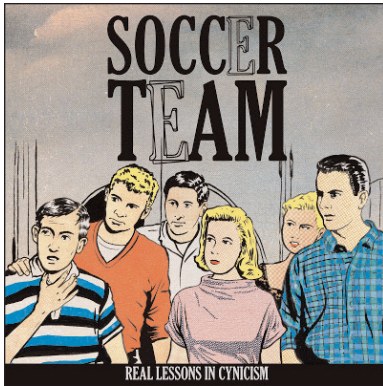


SOCCER TEAM

Real Lessons in Cynicism



DISCHORD RECORDS DIS182

14-song LP+MP3

RELEASE DATE: Oct 27, 2015

Ryan Nelson: Guitar, Vocals

Melissa Quinley: Bass, Vocals

Jason Hutto: Keyboards, Guitar, Vocals

Dennis Kane: Drums

Real Lessons in Cynicism is the second full-length album by Washington, DC's Soccer Team. It arrives 9 years after the band's debut, "*Volunteered*" *Civility and Professionalism*.

Why did it take so long? Moves. Jobs. Skateboarding. Friendly scuffles between those who would favor analog over digital recording styles. Look, don't worry about it. They have crossed the finish line and that's what matters.

Ryan Nelson (Beauty Pill, Minutes) and Melissa Quinley formed Soccer Team in 2005. They are long-time friends who have both, at various times in the past two decades, been employees of Dischord Records. He played drums and guitar and she played bass. Each contributed vocals. In 2006, Soccer Team released "*Volunteered*" *Civility and Professionalism*, which was recorded at Nelson's home in Southeast DC. Not long afterward, he decided to relocate to Kalamazoo, MI and the band began a multi-year hiatus. Though the project was largely dormant throughout this time, the pair was able to reunite briefly to record a three-song single, which was released on Lovitt Records in 2011.

Upon Nelson's return to the DC-area in 2012, Soccer Team reconvened and expanded to include drummer Dennis Kane and guitarist/keyboardist Jason Hutto (The Aquarium, Warm Sun). The group began recording the following summer and wrapped up late last year. The record includes 14 songs that were tracked live in a basement using a Tascam 388 tape machine and then ported into a computer, where they were further tweaked and embellished.

The artwork comes courtesy of Nelson, whose drawings have graced countless show flyers, posters, and gallery walls throughout the last two decades. While this illustration was originally intended for a skateboard deck, you have to admit that it looks pretty good on an LP jacket.

Real Lessons in Cynicism will be released on vinyl and digital download on October 27, 2015.

SOCCER TEAM *Real Lessons in Cynicism* **TRACK-LIST**

- 1) Problems With Prolonged Youth 2) Best Employed New Beau 3) We Need to Talk 4) Lazy Colonist 5) Nose to Chin
- 6) Short-Term Expectations 7) Here's Why Dancers Smoke 8) Friends Who Know 9) If You Were Here
- 10) Fits of Jealous Rage Are in This Year 11) Mental Anguish is Your Friend 12) Too Many Lens Flares 13) Dinner With Derelicts
- 14) Vacations on the Lam 15) Vacations on the Lam (Version)

- For press inquiries contact: promo@dischord.com

- For press images and photos go to: <http://www.dischord.com/press/soccer-team>



DISCHORD RECORDS www.dischord.com

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