



Hitter's Weaknesses Guidelines

CHARACTERISTICS	APPROACH
Upper Cut (Lift to Swing)	1) Fast Balls Up 2) Balls down below the solid contact zone and within the chase zone 3) Away
Extreme down Arc (Chop Swing)	1) Down 2) Off speed
Slow bat	1) Hard stuff inside
Pulling out (Stride away from plate or opens front shoulder and hip prematurely)	1) Away, especially off speed pitches
Over swinging	1) Off speed, balls in the chase zone
Dives into the plate (Strides towards the plate)	1) Hard stuff inside 2) Off speed away and play opposite
Pulls head before contact	1) Away, especially off speed pitches
Commits weight to front foot on stride	1) Off speed pitches 2) Fast balls up
Long swing (sweeps bat)	1) Hard stuff in on the hands
Inside out swing	1) Down and in 2) Pitch away and play opposite
Takes a lot of pitches	1) Strikes
Free swinger with undisciplined strike zone	1) Strikes
Pull hitter	1) Fast balls in off the plate 2) Fast balls in the chase zone
Opposite field hitter	1) Hard in 2) Away and play opposite



Batting Stance Characteristics/Pitching Approach to them

Flat bat	1) Down
High hands and or high back elbow	1) Hard inside, especially up
Deep crouch	1) Up
Upright with stiff legs	1) Down
Bat wrapped	1) Hard stuff inside 2) Breaking balls away
Close to the plate	1) Fast balls inside 2) Away if this hitter has bat speed (dependant on first move action after pitch)
Off the Plate	1) Away if the hitter does not dive into the plate with the stride-play opposite
Hands close to the body (back elbow not visible to the pitcher)	1) Jam
Open Stance	1) Away if he strides away from the plate 2) Inside if he strides towards the plate (distance from the plate also is a factor)
Closed stance	1) Away if he strides away from the plate 2) Inside if he strides towards the plate (distance from the plate also is a factor)
Hands away from the body	1) jam
Narrow based stance (feet close together)	1) Off speed 2) Fast balls up