Arlington
Feb 22, 2025



250 GROUP A FREE PRACTICE - DETAILED LAP TIMES

#38 DEEGAN

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				7.323	7.075	6.913	5.159	3.388	36.385	1st
2	12.034	6.293	6.660	7.300	6.988	6.754	4.778	3.480	54.287	1st
3	11.041	5.282	6.166	7.034	6.927	6.716	4.611	2.789	50.566	1st
4	11.029	5.356	6.663	8.173	7.569	8.277	4.787	3.249	55.104	1st
5	10.629	5.162	5.687	7.166	6.845	6.505	4.904	2.742	49.640	1st
6	15.687	5.935	10.427	9.444	7.704	8.153	4.825	3.077	1:05.252	2nd
7	11.502	6.513	7.060	7.573	7.125	25.775	8.039	3.477	1:17.064	5th
8	10.594	5.427	5.720	7.306	7.667	9.125	5.263	3.451	54.553	5th
9	10.739	5.329	5.551	7.466	6.374	6.540	4.479	2.716	49.195	2nd

AVG: 56.957
BEST: 49.195
IDEAL: 48.416

#100 DAVIES

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				7.807	7.198	7.359	4.860	4.361	40.645	4th
2	14.075	5.704	6.597	7.545	7.159	6.644	5.001	3.302	56.028	4th
3	11.255	5.195	5.538	7.380	6.906	6.360	4.428	2.842	49.904	3rd
4	10.969	6.097	8.654	8.406	7.104	6.850	4.627	3.101	55.808	3rd
5	11.177	5.268	6.469	8	7.305	7.513	5.071	3.076	53.879	2nd
6	10.876	5.151	5.769	7.934	6.454	7.309	4.719	3.200	51.412	1st
7	10.847	5.346	5.665	7.811	7.227	7.965	11.675	3.118	59.654	1st
8	11.053	5.369	5.732	7.446	6.394	6.355	4.663	2.793	49.805	1st
9	11.437	5.546	7.314	7.740	7.324	37.027	7.741	3.472	1:27.601	7th

AVG: 58.011
BEST: 49.805
IDEAL: 48.885

#19 SMITH

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.856	7.372	7.965	4.737	3.774	41.727	5th
2	14.640	5.679	6.253	7.425	7.027	6.628	4.645	2.928	55.224	5th
3	10.641	6.081	5.754	7.156	6.763	6.639	5.053	3.071	51.157	4th
4	11.316	5.396	5.874	7.121	6.831	6.726	4.802	2.947	51.013	2nd
5	35.481	7.155	8.517	8.748	7.486	9.270	8.173	3.344	1:28.174	12th
6	11.353	5.165	5.619	7.318	6.820	6.949	5.145	2.984	51.353	8th
7	10.219	6.060	5.647	7.298	6.887	6.570	4.788	3.012	50.481	6th
8	14.097	5.877	6.369	7.557	7.269	7.985	4.942	3.148	57.244	6th
9	10.486	5.979	5.649	7.334	6.952	6.821	4.707	2.950	50.878	3rd

AVG: 56.941
BEST: 50.481
IDEAL: 49.030

#23 BEAUMER

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				9.399	8.856	10.829	9.386	4.297	1:06.004	20th
2	15.360	7.275	9.213	9.336	7.448	8.309	6.263	3.493	1:06.696	22nd
3	11.492	5.404	5.451	7.304	6.975	6.870	5.172	2.924	51.592	21st
4	12.071	6.250	6.222	8.018	7.427	7.740	6.033	3.049	56.810	18th
5	11.463	5.271	5.430	7.421	6.955	6.647	5.215	2.646	51.048	14th
6	14.220	5.651	10.700	8.580	7.402	8.315	7.087	3.257	1:05.212	16th
7	11.346	5.145	5.533	7.556	6.993	6.707	5.123	2.822	51.225	15th
8	12.996	5.654	6.675	7.850	7.736	8.858	7.793	4.217	1:01.779	14th

9	11.586	5.215	5.526	7.360	6.861	6.578	4.676	2.819	50.621	12th

AVG: 56.873
BEST: 50.621
IDEAL: 49.986

#93 MOSIMAN

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				7.812	7.208	7.696	5.422	3.529	39.640	3rd
2	13.084	6.322	6.231	7.280	6.965	7.184	5.251	3.320	55.637	3rd
3	19.319	6.337	6.219	7.548	7.036	7.253	5.357	3.506	1:02.575	8th
4	12.291	17.808	6.853	7.984	7.156	7.554	5.972	3.325	1:08.943	12th
5	11.906	5.751	5.817	7.411	6.762	7.296	4.760	2.855	52.558	9th
6	11.360	5.708	5.753	7.414	6.846	6.690	4.761	2.929	51.461	6th
7	11.501	5.170	5.966	7.249	7.062	6.982	5.328	3.028	52.286	2nd
8	11.198	5.351	5.686	7.342	7.019	6.601	5.114	2.904	51.215	2nd
9	11.138	6.231	7.327	8.720	7.795	8.847	10.730	3.593	1:04.380	4th

AVG: 57.382
BEST: 51.215
IDEAL: 50.221

#36 MARCHBANKS

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				9.093	11.637	11.639	15.774	4.303	1:12.049	22nd
2	12.766	5.549	6.242	7.171	6.837	7.008	4.788	3.272	53.633	20th
3	11.850	6.295	6.024	7.574	7.075	9.978	13.407	3.210	1:05.413	22nd
4	11.674	5.439	5.887	7.357	6.810	6.807	5.115	2.976	52.065	20th
5	11.128	6.208	5.683	7.446	7.097	7.391	4.912	3.116	52.981	16th
6	11.878	5.334	5.703	7.571	6.901	6.879	4.900	3.045	52.211	13th
7	10.443	6.167	5.707	7.452	6.941	6.785	4.811	2.981	51.287	12th
8	13.296	5.838	6.116	7.674	7.292	9.354	12.270	3.402	1:05.242	11th
9	11.712	5.396	5.742	7.268	6.765	6.979	5.987	3.457	53.306	10th

AVG: 55.767
BEST: 51.287
IDEAL: 49.945

#166 LOPES

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.689	7.985	7.806	6.439	4.254	53.068	15th
2	13.493	6.062	6.278	8.331	7.158	8.582	8.700	3.468	1:02.072	14th
3	11.067	6.293	6.783	7.538	7.161	7.646	5.114	3.838	55.440	14th
4	10.536	6.249	5.858	7.374	6.775	7.177	5.142	3.071	52.181	11th
5	10.429	6.285	5.719	8.671	7.809	10.219	13.748	3.496	1:06.376	13th
6	10.230	5.874	5.579	7.412	6.845	7.182	5.381	2.866	51.369	10th
7	15.444	5.974	8.051	9.833	7.885	8.011	8.658	3.125	1:06.981	14th
8	10.518	6.009	5.507	7.562	6.958	7.362	5.476	2.918	52.309	9th
9	41.316	6.997	7.468	9.607	7.809	7.896	6.923	4.556	1:32.572	17th

AVG: 1:02.413
BEST: 51.369
IDEAL: 50.917

#37 SCHOCK

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.052	7.868	8.367	5.150	3.623	42.906	6th
2	14.719	5.666	6.685	7.670	6.760	6.736	5.090	2.956	56.282	6th
3	11.433	5.784	6.244	7.697	7.667	8.451	6.942	3.693	57.911	7th
4	11.403	5.391	5.780	7.755	8.153	7.558	5.041	3.391	54.472	7th
5	11.459	5.831	5.990	7.640	7.026	6.941	5.084	3.194	53.164	4th
6	11.351	5.253	5.876	7.281	6.889	6.923	4.950	2.969	51.491	4th
7	11.296	5.360	5.916	8.523	9.066	11.435	12.015	4.087	1:07.697	3rd
8	11.786	5.473	5.645	7.315	6.901	6.761	4.904	3.145	51.929	3rd
9	11.295	5.362	5.689	7.640	6.975	7.202	5.156	3.128	52.447	1st

AVG: 55.674
BEST: 51.491
IDEAL: 50.830

#63 YODER

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.967	7.274	8.538	6.500	4.198	48.167	10th
2	13.495	6.386	6.847	8.080	7.048	7.799	5.168	3.860	58.683	10th
3	11.407	6.664	5.765	8.091	7.078	7.222	5.170	3.018	54.415	10th
4	11.600	6.014	5.686	7.482	6.976	7.098	5.044	2.972	52.872	8th
5	11.764	6.133	6.222	7.797	7.204	7.633	4.817	2.925	54.495	5th
6	10.527	6.148	5.649	7.610	6.845	7.228	4.775	2.943	51.725	5th
7	12.575	5.475	8.238	8.059	7.823	10.202	14.537	3.382	1:10.291	7th
8	12.370	6.716	7.549	8.038	7.770	8.671	5.426	3.313	59.853	8th
9	11.254	5.341	5.905	7.539	6.921	7.342	5.102	3.081	52.485	6th

AVG: 56.852
BEST: 51.725
IDEAL: 50.642

#54 REYNOLDS

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.629	7.722	8.704	5.405	3.938	44.710	7th
2	14.523	7.044	7.118	8.193	7.180	7.315	5.653	3.164	1:00.190	9th
3	11.123	6.592	5.979	7.657	6.931	7.256	5.747	3.173	54.457	9th
4	13.018	6.963	6.963	8.143	7.318	7.520	6.976	3.419	1:00.320	10th
5	10.626	6.272	5.741	7.499	7.102	7.333	6.409	3.048	54.030	7th
6	14.987	6.550	8.181	8.584	7.963	8.583	10.531	3.796	1:09.175	11th
7	10.340	6.372	5.670	7.414	6.902	7.037	5.224	2.955	51.914	10th
8	13.148	6.866	8.757	11.750	7.853	9.894	9.572	3.626	1:11.466	12th
9	10.860	6.252	5.703	7.432	7.087	6.681	5.235	2.838	52.087	11th

AVG: 59.205
BEST: 51.914
IDEAL: 51.320

#30 SHIMODA

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				9.568	8.541	9.841	9.763	4.234	51.086	12th
2	14.297	7.144	8.772	8.234	8.560	8.622	5.077	4.218	1:04.924	15th
3	13.499	5.658	6.182	8.004	6.997	7.742	5.660	3.668	57.410	15th
4	12.257	5.570	6.604	7.806	7.457	9.950	21.936	3.423	1:15.003	21st
5	11.460	5.444	5.785	7.230	7.046	7.146	5.066	2.968	52.145	17th
6	11.182	6.799	8.606	9.441	8.072	44.629	9.979	3.499	1:42.207	22nd
7	11.141	5.924	6.117	8.406	7.453	7.934	5.520	3.376	55.871	22nd
8	11.299	5.298	6.050	7.304	7.040	7.153	4.649	3.162	51.955	22nd

AVG: 1:05.645
BEST: 51.955
IDEAL: 51.214

#65 TURNER

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				7.656	7.166	7.373	5.191	3.413	37.874	2nd
2	12.834	6.310	6.255	7.208	7.064	7.082	6.108	3.239	56.100	2nd
3	11.930	5.440	5.725	7.394	6.891	6.865	5.056	3.015	52.316	2nd
4	12.809	6.806	8.004	8.125	7.472	7.871	5.864	3.026	59.976	4th
5	11.618	5.477	5.929	7.242	7.278	7.148	6.114	3.166	53.971	3rd
6	11.939	5.377	5.828	7.354	6.915	6.846	5.029	2.976	52.264	3rd
7	15.507	6.958	7.378	8.262	8.134	10.259	12.565	3.769	1:12.832	4th
8	11.331	5.459	5.801	7.359	7.104	6.818	5.093	2.997	51.962	4th
9	13.500	5.715	10.212	11.447	8.378	9.843	7.218	3.876	1:10.188	8th

AVG: 58.701
BEST: 51.962
IDEAL: 51.355

#58 KELLEY

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				9.303	8.373	10.419	14.705	4.022	57.972	18th
2	15.967	6.936	8.345	8.152	7.424	7.572	5.328	4.083	1:03.807	18th
3	12.509	6.277	6.307	8.103	7.131	7.250	5.557	3.311	56.445	17th
4	11.635	5.405	6.033	7.995	6.988	7.210	5.430	3.293	53.989	15th
5	11.231	6.289	6.388	7.647	7.137	9.074	20.437	3.478	1:11.681	18th
6	11.449	5.479	5.895	7.498	6.946	6.920	5.009	2.977	52.173	15th
7	14.475	6.255	8.697	8.764	13.649	9.339	10.732	3.353	1:15.263	19th
8	11.276	5.899	5.905	7.973	7.157	7.138	5.788	4.244	55.379	19th
9	19.300	8.431	7.593	8.807	8.518	8.980	6.915	3.963	1:12.507	18th

AVG: 1:02.656
BEST: 52.173
IDEAL: 51.881

#115 TOWERS

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.347	8.056	8.834	7.813	4.080	51.571	13th
2	13.278	6.573	6.779	8.081	7.417	7.432	5.362	3.687	58.609	12th
3	11.864	6.223	6.137	8.198	7.426	7.012	5.268	3.112	55.240	11th
4	10.510	6.280	5.811	7.484	7.079	7.002	5.170	3.040	52.376	9th
5	10.542	6.543	5.767	7.415	7.196	7.132	5.482	3.275	53.352	6th
6	15.564	6.119	11.319	9.223	8.187	12.030	9.868	3.213	1:15.523	12th
7	11.464	5.327	5.762	7.483	7.125	6.939	5.138	2.954	52.192	11th
8	11.038	7.231	10.526	11.784	7.728	7.429	12.865	3.676	1:12.277	15th
9	11.845	5.312	5.792	7.841	7.133	6.535	5.284	3.195	52.936	13th

AVG: 59.063
BEST: 52.192
IDEAL: 50.705

#61 THOMPSON

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.271	7.407	7.621	6.599	3.738	45.432	9th
2	12.302	6.637	6.446	7.644	7.069	7.045	5.583	3.014	55.740	7th
3	11.119	6.263	5.770	8.036	7.172	7.395	5.531	3.113	54.399	5th
4	10.456	6.326	5.766	7.495	6.975	6.950	5.677	2.919	52.564	5th
5	15.602	6.720	6.474	8.285	9.207	11.551	7.271	3.465	1:08.575	8th
6	10.662	6.023	7.690	8.795	8.516	7.816	6.434	3.100	59.036	7th
7	10.749	6.219	5.777	8.217	8.092	8.921	7.068	3.311	58.354	9th
8	10.736	6.160	5.822	7.452	7.325	6.814	6.151	3.067	53.527	7th
9	10.761	6.342	5.825	7.665	7.141	6.694	5.988	2.921	53.336	5th

AVG: 56.941
BEST: 52.564
IDEAL: 51.816

#302 ROSS

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				9.004	9.268	10.769	11.348	4.852	1:07.557	21st
2	15.350	6.799	7.978	7.797	7.351	7.490	5.481	3.185	1:01.430	21st
3	11.443	6.387	6.303	7.621	7.225	7.436	5.137	3.225	54.777	20th
4	13.595	6.357	6.630	7.712	7.426	7.687	5.235	3.442	58.084	19th
5	11.931	5.554	6.106	7.532	7.172	7.255	5.273	3.006	53.829	15th
6	13.444	5.730	6.468	7.824	7.445	8.035	5.145	3.132	57.223	14th
7	11.458	5.383	5.696	7.381	7.166	7.353	5.189	3.044	52.670	13th
8	11.441	5.409	7.658	12.938	7.690	10.121	13.037	3.243	1:11.537	16th
9	12.035	5.561	6.041	7.573	7.122	7.535	5.514	4.434	55.815	14th

AVG: 58.171
BEST: 52.670
IDEAL: 52.421

#134 LONG

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.652	8.166	8.558	7.229	4.674	54.004	16th
2	15.104	6.753	7.385	8.967	8.406	8.686	5.386	3.668	1:04.355	16th
3	11.060	6.554	6.491	7.514	7.309	7.420	5.597	3.549	55.494	16th
4	13.964	6.184	6.584	7.386	7.107	7.373	5.422	3.246	57.267	14th
5	11.970	5.539	5.796	7.570	7.377	7.112	5.589	3.069	54.022	11th
6	15.569	6.791	7.082	7.620	8.063			3.519	1:15.687	18th
7	11.422	5.572	5.684	7.358	7.246	7.132	5.307	3.090	52.810	16th
8	11.219	5.404	6.124	7.449	7.266	7.259	5.619	3.302	53.642	13th
9	17.577	5.605	6.252	8.362	7.839	9.164	11.184	4.193	1:10.175	15th

AVG: 1:00.431
BEST: 52.810
IDEAL: 52.101

#101 WALSH

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				9.497	8.212	9.665	7.795	4.544	55.375	17th
2	15.509	6.501	7.393	8.408	8.677	9.052	5.485	3.730	1:04.755	17th
3	11.866	6.574	6.415	7.690	7.329	7.761	7.605	4.320	59.561	19th
4	13.118	5.467	6.335	7.956	7.411	7.690	5.290	3.127	56.394	17th
5	11.351	7.025	6.521	8.335	9.921	10.920	11.995	3.415	1:09.483	19th
6	11.406	5.426	5.747	7.456	7.029	7.420	5.527	2.892	52.903	17th
7	15.418	7.032	9.365	10.512	9.056	9.961	10.095	3.232	1:14.671	20th
8	11.404	5.554	5.784	7.566	7.325	7.508	5.266	3.078	53.485	18th
9	15.828	7.619	8.174	13.405	11.994	10.652	12.402	3.541	1:23.615	19th

AVG: 1:04.358
BEST: 52.903
IDEAL: 52.587

#91 ALBRIGHT

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.683	7.450	7.714	5.408	3.929	45.343	8th
2	13.610	6.393	6.282	7.832	7.123	7.165	5.595	3.368	57.367	8th
3	11.220	6.254	5.801	7.677	6.979	7.295	5.064	3.387	53.677	6th
4	10.651	6.302	5.919	7.678	7.044	7.304	5.175	3.354	53.427	6th
5	17.942	6.877	9.209	10.880	9.114	34.423	8.831	3.275	1:40.551	20th
6	11.411	5.557	5.968	7.627	7.086	6.846	5.214	3.214	52.923	19th
7	11.964	5.533	6.880	11.302	9.086	7.947	5.899	3.397	1:02.008	18th
8	12.483	5.574	6.070	7.541	7.027	7.292	5.502	3.245	54.734	17th
9	16.364	5.851	6.757	9.038	9.212	8.148	6.320	4.126	1:05.816	16th

AVG: 1:02.563
BEST: 52.923
IDEAL: 51.629

#67 VARIZE

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				9.210	9.434	9.668	10.971	4.149	1:03.850	19th
2	14.950	7.426	7.423	7.945	7.340	7.633	5.233	3.680	1:01.630	19th
3	10.921	6.240	6.136	7.361	7.021	7.297	5.577	3.010	53.562	18th
4	11.156	6.368	6.277	7.529	7.108	7.463	5.387	2.995	54.282	16th
5	16.892	6.156	9.572	10.212	7.894	11.455	15.573	3.353	1:21.107	21st
6	10.811	6.178	6.030	8.022	7.208	7.265	5.374	2.987	53.875	20th
7	10.795	6.177	5.771	7.590	7.126	7.060	5.467	3.032	53.018	17th
8	15.119	6.107	9.428	9.644	13.182	12.067	17.792	4.689	1:28.029	21st

AVG: 1:03.643
BEST: 53.018
IDEAL: 52.335

#79 MILLER

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				9.144	8.375	9.295	6.856	4.178	49.980	11th
2	13.826	6.159	6.800	8.425	7.468	7.683	5.104	3.342	58.807	11th
3	12.174	6.537	6.436	9.082	8.052	7.883	5.437	3.349	58.950	12th
4	12.474	6.189	6.305	7.834	7.788	42.508	12.362	3.300	1:38.760	22nd
5	11.625	5.675	5.921	8.011	7.181	8.852	5.455	3.205	55.925	22nd
6	11.730	5.618	5.939	7.698	7.052	7.510	5.194	3.214	53.955	21st
7			6.527	8.185	7.475	12.208	9.683	3.341	1:07.401	21st
8	11.263	5.463	5.909	7.757	7.108	7.455	5.151	2.934	53.041	20th

AVG: 1:03.834
BEST: 53.041
IDEAL: 52.879

#334 WEST

LAP	S1	S2	S3	S4	S5	S6	S7	S8	TIME	POS
1				8.872	7.870	9.570	7.304	4.381	52.665	14th
2	14.948	7.160	7.506	7.643	7.050	7.760	5.557	3.338	1:00.962	13th
3	12.513	6.050	6.194	7.847	6.826	7.545	5.591	2.989	55.555	13th
4	12.377	8.028	6.528	7.909	7.224	7.861	5.245	3.245	58.417	13th
5	11.002	6.539	6.332	8.007	7.177	7.319	5.414	3.146	54.936	10th
6	12.555	6.045	6.186	7.990	7.158	7.617	5.558	3.064	56.173	9th
7	10.929	6.380	6.204	7.327	7.171	7.066	5.547	2.949	53.573	8th
8	13.722	6.704	6.710	8.641	7.428	10.187	12.497	3.328	1:09.217	10th
9	12.654	5.502	6.027	7.838	7.157	7.515	5.475	2.906	55.074	9th

AVG: 57.988
BEST: 53.573
IDEAL: 51.828