



UNIVERSITY OF CENTRAL FLORIDA
College Prep Camp
July 9-10, 2022
Schedule At-A-Glance



Saturday July 9th, 2022

8:30-9:30am	Resident Camper Check-in at Lake Claire	
9:30am	Resident Camps walk over to Venue	
9:15-9:45am	Commuter Check-in at The Venue main Entrance Bldg 50- Black Awning	
10:00-12:00pm	On Court Session #1 (5 Courts- Individual Training)	2hrs
12:00- 12:10pm	Trainer Needs	
12:25-1:30pm	Lunch (Training Table)	
1:45-4:15pm	On Court Session #2 (5 Courts- Break-out Sessions) (Station Courts)	2.5hrs
4:15- 4:25pm	Trainer Needs	
4:35-5:45pm	Recruiting Talk (Spectrum Stadium)	
6:00-6:45pm	Dinner (Training Table)	
7:00-8:30pm	On Court Session #3 (5 Courts- Group Skills)	1.5hrs
8:30- 8:45pm	Trainer Needs	
8:50pm	Commuters Check-out at Venue Main Entrance Bldg 50- Black Awning	
9:00pm	Resident Campers Walk back to Lake Claire- Escorted by UCF Dorm Staff	
10:00pm	Lights out all athletes	

Sunday July 10th, 2022

7:45am	Resident Campers Wake-up	
8:00am	Resident Campers Roll Call in Courtyard and start walking to Breakfast (3 rd Floor Venue)	
8:15-8:45am	Resident Campers Breakfast	
8:15-8:45am	Commuter Check-in at The Venue main Entrance Bldg 50- Black Awning	
8:45am	All Athletes Check-in to Gym	
9:00-11:00am	On Court Session #4 (5 Courts- Group Skills)	2hrs
11:00- 11:10pm	Trainer Needs	
11:25-12:30pm	Lunch (Training Table)	
12:45-2:15pm	On Court Session #5 (5 Courts- Drills)	1.5hrs
	6 v 6 Drills	
2:15-2:25pm	Trainer Needs	
2:30-3:15pm	Pizza Party (3 rd Floor)	
3:30-5:00pm	On Court Session #6 (5 Courts-Tournament)	1.5hrs
	30 min Sessions	
5:00pm	Awards and Closing Remarks- Group Photo with Player Autographs	
5:00pm	Commuter Check-out at Venue Main Entrance Bldg 50- Black Awning	
5:15pm	Resident Campers Walk back to Lake Claire- Check-out of Dorms Dorm	

7/5/22

Camp Emergency Contact-
407-308-5339