



# JANUARY CURE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY & WEEKEND ASSIGNMENT		
Declutter a Drawer 2	Make a List of Projects 3	Purge the Pantry 4	Set Up an Outbox 5	Weekend Chores: Flowers & Floors 6 7 8		
Mini Meditation & Choose a Project 9	Clear a Closet 10	Media Fast 11	Look Through the Linens 12	Weekend Chores: A Cleaner Kitchen 13 14 15		
Get a Get-Together Together 16	Cabinet Cleanout 17	Work on Your Project 18	Lighten Up the Living Room 19	Weekend Chores: A Better Bedroom 20 21 22		
Catch Up Day 23	Bathroom Blast 24	Landing Strip 25	Surface Sweep 26	Empty the Outbox 27 28 29		
Congratulations! 30	 31					