Arlington
Feb 22, 2025



450 GROUP B FREE PRACTICE - DETAILED LAP TIMES

#55 MILLER

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.305	8.291	8.988	5.508	4.483	54.076	7th
2	14.446	6.810	6.422	7.601	7.891	9.996	4.829	3.464	1:01.460	6th
3	12.015	6.428	6.152	7.430	7.249	7.347	5.125	3.374	55.120	4th
4	11.890	5.551	5.677	8.090	7.417	7.603	5.044	3.030	54.302	2nd
5	11.452	5.492	5.925	7.663	7.209	7.307	4.799	3.259	53.105	2nd
6	11.652	5.545	6.026	7.585	7.265	7.342	4.892	3.033	53.341	1st
7	11.456	7.017	8.729	8.850	8.201	50.124	8.174	3.478	1:46.029	7th
8	11.255	5.276	5.882	8.237	7.178	7.400	7.010	4.577	56.815	6th

AVG: 1:02.882
BEST: 53.105
IDEAL: 51.952

#148 RODBELL

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				12.399	9.717	11.543	10.835	4.045	1:11.784	14th
2	14.654	9.324	8.421	7.736	8.351	8.768	5.568	3.633	1:06.456	13th
3	12.528	5.703	6.302	8.043	7.277	7.162	31.335	3.835	1:22.185	17th
4	13.899	5.562	6.058	8.500	7.654	9.863	5.307	3.071	59.915	14th
5	11.575	5.430	6.065	7.827	6.962	7.663	5.518	3.007	54.046	13th
6	14.603	7.148	8.631	10.658	7.305	7.890	5.680	3.130	1:05.045	14th
7	11.377	5.605	5.877	7.491	7.036	7.243	5.523	3.031	53.183	11th
8	17.155	10.331	12.297	10.027	7.574	9.502	11.806	4.868	1:23.560	12th

AVG: 1:06.341
BEST: 53.183
IDEAL: 52.613

#43 HARLAN

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.427	7.632	8.486	7.297	3.866	45.496	1st
2	13.461	6.326	6.559	7.622	7.109	7.388	5.891	3.177	57.533	1st
3	11.493	5.524	6.039	7.663	7.099	7.200	5.457	2.949	53.425	1st
4	12.687	6.901	6.603	8.606	7.873	8.194	7.119	3.236	1:01.219	1st
5	11.585	5.499	6.010	8.182	7.042	7.495	5.382	3.011	54.205	1st
6	11.934	6.504	6.298	7.755	7.799	26.616	17.798	3.327	1:28.030	5th
7	11.468	6.087	6.012	7.930	7.211	7.387	5.350	3.010	54.455	3rd
8	11.832	6.831	9.408	9.021	7.940	8.603	7.233	3.633	1:04.502	3rd
9	12.172	6.348	5.785	8.203	7.242	7.814	6.205	4.232	58.001	3rd

AVG: 1:01.421
BEST: 53.425
IDEAL: 52.916

#68 HAND

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				12.877	9.389	13.115	12.765	4.173	1:10.071	13th
2	14.221	9.047	8.791	8.199	9.331	10.536	6.268	3.436	1:09.829	14th
3	12.189	6.965	6.497	7.822	7.262	9.331	13.156	4.696	1:07.918	15th
4	13.111	5.693	6.390	8.210	7.366	7.520	5.681	3.646	57.617	13th
5	15.152	7.763	9.830	9.209	8.783	10.716	13.109	3.028	1:17.590	14th
6	11.452	5.685	5.965	7.783	7.133	7.403	5.667	3.030	54.118	13th
7	17.742	7.117	9.610	8.797	7.398	8.353	7.333	3.464	1:09.814	14th
8	12.393	7.025	6.368	7.871	7.269	7.642	12.439	3.238	1:04.245	11th

AVG: 1:05.876
BEST: 54.118
IDEAL: 54.116

#169 KARNOW

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				14.162	8.020	9.828	7.157	4.469	1:16.903	17th
2	19.785	6.369	7.633	8.787	7.697	8.546	6.418	3.839	1:09.074	17th
3	12.598	6.757	6.811	8.365	7.409	7.812	6.707	4.266	1:00.726	14th
4	13.220	5.819	6.340	8.154	7.184	7.496	6.031	3.206	57.450	12th
5	11.250	6.474	6.156	8.198	7.939	9.502	6.200	3.367	59.086	11th
6	11.133	6.506	6.331	7.701	7.199	7.408	5.877	3.050	55.205	11th
7	15.930	7.449	9.909	8.334	8.065	10.336	7.176	3.371	1:10.569	10th
8	11.340	6.407	6.146	7.582	6.979	7.298	5.399	3.070	54.221	9th

AVG: 1:00.904
BEST: 54.221
IDEAL: 53.406

#208 LEITZEL

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				15.183	7.948	10.472	10.547	4.523	1:15.139	16th
2	15.389	8.817	9.234	8.385	7.323	8.065	6.581	4.166	1:07.960	16th
3	13.184	7.028	7.586	8.346	9.708	8.285	7.035	4.477	1:05.649	16th
4	13.235	14.462	11.887	10.678	10.211	9.789	11.995	3.686	1:25.943	16th
5	11.390	6.430	6.592	7.722	7.205	7.656	6.281	3.336	56.612	16th
6			8.871	9.208	7.926	9.064	16.621	3.449	1:23.129	16th
7	10.993	6.323	5.964	8.186	7.035	7.321	5.826	3.159	54.807	16th

AVG: 1:09.017
BEST: 54.807
IDEAL: 54.343

#411 MESHEY

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.930	9.297	9.982	6.957	4.443	48.331	4th
2	15.695	6.386	8.333	8.098	7.864	7.880	6.043	3.609	1:03.909	4th
3	12.730	5.920	6.561	7.927	7.230	7.455	5.829	3.272	56.924	3rd
4	11.932	6.097	6.143	7.970	9.542	9.364	10.174	3.194	1:04.416	5th
5	12.413	6.008	6.230	8.394	7.265	7.453	5.713	3.118	56.594	3rd
6	11.753	5.576	6.065	7.812	7.493	7.440	5.742	3.122	55.003	2nd
7	11.746	6.195	5.878	9.425	7.576	8.436	8.072	3.284	1:00.611	1st
8	12.011	6.149	6.227	8.927	7.372	8.202	6.404	3.403	58.695	1st
9	11.461	6.528	6.019	7.570	7.632	6.954	6.157	4.299	56.620	1st

AVG: 59.096
BEST: 55.003
IDEAL: 53.500

#173 SCHLOSSER

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				9.784	9.310	8.369	7.118	3.930	50.144	5th
2	14.202	7.873	8.200	7.889	7.701	8.014	6.130	4.017	1:04.026	5th
3	13.486	7.156	7.410	8.314	7.259	7.761	5.488	3.815	1:00.689	5th
4	13.102	5.926	6.243	7.643	7.197	7.413	5.352	3.245	56.121	4th
5	12.294	6.489	7.433	11.280	8.911	8.881	9.519	3.369	1:08.176	5th
6	12.214	6.423	6.188	8.133	7.250	7.446	5.483	2.993	56.130	4th
7	12.085	5.662	6.329	7.626	7.165	7.814	5.673	3.115	55.469	2nd
8	11.860	7.306	8.892	8.950	7.193	10.338	7.341	3.464	1:05.344	2nd
9	12.594	6.605	6.109	8.394	7.235	7.833	6.749	3.912	59.431	2nd

AVG: 1:00.673
BEST: 55.469
IDEAL: 54.180

#412 LESHER

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				10.217	9.273	8.822	6.949	4.236	52.233	6th
2	15.054	9.150	8.267	7.736	7.877	8.447	5.350	3.804	1:05.685	7th
3	14.319	6.778	6.791	7.723	7.318	8.105	6.332	3.515	1:00.881	6th
4	12.312	6.975	6.466	7.730	7.987	8.726	6.713	3.503	1:00.411	6th
5	12.022	5.997	8.356	13.387	9.811	11.474	9.473	3.291	1:13.810	9th
6	11.855	6.476	7.426	7.935	8.316	11.238	6.566	3.559	1:03.371	10th
7	11.567	5.750	5.831	7.498	7.279	7.823	6.801	3.301	55.850	6th
8	11.356	6.132	5.797	11.275	12.675	8.931	7.980	3.655	1:07.801	8th

AVG: 1:03.973
BEST: 55.850
IDEAL: 54.144

#874 WILLIAMS

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				10.191	8.956	9.585	8.624	4.356	1:00.326	9th
2	18.001	7.462	8.550	8.540	7.788	8.808	6.735	4.694	1:10.577	10th
3	18.176	6.029	6.826	7.833	7.277	9.611	6.246	4.122	1:06.119	10th
4	13.506	5.791	6.475	7.723	7.206	8.023	6.139	3.178	58.041	10th
5	12.169	6.060	6.308	8.720	7.660	10.835	7.471	3.369	1:02.592	10th
6	12.073	5.643	6.163	8.030	7.455	7.768	6.344	3.072	56.548	9th
7	16.895	7.273	7.892	7.878	7.382	7.526	7.332	3.205	1:05.383	8th
8	12.197	5.526	6.196	7.616	7.133	7.759	6.423	3.244	56.094	7th

AVG: 1:02.193
BEST: 56.094
IDEAL: 55.248

#711 LANE

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				10.687	8.564	8.767	9.887	4.439	1:02.845	11th
2	13.722	6.490	6.464	8.543	7.734	8.481	6.104	3.558	1:01.096	9th
3	14.122	6.393	6.619	8.655	7.444	8.627	7.120	3.895	1:02.875	9th
4	14.156	6.430	10.553	9.731	7.493	7.917	5.818	3.143	1:05.241	9th
5	12.376	6.031	6.087	9.231	7.746	7.670	7.407	3.140	59.688	8th
6	12.074	6.382	6.033	8.672	7.344	8.862	5.773	3.175	58.315	6th
7	11.934	6.105	6.562	8.212	8.082	7.467	6.342	3.395	58.099	4th
8	12.131	5.594	5.886	8.230	7.828	8.028	5.865	3.179	56.741	4th

AVG: 1:00.294
BEST: 56.741
IDEAL: 55.350

#282 PAULI

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				9.137	8.425	8.812	6.921	4.275	46.908	2nd
2	13.658	6.539	7.649	8.006	7.722	8.060	6.433	3.692	1:01.759	2nd
3	12.707	5.896	6.475	8.288	7.953	8.094	6.080	3.504	58.997	2nd
4	12.432	6.132	6.306	7.956	7.457	8.001	6.165	3.783	58.232	3rd
5	12.724	6.761	7.735	11.764	7.413	8.070	10.015	3.573	1:08.056	4th
6	12.150	5.625	6.240	7.931	7.442	8.021	6.034	3.354	56.796	3rd
7			10.656	17.017	8.652	13.587	15.382	3.719	1:33.711	9th
8	39.749	7.088	7.188	15.234	8.815	9.122	11.378	5.006	1:43.580	15th

AVG: 1:11.590
BEST: 56.796
IDEAL: 56.747

#299 VISGER

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				11.071	9.192	9.331	9.973	3.997	1:05.848	12th
2	15.583	7.920	7.773	8.725	8.903	9.315	6.724	3.393	1:08.336	11th
3	11.652	7.042	6.208	8.502	8.086	12.080	10.914	3.565	1:08.049	11th

4	11.283	6.767	6.319	7.929	7.696	7.947	6.447	3.302	57.690	11th
5	12.912	7.530	10.199	9.426	7.311	9.541	9.688	3.336	1:09.943	12th
6	11.511	6.469	6.521	7.729	7.183	7.928	6.021	3.505	56.867	12th
7	15.035	8.516	8.159	9.130	11.509	9.365	10.102	3.423	1:15.239	13th
8	11.636	6.605	6.028	8.157	7.296	7.959	6.379	3.441	57.501	10th

AVG: 1:04.804
BEST: 56.867
IDEAL: 55.943

#645 COPP

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				9.014	8.116	8.998	5.755	3.789	48.297	3rd
2	13.932	6.885	7.022	8.799	8.239	7.794	5.739	3.745	1:02.154	3rd
3	12.171	6.460	6.302	9.545	10.460	10.968	14.626	4.698	1:15.230	8th
4	17.048	6.518	8.361	7.923	7.337	7.750	5.520	3.559	1:04.016	8th
5	12.410	5.719	6.237	8.512	7.274	7.625	5.782	3.652	57.211	6th
6	12.285	5.723	6.045	8.447	7.917	8.446	13.683	4.509	1:07.055	8th
7	15.554	10.604	8.572	8.330	7.645	13.224	14.867	4.919	1:23.715	12th
8	13.242	20.024	10.918	14.184	12.337	8.416	5.309	3.796	1:28.227	14th

AVG: 1:11.087
BEST: 57.211
IDEAL: 55.625

#349 EPPERSON

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.773	8.264	9.885	6.926	4.424	57.350	8th
2	14.649	6.881	7.795	8.434	7.982	8.231	5.653	4.022	1:03.647	8th
3	13.555	6.781	7.666	8.309	8.063	8.242	5.648	4.096	1:02.359	7th
4	14	6.800	6.578	8.627	7.649	8.185	5.782	3.905	1:01.526	7th
5	14.214	6.598	6.813	10.516	8.252	7.966	5.668	3.680	1:03.707	7th
6	13.340	6.581	6.576	8.735	7.664	9.381	6.830	3.981	1:03.088	7th
7	12.758	6.598	6.522	8.562	7.368	7.815	5.316	3.449	58.388	5th
8	15.428	6.767	6.976	8.504	8.532	8.100	5.592	3.590	1:03.489	5th

AVG: 1:02.315
BEST: 58.388
IDEAL: 58.118

#512 COZADD

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				9.760	9.204	10.313	12.685	3.858	1:12.556	15th
2	15.321	7.945	8.148	8.891	8.344	9.324	6.827	3.628	1:08.428	15th
3	13.975	6.725	7.006	8.482	8.204	8.979	6.850	3.741	1:03.962	12th
4	19.544	6.340	6.753	8.332	7.646	8.807	15.675	3.406	1:16.504	15th
5	13.405	5.669	6.359	7.994	7.431	9.137	11.687	3.315	1:04.996	15th
6	13.254	5.647	6.170	7.965	7.693	10.260	14.922	3.292	1:09.204	15th
7	12.741	5.437	7.008	8.211	7.147	8.468	6.337	3.178	58.527	15th
8	13.237	6.008	6.611	7.981	7.596	17.256	7.766	3.284	1:09.739	13th

AVG: 1:07.337
BEST: 58.527
IDEAL: 57.443

#262 WOOD

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				10.178	9.634	9.193	7.754	4.757	1:01.966	10th
2	15.068	7.229	6.624	8.665	8.088	17.237	7.171	3.667	1:13.750	12th
3	16.918	8.079	7.082	8.334	7.648	8.051	10.188	3.927	1:10.227	13th

AVG: 1:11.988
BEST: 1:10.227
IDEAL: 1:03.793