

# joyful noise!



## Caregiver Newsletter

January 25, 2019 "We make a living by what we get, but we make a life by what we give."- Winston Churchill

### Gifts from the Guests



Over the last few months we've been working on a project called Gifts from the Guests. This has allowed us to bring local artists, volunteers, our Guests and Staff together to collaborate on making unique pieces of art that we will share as gifts with special friends and supporters in the Indianapolis community, and beyond. We've worked with clay and carefully applied acrylics to canvas. And sometimes, not so carefully, to our coats and the carpet. We've critiqued our own work, and complimented each other's. Let's not forget the dance party. This project has connected us and made us closer. It has brought some of us out of our comfort zones. And on the days we didn't feel like engaging, knowing that the end result was meant for the greater good, we pressed on for something bigger than ourselves. Thank you to the Indianapolis Art Center, Line + Form Atelier and The gLOBl Culture for helping to unleash our creativity and for being patient with us.

This project is made possible by the Indiana Arts Commission, and the National Endowment for the Arts, a federal agency. And with additional funding from Capital Group Charitable Foundation.

### Upcoming dates and reminders

Caregiver Night Out- February 8<sup>th</sup> from 5:30 to 7:30 pm at Just Pop In! 6406 Cornell Avenue- check out the flyer on the desk

Support Group- February 20<sup>th</sup> from 4:00 to 6:00 pm at Joy's House at UIndy in the library. A chance to get to know other caregivers and support each other

### A bit of humor

Q: What did the horse say when it fell down?

A: I have fallen and I can't giddyup

*Joy's House serves families by providing exceptional adult day and caregiver services.*

