
Proverbs
Seek Wisdom
Find Life



PROVERBS
31:10-7

The Excellent Wife or the Contentious Woman

The wife is the “heart” of the home…

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The husband’s mental health is affected by the wife’s happiness, but not vice versa: a longitudinal observation

Noboru IWATA [1,2,*], Akihito SHIMAZU [3], Takeo FUJIWARA [4], Kyoko SHIMADA [5], Masahiro TOKITA [6], Izumi WATAI [7], Norito KAWAKAMI [8]

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To whom it may concern - Men

Unmarried Men - Prov 18:22

He who finds a wife finds a good thing
And obtains favor from the Lord.

Married Men - Prov Psalm 141:3

Set a guard, Lord, over my mouth;
Keep watch over the door of my lips.



To whom it may concern - Women

Those who wish to be married - Prov 12:4

"Now then, sons, listen to me,
For blessed are those who keep my ways.
Listen to instruction and be wise,
And do not neglect it.
Blessed is the person who listens to me,
Watching daily at my gates,
Waiting at my doorposts.



To whom it may concern - Women

Those God has called to singleness - 1 Cor 7 32-35

32 But I want you to be free from concern. One who is unmarried is concerned about the things of the Lord, how he may please the Lord; 33 but one who is married is concerned about the things of the world, how he may please his wife, 34 and his interests are divided. The woman who is unmarried, and the virgin, is concerned about the things of the Lord, that she may be holy both in body and spirit; but one who is married is concerned about the things of the world, how she may please her husband. 35 I say this for your own benefit, not to put a restraint on you, but to promote what is appropriate and to secure undistracted devotion to the Lord.



Which Path will you take?



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Which Path will you take?





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The Contentious Woman - Torturous

19:13
A foolish son is destruction to his father,
And the quarrels of a wife are a constant dripping.

21: 9,19
It is better to live on a corner of a roof
Than in a house shared with a contentious woman.

It is better to live in a desert land
Than with a contentious and irritating woman.



The Contentious Woman - Torturous

25:24
It is better to live on a corner of the roof,
Than in a house shared with a contentious woman.

27:15-16
A constant dripping on a day of steady rain
And a contentious woman are alike;
16 He who would restrain her restrains the wind,
And grasps oil with his right hand.

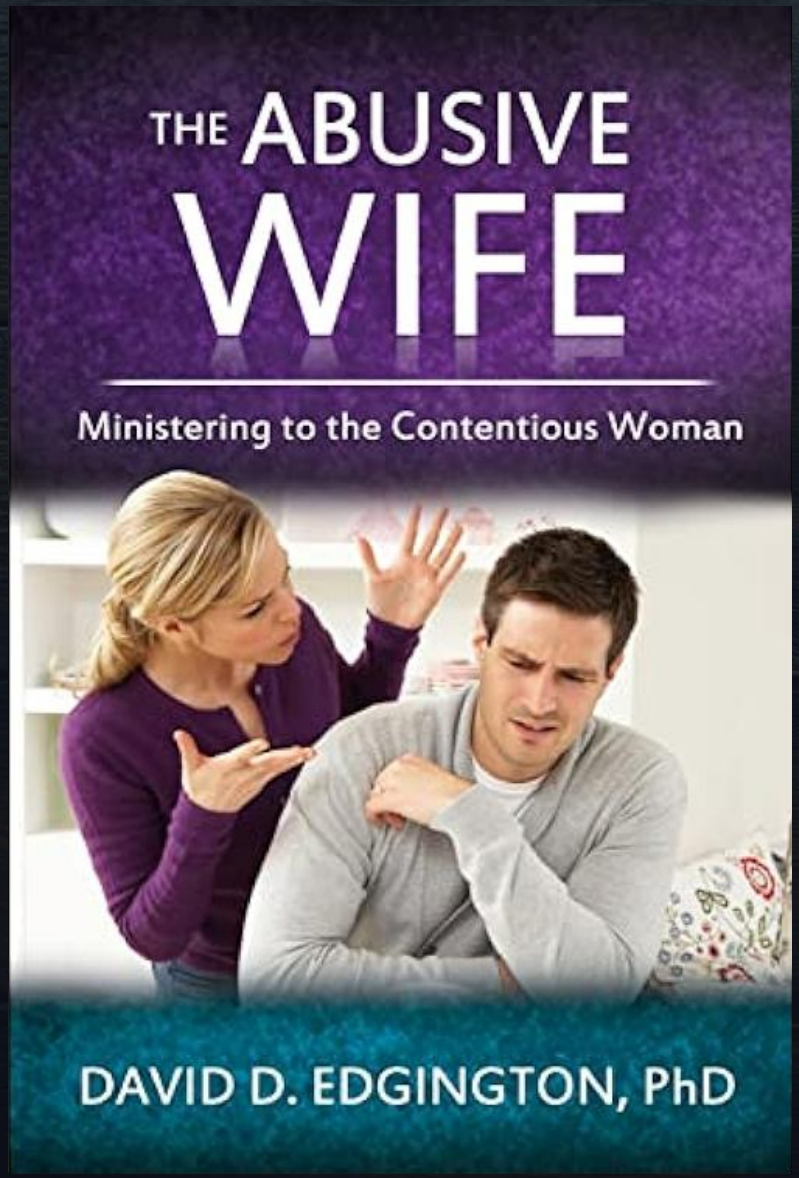


The Contentious Woman - Destructive

12:4
4 An excellent wife is the crown of her husband,
But she who shames him is like rottenness in his bones.

14:1
The wise woman builds her house,
But the foolish tears it down with her own hands.





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The Abusive Wife

The wife is the "unexpected" abuser/reviler in a marriage. Biblically, the term "revile" speaks of the verbal aspect of mistreatment of others. It is a "non-contact" weapon in the arsenal of the bitter, controlling person…

Men in marriages where they are reviled feel alone, judged, and hopeless. Most men in this kind of marriage suffer silently since to openly admit this problem calls into question one's masculinity. Being reviled is so painful and debilitating that most men seriously contemplate suicide.



Jezebel



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The Excellent Wife - Proverbs 31

10 An excellent wife, who can find her?
For her worth is far above jewels.
11 The heart of her husband trusts in her,
And he will have no lack of gain.
12 She does him good and not evil
All the days of her life.
13 She looks for wool and linen,
And works with her hands in delight.
14 She is like merchant ships;
She brings her food from afar.
15 And she rises while it is still night
And gives food to her household,
And portions to her attendants.



The Excellent Wife - Proverbs 31

16 She considers a field and buys it;
From her earnings she plants a vineyard.
17 She surrounds her waist with strength
And makes her arms strong.
18 She senses that her profit is good;
Her lamp does not go out at night.
19 She stretches out her hands to the distaff,
And her hands grasp the spindle.
20 She extends her hand to the poor,
And she stretches out her hands to the needy.
21 She is not afraid of the snow for her household,
For all her household are clothed with scarlet.



The Excellent Wife - Proverbs 31

22 She makes coverings for herself;
Her clothing is fine linen and purple.
23 Her husband is known in the gates,
When he sits among the elders of the land.
24 She makes linen garments and sells them,
And supplies belts to the tradesmen.
25 Strength and dignity are her clothing,
And she smiles at the future.
26 She opens her mouth in wisdom,
And the teaching of kindness is on her tongue.
27 She watches over the activities of her household,
And does not eat the bread of idleness.



The Excellent Wife - Proverbs 31

28 Her children rise up and bless her;
Her husband also, and he praises her, saying:
29 "Many daughters have done nobly,
But you excel them all."
30 Charm is deceitful and beauty is vain,
But a woman who fears the Lord, she shall be praised.
31 Give her the product of her hands,
And let her works praise her in the gates.



The Excellent Wife - Proverbs 31

Qualities-

- She faithfully does good to her husband (v10-12)
- She is the vessel of provision for her household (v13-15)
- She is diligent and productive to enhance the households resources(v16-19, 24)
- She enhances her generosity beyond the borders of her home, to her community (vs 20)
- In wisdom she has already provided the highest quality of provisions for herself and her children (vs 21-22)
- She is blessed by those closest to her and has a bright future, because she has blessed them (vs25-30)



The Excellent Wife - Help one another

Titus 2:3-5

3 Older women likewise are to be reverent in their behavior, not
malicious gossips nor enslaved to much wine, teaching what is good, 4
so that they may encourage the young women to love their husbands,
to love their children, 5 to be sensible, pure, workers at home, kind,
being subject to their own husbands, so that the word of God will not
be dishonored.



The Excellent Wife - Help one another

Eph 5: 22-24, 33

22 Wives, subject yourselves to your own husbands, as to the Lord. 23 For the husband is the head of the wife, as Christ also is the head of the church, He Himself being the Savior of the body. 24 But as the church is subject to Christ, so also the wives ought to be to their husbands in everything.

3 Older women likewise are to be reverent in their behavior, not malicious gossips nor enslaved to much wine, teaching what is good, 4 so that they may encourage the young women to love their husbands, to love their children, 5 to be sensible, pure, workers at home, kind, being subject to their own husbands, so that the word of God will not be dishonored.



Abigail



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