

STRONGER TOGETHER: A FAMILY & COMMUNITY WELL-BEING SUMMIT



Join **CCEDC's Family & Consumer Education Program** for **Stronger Together**, a free summit offering practical tools and local resources for navigating **Digital Safety & Health: Youth & Adults**. *Registration is free, so reserve your spot today!*

Topics Covered:

- Digital Safety & Well-Being
- Understanding Online Challenges
- Connecting with Local Programs & Services
- Practical Solutions for Family Questions
- Free Resources & Take-Home Supplies
- Lunch and Refreshments provided

Who Should Attend:

- Parents/ Caregivers
- Educators
- Family Service Providers
- Healthcare Workers

Guest Speakers:

- Grace Smith House presenting, *"Love Shouldn't Hurt: Digital Abuse"*
- The Child Abuse Prevention Center presenting *"Digital Safety and Online Exploitation"*
- Hudson Valley Food, Nutrition and Movement presenting, *"Let's Get Physical: Why Movement Matters in a Screen-Filled World"*

Contact For Additional Information:

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Proudly Sponsored By:



**Cornell Cooperative Extension
Dutchess County**

Date & Time:

Saturday,
November 14,
2026
10AM-4PM

RSVP!



Farm & Home Center

2715 Rt 44,
Millbrook NY
12545