







"I thought that I would never be free from that body I was trapped in. But after finding TruHealth, I lost 56" in 6 months, and I found me! It doesn't get any better than that."

-Jana Means





### "SOLID GAME CHANGER"

"This system is easy to follow, easy to use and it tastes absolutely fantastic. In 8 months, I went from a size 44 inch waist to a size 36 inch waist. I ran 5Ks and rode my bike to and from work. So, it changed my energy level, it helped me change my activity level ... it is a SOLID game changer."

-Torian Walker





"I've been on Mannatech TruHealth for six months, and I went from a size 18 to a size 8 and I feel amazing. If you follow it and stick to it, you're going to lose weight. There's no question about it."

-Julie Longtin

# THE TRUHEALTH SYSTEM DYMANNATECH

Shape a new you with a fat-loss system designed to help you lose fat and create healthy habits for a better life.



# WHERE DO YOU START?

# IT'S EASY! ORDER THE TRUHEALTH 30-DAY FAT-LOSS SYSTEM.

Scientifically validated to help you lose fat and inches, the TruHealth System is your best friend in the fight against flab.<sup>†</sup> What's more, it's completely risk free with an unprecedented 180-day money-back guarantee!\*\*\*



# **HOW DOES IT WORK?**

The TruHealth system works by combining the power of three life-changing products: a protein shake packed with naturally sourced nutrition, an internal cleanse drink to help release impurities from your organs<sup>‡</sup> and a thermogenic capsule designed to fire up the furnace of your metabolism. This powerful trifecta, combined with a diet and exercise plan, can help you achieve your health goals ... and fit into the clothes in the back of your closet!\*

<sup>\*\*\*</sup> Always consult with your physician or other qualified healthcare provider before embarking on a new diet or program. This program is not recommended for pregnant or lactating women. If you are taking medications, have a health condition or are planning a medical procedure, consult your health professional before beginning this program. It is also not recommended for children under the age of 18. If you have any specific questions about these matters, you should consult your doctor or other healthcare provider.

<sup>\*</sup>When four TruPURE slimsticks are taken per day in conjunction with the TruHealth System recommendations: plentiful water intake, intake of healthy foods and elimination or low intake of processed foods, alcohol, caffeine, etc.

# IFE-CHANGING

PSST ... THERE'S NO RISK! 180-DAY SATISFACTION GUARANTEE



TruPLENISH™ Nutritional Shake is packed full of vitamins, minerals, probiotics plus 20 grams of protein. This product is also vegan!









TruPURE™ slimsticks are formulated to help reduce impurities in the body and promote healthy weight management, for a leaner, younger-looking body.<sup>‡\*</sup>



















**TruSHAPE™** capsules provide a naturally powered, stimulant-free metabolism boost.\*













Your health is important—time to take it back with Mannatech's validated fat-loss system!\*

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



#### What are YOU waiting for?

Talk to me right away. The sooner you start, the sooner you'll get results!



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