



Spreadsheet Champions Fact Sheet

Welcome to the Spreadsheet Champions Relaxed Screening.
This fact sheet has key information about the film and the cinema that you may find useful and interesting.
Enjoy the film!

Key Information:

date:	Sunday May 4, 2025
screening time:	3:45pm
location:	Hot Docs Cinema
address:	506 Bloor St. West, Toronto, M5S 1Y3
length of film:	1 hour and 26 minutes

General things to know about the screening:

- The Hot Docs Cinema is on the North side of Bloor St. between Albany & Bathurst.
- The closest transit station is Bathurst.
- If you are dropping someone off, you cannot drop off in front of the cinema as there is a bike lane, but you can drop off on Albany St. around the corner.
- The closest Green P parking lot is on Lippincott St. - please come prepared to pay to park.
- There is another Green P parking lot at 557 Palmerston Ave. - please come prepared to pay to park.
- The box office opens at 9am on May 4 - the box office takes cash, debit and credit.
- The screening begins at 3:45pm.
- The cinema for Spreadsheet Champions will open as soon as the lobby opens, at this time the ushers will open the doors and let people into the lobby.
- There is another documentary screening prior to Spreadsheet Champions.
- The lobby will open for the audience of Spreadsheet Champions at 3:15pm. This means that the audience for Spreadsheet Champions will not be let in until that time.
- There is another documentary screening after Spreadsheet Champions, but not until the evening.
- The ushers will scan your tickets once you are in the lobby (where the tiled floor meets the carpet).
- The seating is general admission, that means that your ticket does not have a seat location on it. You can choose your seat once you arrive in the cinema.

- When you enter the cinema, please do not take a seat claimed by someone else, or one that is in the accessible rows, unless you or someone in your family/group is a wheelchair/mobility device user and/or needs these seats.
- The last rows of the cinema will be left open so that people can move during the film if they need to.
- Locations for wheelchair users and their guests are located halfway down on the main floor on either side of the cinema.
- There are two floors to the cinema, the main floor is accessible, the balcony/mezzanine is not.
- There is one accessible washroom on the main floor - this washroom does not have a button for the door so some patrons may require a caregiver to open/close the door for them.
- Washrooms are located upstairs in the lobby of the balcony/mezzanine.
- Washrooms are all gender inclusive - meaning you may use whichever washroom you feel most comfortable using. There may be people of seemingly different genders to you in the same washroom - this is ok, everyone is in there to use the washroom.
- There are paper towels in the washroom and the soap dispensers are automatic.
- Please note that in the stalls-only washroom, there are sanitary caddies which can open automatically if you put your hand over or too close to them - do not be shocked! - they will close automatically too.
- The stairs in the balcony are original to the building and as such are not even. Please watch carefully when walking between rows in the balcony.
- The railing at the front of the balcony is about 2.5-3 feet high, so quite low. Please be careful in this area.
- The seats in the balcony have lower backs than the seats on the main floor.
- Some of the seats in the balcony are a little wider than others. They are about 1.5 seats wide.
- The concession is on the main floor and will be open - they take cash, debit and credit.
- There is a water fountain opposite the entrance to the main floor of the cinema.
- Outside food is allowed into the cinema.
- During the screening, the house lights will remain on at a low level.
- Sound will be turned down slightly for this screening.
- No trailers will be shown prior to the start of the Spreadsheet Champions screening.
- During the screening, audience members are welcome to move around and leave the cinema if needed.
- Audience are encouraged to express themselves naturally and authentically during the screening.
- A quiet space has been designated for this screening, an usher can direct you there if needed (it is in the lobby on the main floor - by the benches).
- If you need help at any time, the volunteers/ushers are in green t-shirts and they are there to help.

Film Synopsis:

Students from around the world give it their all in the greatest competition you've never heard of, the Spreadsheet World Championships. Following six students as they put their Excel-lent skills to the ultimate test in Microsoft's most prestigious and difficult category. A heartwarming tale of formulas and friendship, SPREADSHEET CHAMPIONS reveals the surprising influence of spreadsheets in today's world and the power of young minds in shaping our future.

Important information to know:

This documentary contains moments, images and talk of: competition, stress, emotional distress, crying, pressure, self-esteem, food preparation and eating, frustration, scoring, winning, and losing.

Words that are used in this documentary: nerd, geek, social butterfly, ridiculous, weird, winner, failure, and pride.

The documentary focuses on Mason (USA), Alkmini (Greece), Braydon (Australia), Nam (Vietnam), Carmina (Guatemala), and De La Paix (Cameroon).

Sensory moments in, and information about, the film:

(Timings are noted for events that may be sensory or emotionally triggering. All other notes are in chronological order as they happen in the film. Timings are approximate and in brackets after the note. We have attempted to note as many sensory moments in the documentary as possible, but we do apologize for those we may have missed.)

- Before the film starts, a land acknowledgement will play.
- Spreadsheet Champions is approximately 1 hour and 26 minutes long.
- This is a documentary about the Microsoft Office Specialist World Championship.
- There will be music in the documentary.
- Not all instances of music will be listed below. At times it may seem loud. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones.
- English subtitles will appear on the screen at times throughout the documentary.
- There is a narrator.
- Many people are interviewed throughout the film. Not all instances will be noted.
- The documentary starts with the Screen Australia logo.
- The Screen Australia logo appears on the screen with sounds. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones.
- Other logos appear on the screen. Some have loud sounds. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones.
- There will be five (5) logos in total (including the first one). The final one is the logo for Good Things Productions.
- The screen goes black.
- The sound of typing on a typewriter (0:45).
- Typing appears on the screen. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones.
- Music plays. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones (1:05).

- Speaking begins.
- The six (6) main competitors of the Microsoft Office Specialist World Championship are speaking.
- Images of the six (6) main competitors of the Microsoft Office Specialist World Championship appear on the screen.
- One of the competitors speaks Greek. Subtitles appear on the screen in English (1:28).
- Talk of competition.
- The title of the film appears on the screen (2:32).
- The narrator speaks (2:36).
- Dominique, Competition Manager, is interviewed/speaks.
- Craig, Competition Host, is interviewed/speaks.
- Steve, Technical Manager, is interviewed/speaks.
- Bing, Test Creator, speaks.
- All of these people will speak/be interviewed throughout the documentary; not all instances will be noted.
- Craig says the competition will be held in Orlando.
- Writing appears on the screen.
- The letters USA appear on the screen.
- Organ music plays.
- Mason, USA's National Excel Champion, is interviewed/speaks (5:21).
- Mason calls himself ridiculous (5:26).
- Mason's parents are interviewed/speak.
- Mason say the phrase "colour vomit" (5:55).
- Loud rock music plays. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones.
- Images of food and eating (7:17).
- Mason calls himself a nerd (7:30).
- Sounds of seagulls.
- The word Greece appears on the screen.
- Alkmini, Greece's National Excel Champion, is interviewed/speaks (7:45).
- Alkmini speaks Greek. Translations appear as English subtitles on the screen (7:48).
- Alkmini is in the kitchen.
- Images of food and meal preparation.
- Talk of nervousness/anxiety.
- Evie, Alkmini's mother, is interviewed/speaks.
- Evie speaks Greek. Translations appear as English subtitles on the screen.

- Talk of anxiety.
- The word Australia appears on the screen.
- Braydon, Australia's National Excel Champion, is interviewed/speaks (9:53).
- Braydon's parents are interviewed/speak.
- The word Vietnam appears on the screen.
- Nam, Vietnam's National Excel Champion, is interviewed/speaks (13:16).
- Nam speaks English and English subtitles appear on the screen.
- Nam and his teacher speak of pressure.
- The word Guatemala appears on the screen.
- Carmina, Guatemala's National Excel Champion, is interviewed/speaks (15:22).
- Carmina's parents are interviewed/speak.
- Carmina's parents speak Spanish. Translations appear as English subtitles on the screen.
- The word Cameroon appears on the screen.
- Clapping and singing. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones (17:20).
- De La Paix, Cameroon's National Excel Champion, is interviewed/speaks.
- De La Paix speaks English and English subtitles appear on the screen.
- Talk of data literacy.
- Talk of competition (19:25).
- Mason, Alkmini, Braydon, Nam, Carmina and De La Paix will be interviewed/speak throughout the documentary; not all instances will be noted.
- Writing appears on the screen.
- Music plays. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones (21:30).
- A breakdown of the exam happens. This breakdown uses illustrations/animations and sometimes these move quickly. If they move too quickly you may want to cover your eyes (21:48-22:13).
- The number/year 1979 appears on the screen.
- Daniel Bricklin, CoCreator VisiCalc, is interviewed/speaks.
- A narrator speaks.
- Talk of Artificial Intelligence (AI) (24:23).
- Sound and image of a plane flying over the camera (24:46).
- The words World Finals appear on the screen (24:52).
- Elevator sounds.
- Braydon and his brother play fight (25:44).
- Mason and his father set up a Ham radio.

- Nam talks to his mother on the phone. He speaks Vietnamese. Translations appear as English subtitles on the screen.
- Alkmini arrives at the hotel.
- Alkmini speaks Greek. Translations appear as English subtitles on the screen.
- Talk of stress (29:19).
- Music plays.
- The competitors meet each other.
- Alkmini speaks Greek. Translations appear as English subtitles on the screen.
- Carmina and her sister speak - not everything they say is translated.
- Talk of cheating.
- Alkmini speaks Greek. Translations appear as English subtitles on the screen.
- A breakdown of the exam happens. This breakdown uses illustrations/animations and sometimes these move quickly. If they move too quickly you may want to cover your eyes (34:39-35:31).
- Talk of cancer (36:14).
- Talk of crying (36:56).
- Nam's mother is interviewed/speaks. She speaks in Vietnamese. Translations appear as English subtitles on the screen.
- Music plays. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones.
- Scenes and sounds of a busy street.
- Carmina's parents speak. They speak Spanish. Translations appear as English subtitles on the screen.
- Talk equity - globally and gender-based.
- A breakdown of the exam happens. This breakdown uses illustrations/animations and sometimes these move quickly. If they move too quickly you may want to cover your eyes (43:40-44:07).
- The competitors dance and have fun at a party.
- Some of the partygoers wear headbands and/or sunglasses with flashing lights on them. If the lights are too bright or move too quickly you may want to cover your eyes (45:32-46:13).
- The words Exam Day appear on the screen (46:16).
- Talk of nervousness before the exam.
- Images of food and eating (47:17-47:49).
- The music gets louder. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones.
- Talk of nervousness, stress and anxiety.
- Talk of medals.

- Cheering and clapping. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones (50:21-50:40).
- Writing appears on the screen in the same style as the exam breakdown illustrations/animations (51:21-51:32).
- Countdown to the test beginning.
- Blue numbers appear on the screen overtop of the images/scenes of the documentary. They are the numbers of a clock counting down.
- The sound of a clock ticking plays. If it is too loud/distracting you may want to cover your ears with your hands or wear sound dampening headphones (51:50).
- The competitors are shown working on the exam. During this section some illustrations/animations from an excel spreadsheet are shown overtop of the images of the competitors.
- The music in this section feels more intense than previous sections. If it is too loud/distracting you may want to cover your ears with your hands or wear sound dampening headphones.
- A graph showing the progress of the six (6) main competitors is shown at the top of the screen.
- Writing appears on the screen (55:14).
- Alkmini's computer crashes.
- Writing appears on the screen.
- Image of hand with chewed/bitten fingernails.
- The music in this section feels more intense than previous sections. If it is too loud/distracting you may want to cover your ears with your hands or wear sound dampening headphones.
- The countdown appears on the screen again.
- The test is over.
- There is a high-pitched sound (59:05).
- Competitors begin to leave the testing area.
- Many competitors do not seem happy or positive.
- Writing appears on the screen.
- Talk of giving up.
- Writing appears on the screen.
- Talk of stress and frustration.
- Sounds of waves (1:05:54).
- The competitors wait for the results.
- Mention of God (1:07:33).
- The competitors gather for the awards ceremony.
- Images of food and eating.

- Talk of being queasy.
- Clapping and cheering. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones (1:10:18).
- There are high pitched tinkling sounds in the music.
- Clapping, cheering, loud music and high-pitched sounds. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones (1:13:08).
- Writing appears on the screen.
- De La Paix sings.
- Words appear on the screen as each of the six appear with their country's flag on the stage at the competition.
- The screen goes black.
- The credits begin.
- The credits tell us who was involved with making the film.
- Music plays through the credits. If it is too loud you may want to cover your ears with your hands or wear sound dampening headphones.
- After the credits end, the documentary is over.
- We hope you enjoyed Spreadsheet Champions.

Fact sheet prepared by Rachel Marks.