

# **PRAYER JOURNAL**



# **PRAYER IS...**

**“Offering yourself  
to God as you are  
and receiving God as he is.”**

**-Peter David Gross  
Christian Adulthood Initiative**



# CONTENTS

PRAYER PAGES .....	6
PRAYING SCRIPTURE .....	81
PRAYERS OF OTHERS .....	87

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---



# MY PRAYER TODAY



Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---



# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---



# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---



# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---



# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---



# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---



# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---



# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---



# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---

# MY PRAYER TODAY

Give Thanks...

Pray for People...

Surrender...

---

---

---

---

---

---

---

---

---

---



# **PRAYING SCRIPTURE**

A solid green horizontal bar is positioned below the word 'SCRIPTURE', extending across the width of the text.

# PRAYING SCRIPTURE

Oh, my Lord, please send someone else.

## **Exodus 4:13**

The Lord bless you and keep you;  
The Lord make his face to shine upon you and be gracious to you;  
The Lord lift up his countenance upon you and give you peace.

## **Numbers 6:24-26**

O Lord God, you have only begun to show your servant your greatness and your mighty hand. For what god is there in heaven or on earth who can do such works and mighty acts as yours? Please let me go over and see the good land beyond the Jordan, that good hill country and Lebanon.

## **Deuteronomy 3:24-25**

O Lord God, please remember me and please strengthen me only this once, O God, that I may be avenged on the Philistines for my two eyes.

## **Judges 16:28**

My heart exults in the Lord;  
my horn is exalted in the Lord. My mouth derides my enemies, because I rejoice in your salvation. There is none holy like the Lord: for there is none besides you; there is no rock like our God. Talk no more so very proudly, let

not arrogance come from your mouth; for the Lord is a God of knowledge, and by him actions are weighed. The bows of the mighty are broken, but the feeble bind on strength. Those who were full have hired themselves out for bread, but those who were hungry have ceased to hunger. The barren has borne seven, but she who has many children is forlorn. The Lord kills and brings to life; he brings down to Sheol and raises up. The Lord makes poor and makes rich; he brings low and he exalts. He raises up the poor from the dust; he lifts the needy from the ash heap to make them sit with princes and inherit a seat of honor. For the pillars of the earth are the Lord's, and on them he has set the world. He will guard the feet of his faithful ones, but the wicked shall be cut off in darkness, for not by might shall a man prevail. The adversaries of the Lord shall be broken to pieces; against them he will thunder in heaven. The Lord will judge the ends of the earth; he will give strength to his king and exalt the horn of his anointed.

## **1 Samuel 2:1-10**

# PRAYING SCRIPTURE

O Lord, please open his eyes that he may see.

## **2 Kings 6:17**

Oh that you would hide me in Sheol, that you would conceal me until your wrath be past, that you would appoint me a set time, and remember me! If a man dies, shall he live again? All the days of my service I would wait, till my renewal should come. You would call, and I would answer you; you would long for the work of your hands. For then you would number my steps; you would not keep watch over my sin; my transgression would be sealed up in a bag, and you would cover over my iniquity. But the mountain falls and crumbles away, and the rock is removed from its place; the waters wear away the stones; the torrents wash away the soil of the earth; so you destroy the hope of man. You prevail forever against him, and he passes; you change his countenance, and send him away. His sons come to honor, and he does not know it; they are brought low, and he perceives it not. He feels only the pain of his own body, and he mourns only for himself.

## **Job 14:13-22**

Look, O Lord, for I am in distress; my stomach churns; my heart is wrung within me, because I have been very rebellious. In the street the sword bereaves; in the house it is like death. They heard my groaning, yet there is no one to comfort me.

All my enemies have heard of my trouble; they are glad that you have done it. You have brought the day you announced; now let them be as I am. Let all their evildoing come before you, and deal with them as you have dealt with me because of all my transgressions; for my groans are many, and my heart is faint.

## **Lamentations 1:20-22**

Woe is me! For I am lost; for I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; for my eyes have seen the King, the Lord of hosts!

## **Isaiah 6:5**

# PRAYING SCRIPTURE

I called out to the Lord, out of my distress, and he answered me; out of the belly of Sheol I cried, and you heard my voice. For you cast me into the deep, into the heart of the seas, and the flood surrounded me; all your waves and your billows passed over me. Then I said, 'I am driven away from your sight; yet I shall again look upon your holy temple.' The waters closed in over me to take my life; the deep surrounded me; weeds were wrapped about my head at the roots of the mountains. I went down to the land whose bars closed upon me forever; yet you brought up my life from the pit, O Lord my God. When my life was fainting away, I remembered the Lord, and my prayer came to you, into your holy temple. Those who pay regard to vain idols forsake their hope of steadfast love. But I with the voice of thanksgiving will sacrifice to you; what I have vowed I will pay. Salvation belongs to the Lord!

**Jonah 2:1-9**

Save us, Lord; we are perishing.

**Matthew 8:25**

Have mercy on us, Son of David.

**Matthew 9:27**

My Father, if it be possible,  
let this cup pass from me; nevertheless,

not as I will, but as you will. My Father, if this cannot pass unless I drink it, your will be done.

**Matthew 26:39-44**

Father, I thank you that you have heard me.

**John 11:41-43**

Who are you, Lord?

**Acts 9:5-6**

May the God of our Lord Jesus Christ, the Father of glory, give you the Spirit of wisdom and of revelation in the knowledge of him, having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, and what is the immeasurable greatness of his power toward us who believe, according to the working of his great might that he worked in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the one to come.

**Ephesians 1:15-20**

# PRAYING SCRIPTURE

May you be filled with the knowledge of his will in all spiritual wisdom and understanding, so as to walk in a manner worthy of the Lord, fully pleasing to him, bearing fruit in every good work and increasing in the knowledge of God. May you be strengthened with all power, according to his glorious might, for all endurance and patience with joy, giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light. He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.

## **Colossians 1:3-14**

May our God and Father himself, and our Lord Jesus, direct our way to you, and may the Lord make you increase and abound in love for one another and for all, as we do for you, so that he may establish your hearts blameless in holiness before our God and Father, at the coming of our Lord Jesus with all his saints.

## **1 Thessalonians 3:9-13**

The Lord be with your spirit. Grace be with you.

## **2 Timothy 4:22**

Now to him who is able to keep you from stumbling and to present you blameless before the presence of his glory with great joy, to the only God, our Savior, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time and now and forever. Amen.

## **Jude 1:24-25**

Worthy are you, our Lord and God, to receive glory and honor and power, for you created all things, and by your will they existed and were created.

## **Revelation 4:11**

Blessing and glory and wisdom and thanksgiving and honor and power and might be to our God forever and ever! Amen.

## **Revelation 7:12**



**OTHERS  
PRAYERS**

A solid green horizontal bar is positioned below the word "PRAYERS", partially obscuring its bottom portion.

# OTHERS PRAYERS

## Christ be with Me

Christ with me, Christ before me, Christ  
behind me,  
Christ in me, Christ beneath me, Christ  
above me,  
Christ on my right, Christ on my left,  
Christ where I lie, Christ where I sit,  
Christ where I arise,  
Christ in the heart of everyone who  
thinks of me,  
Christ in the mouth of every one who  
speaks to me,  
Christ in every eye that sees me,  
Christ in every ear that hears me.  
Salvation is of the Lord.  
Salvation is of the Christ.  
May your salvation, Lord, be ever with  
us.

**St. Patrick**

## Lead Us

Lead us, O God, from the sight of the  
lovely things of the world  
To the thought of thee their Creator;  
And grant that delighting in the  
beautiful things of thy creation,  
we may delight in thee, the first author  
of beauty  
and the Sovereign Lord of all thy works,  
blessed for evermore.

**St. Augustine**

## Receiving Grace

O God, seeing as there is in Christ  
Jesus an infinite fullness of all that we  
can want or desire, May we all receive  
from him, grace upon grace; grace to  
pardon our sins, and subdue our  
iniquities; to justify our persons and to  
sanctify our souls; and to complete  
that holy change, that renewal of our  
hearts, Which will enable us to be  
transformed into the blessed image in  
which you created us. O make us all  
acceptable to be partakers of the  
inheritance of your saints in light.  
Amen.

**John Wesley**



# OTHERS PRAYERS

## You Over Me

Lord Jesus, let me know myself and  
 know You, and desire nothing save  
 only You.  
 Let me hate myself and love You.  
 Let me do everything for the sake of  
 You.  
 Let me humble myself and exalt You.  
 Let me think of nothing except You.  
 Let me die to myself and live in You.  
 Let me accept whatever happens as  
 from You.  
 Let me banish self and follow You, and  
 ever desire to follow You.  
 Let me fly from myself and take refuge  
 in You,  
 That I may deserve to be defended by  
 You.  
 Let me fear for myself.  
 Let me fear You, and let me be among  
 those who are chosen by You.  
 Let me distrust myself and put my trust  
 in You.  
 Let me be willing to obey for the sake  
 of You.  
 Let me cling to nothing save only to  
 You,  
 And let me be poor because of You.  
 Look upon me, that I may love You.  
 Call me that I may see You, and for  
 ever enjoy You. Amen.

**St. Augustine**

## Confession and Repentance

God of healing,  
 God of wholeness,  
 we bring our brokenness,  
 our sinfulness,  
 our fears  
 and despair,  
 and lay them at your feet.

God of healing,  
 God of wholeness,  
 we hold out hearts and hands,  
 minds and souls  
 to feel your touch,  
 and know the peace  
 that only you can bring.

God of healing,  
 God of wholeness,  
 this precious moment  
 in your presence and power  
 grant us faith and confidence  
 that here broken lives  
 are made whole.

**Unknown**

# OTHERS PRAYERS

Lord, make me an instrument of  
your peace.  
Where there is hatred, let me sow  
love,  
Where there is injury, pardon  
Where there is doubt, faith,  
Where there is despair, hope,  
Where there is darkness, light,  
Where there is sadness, joy.  
O Divine Master, grant that I may  
not so much  
seek to be consoled as to  
console,  
not so much to be understood as  
to understand,  
not so much to be loved, as to  
love;  
for it is in giving that we receive,  
it is in pardoning that we are  
pardoned,  
it is in dying that we awake to  
eternal life.

**Francis of Assisi**

*Loving Lord and heavenly Father,  
I offer up today all that I am, all  
that I have, all that I do, and all  
that I suffer, to be Yours today  
and Yours forever.  
Give me grace, Lord, to do all  
that I know of Your holy will.  
Purify my heart, sanctify my  
thinking, correct my desires.  
Teach me, in all of today's work  
and trouble and joy, to respond  
with honest praise, simple trust,  
and instant obedience, that my  
life may be in truth a living  
sacrifice, by the power of Your  
Holy Spirit and in the name of  
Your Son Jesus Christ, my Master  
and my all.*

*Amen.*

***Elisabeth Elliot***

# OTHERS PRAYERS

## You Over Me

Lord Jesus, let me know myself and  
 know You, and desire nothing save  
 only You.  
 Let me hate myself and love You.  
 Let me do everything for the sake of  
 You.  
 Let me humble myself and exalt You.  
 Let me think of nothing except You.  
 Let me die to myself and live in You.  
 Let me accept whatever happens as  
 from You.  
 Let me banish self and follow You, and  
 ever desire to follow You.  
 Let me fly from myself and take refuge  
 in You,  
 That I may deserve to be defended by  
 You.  
 Let me fear for myself.  
 Let me fear You, and let me be among  
 those who are chosen by You.  
 Let me distrust myself and put my trust  
 in You.  
 Let me be willing to obey for the sake  
 of You.  
 Let me cling to nothing save only to  
 You,  
 And let me be poor because of You.  
 Look upon me, that I may love You.  
 Call me that I may see You, and for  
 ever enjoy You. Amen.

**St. Augustine**

## Confession and Repentance

God of healing,  
 God of wholeness,  
 we bring our brokenness,  
 our sinfulness,  
 our fears  
 and despair,  
 and lay them at your feet.

God of healing,  
 God of wholeness,  
 we hold out hearts and hands,  
 minds and souls  
 to feel your touch,  
 and know the peace  
 that only you can bring.

God of healing,  
 God of wholeness,  
 this precious moment  
 in your presence and power  
 grant us faith and confidence  
 that here broken lives  
 are made whole.

**Unknown**

**OVERFLOW**