



2013 WEEKLY NOTEBOOK VOLLEYBALL

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STANDINGS

Team	CONFERENCE				OVERALL						
	W-L	PCT	H	A	W-L	PCT	H	A	N	LAST 10	STK
VCU	5-1	.833	2-0	3-1	17-5	.773	4-0	6-3	7-2	7-3	L1
Duquesne	4-1	.800	1-1	3-0	10-8	.556	4-1	4-4	2-3	6-4	W3
George Washington	3-1	.750	2-0	1-1	8-10	.444	4-3	1-5	3-2	5-5	W3
Saint Louis	4-2	.667	1-1	3-1	8-11	.421	3-6	4-3	1-2	4-6	W1
Rhode Island	3-2	.600	0-2	2-0	10-10	.500	5-3	2-3	3-4	5-5	W1
George Mason	2-3	.400	1-2	1-1	6-13	.316	2-5	2-4	2-3	4-6	W1
Dayton	2-4	.333	0-2	2-2	8-10	.444	4-4	2-4	2-2	5-5	L1
Fordham	1-4	.200	1-3	0-1	8-13	.381	3-4	0-6	5-3	2-8	L4
La Salle	0-6	.000	0-4	0-2	1-23	.042	1-10	0-7	0-6	0-10	L23

QUICK HIT NOTES

- VCU sophomore Romana Kriskova kept up the pace on her record-breaking season. Kriskova now has 423 kills, sixth on VCU's all-time single-season top 10. She's averaging 4.75 kills per set this season, and could shatter VCU's school single season record of 4.46 kills per set.
- The Atlantic 10 is among the nation's best blocking conferences from a statistical point of view. The league has for teams ranked in the top 60 in the nation in blocking, Dayton, George Mason, VCU and Duquesne. Dayton (5th), Mason (13th) and VCU (27th) all reside in the top 30. The A-10 also has eight players ranked in the top 100 in blocking in the NCAA, led by Mason's Lolade Owokoniran, who is ninth nationally with 1.42 blocks per set.
- Duquesne and George Washington enter this week on multi-match winning streaks, having both won three straight. Both streaks are Conference games only.
- Three of the last five years have had an A-10 team finish with a perfect conference record, but it won't happen this season. When George Washington beat VCU on Saturday, the Colonials ensured that there would not be a perfect conference record this year. In the last five year, Dayton had a perfect A-10 mark in 2012 and 2010 and Saint Louis was unbeaten in league play in 2008.
- When the 2013 Atlantic 10 Volleyball Championship begins on Nov. 22 at George Washington, it will mark the first time in 22 years the Colonials have host the Championship. GW last hosted in the 1991 season. The Colonials have hosted three times overall, also welcoming the championship to DC in 1983 (the second-ever A-10 Championship) and 1989.

POLLS & RANKINGS

AVCA POLL

Team	Rank	Week
Dayton	22	Preseason
Dayton	RV (31)	9/2

2013 RPI

Team	Rank
VCU	52
Dayton	112
Duquesne	130
George Washington	166
Saint Louis	179
Rhode Island	191
George Mason	255
Fordham	284
La Salle	324

2013 VOLLEYBALL CHAMPIONSHIP

Nov. 22-24, 2013

Charles E. Smith Center
Washington, D.C.

Host - George Washington

November 22 - Quarterfinals

Match 1 - Seed No. 4 vs. Seed No. 5
Match 2 - Seed No. 3 vs. Seed No. 6

November 23 - Semifinals

Match 3 - Winner Match 1 vs. Seed No. 1
Match 4 - Winner Match 2 vs. Seed No. 2

November 24 - Final

Match 5 - Winner Match 3 vs. Winner Match 4

Champion receives automatic bid to NCAA Tournament.

RECENT RESULTS

Tuesday, October 8

VCU 3, Norfolk State 0

Wednesday, October 9

Northeastern 3, Rhode Island 1

Friday, October 11

VCU 3, George Mason 2*
Duquesne 3, Saint Louis 1*
George Washington 3, La Salle 0*
Dayton 3, Fordham 0*

Saturday, October 12

George Mason 3, La Salle 0*
George Washington 3, VCU 2*
Rhode Island 3, Dayton 2*

Sunday, October 13

Saint Louis 3, Fordham 1

THIS WEEK'S GAMES

Wednesday, October 16

Saint Louis at Southeast Missouri 7:30 pm

Friday, October 18

George Mason at VCU* 7:00 pm
Rhode Island at Duquesne* 7:00 pm
George Washington at La Salle* 7:00 pm
Fordham at Dayton* 7:00 pm

Saturday, October 19

Saint Louis at VCU* 7:00 pm
Fordham at Duquesne* 7:00 pm

Sunday, October 20

Rhode Island at Dayton* 1:00 pm
George Mason at George Washington 1:00 pm

2013 NCAA STATISTICAL LEADERS

2013 TEAM NCAA RANKINGS

(Must be ranked in Top 25 nationally)

Team	Rank	Stat
Blocks Per Set		
Dayton.....	5.....	2.95
George Mason.....	13.....	2.81

2013 INDIVIDUAL NCAA RANKINGS

(Must be ranked in Top 25 nationally)

Player	Rank	Stat
Blocks Per Set		
Lolade Owokoniran, GM.....	9.....	1.42
Janelle Sykes, VCU.....	25.....	1.35

Kills Per Set

Romana Kriskova, VCU.....	7.....	4.75
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Points Per Set

Romana Kriskova, VCU.....	4.....	5.47
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MISCELLANEOUS STAT LEADERS

Triple-Doubles

ARAGAO, Cecilia-VCU.....	1
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Double-Doubles

ARAGAO, Cecilia-VCU.....	9
DARNOLD, Franki-URI.....	9
KRISKOVA, Romana-VCU.....	9
RYGELSKI, Danielle-SLU.....	8
KINNAN, Callan-URI.....	8
HIPP, Lisa-FOR.....	8
DILLON, Mallory-SLU.....	8
KONKEL, Sara-FOR.....	6
FOSCHIA, Allison-DUQ.....	5
HENRY, Mary-DUQ.....	5
HEALY, Michelle-LAS.....	5
CLEMENS, Emily-GW.....	5
PRICE, Tori-MASON.....	5
BOE, Meredith-SLU.....	4
ZONJIC, Lana-MASON.....	4
KUHLMEIER, Laura-LAS.....	3
JENDRYK, Jenna-UD.....	3
TURNER, Alaina-UD.....	3
NEWMAN, Kelsey-GW.....	3
PERILLO, Kelly-LAS.....	3
GOSS, Rachael-GW.....	3
YOUNG, Nora-DUQ.....	2
SEMAN, Cate-URI.....	2
TIMMER, Jordan-GW.....	2
GREENSLADE, Jessie-MASON.....	2
MARTIN, Morghan-MASON.....	2
WILLIAMS, Loren-GW.....	1
SPENCER, Laura-MASON.....	1
STEFFAN, Catie-URI.....	1
DELSING, Brennan-FOR.....	1
MELICH, Rachel-LAS.....	1
KONOVODOFF, Abigail-FOR.....	1
BROWN, Shayne-UD.....	1
LAMANTIA, Kaitlyn-VCU.....	1

OFFENSIVE PLAYER OF THE WEEK

Shayne Brown | Dayton

Senior | Outside Hitter | Lakewood, Calif.

Brown led the Flyers to a split week with 4.00 kills per set, tallying double-digit kills in both matches. An outside hitter from Lakewood, Colo., she posted a match-high 13 kills while adding six digs and three blocks in Dayton's sweep of Fordham on Friday. On Sunday, Brown recorded her first career double-double with a career-high 19 kills and a career-high 13 digs at Rhode Island. She hit .267 for the week and averaged 2.38 digs per set while also recording four blocks.



Janelle Sykes | VCU

Junior | Middle Hitter | Clifton, Va.

Sykes averaged 1.77 blocks per set for VCU in a 2-1 week. The Clifton, Va., native had at least seven blocks in all three matches last week, including eight each against George Mason and George Washington. A middle hitter, she also had 19 kills for the Rams.

CO-DEFENSIVE PLAYERS OF THE WEEK

Taylor Lockett | Duquesne

Sophomore | Middle Hitter | Golden Valley, Minn.

Lockett made the most of Duquesne's only match of the week, a 3-1 win over Saint Louis. She tallied a match-best eight blocks versus the Billikens, a 2.0 blocks per set average. The eight block assists also tied a career-high for the middle hitter from Golden Valley, Minn. Lockett also contributed to the offensive effort with five kills and a .364 hitting percentage.



ROOKIE OF THE WEEK

Chidima Osuchukwu | George Washington

Freshman | Middle Blocker | Virginia Beach, Va.

Osuchukwu was instrumental in a 2-0 week for GW that included a win over previously undefeated VCU. She hit .361 with 16 kills against just three errors while posting 14.0 blocks (2 solo, 12 assist). In Friday's 3-0 win over La Salle, Osuchukwu tallied six kills against one error and added three blocks (one solo, two assists). A middle blocker from Virginia Beach, Va., she followed that performance with 10 kills and a season-high 11.0 rejections (one solo, 10 assists) on Saturday as the Colonials snapped the Rams' winning streak.

PAST WEEKLY AWARD WINNERS

Date	Offensive Player	Defensive Player	Rookie
Sept. 3	Megan Campbell, UD	Cecilia Aragao, VCU	Callan Kinnan, URI
Sept. 9	Romana Kriskova, VCU	Allison Foschia, DUQ	Mallory Dillon, SLU
Sept. 16	Romana Kriskova, VCU	Megan Gilbert, SLU	Chidima Osuchukwu, GW
Sept. 23	Cecilia Aragao, VCU	Janelle Sykes, VCU	Callan Kinnan, URI
Sept. 30	Cecilia Aragao, VCU	Megan Campbell, UD	Danielle Rygelski, SLU
Oct. 7	Romana Kriskova, VCU	Layne Self, URI	Danielle Rygelski, SLU
Oct. 14	Shayne Brown, UD	Taylor Lockett, DUQ	Chidima Osuchukwu, GW
Oct. 21		Janelle Sykes, VCU	
Oct. 28			
Nov. 4			
Nov. 11			
Nov. 18			

VS. OTHER CONFERENCES

American.....	2-6	Missouri Valley.....	3-4
America East.....	10-2	Mountain West.....	0-0
ACC.....	0-7	Northeast.....	2-1
Atlantic Sun.....	2-1	Ohio Valley.....	2-2
Big 12.....	1-3	PAC-12.....	0-0
Big East.....	1-4	Patriot.....	2-7
Big Sky.....	1-2	SEC.....	1-4
Big South.....	2-2	Southern.....	1-1
Big Ten.....	0-6	Southland.....	1-0
Big West.....	0-0	SWAC.....	0-0
CAA.....	2-4	Summit.....	2-3
Conference USA.....	2-0	Sun Belt.....	1-2
Great West.....	1-0	West Coast.....	1-0
Horizon.....	1-1	WAC.....	0-0
Ivy.....	1-4	Independents.....	0-0
MAAC.....	2-1	Non Division I.....	0-0
MAC.....	2-3	TOTAL.....	51-75 (.404)
MEAC.....	6-3		

A-10 PRESEASON POLL

No.	Team	Total
1.	Dayton.....	81 (9)
2.	Duquesne.....	64
3.	Saint Louis.....	58
4.	VCU.....	53
5.	George Washington.....	50
6.	Rhode Island.....	37
7.	George Mason.....	26
8.	Fordham.....	25
9.	La Salle.....	11

Number in parenthesis indicates first-place votes