



Committed to inspiring healthy living through fitness in the Greater Fort Wayne Region

PRESS RELEASE

For immediate release: April 14, 2020

Contact: Satin Lemon, Executive Director at 260-760-3371

The 9th Annual Fort4Fitness Spring Cycle Update

Fort Wayne, IN - As our community battles the COVID-19 pandemic, the Fort4Fitness Board of Directors and Spring Cycle committee have been following the announcements of our federal, state and local governments and the CDC regarding appropriate activities and social distancing. We are devoted to ensuring the health and safety of our participants, volunteers and spectators, and due to current recommendations, we have reluctantly decided to postpone the in-person Spring Cycle bicycle tour event until June 5, 2021.

Cyclists that have already registered for the in-person Spring Cycle will automatically be deferred to the 10th annual Spring Cycle on June 5, 2021 at Promenade Park. We look forward to next year's fresh starting point at the new Promenade Park with an updated westbound course.

The 9th annual Spring Cycle will take place as a virtual bicycling event with participants logging cycling miles either indoors on a trainer or stationary bike or outdoors while practicing appropriate social distancing.

The Virtual Spring Cycle will take place over a two-week period in May to allow our participants the flexibility of choosing how and when to participate. A portion of each registration will be donated to a COVID-19 related charity. In addition, participants will be able to select a Fort4Fitness Charity Partner to benefit from their registration. There has never been a greater need to get out for exercise and a breath of fresh air! Please join us in encouraging our communities to connect, even virtually!

We welcome all cyclists to register for this new exciting 2020 virtual event. Registration is available at fort4fitness.org now through May 15th for \$20. Participants will receive a 9th Annual Spring Cycle t-shirt via mail. Cycling dates are May 16th through May 30th.

Updates of participants' completed miles will be posted every Wednesday and Sunday on Facebook and to your email, based on non-mandatory participant submissions. This is an effort to give you some friendly competition and keep you motivated! Three participants will be featured on WANE 15 to talk about their motivation and journey.

We thank everyone for their support of Fort4Fitness and the Fort Wayne community during these unprecedented and trying times. Thank you also to our volunteers and sponsors. The sponsors for the 9th Annual Spring Cycle are: Parkview Physicians Group, WANE 15, ABF Freight, Culligan Water, JH Specialty, Subway, Summit City Bicycles & Fitness, YNLI Farmers Market, Fort Wayne Dermatology Consultants, Inc., Luke Funk Wealth Management, MJM Mechanical, Star 88.3, WBCL 90.3, 97.3 WMEE, First Federal Savings Bank and Faegre Drinker. Fort4Fitness is committed to inspiring healthy living through fitness in the Greater Fort Wayne region. Please stay safe and enjoy all forms of exercise responsibly and practice social distancing to the best of your ability.

6014 Huguenard Road – Suite C
Fort Wayne, IN 46818
260-760-3371
info@fort4fitness.org
Fort4Fitness.org