhode Island	9.18m	476
8	148 Hannah Madison	JR	Rhode Island	9.16m	475
9	254 Julia Witt	SO	UMass Amhers	8.88m	456
10	247 Charlotte Robison	FR	UMass Amhers	8.80m	451
11	284 Alliyah Stevens	FR	VCU	8.66m	442
12	89 Lynne Eisenberg	JR	George Mason	8.58m	437
13	271 Sakia Konin	FR	VCU	8.45m	428

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Heptathlon: #6 Women Javelin Heptathlon**

Name	Yr	School	Finals
Finals			
1 234 Bridget Deveau	SO	UMass Amhers	41.53m 697
2 18 Adria Butler	SO	Dayton	35.79m 587
3 29 Sarah Sepanski	SO	Dayton	35.63m 584
4 148 Hannah Madison	JR	Rhode Island	33.17m 537
5 89 Lynne Eisenberg	JR	George Mason	29.12m 460
6 143 Keiko Hector	SR	Rhode Island	27.60m 431
7 284 Alliyah Stevens	FR	VCU	27.04m 421
8 258 LeClare Beres	FR	VCU	26.05m 402
9 36 Gabriella Benninger	SO	Duquesne	24.94m 381
10 159 Michelle Savoie	SR	Rhode Island	23.27m 350
11 254 Julia Witt	SO	UMass Amhers	21.73m 321
12 247 Charlotte Robison	FR	UMass Amhers	19.56m 281
13 271 Sakia Konin	FR	VCU	14.52m 188

Women Heptathlon

A10:	5240	2010	Shayna Daugherty
Name	Yr	School	Finals
Finals			
1 143 Keiko Hector	SR	Rhode Island	5080
2 234 Bridget Deveau	SO	UMass Amhers	5048
3 29 Sarah Sepanski	SO	Dayton	4769
4 148 Hannah Madison	JR	Rhode Island	4549
5 159 Michelle Savoie	SR	Rhode Island	4541
6 36 Gabriella Benninger	SO	Duquesne	4361
7 284 Alliyah Stevens	FR	VCU	4356
8 18 Adria Butler	SO	Dayton	4270
9 258 LeClare Beres	FR	VCU	4042
10 254 Julia Witt	SO	UMass Amhers	4035
11 89 Lynne Eisenberg	JR	George Mason	4027
12 247 Charlotte Robison	FR	UMass Amhers	3823
13 271 Sakia Konin	FR	VCU	3654

Men 100 M

A10:	10.24	1999	Andre Davis
Name	Yr	School	Prelims
Preliminaries			
1 381 Ayodeji Raymond	JR	George Mason	10.56Q0.6
2 433 Nigel Hill	SO	Rhode Island	10.71Q0.6
3 543 Jamik Alexander	FR	VCU	10.72Q-0.2
4 364 Bernard Freeman	JR	George Mason	10.67q 0.6
5 409 Justin Guerre	SO	La Salle	10.82q -0.2
6 424 Joseph Carter	FR	Rhode Island	10.84q 0.6
7 557 Kareem Payne	SO	VCU	10.91q 0.6
8 421 DeAngelo Berry	JR	Rhode Island	10.94q -0.2
9 389 David Stone	JR	George Mason	10.95 0.6
10 334 Jordan Allen	FR	Fordham	10.96 0.6
11 310 Joe Borsuk	SR	Duquesne	10.97 0.6
12 530 Andy Isabella	FR	UMass Amhers	11.00 0.6
13 321 Jonathant Istache	FR	Duquesne	11.14 -0.2
14 541 Connor Williams	FR	UMass Amhers	11.15 -0.2

15 561 Justin West	FR	VCU	11.20 -0.2
16 313 Nehari Crawford	FR	Duquesne	11.22 0.6
17 464 Jonathan Goodwin	SR	Saint Louis	11.27 0.6
18 495 Kalib Hawkins-Crumph	JR	St. Joseph's	11.31 0.6
19 481 Kevin Barry	JR	St. Joseph's	11.31 0.6

Men 100 M

A10:	10.24	1999	Andre Davis
Name	Yr	School	Finals
Finals			
1 381 Ayodeji Raymond	JR	George Mason	10.50 0.4
2 364 Bernard Freeman	JR	George Mason	10.67 0.4
3 543 Jamik Alexander	FR	VCU	10.68 0.4
4 557 Kareem Payne	SO	VCU	10.79 0.4
5 409 Justin Guerre	SO	La Salle	10.85 0.4
6 421 DeAngelo Berry	JR	Rhode Island	10.91 0.4
7 433 Nigel Hill	SO	Rhode Island	19.62 0.4
8 424 Joseph Carter	FR	Rhode Island	20.70 0.4

Men 200 M**Preferred lanes for final: 4-5-6-3-7-8-2-1**

A10:	20.67	2013	Anthony Bynum
Name	Yr	School	Prelims
Preliminaries			
1 502 Alec Peabody	SR	St. Joseph's	21.33Q0.8
2 364 Bernard Freeman	JR	George Mason	21.45Q0.2
3 334 Jordan Allen	FR	Fordham	21.51Q0.3
4 543 Jamik Alexander	FR	VCU	21.54q 0.8
5 356 Junias Agyei	FR	George Mason	21.68q 0.3
6 409 Justin Guerre	SO	La Salle	21.69q 0.3
7 310 Joe Borsuk	SR	Duquesne	21.74q 0.2
8 295 Jacob Hostetler	SO	Davidson	21.79q 0.2
9 496 David Henderson	SO	St. Joseph's	21.93 0.2
10 557 Kareem Payne	SO	VCU	22.11 0.3
11 311 Mike Bryk	SR	Duquesne	22.21 0.8
12 561 Justin West	FR	VCU	22.23 0.8
13 387 DaQuan Smalls	SR	George Mason	22.48 0.8
14 481 Kevin Barry	JR	St. Joseph's	22.51 0.2
15 509 Corey Adelson	JR	UMass Amhers	22.54 0.3
16 440 De'Von McGriff	FR	Rhode Island	22.57 0.2
17 401 Joe Verghese	SO	George Washi	24.31 0.3
18 424 Joseph Carter	FR	Rhode Island	24.87 0.2
--- 433 Nigel Hill	SO	Rhode Island	DNF 0.8

Men 200 M**Preferred lanes for final: 4-5-6-3-7-8-2-1**

A10:	20.67	2013	Anthony Bynum
Name	Yr	School	Finals
Finals			
1 364 Bernard Freeman	JR	George Mason	21.39 1.7
2 502 Alec Peabody	SR	St. Joseph's	21.51 1.7
3 356 Junias Agyei	FR	George Mason	21.59 1.7
4 334 Jordan Allen	FR	Fordham	21.60 1.7
5 409 Justin Guerre	SO	La Salle	21.79 1.7

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Finals ... (Men 200 M)**

	Name	Yr	School	Finals
6	295 Jacob Hostetler	SO	Davidson	21.83 1.7
7	310 Joe Borsuk	SR	Duquesne	21.94 1.7
8	543 Jamik Alexander	FR	VCU	22.04 1.7

Men 400 M**Preferred lanes for final: 4-5-6-3-7-8-2-1****A10: 46.14 2011 Darius Law**

	Name	Yr	School	Prelims
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Preliminaries

1	502 Alec Peabody	SR	St. Joseph's	46.65Q
2	366 Rico Gomez	FR	George Mason	47.83Q
3	380 Evander Pierre	FR	George Mason	47.84Q
4	445 Kebba Nasso	SR	Rhode Island	48.16Q
5	480 Robert Banks	SR	St. Joseph's	48.02q
6	295 Jacob Hostetler	SO	Davidson	48.15q
7	312 Mohamed Cisse	JR	Duquesne	48.34q
8	370 Xavier King Jr	SO	George Mason	48.47q
9	562 Nathan Williams	FR	VCU	48.52
10	325 David O'Such	SO	Duquesne	48.72
11	442 Marlon Montague	SO	Rhode Island	48.85
12	471 Will Moore	FR	Saint Louis	48.87
13	470 Griffin McCurren	JR	Saint Louis	48.92
14	559 Kahlil Shepard	SO	VCU	49.05
15	431 Jared Gray	JR	Rhode Island	49.24
16	494 Eddison Gulama	JR	St. Joseph's	49.49
17	462 Josh Freivogel	SO	Saint Louis	49.59
18	336 Jared Benn	FR	Fordham	49.81
19	311 Mike Bryk	SR	Duquesne	50.09
20	531 Dean Jenssen	FR	UMass Amhers	52.30
21	401 Joe Verghese	SO	George Washi	54.63
---	546 Nicholas Buckingham	SO	VCU	FS

Men 400 M**Preferred lanes for final: 4-5-6-3-7-8-2-1****A10: 46.14 2011 Darius Law**

	Name	Yr	School	Finals
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Finals

1	502 Alec Peabody	SR	St. Joseph's	46.51
2	366 Rico Gomez	FR	George Mason	47.31
3	380 Evander Pierre	FR	George Mason	47.40
4	370 Xavier King Jr	SO	George Mason	47.85
5	295 Jacob Hostetler	SO	Davidson	47.99
6	480 Robert Banks	SR	St. Joseph's	48.14
7	312 Mohamed Cisse	JR	Duquesne	48.15
8	445 Kebba Nasso	SR	Rhode Island	48.38

Men 800 M**A10: 1:49.34 2002 Andy Craycraft**

	Name	Yr	School	Prelims
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Preliminaries

1	417 Chris Sanders	JR	La Salle	1:50.70Q
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2	418 Nicholas Smart	SO	La Salle	1:50.93Q
3	477 Wes Schoenthal	FR	Saint Louis	1:51.13Q
4	406 Ben DeVenezia	FR	La Salle	1:51.95Q
5	506 Steve Thompson	SO	St. Joseph's	1:51.14q
6	351 Louis Santelli	SO	Fordham	1:51.39q
7	423 Zach Campo	SR	Rhode Island	1:51.65q
8	491 Dylan Eddinger	FR	St. Joseph's	1:51.86q
9	384 Nathan Schulte	SO	George Mason	1:51.97
10	306 Patrick Rollo	SR	Davidson	1:52.58
11	436 Mike MacLean	SR	Rhode Island	1:52.82
12	372 Blaine Lacey	FR	George Mason	1:53.11
13	458 Tannock Blair	FR	Saint Louis	1:53.54
14	563 Calvin Wood	JR	VCU	1:53.68
15	524 Brian Gendron	SO	UMass Amhers	1:53.74
16	522 Alex Finestone	JR	UMass Amhers	1:54.10
17	469 Albert Marban	SR	Saint Louis	1:54.15
18	314 Bryan Culley	JR	Duquesne	1:54.22
19	498 Jack Magee	JR	St. Joseph's	1:54.56
20	382 Kobe Robinson	FR	George Mason	1:55.08
21	549 Victory Harrison	FR	VCU	1:55.65
22	326 Joe O'Such	SR	Duquesne	1:55.69
23	337 Michael Campbell	SO	Fordham	1:56.51
24	329 Carl Sturges	JR	Duquesne	1:56.57
25	439 Alexander McGrainer	JR	Rhode Island	1:57.24
26	394 Sawyer Bilton	FR	George Washi	1:57.62
27	395 Robert Craven	SR	George Washi	1:58.41
28	292 Francis Corson	JR	Davidson	1:58.49
29	341 Patrick Dineen	FR	Fordham	1:59.59

Men 800 M**A10: 1:49.34 2002 Andy Craycraft**

	Name	Yr	School	Finals
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Finals

1	417 Chris Sanders	JR	La Salle	1:49.86
2	406 Ben DeVenezia	FR	La Salle	1:51.84
3	351 Louis Santelli	SO	Fordham	1:51.87
4	477 Wes Schoenthal	FR	Saint Louis	1:53.19
5	491 Dylan Eddinger	FR	St. Joseph's	1:53.38
6	423 Zach Campo	SR	Rhode Island	1:53.40
7	506 Steve Thompson	SO	St. Joseph's	1:58.68
8	418 Nicholas Smart	SO	La Salle	2:00.87

Men 1500 M**A10: 3:48.43 2015 Benjamin Groleau**

	Name	Yr	School	Finals
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Finals

1	525 Benjamin Groleau	SR	UMass Amhers	3:52.70
2	362 Stuart Crowell	SR	George Mason	3:53.89
3	361 Brent Coulter	JR	George Mason	3:54.43
4	414 Stephen Lewandowski	JR	La Salle	3:54.87
5	463 Hiob Gebisso	JR	Saint Louis	3:55.71
6	396 Ryan Depinto	FR	George Washi	3:55.91
7	472 Lance Mueller	FR	Saint Louis	3:56.20
8	302 Ryan Phillips	SR	Davidson	3:56.29
9	458 Tannock Blair	FR	Saint Louis	3:57.09

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Finals ... (Men 1500 M)**

	Name	Yr	School	Finals
10	505 Paul Szulewski	SR	St. Joseph's	3:57.12
11	331 Jeff Van Kooten	FR	Duquesne	3:57.24
12	346 Nikolas O'Brien	SO	Fordham	3:57.89
13	486 Jack Daly	FR	St. Joseph's	3:58.15
14	523 Zachary Frahlich	FR	UMass Amhers	3:59.11
15	399 Chris Shaffer	SO	George Washi	3:59.78
16	411 Bradley Heuer	SO	La Salle	3:59.80
17	344 Fritz Heinrich	SO	Fordham	4:01.28
18	485 Collin Crilly	SO	St. Joseph's	4:02.06
19	345 Ryan McGann	JR	Fordham	4:02.56
20	378 Logan Miller	SO	George Mason	4:04.88
21	451 Tim Slack	FR	Rhode Island	4:06.55
22	408 Andrew Gorsuch	SO	La Salle	4:11.48
23	393 Charles Arnold	SO	George Washi	4:11.80
24	428 Thomas Fownes	SR	Rhode Island	4:11.97
25	305 Ramsay Ritchie	SO	Davidson	4:14.61

Men 5000 M**Athletes 1-18 on front row, fastest on front row****Double waterfall start****A10: 14:10.79 2007 Sean Quigley**

	Name	Yr	School	Finals
Finals				
1	363 Steven Flynn	JR	George Mason	14:24.48
2	288 Will Brewster	JR	Davidson	14:27.34
3	300 John Mogen	JR	Davidson	14:37.26
4	416 Brendan Robertson	JR	La Salle	14:50.66
5	352 Thomas Slattery	SO	Fordham	14:53.39
6	404 Chris Berry	SO	La Salle	14:54.43
7	407 Fran Ferruzzi	SO	La Salle	14:58.86
8	461 Neal Fitzpatrick	JR	Saint Louis	15:04.61
9	373 Adam LaFemina	JR	George Mason	15:05.49
10	400 Ryan Tucker	SR	George Washi	15:10.66
11	307 Daniel Samet	SR	Davidson	15:12.18
12	386 Luke Sharkey	SO	George Mason	15:18.70
13	353 Michael Turi	SR	Fordham	15:23.13
14	323 Christian Kazanjian	SO	Duquesne	15:25.12
15	532 Morgan Marlow	JR	UMass Amhers	15:32.84
16	318 Rico Galassi	SO	Duquesne	15:32.87
17	398 Seamus Roddy	JR	George Washi	15:36.55
18	402 Andy Weber	FR	George Washi	15:40.62
19	497 Sean Macpherson	FR	St. Joseph's	15:43.59
20	499 John Mascioli	JR	St. Joseph's	15:47.17
21	512 John Burns	SO	UMass Amhers	16:18.80
22	490 David Dorsey	SO	St. Joseph's	16:28.31
---	347 Quincy O'Connor	SR	Fordham	DNF
---	539 Benjamin Thomas	SR	UMass Amhers	DNF

Men 10000 M**Athletes 1-18 on front row, fastest on front row****Double waterfall start****A10: 29:33.29 2015 Jim Spisak**

	Name	Yr	School	Finals
Finals				
1	288 Will Brewster	JR	Davidson	30:22.80
2	379 Grayson Morgan	FR	George Mason	30:29.35
3	307 Daniel Samet	SR	Davidson	30:33.08
4	460 Manuel de Backer	FR	Saint Louis	30:36.40
5	518 Blake Croteau	JR	UMass Amhers	30:37.29
6	461 Neal Fitzpatrick	JR	Saint Louis	30:40.57
7	403 Ian Barnhill	SR	La Salle	30:40.91
8	415 Nick Libbi	SR	La Salle	30:55.73
9	537 Daniel Sheldon	SR	UMass Amhers	30:59.00
10	333 Aaron Wilkinson	JR	Duquesne	31:04.29
11	475 Matt Prest	FR	Saint Louis	31:22.07
12	289 Dylan Carmack	FR	Davidson	31:33.36
13	316 Josef DiPietrantonio	JR	Duquesne	31:36.22
14	373 Adam LaFemina	JR	George Mason	31:38.13
15	332 Hunter Wharrey	FR	Duquesne	31:52.51
16	517 Samuel Conway	JR	UMass Amhers	31:58.08
17	487 Jimmy Daniels	JR	St. Joseph's	32:07.80
18	484 Michael Cassidy	JR	St. Joseph's	32:24.98
19	342 Jake Duckworth	JR	Fordham	33:02.91
20	482 Brendan Bilotta	SO	St. Joseph's	34:08.71
---	411 Bradley Heuer	SO	La Salle	DNF

Men 110 M Hurdles**A10: 13.88 2004 Colin Aina**

	Name	Yr	School	Prelims
Preliminaries				
1	560 Xavier Waller	SR	VCU	14.60Q0.2
2	453 John Stallworth	SO	Rhode Island	14.64Q-0.6
3	555 Kyle Martin	SR	VCU	14.62q 0.2
4	429 Adam Franklin	FR	Rhode Island	14.65q 0.2
5	371 Kornelius Klah	FR	George Mason	14.70q -0.6
6	330 Kyle Trinch	JR	Duquesne	15.23q -0.6
7	303 Charles Rappe	SR	Davidson	15.25q 0.2
8	290 Sean Caveney	FR	Davidson	15.48q -0.6
9	520 Jake DeGrace	FR	UMass Amhers	15.62 0.2
10	446 Abdul-Lateef Oruleba	SO	Rhode Island	16.27 -0.6

Men 110 M Hurdles**A10: 13.88 2004 Colin Aina**

	Name	Yr	School	Finals
Finals				
1	453 John Stallworth	SO	Rhode Island	14.41 0.7
2	429 Adam Franklin	FR	Rhode Island	14.57 0.7
3	560 Xavier Waller	SR	VCU	14.57 0.7
4	371 Kornelius Klah	FR	George Mason	14.57 0.7
5	555 Kyle Martin	SR	VCU	14.94 0.7
6	330 Kyle Trinch	JR	Duquesne	14.99 0.7

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Finals ... (Men 110 M Hurdles)**

	Name	Yr	School	Finals
7	290 Sean Caveney	FR	Davidson	15.04 0.7
8	303 Charles Rappe	SR	Davidson	15.22 0.7

Men 400 M Hurdles**Preferred lanes for final: 4-5-6-3-7-8-2-1****A10: 51.47 2000 Kevin Walker**

	Name	Yr	School	Prelims
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Preliminaries

1	489 Torey Doaty	JR	St. Joseph's	52.43Q
2	330 Kyle Trinch	JR	Duquesne	52.78Q
3	360 Angel Coburn	SR	George Mason	53.62Q
4	429 Adam Franklin	FR	Rhode Island	52.92q
5	371 Kornelius Klah	FR	George Mason	54.02q
6	377 Jordan May	JR	George Mason	54.07q
7	303 Charles Rappe	SR	Davidson	54.17q
8	315 Frank Dallago	SR	Duquesne	54.51q
9	453 John Stallworth	SO	Rhode Island	54.73
10	526 Zachary Grube	SR	UMass Amhers	54.93
11	542 Zayd Abdul-Ali	FR	VCU	55.47
12	441 Anthony McQueen	JR	Rhode Island	55.61
13	290 Sean Caveney	FR	Davidson	55.86
14	319 Preston Hogue	FR	Duquesne	56.34
15	555 Kyle Martin	SR	VCU	56.63
16	410 Michael Hagan	SO	La Salle	58.39
17	405 Nick Della Vecchia	JR	La Salle	58.67
18	520 Jake DeGrace	FR	UMass Amhers	1:01.36

Men 400 M Hurdles**Preferred lanes for final: 4-5-6-3-7-8-2-1****A10: 51.47 2000 Kevin Walker**

	Name	Yr	School	Finals
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Finals

1	489 Torey Doaty	JR	St. Joseph's	51.47
2	429 Adam Franklin	FR	Rhode Island	52.08
3	330 Kyle Trinch	JR	Duquesne	52.10
4	360 Angel Coburn	SR	George Mason	52.15
5	377 Jordan May	JR	George Mason	52.50
6	371 Kornelius Klah	FR	George Mason	52.60
7	303 Charles Rappe	SR	Davidson	53.86
8	315 Frank Dallago	SR	Duquesne	55.61

Men 3000 M Steeplechase**A10: 8:27.23 2011 Travis Mahoney**

	Name	Yr	School	Finals
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Finals

1	335 Jonathan Anelli	SR	Fordham	9:01.62
2	338 Brian Cook	SO	Fordham	9:03.72
3	538 Paolo Tavares	JR	UMass Amhers	9:08.11
4	308 Dino Andrade	JR	Duquesne	9:16.59
5	488 Quinn Davis	SR	St. Joseph's	9:16.67
6	355 Paul Adam	FR	George Mason	9:19.91
7	472 Lance Mueller	FR	Saint Louis	9:23.90

8	374 Trent Lancaster	FR	George Mason	9:31.89
9	533 Jay McMahon	SO	UMass Amhers	9:37.03
10	540 Eric Waterman	FR	UMass Amhers	9:38.56
11	397 Jordan Pantalone	JR	George Washi	9:42.58
12	297 Will Jones	FR	Davidson	9:43.42
13	293 Aaron Forburger	SR	Davidson	9:45.47
14	369 Dustin Jutras	FR	George Mason	9:45.49
15	504 Will Sponaugle	FR	St. Joseph's	9:45.79
16	503 John Podles	FR	St. Joseph's	9:47.58
17	552 Sam Hush	SR	VCU	9:47.60
18	327 Luke Schott	SO	Duquesne	9:57.79
19	413 Nick LeFavor	SO	La Salle	9:59.13

Men 4x100 M Relay**A10: 40.33 2011**

Team	Relay	Finals
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Finals

1	George Mason	40.54
1) 381 Ayodeji Raymond JR	2) 356 Junias Agyei FR	
3) 389 David Stone JR	4) 364 Bernard Freeman JR	
2	Rhode Island	41.23
1) 421 DeAngelo Berry JR	2) 453 John Stallworth SO	
3) 429 Adam Franklin FR	4) 422 Casey Burley SO	
3	VCU	41.33
1) 557 Kareem Payne SO	2) 561 Justin West FR	
3) 562 Nathan Williams FR	4) 543 Jamik Alexander FR	
4	St. Joseph's (Pa.)	42.23
1) 496 David Henderson SO	2) 480 Robert Banks SR	
3) 495 Kalib Hawkins-Crump J	4) 502 Alec Peabody SR	
5	UMass Amherst	42.56
1) 541 Connor Williams FR	2) 510 Deion Arneaud JR	
3) 509 Corey Adelson JR	4) 521 Youssef El Korchi SR	
6	Saint Louis	43.24
1) 464 Jonathan Goodwin SR	2) 471 Will Moore FR	
3) 470 Griffin McCurren JR	4) 465 Nathan Hall JR	
7	Davidson	43.43
1) 304 Cole Reynolds FR	2) 298 Xzavier Killings SR	
3) 291 Jerry Chang SO	4) 296 Jalin Jackson FR	
8	Fordham	44.72
1) 349 Nicholas Regan JR	2) 336 Jared Benn FR	
3) 343 Andre Guthrie FR	4) 334 Jordan Allen FR	
---	Duquesne	DQ
1) 321 Jonathant Istache FR	2) 325 David O'Such SO	
3) 310 Joe Borsuk SR	4) 312 Mohamed Cisse JR	

Men 4x400 M Relay**A10: 3:10.43 1998**

Team	Relay	Finals
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Finals

1	St. Joseph's (Pa.)	3:11.31
1) 496 David Henderson SO	2) 480 Robert Banks SR	
3) 492 Kenny Evely SO	4) 489 Torey Doaty JR	
2	George Mason	3:11.81
1) 360 Angel Coburn SR	2) 380 Evander Pierre FR	
3) 364 Bernard Freeman JR	4) 366 Rico Gomez FR	

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Finals ... (Men 4x400 M Relay)**

Team	Relay	Finals
3 Rhode Island		3:12.37
1) 442 Marlon Montague SO	2) 431 Jared Gray JR	
3) 440 De'Von McGriff FR	4) 445 Kebba Nasso SR	
4 Saint Louis		3:14.62
1) 459 Kyle Clinkingbeard JR	2) 462 Josh Freivogel SO	
3) 465 Nathan Hall JR	4) 470 Griffin McCurren JR	
5 Duquesne		3:15.30
1) 325 David O'Such SO	2) 310 Joe Borsuk SR	
3) 311 Mike Bryk SR	4) 312 Mohamed Cisse JR	
6 VCU		3:15.51
1) 559 Kahlil Shepard SO	2) 542 Zayd Abdul-Ali FR	
3) 546 Nicholas Buckingham S	4) 562 Nathan Williams FR	
7 Fordham		3:23.89
1) 336 Jared Benn FR	2) 343 Andre Guthrie FR	
3) 334 Jordan Allen FR	4) 337 Michael Campbell SO	
8 UMass Amherst		3:26.18
1) 524 Brian Gendron SO	2) 527 Andrew Hanwell FR	
3) 522 Alex Finestone JR	4) 521 Youssef El Korchi SR	
9 Davidson		3:26.35
1) 303 Charles Rappe SR	2) 306 Patrick Rollo SR	
3) 290 Sean Caveney FR	4) 295 Jacob Hostetler SO	
10 La Salle		3:30.45
1) 410 Michael Hagan SO	2) 412 Joseph Leconey SO	
3) 406 Ben DeVenezia FR	4) 418 Nicholas Smart SO	

Men 4x800 M Relay**A10: 7:23.95 2010**

Team	Relay	Finals
1 La Salle		7:33.08
1) 406 Ben DeVenezia FR	2) 418 Nicholas Smart SO	
3) 414 Stephen Lewandowski J	4) 417 Chris Sanders JR	
2 Rhode Island		7:36.72
1) 437 Harrison Martin SO	2) 436 Mike MacLean SR	
3) 423 Zach Campo SR	4) 439 Alexander McGrainer JF	
3 St. Joseph's (Pa.)		7:38.52
1) 493 Dan Ferraiolo SO	2) 494 Eddison Gulama JR	
3) 498 Jack Magee JR	4) 500 Barren McCoy SO	
4 Saint Louis		7:40.01
1) 473 Jeff Orf SR	2) 458 Tannock Blair FR	
3) 469 Albert Marban SR	4) 477 Wes Schoenthal FR	
5 George Mason		7:40.72
1) 378 Logan Miller SO	2) 372 Blaine Lacey FR	
3) 362 Stuart Crowell SR	4) 384 Nathan Schulte SO	
6 Duquesne		7:41.95
1) 329 Carl Sturges JR	2) 314 Bryan Culley JR	
3) 331 Jeff Van Kooten FR	4) 326 Joe O'Such SR	
7 Fordham		7:48.49
1) 344 Fritz Heinrich SO	2) 338 Brian Cook SO	
3) 335 Jonathan Anelli SR	4) 351 Louis Santelli SO	
8 UMass Amherst		7:48.61
1) 534 Michael McNaughton SI	2) 511 Andrew Burke SO	
3) 535 Stephen Ness SR	4) 525 Benjamin Groleau SR	

9 VCU	7:59.50
1) 563 Calvin Wood JR	2) 549 Victory Harrison FR
3) 554 Austin Lushinski JR	4) 544 Bismillah Alidost JR
10 Davidson	8:00.05
1) 305 Ramsay Ritchie SO	2) 302 Ryan Phillips SR
3) 301 Amir Pappu SR	4) 292 Francis Corson JR

Men High Jump**Progression:1.77-1.82-1.87-1.92-1.97-2.02-2.07-2.10-2.13-2.16****A10: 7-00.25 2010 Brian Miller**

Name	Yr	School	Finals
Finals			
1 435 Jack Kahrs	JR	Rhode Island	2.10m
2 385 John Seals	SO	George Mason	2.02m
3 449 Jacob Reilly	SO	Rhode Island	2.02m
4 466 Will Hinegardner	FR	Saint Louis	1.97m
4 476 Michael Reader	JR	Saint Louis	1.97m
4 420 Kenneth Worthington	SO	La Salle	1.97m
7 376 Justin Little	SR	George Mason	1.97m
8 508 Cole Acoven	FR	UMass Amhers	1.97m
9 448 Ryan Rei	SR	Rhode Island	1.92m
10 388 Luke Sommer	FR	George Mason	1.87m
11 529 Nicholas Ingham	SR	UMass Amhers	1.87m
12 560 Xavier Waller	SR	VCU	1.77m
--- 320 Jared Horne	JR	Duquesne	NH
--- 528 Kristopher Horn	JR	UMass Amhers	NH

Men Pole Vault**Progression:4.10-4.25-4.40-4.55-4.70-4.85-4.96-5.07-5.18****A10: 17-10.50 2000 Brian Hunter**

Name	Yr	School	Finals
Finals			
1 434 Ondrej Honka	SO	Rhode Island	5.05m
2 515 John Chuma	SO	UMass Amhers	4.70m
3 357 Logan Besougloff	JR	George Mason	4.70m
4 392 Robert Yu	JR	George Mason	4.55m
5 456 Ryan Wilkes	FR	Rhode Island	4.55m
6 528 Kristopher Horn	JR	UMass Amhers	4.40m
7 359 Trip Chewing	JR	George Mason	4.40m
8 454 William Thibault	JR	Rhode Island	4.40m
9 350 Ryan Riviere	SO	Fordham	4.25m

Men Long Jump**Top 9 Marks to Final****A10: 25-02.75 2010 Tim Boeni**

Name	Yr	School	Finals
Finals			
1 358 Raeshawn Bishop	SO	George Mason	7.37m +0.0
2 422 Casey Burley	SO	Rhode Island	7.33m 1.7
3 356 Junias Agyei	FR	George Mason	7.13m +0.0
4 426 Tor Dworshak	SR	Rhode Island	7.01m +0.0
5 448 Ryan Rei	SR	Rhode Island	7.00m +0.0
6 298 Xzavier Killings	SR	Davidson	6.99m +0.0
7 420 Kenneth Worthington	SO	La Salle	6.88m 1.3
8 510 Deion Arneaud	JR	UMass Amhers	6.80m +0.0

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Finals ... (Men Long Jump)**

	Name	Yr	School	Finals
9	419 Zakiyy Williams	FR	La Salle	6.62m +0.0
10	313 Nehari Crawford	FR	Duquesne	6.55m +0.0
11	320 Jared Horne	JR	Duquesne	6.48m +0.0
12	536 Jude Pierre	FR	UMass Amhers	6.48m +0.0
13	545 Devin Bethea	FR	VCU	6.43m +0.0
14	514 Warren Charleston	FR	UMass Amhers	6.24m +0.0
15	548 Racheed Davis	JR	VCU	6.18m +0.0
---	376 Justin Little	SR	George Mason	FOUL

Men Triple Jump**Top 9 Marks to Final**

	A10: 49-11.25	2012	Gabriel Pickett	
	Name	Yr	School	Finals
Finals				
1	358 Raeshawn Bishop	SO	George Mason	15.08m 5.0
2	446 Abdul-Lateef Oruleba	SO	Rhode Island	14.73m 4.3
3	419 Zakiyy Williams	FR	La Salle	14.59m 3.2
4	450 Nigel Riley	SO	Rhode Island	14.58m 0.4
5	376 Justin Little	SR	George Mason	14.41m 2.0
6	548 Racheed Davis	JR	VCU	14.29m 6.4
7	474 DeeJay Owens	JR	Saint Louis	14.27m -0.3
8	553 John Lim	FR	VCU	14.19m 2.0
9	514 Warren Charleston	FR	UMass Amhers	14.08m 2.8
10	545 Devin Bethea	FR	VCU	13.72m 2.5
11	448 Ryan Rei	SR	Rhode Island	13.68m 3.2
12	510 Deion Arneaud	JR	UMass Amhers	13.46m 3.2
13	536 Jude Pierre	FR	UMass Amhers	13.21m 1.4
14	507 Prince Charles Yakubu	JR	St. Joseph's	13.11m 1.1
15	298 Xzavier Killings	SR	Davidson	12.83m 2.3

Men Shot Put**Top 9 Marks to Final**

	A10: 58-07.50	2011	Jake Deaton	
	Name	Yr	School	Finals
Finals				
1	452 Sam Snyder	SR	Rhode Island	16.91m
2	551 Andrew Hines	FR	VCU	15.40m
3	317 Matt Dombrowski	SO	Duquesne	14.78m
4	375 Jared Lewis	SO	George Mason	14.74m
5	444 Darrik Muroski	SO	Rhode Island	14.69m
6	478 Connor Stelljes	FR	Saint Louis	14.27m
7	558 Shawn Scornaienchi	SO	VCU	14.15m
8	519 Brett Davies	JR	UMass Amhers	14.08m
9	299 Brady Logan	FR	Davidson	13.77m
10	479 Robert Tosie	SR	Saint Louis	13.34m
11	328 Gabe Spurlock	FR	Duquesne	13.22m
12	467 Brett Kowalczyk	FR	Saint Louis	13.16m
13	513 Evan Burton	SO	UMass Amhers	12.85m
14	455 Nicholas White	FR	Rhode Island	12.41m
15	367 Pat Hodge	SO	George Mason	12.31m
16	383 William Sarraf	FR	George Mason	11.03m

Men Discus**Top 9 Marks to Final**

	A10: 182-10	2011	Jake Deaton	
	Name	Yr	School	Finals
Finals				
1	452 Sam Snyder	SR	Rhode Island	56.80m
2	455 Nicholas White	FR	Rhode Island	45.38m
3	479 Robert Tosie	SR	Saint Louis	44.09m
4	513 Evan Burton	SO	UMass Amhers	43.43m
5	365 Garrett Friendly	FR	George Mason	43.07m
6	444 Darrik Muroski	SO	Rhode Island	42.94m
7	391 Ryan Williams	JR	George Mason	42.11m
8	556 Ben Melton	JR	VCU	41.43m
9	551 Andrew Hines	FR	VCU	40.19m
10	519 Brett Davies	JR	UMass Amhers	40.00m
11	468 Tom Malloy	FR	Saint Louis	39.85m
12	547 Travis Cooper	FR	VCU	39.48m
13	299 Brady Logan	FR	Davidson	37.25m
14	317 Matt Dombrowski	SO	Duquesne	34.79m

Men Hammer**Top 9 Marks to Final**

	A10: 221-11	1999	Erick Kingston	
	Name	Yr	School	Finals
Finals				
1	432 Mahlik Handley	JR	Rhode Island	60.75m
2	438 Joseph Mattson	FR	Rhode Island	52.02m
3	551 Andrew Hines	FR	VCU	49.26m
4	367 Pat Hodge	SO	George Mason	45.86m
5	375 Jared Lewis	SO	George Mason	44.36m
6	478 Connor Stelljes	FR	Saint Louis	44.29m
7	365 Garrett Friendly	FR	George Mason	43.62m
8	556 Ben Melton	JR	VCU	43.05m
9	513 Evan Burton	SO	UMass Amhers	42.31m
10	467 Brett Kowalczyk	FR	Saint Louis	42.00m
11	519 Brett Davies	JR	UMass Amhers	39.95m
12	444 Darrik Muroski	SO	Rhode Island	38.22m

Men Javelin**Top 9 Marks to Final**

	A10: 229-07	1999	Vic Morency	
	Name	Yr	School	Finals
Finals				
1	425 Nick Danner	JR	Rhode Island	60.79m
2	550 Drew Hess	FR	VCU	59.69m
3	558 Shawn Scornaienchi	SO	VCU	58.69m
4	443 Jacob Moran	JR	Rhode Island	55.90m
5	349 Nicholas Regan	JR	Fordham	55.67m
6	447 John Pangborn	SR	Rhode Island	54.88m
7	391 Ryan Williams	JR	George Mason	54.68m
8	528 Kristopher Horn	JR	UMass Amhers	52.09m
9	516 Jonathan Collins	FR	UMass Amhers	46.86m

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Decathlon: #1 Men 100 M Decathlon**

Name	Yr	School	Finals
Finals			
1 385 John Seals	SO	George Mason	11.03 854
2 443 Jacob Moran	JR	Rhode Island	11.29 797
3 528 Kristopher Horn	JR	UMass Amhers	11.34 786
4 457 Jaryn Blackshear-Bry	FR	Saint Louis	11.41 771
5 516 Jonathan Collins	FR	UMass Amhers	11.44 765
6 529 Nicholas Ingham	SR	UMass Amhers	11.59 734
7 359 Trip Chewning	JR	George Mason	11.60 732
8 447 John Pangborn	SR	Rhode Island	11.62 728
9 368 Alec Johnson	FR	George Mason	11.82 687

Decathlon: #5 Men 400 M Decathlon

Name	Yr	School	Finals
Finals			
1 385 John Seals	SO	George Mason	50.25 803
2 516 Jonathan Collins	FR	UMass Amhers	50.99 770
3 528 Kristopher Horn	JR	UMass Amhers	51.27 757
4 457 Jaryn Blackshear-Bry	FR	Saint Louis	52.73 693
5 529 Nicholas Ingham	SR	UMass Amhers	52.97 683
6 359 Trip Chewning	JR	George Mason	53.31 668
7 443 Jacob Moran	JR	Rhode Island	54.76 608
8 447 John Pangborn	SR	Rhode Island	55.07 596
9 368 Alec Johnson	FR	George Mason	55.10 595

Decathlon: #10 Men 1500 M Decathlon

Name	Yr	School	Finals
Finals			
1 359 Trip Chewning	JR	George Mason	4:49.02 625
2 529 Nicholas Ingham	SR	UMass Amhers	4:55.00 589
3 457 Jaryn Blackshear-Bry	FR	Saint Louis	5:04.82 532
4 528 Kristopher Horn	JR	UMass Amhers	5:06.90 521
5 385 John Seals	SO	George Mason	5:13.56 484
6 368 Alec Johnson	FR	George Mason	5:17.91 461
7 516 Jonathan Collins	FR	UMass Amhers	5:18.75 457
8 447 John Pangborn	SR	Rhode Island	5:25.70 421
9 443 Jacob Moran	JR	Rhode Island	5:27.95 410

Decathlon: #6 Men 110 M Hurdles Decathlon

Name	Yr	School	Finals
Finals			
1 385 John Seals	SO	George Mason	14.84 869
2 447 John Pangborn	SR	Rhode Island	16.40 688
3 529 Nicholas Ingham	SR	UMass Amhers	16.44 684
4 528 Kristopher Horn	JR	UMass Amhers	16.68 658
5 359 Trip Chewning	JR	George Mason	16.83 642
6 368 Alec Johnson	FR	George Mason	17.30 593
7 443 Jacob Moran	JR	Rhode Island	17.32 591
8 457 Jaryn Blackshear-Bry	FR	Saint Louis	17.78 545
9 516 Jonathan Collins	FR	UMass Amhers	18.61 467

Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals
Finals			
1 528 Kristopher Horn	JR	UMass Amhers	2.10m 896
2 385 John Seals	SO	George Mason	2.07m 868
3 447 John Pangborn	SR	Rhode Island	1.98m 785
3 529 Nicholas Ingham	SR	UMass Amhers	1.98m 785
5 516 Jonathan Collins	FR	UMass Amhers	1.83m 653
6 457 Jaryn Blackshear-Bry	FR	Saint Louis	1.77m 602
6 443 Jacob Moran	JR	Rhode Island	1.77m 602
8 359 Trip Chewning	JR	George Mason	1.59m 457
9 368 Alec Johnson	FR	George Mason	1.50m 389

Decathlon: #8 Men Pole Vault Decathlon

Name	Yr	School	Finals
Finals			
1 528 Kristopher Horn	JR	UMass Amhers	4.65m 804
2 359 Trip Chewning	JR	George Mason	4.45m 746
3 447 John Pangborn	SR	Rhode Island	4.25m 688
4 443 Jacob Moran	JR	Rhode Island	4.15m 659
4 529 Nicholas Ingham	SR	UMass Amhers	4.15m 659
6 385 John Seals	SO	George Mason	3.95m 603
7 516 Jonathan Collins	FR	UMass Amhers	3.55m 496
8 457 Jaryn Blackshear-Bry	FR	Saint Louis	3.45m 469
--- 368 Alec Johnson	FR	George Mason	NH

Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals
Finals			
1 385 John Seals	SO	George Mason	6.95m 802
2 443 Jacob Moran	JR	Rhode Island	6.79m 764
3 447 John Pangborn	SR	Rhode Island	6.46m 688
4 516 Jonathan Collins	FR	UMass Amhers	6.42m 679
5 528 Kristopher Horn	JR	UMass Amhers	6.38m 670
6 457 Jaryn Blackshear-Bry	FR	Saint Louis	6.22m 635
7 529 Nicholas Ingham	SR	UMass Amhers	6.00m 587
8 359 Trip Chewning	JR	George Mason	5.72m 527
9 368 Alec Johnson	FR	George Mason	5.53m 487

Decathlon: #3 Men Shot Put Decathlon

Name	Yr	School	Finals
Finals			
1 528 Kristopher Horn	JR	UMass Amhers	14.47m 757
2 529 Nicholas Ingham	SR	UMass Amhers	12.18m 617
3 443 Jacob Moran	JR	Rhode Island	11.98m 605
4 516 Jonathan Collins	FR	UMass Amhers	11.94m 603
5 447 John Pangborn	SR	Rhode Island	10.99m 545
5 385 John Seals	SO	George Mason	10.99m 545
7 457 Jaryn Blackshear-Bry	FR	Saint Louis	10.65m 525
8 359 Trip Chewning	JR	George Mason	9.75m 471
9 368 Alec Johnson	FR	George Mason	9.51m 456

A10 Outdoor Championships - 5/7/2016 to 5/8/2016**George Mason University****Fairfax VA****Results****Decathlon: #7 Men Discus Decathlon**

	Name	Yr	School	Finals	
Finals					
1	443 Jacob Moran	JR	Rhode Island	42.36m	713
2	385 John Seals	SO	George Mason	37.92m	622
3	528 Kristopher Horn	JR	UMass Amhers	36.96m	603
4	447 John Pangborn	SR	Rhode Island	36.23m	588
5	529 Nicholas Ingham	SR	UMass Amhers	35.24m	568
6	368 Alec Johnson	FR	George Mason	31.24m	489
7	359 Trip Chewning	JR	George Mason	29.98m	464
8	516 Jonathan Collins	FR	UMass Amhers	27.58m	417
9	457 Jaryn Blackshear-Bry	FR	Saint Louis	27.07m	407

Men - Team Rankings - 22 Events Scored	
1)	George Mason 215
2)	Rhode Island 201
3)	VCU 67
3)	La Salle 67
5)	UMass Amherst 63
6)	St. Joseph's (Pa.) 62
7)	Saint Louis 58
8)	Davidson 48
9)	Fordham 42
10)	Duquesne 32
11)	George Washington 3

Decathlon: #9 Men Javelin Decathlon

	Name	Yr	School	Finals	
Finals					
1	447 John Pangborn	SR	Rhode Island	57.01m	693
2	443 Jacob Moran	JR	Rhode Island	55.57m	671
3	528 Kristopher Horn	JR	UMass Amhers	51.39m	609
4	385 John Seals	SO	George Mason	47.90m	558
5	516 Jonathan Collins	FR	UMass Amhers	44.23m	504
6	457 Jaryn Blackshear-Bryant	FR	Saint Louis	40.50m	449
7	529 Nicholas Ingham	SR	UMass Amhers	39.55m	436
8	368 Alec Johnson	FR	George Mason	37.62m	408
9	359 Trip Chewning	JR	George Mason	36.27m	388

Men Decathlon

A10:		7015	2013	Trent Baltzell	
Name			Yr	School	Finals
Finals					
1	528 Kristopher Horn		JR	UMass Amhers	7061
2	385 John Seals		SO	George Mason	7008
3	443 Jacob Moran		JR	Rhode Island	6420
4	447 John Pangborn		SR	Rhode Island	6420
5	529 Nicholas Ingham		SR	UMass Amhers	6342
6	516 Jonathan Collins		FR	UMass Amhers	5811
7	359 Trip Chewning		JR	George Mason	5720
8	457 Jaryn Blackshear-Bry		FR	Saint Louis	5628
9	368 Alec Johnson		FR	George Mason	4565

Women - Team Rankings - 22 Events Scored

1)	VCU	131
2)	George Mason	126
3)	Rhode Island	102.5
4)	Dayton	94
5)	UMass Amherst	82.5
6)	Duquesne	75
7)	Richmond	69.5
8)	Saint Louis	49.5
9)	St. Joseph's (Pa.)	49
10)	Davidson	44
11)	La Salle	21
12)	George Washington	11
13)	Fordham	3