Iconic locations where benches are available:
- Harlem Meer
- North Meadow
- Tennis Courts

Playgrounds where benches are available:
- West 110th Street Playground
- East 110th Street Playground
- Bernard Family Playground (East 108th)
- Tarr Family Playground (West 100th)
- Robert Bendheim Playground (East 100th)
- Rudin Family Playground (West 96th)
- Tarr-Coyne Wild West Playground (West 93rd)
- Safari Playground (West 91st)
- Abraham and Joseph Spector Playground (West 86th)
- Toll Family Playground (West 85th)
- Ancient Playground (East 85th)

Benches are also available along the perimeter. Please note that these benches are backless on the east side, and a combination of backless and full benches are available on the west side.

Map Key
- Areas where benches are available
- Playgrounds where benches are available
- Playgrounds (no benches available)
- Perimeter benches available
- Park drives
- Transverse roads
- Pedestrian paths

As of April 2023
Playground where benches are available:
- Diana Ross Playground (West 81st)

Benches are also available along the perimeter. Please note that these benches are backless on the east side, and a combination of backless and full benches are available on the west side.