Flavors of Catalonia

A Relaxing Exploration of the Culture, History, Art and Cuisine of Spain’s Tranquil Coast

OCTOBER 8-16, 2022

with Associate Professor Elliot King

100% REFUND GUARANTEE
See reservation panel for details.
Dear W&L Alumni, Parents, and Friends,

I’m pleased to invite you to join fellow W&L travelers on a fascinating—and delicious—return to Catalonia. The renowned “rugged coast” of Spain’s Costa Brava region has its own remarkable natural beauty, distinctive art, and unique architecture. Beyond the storied history of the region, we’ll discover how the gracious Catalans employ traditional ingredients fresh from farm and sea to create the region’s exceptional cuisine.

In this return to Catalonia for one of our most popular “Flavors” programs, we will enjoy a beautiful, boutique inn for our accommodations. Located just outside of Girona, El Racó de Madremanya offers convenient access for exploring the region. Modern comforts and old world charm blend together in a tastefully refurbished 17th-century property set within a medieval village and surrounded by lush gardens. The spacious common areas provide ample space for relaxation after an exciting day of exploration.

In addition to enjoying the historic sights of Costa Brava, we’ll devote each day to authentic experiences with chefs, winemakers, artisan producers. We’ll savor many of the outstanding Catalanian recipes and wines in exclusive cooking classes, tastings, and guided tours. Join us as we revel in Spain’s celebrated art, architecture, and history with visits to world-famous sites and cultural monuments. Our tour will be led by W&L art historian and Catalanian expert, Elliott King.

Space is limited as the W&L Traveller’s Flavors programs are quite popular. Rates for W&L travelers represent a savings of more than $800 per couple over those applied to non-affiliated guests, so we urge you to reserve your spot without delay. Please reserve by calling (540) 458-8723 or by returning the enclosed reservation form.

Sincerely,

Robert Fure, Ph.D.
Director of Lifelong Learning

As we embark on this new world of group travel, the health and well-being of our guests, our team, and the communities we visit remain our top priority. For a detailed listing of the enhanced safety measures and hygiene protocols specific to our tours, please visit www.orbridge.com/wellness.

Orbridge takes seriously the responsibility to minimize our global environmental impact. Each year we plant 100,000 trees in U.S. State Forests with afforestation needs as an on-going initiative among our evolving sustainability efforts. Learn more at orbridge.com/going-green.
Your 9-Day Itinerary (subject to change)

Day 1: En route from U.S.

Day 2: Arrive Barcelona, Spain / Madremanya (D)
Settle in, welcome dinner
Overnight: El Racó de Madremanya

Day 3: Girona (B,D)
Historical walking tour, Jewish Quarter, paella cooking class
Overnight: El Racó de Madremanya

Day 4: El Port de la Selva / Cadaqués / Cantallops (B,L,D)
Benedictine monastery visit, medieval village stroll, sausage tasting and lunch, vineyard visit to award-winning Masia Serra with wine tasting and dinner
Overnight: El Racó de Madremanya

Day 5: Púbol / Figueres / Peratallada / Ullastret (B,L,D)
Tours of Púbol Castle and Dalí Theatre-Museum, wine presentation and dinner
Overnight: El Racó de Madremanya

Day 6: La Bisbal / Llafranc / Palamós (B,L,D)
Cerámica de la Bisbal pottery workshop, seaside stroll, Sant Sebastià lighthouse, Sant Sebastià de la Guarda, visit Museu de la Pesca and attend a live fish auction, cooking class
Overnight: El Racó de Madremanya

Day 7: Empúries (B,D)
Greco-Roman ruins, dinner at two-star Michelin-rated Bo. Tic
Overnight: El Racó de Madremanya

Day 8: Empordà (B,L,D)
Picnic lunch in the gardens, gold medal-winning La Vinyeta winery visit and tasting, special farewell dinner

Day 9: Madremanya / Barcelona / Depart for U.S. (B)
(B = Breakfast, L = Lunch, D = Dinner)

Activity Level: Guests should be able to enjoy two hours or more of walking, be sure-footed on cobbled surfaces, and walk up and down stairs without assistance. Historic city centers are usually more accessible by foot than vehicle. Due to the structure of some buildings, facilities for the disabled may be limited.
Repose

• With your small group (maximum 26 guests), enjoy seven nights accommodations at our enchanting boutique hotel located in the village of Madremanya.

• Join intimate cooking classes with locals who share their families’ histories and favorite recipes.

Discover

• Visit the charming town of Girona, where you’ll see the impressive Cathedral of Saint Mary. Explore the Jewish Quarter—one of the best preserved in the world.

• Admire the panoramic views around El Port de la Selva during a visit to the 10th century Benedictine monastery, Sant Pere de Rodes.

• On guided tours of Púbol Castle and the Dalí Theatre-Museum, embrace the broad spectrum of Dalí’s art, including paintings, sculptures, engravings, installations, and photography.

• Take a guided tour of the Greco-Roman ruins site in Empúries—the gateway of the romanization of the Iberian Peninsula.

Engage

• Meet the owner of Masia Serra winery, an esteemed enologist, then delight in a wine tasting paired with typical Catalan delicacies for a memorable meal.

• Visit Museu de la Pesca—a fishery museum, experience a live fish auction, then stroll a market to peruse ingredients you’ll use later during a cooking demonstration.

• Become acquainted with the owner and vintner of La Vinyeta winery. Stroll the grounds among verdant vineyards and olive trees, then enjoy a wine and olive oil tasting before dinner.

What’s Included

• 7 nights accommodations at our sophisticated boutique hotel located in Madremanya

• 7 breakfasts, 4 lunches, and 7 dinners served with wine

• Full guiding services of an Orbridge Travel Director and expert local guides

• All lessons, private tours and tastings, and unique small-group excursions noted on the 9-day itinerary

• Luggage porterage

• Gratuities to Orbridge Travel Director, local guides, drivers, porters, and wait staff for included meals

• Private motor coach transportation, luggage porterage, and airport transfers for guests arriving and departing during the suggested times
Your Accommodations (subject to change)

Originally a 17th-century farmhouse set in a medieval stone village, El Racó de Madremanya is a gorgeously restored property that features an enchanting warmth and sophistication, which will surround you as you settle into your room. The boutique hotel's on-site proprietor, Ivan, departed the corporate world to refocus his energy towards the hospitality industry—his true passion. Welcoming guests as he would close friends, Ivan's charismatic personality sweetens the already congenial atmosphere.

Located in The Golden Triangle of Catalonia, you’ll be near a variety of local attractions, glorious beaches, and charming villages.

Property amenities include lush gardens, fresh water pool, salt water pool, sitting room with library, complimentary Wi-Fi, and fireplace.

All rooms have been carefully detailed with custom color themes and matching aromatherapy for a unique personality. Each includes individual heating and air-conditioning, TV with local channels, telephone, minibar, slippers and bathrobe, and en suite bathroom with shampoo/conditioner and hairdryer.

**Standard I:** Charming and cozy room featuring stone floors and walls throughout, with a European queen bed.

**Standard II:** Romantic room featuring stone walls throughout, and a terrace with garden and pool views. With a European queen bed.

**Superior:** Larger rooms located in the farmhouse featuring stone walls, unique features, and views of the garden or medieval village corridors. With either a European queen bed or European king bed.

**Junior Suite:** Bright and spacious rooms located in the contemporary buildings with outdoor garden terraces and a variety of distinct features. With either a European queen bed or European king bed.

**Suite:** Large, desirable rooms with numerous unique aspects, featuring a separate living room (some with a fireplace), full bathroom with hydro-massage tub and shower, and terrace with easy pool and garden access. With a European king bed.

**Grand Suite:** Spectacular two-story suite featuring a ground floor bedroom, second floor living room with fireplace and TV, roomy bathroom with hydro-massage tub, and access to the terrace, private garden and private pool. With a European king bed.

Your Orbridge Travel Director will infuse your journey with an epicure's appreciation of food and wine, a local's knowledge and pride of place, and a travel aficionado's ability to gather the beauty of all senses to your discoveries in Spain.

Insider, Interpreter, Epicure, Host
Discover one of the oldest cities in Europe, one that boasts a marriage of contrasts—historic streets and buildings that have survived over two thousand years alongside unique architecture designed by Gaudí as recently as the early 1900s.

Post-Tour Itinerary (subject to change)

Day 9: Madremanya / Barcelona
Panoramic city tour, views from Montjuïc, La Sagrada Familia (inside guided visit)
Overnight: Claris Hotel & Spa

Day 10: Barcelona / Gothic Walking Tour (B)
Jewish Quarter and El Born district, Plaça Reial (Royal Square), the Fountain of the Three Graces, Carrer Ferran, Plaça del Pi, Carrer Petritxol, Plaça Sant Jaume, Plaça del Rei (King’s Square), and Plaça Sant Felip Neri
Overnight: Claris Hotel & Spa

Day 11: Barcelona (B)
Day at leisure
Overnight: Claris Hotel & Spa

Day 12: Barcelona / Depart for U.S. (B)

What’s Included

- Private group transfer from Madremanya to Barcelona
- 3 nights accommodations at Claris Hotel & Spa (or similar) with breakfast each morning
- A guided, intimate visit of La Sagrada Familia and a panoramic tour of Barcelona’s highlights
- A guided walking tour of the Gothic Quarter
- Luggage porterage
- Gratuities to local guide, driver, and porters
- Airport transfers for guests departing during the suggested times
### Flavors of Catalonia

**OCTOBER 8-16, 2022**  
Barcelona Post-Tour: October 16-19, 2022

For more information, please call the Office of Lifelong Learning (540) 458-8723. For the ease of registering online, please visit lifelong.wlu.edu/catalonia

Upon submission of your registration form, Orbridge will call you within two business days to confirm your reservation and collect your credit card deposit. If you would prefer to pay your deposit by check, please make payable to Orbridge, LLC and mail to:

Office of Lifelong Learning  
Washington and Lee University  
204 West Washington St.  
Lexington, VA 24450

#### GUEST INFORMATION:

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#### DEPOSIT PAYMENT:

- [ ] Check
- [ ] ACH (Automated Clearing House)
- [ ] Credit Card

#### CATEGORY SELECTION & DEPOSIT:

**Category Preference:**  
1st choice

2nd choice

**# _____ guests joining program ($850/person) +**

**# _____ guests joining post-tour ($500/person) = TOTAL DEPOSIT:** $_____

I/we have read, understand, and agree to the full Terms & Conditions at terms.orbridge.com and detailed in program documents, and the COVID-19 Acknowledgement at orbridge.com/wellness; and I/we understand that Orbridge LLC is authorized to take my/our deposit for this program.

**Signature:** ____________________  
**Date:** __________

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**Reservations, Deposits and Final Payment.** To secure your reservation, deposits are due upon placing a reservation as follows: $850 per person per program and $500 per person for any pre-tour and/or post-tour. Deposits are payable by check, ACH, wire transfer or major credit card. Final payment, including any pre-tour and/or post-tour, optional excursion(s) fees and optional electives, is payable by check, ACH, wire transfer or major credit card, and is due no later than 90 days prior to the program's scheduled departure date. If your reservation is made between the final payment due date and the program's scheduled departure date, the full cost of the program, plus any pre-tour and/or post-tour, optional excursion(s) fees and optional electives, is due at the time of registration, payable by check, ACH, wire transfer or major credit card. If final payment is not received by Orbridge by the final payment due date, Orbridge may, at any time and with or without notice, cancel your reservation in its sole discretion with no right of refund. CST#209715-40 WST#602828994

**Reservation Cancellations and Refunds.** All cancellations must be submitted to Orbridge in writing. If the cancellation notice is received by Orbridge: (a) more than 90 calendar days prior to the program's scheduled departure date, all monies paid to Orbridge for the main program and for any pre-tour and/or post-tour will be refunded in full; (b) between 90 and 60 days prior to the scheduled departure date, a 25% cancellation fee will be applied to the full cost of the program, including any pre-tour and/or post-tour, and the balance will be refunded; (c) between 59 and 30 days prior to the scheduled departure date, a 50% cancellation fee will be applied to the full cost of the program, including any pre-tour and/or post-tour, and the balance will be refunded; (d) within 29 days prior to the scheduled departure date, a 100% cancellation fee will be applied to the full cost of the program, including any pre-tour and/or post-tour. In addition to and with or without notice, a Cancellation Fee equal to 100% of the carrier charge applies to all non-refundable airfares due to your cancellation made at any time prior to the scheduled program departure date, as applicable. Refunds, if any, will be processed within 30 calendar days of our receipt of your written notice.

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Barcelona Post-Tour: $1,695*  
Single Post-Tour: $2,395

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*Special group rate; limited offer. Rates are per person based on double occupancy except where noted as Single, in U.S. dollars. Airfare not included.

**Single availability limited. **Place your deposit on or before the specified date, and one Orbridge Wine Gift per room reserved will ship after receipt of final payment.** Where prohibited by state law (including, but not limited to AR, DE, KY, MS, OK, RI, UT) or by retailer licensing obligations (IL, MA, MD, NH, NJ, NY, PA, SD, TX, VA, VT), guests will receive alternative specialty items of comparable value. All Wine Gifts are handled by an independent third party.

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Flavors of Catalonia

OCTOBER 8-16, 2022

Special W&L Traveller Rate: Save more than $800 per couple

FREE Wine Gift
AN EXCLUSIVE EARLY RESERVATION BONUS

Reserve your space by March 18, 2022 to receive six bottles of wine featuring labels by vintners in the regions you will visit on this program.**

Special Faculty Host: Associate Professor Elliot King

Elliott King is an Associate Professor of Art History at Washington and Lee University, where he teaches courses in European and American modern and contemporary art. He is an internationally recognized authority on surrealism and Salvador Dali, with publications including Dali, Surrealism, and Cinema (2007), Radical Dreams: Surrealism, Counterculture, Resistance (2022), and contributions to exhibitions at the Museo Nacional Centro de Arte Reina Sofia, the Centre Georges Pompidou, the National Gallery of Victoria, The Museum of Modern Art, the Philadelphia Museum of Art, the Palazzo delle Arti di Napoli, and the Morohashi Museum of Modern Art in Japan. Dr. King's scholarship on Dalí has led him to research in Catalunya many times over the past two decades. He is excited to return in 2022 as a host to the dynamic culture and cuisine of the Catalan region.