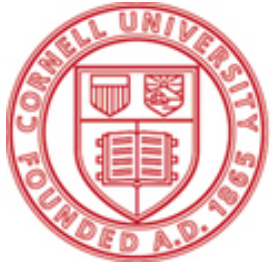


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Cornell University Cooperative Extension Steuben County



E-News Cornell Cooperative Extension of Steuben County

June 2015- Vol 7, Issue 6

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[Join Our Mailing List!](#)

June is Dairy Month!

More than 75 years since the annual celebration began, June Dairy Month continues to recognize dairy foods and the farmers who produce them. Beginning in 1937, the observance was created as a way to help distribute extra milk when cows started on pasture in the summer months. June Dairy Month's rich history continues, with communities, companies and people from all over celebrating the many reasons why dairy makes sense for families and the environment.



Not only do dairy foods taste great, but they are good for your health and your budget. Plus, they're produced by dairy farmers with a longstanding commitment to sustainability. To better understand dairy's benefits, [read more on our website!](#)

It's Farmers Market season!

Bath VA Farmers; Market opens June 9

The Summer Bath VA Farmers; Market will be open on the second and fourth Tuesdays of the month from 3:00-6:00 p.m through October. They are located on the front lawn of the Bath VA Medical Center and will offer fresh fruits, vegetables, honey, baked goods and more. The public is welcome!



[Painted Post Market opens June 6th](#)

The Painted Post Farmers Market is starting on June 6th in the Depot Museum Park from 10am to 2pm. This year the market is receiving \$500 and 250 reusable shopping bags from Farm Credit East through their Farmers Market Initiative Grant. Farm Credit East is planning a market visit at the end of June to assist in handing out the shopping bags and promoting the farmers at the market. The Depot Museum is also planning a WWI exhibit to be displayed at the farmers market pertaining to food conservation and gardening in 1915 which was to aid the war effort. The exhibits are remarkably similar to today's food messages.

[Hornell market Opens June 4th](#)

This year Hornell will welcome an all new Farmers' Market. The Market will remain in the same location, the Broadway Mall Park (32 Broadway, Hornell). The Hornell Farmers' Market officially opens Thursday, June 4, 2015, and will be open every Thursday until October 29, 2014, from 2:00 pm till 6:30 pm followed by a variety of entertainment complements of Hornell Partners for Growth, sponsoring "Thursdays in the Park."

Hornell Partners for Growth is happy to welcome new Market Manager Lee Leiter. Having grown up around farms and gardening, Lee believes in supporting local agriculture as she has had her fair share of homegrown canned tomatoes and fresh cows milk. This year, the farmers' market has developed a new set of rules and regulations that help support the mission to connect local farmers and the community by providing them with high quality locally grown or homemade products that help nourish our community.

The Hornell Farmers' Market will assist in giving opportunities for social gathering and community activities, while providing agriculture and nutritional information. In doing so, the Hornell Farmers' Market will be teaming up with Cornell Cooperative Extension-Steuben and their Local Food Educator, who will focus on local food education (why it is important to eat locally produced food), and the "Eat Smart New York" program that will focus on nutrition education.

[Corning Farmers; Market open June 4 from 10-3](#)

[Hammondsport Farmers Market in the Walkway every Saturday morning from 9 -1](#)

Estate Administration Survival Guide:
What you need to know when a loved one dies...

Is your estate plan a comprehensive estate plan which includes all of the five critical

documents? Do you know what could happen if you don't have one or more of these documents in place?



Cornell Cooperative Extension of Steuben County is offering a free workshop to answer these questions, Five Critical Estate Planning Documents ...and five more you may want to consider on **Wednesday, June 24 from 1:00 - 3:00 p.m.** at the Southeast Steuben County Library, 300 Nasser Civic Center Plaza, Corning, NY.

Patrick Roth, Elder Law Attorney, CPA from Corning, will lead the workshop and discuss such topics as:

- What can happen if you never get around to completing your plan?
- What do each of these documents do and what happens if you don't have them.
- Learn how to prevent disaster from striking you and your loved ones.

The workshop is free, but registration is required. Please call Cornell Cooperative Extension at 607-664-2300 to reserve a space. For more information on this and related topics, visit www.putknowledgetowork.org.

Steuben County Farm-City Day Announces 2015 Host Farm!

It's been two years since our last Farm-City Day; an event highlighting the importance of agriculture in Steuben County. We are pleased and excited to announce that we will be returning to Canisteo, NY to the Moss-VanWie Dairy Farm. Cliff & Deb Moss hosted the event just a few years ago in 2011. Look for many of your favorite displays & vendors (maple, ice cream, dairy princess, milking a cow by hand) along with new attractions and exhibits!

Centrally located on State Route 36, Moss-VanWie Dairy is home to 120 cows and 100 calves and heifers. They have over 300 acres of corn, 120 acres of soybeans and 80 acres of hay.



Farm-City Day is an educational, fun filled day on the farm where the public can get a first-hand, behind the scenes look at how a modern dairy farm operates. Come out and celebrate our local agriculture community at the annual Steuben County Farm-City Day Saturday September 26th! For information on attractions, events, sponsors, and detailed directions visit our website www.steubencountyfarmday.com or find us on [facebook](https://www.facebook.com/steubencountyfarmday).

Stephanie's Picks

Finding Dermestid beetles in your home

<http://blogs.cornell.edu/nysipm/2015/05/20/inside-outs-of-dermestid-beetles/>

A glimpse into the first 21 days of a bee

<http://www.thisiscolossal.com/2015/05/an-extraordinary-glimpse-into-the-first-21-days-of-a-bees-life-in-60-seconds/>

How to protect yourself from ticks this season

<http://blogs.cornell.edu/nysipm/2015/05/13/ticks-are-disgusting/>



Are you ready to preserve this year's bounty?

If you are thinking about joining the trend in our communities to can or freeze food this summer, start by checking your equipment and supplies. Proper equipment in good condition is required for safe, high quality home canned food. Follow these tips to Plan Ahead for Home Canning this

Summer: http://nchfp.uga.edu/tips/spring/plan_summer_canning.html

For other information on Food Preservation go to the Home Center for National Food Preservation Website:

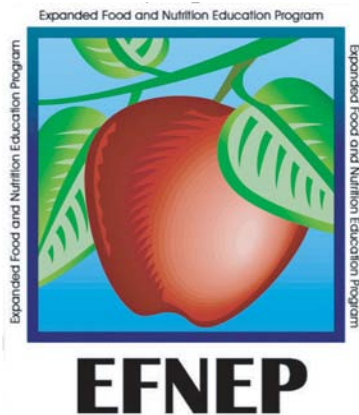
<http://nchfp.uga.edu/>

If you have questions contact Cornell Cooperation Extension of Steuben County 607-664 2300 or check out our website at www.PutKnowledgeToWork.org.



EFNEP can help families make healthy food choices on a budget!

EFNEP is a program of Cornell University Cooperative Extension and helps families make healthy choices while living on a budget.!



The EFNEP program offers a series of 8 workshops to income eligible families throughout New York State. Workshops are held at community agencies or offered in your home when it best fits your schedule.

A highly trained nutrition educator, from the communities where you work and live, provides fun, interactive, hands on activities to help you maximize healthy meals for your family while staying within a budget.

You will enjoy taste testing of healthy recipes, games and surprising facts about nutrition, food and health while in a welcoming and friendly atmosphere.

[Keep in touch with them on Facebook!!!](#)

Free Fishing Days!

In an effort to connect more people to the sport of fishing, each year, the last full weekend in June is designated as Free Fishing Days in New York State. During those two days, anyone can fish New York State waters, and no fishing license is required (normally

required for anyone 16 years and older). The general public can tap into the fun and relaxation of fishing, especially those who might not otherwise get the chance. All anglers are encouraged to take a friend fishing. With all that the sport has to offer, some are bound to get hooked. This event started in 1991 to allow all people the opportunity to sample the incredible fishing New York State has to offer. Since no license is required, it is the perfect time to take a friend or relative fishing. New York State's Free Fishing Days are the last full weekend in June which are Saturday and Sunday, June 27 & 28, 2015.



So, first time anglers, as well as those who have drifted away from the sport, should take advantage of this opportunity to see how much fun fishing can be.

In addition to the June Free Fishing Days weekend, there are a number of "Free Fishing Events" held in various locations across the state. Free Fishing Events are DEC sponsored events (such as family fishing clinics) where participants can learn about fish identification, fishing equipment and techniques, fisheries management, angling ethics and aquatic ecology. Each of DEC's nine regions can sponsor up to four free fishing events per year. Most free fishing events occur during the period from April through October. For more information visit <http://www.dec.ny.gov/permits/6091.html#Days>

4-H News

Application for Discount Tickets for Roseland Waterpark due June 5

June 27th - September 7th are our Discount Days at Roseland Waterpark in Canandaigua. Close your eyes and imagine a magical 58-acre forest filled with amazing water rides, including the LARGEST wave pool in the Finger Lakes Region! Roseland Waterpark offers a 30-acre private lake, tube slides, raft rides, body slides, Adventure River and much, much more!



All day admission tickets are only \$20.00 for 4-H members, families and friends - a 35%+ savings from Roseland's regular admission \$27.95. All ticket sales are in advance through your Cooperative Extension Office. Tickets are good for June 27th- September 7th. No discount tickets will be available at the gate for this reduced price.

4-H members who did a public presentation will be offered a ticket for \$16.00. These 4-H families will receive notification in a separate letter. [Please request your tickets using the form on our website](#) and return it to the Cornell Cooperative Extension Office by June 5th.

Livestock Clinic (Beef, Sheep, Swine, Meat Goats) - June 13

There will be a livestock clinic on Saturday, June 13 for a 4-H Livestock Clinic at the Steuben County Fairgrounds registration will be at 9:00 a.m. and the clinic will occur from 9 a.m. - 2 p.m. Bring your own lunch. There will be fitting and showmanship demonstrations and livestock skillathon type stations. **Pre-registration is requested by June 1st.** Please [download the registration form and schedule](#) or email Kim at ksb3@cornell.edu or call her at 607-583-3185 with the information requested on the form or any questions you may have.

Qualifying Horse Show - June 14 and July 18

The Qualifying Horse show is June 14, Pre-entries are due Friday, May 29. The July show is July 18 and pre-entries are due Monday, July 6. Mark these on your calendar!

ALL County Fair entries will be due on Monday, July 13, 2015. If you show your equine at the County Fair, you MUST turn your project record in by Monday, September 14, 2015. If you wish to enter your record for fair please remember to fill out & turn in your entry. All records are due to the 4-H office September 14, 2015 to be eligible to show at the 2016 Steuben County Fair. All horse members must answer the 4-H Life Skills Wheel included in their horse project record to receive record completion credit.

Junior Dairy Leader Program - applications due June 30

This one-year program explores careers in the dairy industry along with hands-on experiential learning for a select group of youth ranging from 16-19 years old. The program presents youth with a realistic view and experience for the dairy industry as a viable, profitable and progressive business sector young people can look to for career opportunities while also building personal and professional skills. [For more information and the application visit this web page.](#)

American Dairy Goat Association Website will be unavailable June 2-7

A move of ADGA's database to the cloud and launch of the new website is tentatively scheduled to begin June 2, 2015 at 6:00 PM Eastern Time and complete by midnight of June 7, 2015. Please plan in advance for your shows and events as orders for member services, including animal registrations, cannot be processed online or in-office during this time. We appreciate your patience as we have worked to create a new website at ADGA.org. Check back often for additional information and updates.

2015 NYS 4-H Career Explorations Last Call:

Career Explorations is a three-day event for youth on the Cornell University campus. The purpose of this program is to provide youth with exposure to academic fields and career exploration, to develop leadership skills, to provide hands-on experience in a college setting and to introduce you to Cornell University. The event is made up of two grade specific tracts: University U for youth entering grades 8 - 9 and Focus for Teens for youth entering grades 10-12. [Download information here.](#)

There are still plenty of spaces for UU youth.

The Focus Programs are filling fast, but these programs still have spaces left:

- Astronomy
- Women in Science
- Media Corps
- Discovering Birds and Nature Exploration
- Food Detectives
- Nanoparticles in my what?
- Spaces and Places
- Insects and Spiders
- Whats's up with Soil
- Quality H2O

These programs are full:

- Engineering to the Max!
- Where Life and Engineering Meet
- From Code to Craft
- Natural Resources
- Environmental Engineering
- Crafting the Human Body

Embryonic Development

For more information or to register contact Kim at ksb3@cornell.edu or 607-583-3185

Check out the following forms on our website's [4-H Forms Page](#) - Look under the County Fair heading:

- 2015 Fairbook
- Cloverbud Livestock Fairbook
- Livestock Overnight Form
- Exhibitor Camping Form

For the following events, refer to [the current Steubenite](#) for further details:

- Fairbook Cover Contest - due June 1
- ProjectAnimal Ownership Requirements & ID Forms Due for County Fair
- Animal Non-Ownership forms are due by June 15

Win a new crossbow at this year's outdoor show!

**Take a chance on a 2015 Mission MXB Sniper Lite Package!
Only 150 tickets will be sold!**

Complete ready-to-shoot, with a 3X32 Hawke Scope, Mission quiver, 3 bolts, rope cocker, and Mission Soft Crossbow Case. The Mission crossbow and the Hawke Scope come complete with a lifetime warranty. This model of crossbow is appropriate for men and women of all ages; youth as well. Suggested Retail Price for the package including the tax is \$800.00.



Winning ticket will be drawn on Sunday, October 11 at the show at 4:00 p.m. at the Cooperative Extension Tent. Do not need to be present to win. Purchase ticket online at: <http://bit.ly/showraffle> or stop by the Cooperative Extension office in Bath!



Save the dates of October 10 and 11 and plan to attend the Southern Tier Outdoor Show, coordinated by Cornell Cooperative Extension of Steuben County and hosted by Wilkins RV, Inc. of Bath. Keep on top of the latest information about the show at www.SouthernTierOutdoorShow.com and on Facebook at www.facebook.com/SouthernTierOutdoorShow.

The 59th Annual Steuben County Dairy Festival, sponsored by the Steuben County Pomona Grange will take place Saturday June 6, 2015 at the Steuben County Fairgrounds, Bath, New York. The 2015 theme is Dairyland History.

Fifty-Ninth Annual Steuben County Dairy Festival

Honoring America's dairy industry since 1957



Saturday June 06, 2015

Bath, New York

Parade begins at 10:30 a.m.

Theme

Dairyland History

Schedule of events:

8:00 a.m. - 'til	Fla. & craft market at Fair grounds Food and Ice Cream Vendors at Fairgrounds with North Cassock Garage and other favorites. Photo Contest entries on display under the Grandstand
9:00 a.m.	Shawn Smith Scholarship Buseshow Pitching Contest at the Old Judging Pavilion
9:00 a.m. - 'til	Tractors & Agricultural Implements on Display at Fairgrounds
10:00 a.m. - 12:00 a.m.	Champagne Whirl-A-Wave starting on Liberty St
10:30 a.m.	Parade and begins rain or shine Parade Marshall: Nick Pelhan Home Guard: Theodore R. VanTassel American Legion Post 402, Way and and Steuben County Sheriff Honor Guard
11:45 a.m.	Steuben County Sheriff Office K-9 Demonstration at Sheriff Pavilion
Noon until 1:30 p.m.	Free Milk, Cheese and Yogurt available on the Fairgrounds Milk courtesy of Top's Friendly Markets Yogurt courtesy of Crowley Foods (Hood) Cheese courtesy of Pully-O (Kraft)
12:00 p.m. - 'til	Bath Grange Chicken BBQ at Fairgrounds
12:00 p.m.	Pie Auction to benefit the Steuben County 4-H & FFA Livestock Sale Committee and Howard Hillbillies 4-H Club Milk Can Pairings Auction benefit "Steuben County Women" Scholarship Fund 4-H Tractor Safety Demo and Displays.
12:00 p.m. - 1:00 p.m.	Live Music under the Pavilion
12:30 p.m. - 2:30 p.m.	Hardly Dry C.P.R. Classes by Bath Volunteer Ambulance at the Fire Aid Building. (Approx. 20 minutes per session class)
1:00 p.m. - 4:00 p.m.	Eagle Garden Prairie Pullers Association in front of the Grandstand in association with the Steuben County Agricultural Society's 5 th Anniversary www.staubenagr.org
2:00 p.m.	The Steuben County Sheriff's Office will be present to distribute free bicycle helmets. Pre-registration is requested by emailing janet@ccs.stauben.ny.us or forms are available at the Steuben County Public Safety Building during business hours. Helmets will be available on a limited basis for those who do not pre-register.
2:30 p.m.	Youth Bicycle Give-aways. NO ENTRY FEE but Youth must be present at with tickets will be distributed on Dairy Festival Day. Bicycles courtesy of Wheels Unlimited of Bath and Wilkins B.V. of Bath

Tractor Rally, Sunday June 07, 2015

7:00 a.m.	Registration begins at the Fairgrounds
8:00 a.m.	Tractor Rally leaves the Fairgrounds
2:30 p.m.	Lunch

A Community Service of

Steuben County Pomona and Community Granges™



American Values, Hometown Roots

Sponsored by:

Steuben County and Community Members

Girls on the Run of the Southern Tier Seeks Volunteers for 5K

Celebration

Running Buddies, Finishing Fairies, Superheroes of All Finishers - And More!

Girls on the Run of the Southern Tier, a community collaboration led by the Steuben Rural Health Network, an initiative of the Institute for Human Services, Inc., is currently seeking volunteers for the upcoming end-of-season 5K Celebration on Sunday, June 7th, at Campbell-Savona High School. This extraordinary event commemorates the completion of the Spring 2015 season and highlights that the finish line is just the beginning for all involved!

Volunteer positions available for the celebratory 5K include Running Buddies, Finishing Fairies, Superheroes of All Finishers, members for the Happy Hair, Cheering, & Hydration Stations, as well as general assistance throughout the event. If you are interested in any of the available positions, or would like to receive more information, please contact Girls on the Run of the Southern Tier at gotrst@ihsnet.org or 607-776-9467 ext. 226.

Learn more about Girls on the Run of the Southern Tier by visiting www.gotrst.com!

Business Planning Workshop

Wednesday, June 3, 2015 8:30-10:00 a.m. at the Business Development Center, 24 Denison Parkway West, Room 104, Corning, NY. There is no cost for this workshop but **registrations are required by June 1st.**

This workshop is designed for the person who is thinking about starting their own small business or an existing business owner seeking financing. Topics discussed will be Federal and State legal requirements and how to write a business plan. There will be ample time for questions and answers.

For information or to register contact (607) 937-6861 or e-mail sbdc@corning-cc.edu

Tax Guide For Small Business Owners Workshop - June 18

Corning Community College's Small Business Development Center is hosting a "Tax Guide for Small Business Owners" workshop on June 18th in Corning. Pre-registration required. Call (607) 937-6861 or e-mail SBDC@corning-cc.edu.

A Tax Guide for Small Business Owners

- Find out about the mandates regarding sales tax web filing and 5% vendor credit
- Learn the difference between employees and independent contractors
- Receive updates on recent law changes that affect small businesses

This seminar will cover everything you wanted to know about NYS business taxes



Sales Tax Issues

- Taxable Sales & Services
- Filing Requirements & Recordkeeping
- Sales Tax Renewal
- Internet Sales
- Purchase of a Business
- Sales Tax Exemptions

Other Information

- NYS Tax Bulletins
- NYS On-line Services
- Credits

Funded in part through a Cooperative Agreement with the U.S. Small Business Administration. The support given by the U.S. Small Business Administration through such funding does not constitute an expressed or implied endorsement of any of the cosponsor(s) or participants' opinions, products, or services.

Date/Time: **Thursday, June 18, 2015, 9:00 am – 11:00 am**
Cost: \$10 and pre-registration is required.
Location: CCC Business Development Center
24 Denison Parkway West, Room 111
Corning, NY 14830

Presented by:

- Suzanne Reusch
New York State Department of
Taxation & Finance

*Reasonable accommodations for persons with disabilities will be made if requested at least two weeks in advance.
Contact Mary Thompson at 607-937-6861 with requests.*

Registration for Small Business Taxes Workshop (Thursday, June 18, 2014)

Name _____
Company _____
Address _____
Telephone _____
E-mail _____

Pre-registration is required June 16th. Please complete the form and enclose it with payment in the amount of \$10 per person payable to **Corning Community College SBDC** and mail to:

Corning Community College SBDC
24 Denison Parkway West
Corning, New York 14830

For information, call (607) 937-6861 or e-mail SBDC@corning-cc.edu

The Cornell Cooperative Extension educational system enables people to improve their lives and communities through partnerships that put experience and research knowledge to work.

Carla Dawejko
Public Affairs Coordinator
Cornell Cooperative Extension of Steuben County
607.664.2300

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