

# Complete Umrah Packing Checklist

Following this Umrah checklist ensures you pack smartly, avoid last-minute stress, and focus fully on your spiritual journey.

## 1. Travel Essentials

- Passport with a valid visa
- Proof of vaccination (Meningitis ACWY, COVID-19, others if required)
- Passport-sized photos (at least 4)
- Saudi Riyals (minimum 450 SAR for initial expenses)
- Debit/Credit cards
- Emergency contact numbers (group leader, consulate, family)
- A photocopy of the passport and the tickets
- Full travel itinerary
- Non-medical face masks

## 2. Baggage & Luggage

- Hard-shell suitcase with lock
- Suitcase locks & keys
- Luggage tags
- Small backpack or hand-carry

## 3. Prayer Essentials

- Pocket Quran
- Dua book
- Personal dua list
- Tasbeeh or digital counter
- Prayer mat (for outdoor/crowded areas)
- Compass for Qibla
- Umrah guidebook

## 4. Clothing & Accessories

- 2 sets of Ihram (for men) with safety pins/clips
- Abayas and hijabs (for women)
- Loose-fitting clothes (thobe, shalwar kameez, abaya)
- Waist pouch or neck pouch for valuables

Sandals (Ihram-compliant for men)  
Comfortable walking shoes  
Shoe bag/string bag for entering the Haram  
Light sweater or jacket  
Undergarments & socks  
Sunglasses, hat, or umbrella

## **5. Toiletries & Hygiene (Fragrance-Free in Ihram)**

Toothbrush & toothpaste  
Shampoo & conditioner  
Soap/body wash  
Hand sanitizer  
Razor & deodorant  
Nail clippers or small scissors  
Moisturizing cream & lip balm  
Sunblock  
Wet wipes

## **6. Medication & First Aid**

Regular prescription medicines  
Cold & flu tablets  
Pain relievers  
Travel sickness tablets  
Vitamins & electrolytes  
Throat lozenges/cough syrup  
Bandages/plasters

## **7. Electronics**

Universal travel adapter  
Mobile phone & charger  
Local SIM card (or use WiFi)  
Earphones/headphones  
E-reader or tablet  
Portable luggage scale

## **8. Other Handy Items**

Pen & small notebook  
Travel pillow

Earplugs & eye mask  
Reusable water bottle  
Snacks & energy bars

## 9. Additional Essentials for Women

Extra abayas & hijabs  
Underscarves & inner wear  
Safety pins & clips  
Sanitary products (pads, menstrual cup, etc.)  
Small mirror & compact toiletries  
Crossbody bag/handbag  
Light shawl or cardigan

## 10. Additional Essentials for Kids

Comfortable cotton clothes  
Light sweater/jacket  
Small prayer mat  
Snacks & juice packs  
Water bottle  
Foldable stroller  
Child-friendly medicines  
Favorite toy or book

