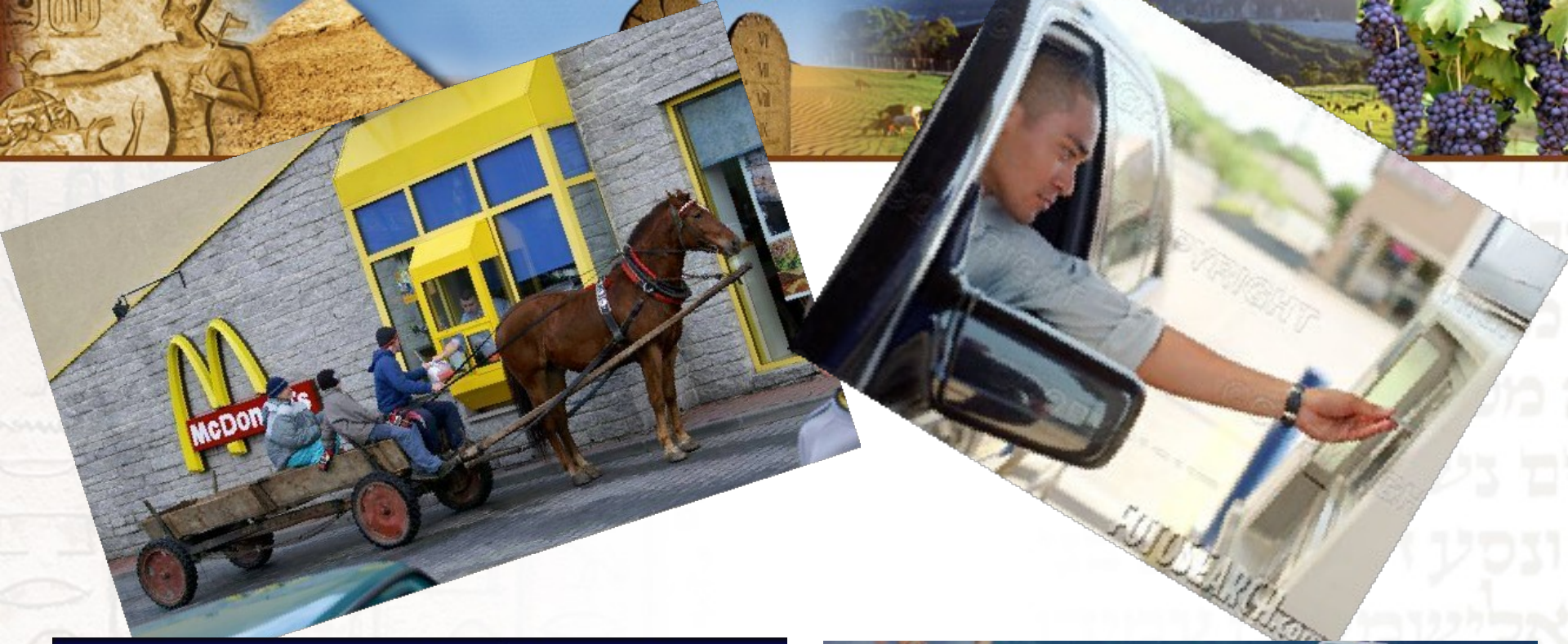


EXODUS

REDEEMED FROM BONDAGE IN EGYPT AND BROUGHT INTO A COVENANT RELATIONSHIP WITH GOD

The ‘REST’ of the Week – Sign of Sabbath




McDon




Our Marriage Was Made In Heaven
382-5943



MAIN IDEA:

Sure! God wants us to *WORK FOR* Him, but He also wants us to *REST IN* Him

EXODUS



Sabbath comes from the Hebrew word

~~*'Shabath'*~~ meaning *'to cease'* or *'to rest'*

Shabbath



Sabbath was important in the sight of the Lord

- It was given as a ***COMMANDMENT*** (Ex 20:8)
- It was given as a ***SIGN*** – A Perpetual Covenant (Ex 31:13, 16)



1st Day

One week

7th Day – Sabbath (Ex 20:8)

One Year

7th Month, 10th Day – 'Day of Atonement' (Lev 23:32)

One Decade

7th Year – Sabbatical Year (Lev 25)

One Century

100th Year – Year of Jubilee (Lev 25)

50th Year – Year of Jubilee (Lev 25)

EXODUS



Sabbath was important in the sight of the Lord

- It was given as a ***COMMANDMENT!*** (Ex 20:8)
- It was given as a ***SIGN*** – A Perpetual Covenant (Ex 31:13, 16)
- It was punishable by ***DEATH***



Reason for the Sabbath:

God rested on the ***seventh*** day; He ***blessed*** it and made it ***holy*** (Ex 20:10, 11; Gen 2:2)



Intended Purposes:

- To remember the ***Redeemer***

Deuteronomy 5:15 *'And you shall remember that you were a slave in the land of Egypt, and the LORD your God brought you out of there by a mighty hand and by an outstretched arm; therefore the LORD your God commanded you to observe the sabbath day.*



Intended Purposes (contd…):

- To ***humble*** the ***souls***

Leviticus 23:32 *"It is to be a Sabbath of complete rest to you, and you shall humble your souls; on the ninth of the month at evening, from evening until evening you shall keep your Sabbath."*



Intended Purposes (contd…):

- To point to the day ***after the Sabbath***
  - Feast of ***First Fruits*** (Lev 23:11)
  - Feast of ***Weeks*** (Lev 23:15,16)



Intended Purposes (contd…):

- To be a ***TYPE***

Colossians 2:16-17 *'Therefore let no one act as your judge in regard to food or drink or in respect to a festival or a new moon or a Sabbath day-- 17 things which are a mere shadow of what is to come; but the substance belongs to Christ.'*



Pointed to the REST in Salvation	**Matt 11:28** ***"Come to Me, all who are weary and heavy-laden, and I will give you rest.'***
Pointed to the REST in Sanctification	**Matthew 11:29** *"Take My yoke upon you, and learn from Me, for I am gentle and humble in heart; and you shall find rest for your souls.*
Pointed to the REST in Service	**Mark 6:31** *And He said to them, "Come away by yourselves to a lonely place and rest a while." (For there were many people coming and going, and they did not even have time to eat.)*
Pointed to the Eternal REST	**Hebrews 4:9** *There remains therefore a Sabbath rest for the people of God.* **Revelation 14:13** *And I heard a voice from heaven, saying, "Write, 'Blessed are the dead who die in the Lord from now on!'" "Yes," says the Spirit, "so that they may rest from their labors, for their deeds follow with them."*



Applications:

- ***Work*** is not ***Worship***
- Remember that ***rest*** is ***on the way*** – So ***Work***
- Remember that ***Reward*** is ***on the way too***
- Be thankful that you are ***resting*** on the ***finished work of the Lord Jesus***

EXODUS