With its scenic views and hilly terrain, Central Park can provide cyclists with a relaxing ride or a challenging workout. Paved drives circle the entire Park and are shared by cyclists, runners, walkers, skaters, horse carriages, and more.

Ready to ride in Central Park? Keep these laws and rules in mind.

- Yield to pedestrians
- Obey designated lanes, traffic signals, stop signs, and the maximum speed limit of 20 mph
- Slow down at crosswalks
- Ride at a slower speed in response to crowds, emergencies, or weather conditions
- Travel counter-clockwise on the drives that circle the Park
- Don’t ride on pedestrian paths, except on the marked shared paths above 95th Street
- Walk your bike on landscapes
- Wear a helmet—if you’re under 14, it’s required

Please note: Central Park drives can be congested on weekends and during nice weather.

centralparknyc.org/bicycling