



4-H Highlights

October 2026

Achievement Night 2026

Come Celebrate With Us!



4-H Achievement night is our way of celebrating all of the amazing accomplishments of our 4-H Youth in the 2025-2026 4-H Year. It's an evening filled with fun, friends and recognition of the awesome work of our 4-H'ers!

So families, please mark your calendars for Saturday, October 24h and join us at 6pm in the Schwerd Building at the 4-H Training Center as we celebrate the greatest part of Saratoga County 4-H....YOU!

4-H Highlights Moving Digital in 2027

To reduce costs and waste, Saratoga County 4-H will transition 4-H Highlights to a digital format beginning with the January 2027 issue. Future editions will be available online through the CCE Saratoga website.

Community members who would like to continue receiving a printed copy by mail may opt in at sc4h.org/highlightsmailing or contact the 4-H Office for assistance.

Thank you for helping us make our program more sustainable while continuing to stay connected to Saratoga County 4-H news, programs, and events.



October 2026



SUN	MON	TUE	WED	THU	FRI	SAT
				Happy 4-H 1 New Year! 4-H Re-enrollment Opens	2	
4	5	6	7	8	9	10 Teen Council ADK Extreme
		National	4-H	Week		
11	12	13	14	15	16	17
18	19	20 4-H Pumpkin Carving	21	22	23	Teen Council 24 Meeting Achievement Night
25	26 Shooting Sports Comm.	27 Gingerbread Wkshp Sign-up due	28 4-H Spark Night	29 Beginner Archery Course	30	31



Enrollment

Happy 4-H New Year

4-H Re-enrollment Time!!

Each October, all 4-H youth and volunteers are required to re-enroll in the Saratoga County 4-H program. Many families are already familiar with this process, and as we have done in recent years, we encourage members to complete their re-enrollment through the 4-H Online system. Paper enrollment forms remain available upon request.

To find materials online, along with a helpful video walkthrough you can visit our website at:
<https://ccesaratoga.org/4-h-youth-development/re-enrollment>

While online re-enrollment is encouraged, we must still collect signed forms and enrollment fees. If you belong to a 4-H club, please check with your club leader regarding how and when they would like to collect these materials. Individual members can find all required forms at ccesaratoga.org by selecting "Re-Enrollment Forms" on the 4-H Youth page. Families who complete their enrollment online do not need to submit the enrollment forms themselves, only the additional required forms noted on the website.

If you have any questions about re-enrollment, please contact Leland at glb76@cornell.edu.

2026-27 Enrollment Forms

Members:

- Online Enrollment or Paper Re-Enrollment Form
- Acknowledgement of Risk Form
- Equine Acknowledgement of Risk Form (Only if involved in horse project).
- NYS 4-H Code of Conduct (2025 Version)
- \$5 Enrollment Fee (Cash or Check to "CCE Saratoga")

Leaders:

- Online Enrollment or Paper Re-Enrollment Form
- NYS 4-H Code of Conduct (2025 Version)
- CCE Volunteer Code of Conduct
- \$5 Enrollment Fee (Cash or Check to "CCE Saratoga")

Forms may be mailed or dropped off at our office:

CCE Saratoga
50 W. High St.
Ballston Spa, NY 12020

If you are a club member, please communicate with your club leader regarding collection of forms and fees.

Enrollment Packet Support for Leaders

Thanks to all of our leaders who attended one of our re-enrollment meetings. Club re-enrollment packets were distributed at those meetings.

Organizational Leaders working on enrollment packets may call the office, at 518-885-8995, to get help with questions or concerns with the required forms.

If you'd like to make an appointment to chat one on one, please call the office or email Leland at glb76@cornell.edu.



PAPER CLOVER FUNDRAISER



The 2026 Paper Clover Campaign is scheduled for November 27th through December 13th. We would like a presence at both the Tractor Supply Stores in Saratoga County during the fall campaign (Wilton and Clifton Park). If your club would like to table during one of the weekends, and possibly fundraise, please contact Leland. This is a great way to support the 4-H Youth Development Program in Saratoga County. Please stop in at the stores on the weekends of 11/27-12/13 and support our clubs by purchasing a Paper Clover and thanking our youth. If you would like to volunteer for a shift, contact Leland at glb76@cornell.edu or call the office at 518-885-8995.

This fundraiser would not be a success without your support!

It's Paper Clover time!

November 27 thru December 13, 2026



SARATOGA COUNTY 4-H

THE GREAT GINGERBREAD WORKSHOP

Join us for a Sweet tradition

Whether you're a club, a family or an individual. Experienced hands will lead you through the making, baking, assembling and decorating.

FUN FOR ALL AGES AND ABILITIES

Make and Bake

Stop by the open house
anytime to assemble

Decorate

8 NOVEMBER 2-5

17 NOVEMBER 4:30-7

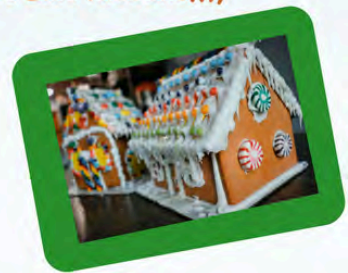
21 NOVEMBER 1-4

All dates will be at 4H Training Center, Main Classroom
556 Middle Line Rd

\$16 per house includes all ingredients and decorating supplies

Houses will be displayed with others at the 39th Annual Saratoga Springs Victorian Streetwalk on December 4th as an annual community service. Houses will be back at the CCE office for you to bring them home for the holidays.

Save the house to be submitted at fair! (last year's got Blue Ribbons!!!)



The 2026 Victorian Streetwalk is on December 3 6pm-9pm.
Register by 10/27

518-885-8995

Join us for the October Spark Night!!! We will be doing Catapults. October 28th at 6:30pm at the 4-H Training Center. Bring your friends and learn how catapults work and how far can you send a ping pong ball.



SPARK NIGHTS 

Monthly STEM Activities

 **Once a Month**

Ages 6-18 

 **Bottle Rockets, Egg Drops and More!**

Come to one or come to all - Sign Ups are per activity! robovines.org/spark

SARATOGA COUNTY 4-H

WREATH WORKSHOP

DECEMBER 8TH, 2026

EVENT DETAILS

Where: 4-H Training Center Main Classroom
556 Middleline Rd Ballston Spa, NY 12020

When: Tuesday December 8th at 6pm

Who: 4-H members ages 8-18

Cost: \$15 per person - Pre payment required
cash, check, or card

Registration Required

Contact Jessica Luse at
jmh452@cornell.edu or 518-885-8995
by December 1st
Space is limited



Cornell Cooperative Extension
Saratoga County



Saratoga County 4-H

PUMPKIN CARVING

Grab a Pumpkin, do a Halloween
Craft, and Enjoy Some Pizza!

Tuesday

OCTOBER 20TH, 2020

at 6pm

556 Middleline Rd, Ballston Spa, NY 12020

\$10 Registration Fee

Register Now



Jillian: JSP327@cornell.Edu

Lisa : LMR283@cornell.Edu

Jessica: JMH452@cornell.Edu



Scan QR Code:



Please bring any
carving tools you
have at home. Some
will be provided.



4-H Achievement Night

OCTOBER 24TH, 2026
6:00PM



4-H Training Center
Schwerd Building
556 Middleline Rd.
Ballston Spa

Leaders Banquet

On October 24, Saratoga County 4-H volunteers gathered for our annual 4-H Leaders Celebration, an evening dedicated to recognizing the volunteers who make our program possible. The event was filled with great fellowship, word of the food, and heartfelt appreciation for the dedication and commitment our volunteers bring to 4-H.

We are grateful for all of our 4-H leaders and the countless ways they help our youth and communities thrive. Thank you for all you do, and we look forward to celebrating together again next year!





THANK YOU!





PARTY FOR A CAUSE

To benefit the 4-H Unlimited Garden
Sponsored by Harmony Veterinary Clinic
We Need Your Help!!!

We are currently planning our 3rd Annual Party for a Cause to be held on Saturday, January 23, 2027 at The Hideaway. We are looking for raffle items and silent auction items from all of our amazing supporters. Raffle Baskets, Gift Certificates, Experiences - Let's get creative!! Don't want to be Creative - Feel free to donate and we will make a basket for you!!



Music by:



Order tickets at:

sc4h.org

or call 518-885-8995



4-H BEGINNER ARCHERY WORKSHOP



\$5 COURSE FEE



Have Fun Learning the Basics of 4-H Archery

— YOUTH 8 AND OLDER —

THURSDAY, OCTOBER 29TH 6:00-7:30PM

4-H TRAINING CENTER

**EMAIL JIM TAVARES AT
JAT29@CORNELL.EDU TO SIGNUP!**



Saratoga County 4-H

FALL CLASSIC HORSE SHOW

SATURDAY NOVEMBER 14TH, 2026

OPEN TO YOUTH AND ADULTS 4H AND NON 4-H MEMBERS ALL
WELCOME! PRE ENTRIES CLOSE MONDAY NOVEMBER 2ND

SHOW JUDGE: CONNER BRYANT

At the 4H Training Center

556 Middleline Rd, Ballston Spa, NY 12020





Saratoga County 4-H



STORY TIME WITH GUS

THE ENGLISH BULLDOG



WEDNESDAY NOVEMBER
4TH AT 1PM

556 MIDDLELINE RD, BALLSTON
SPA, NY 12020

JOIN US AT THE 4-H TRAINING
CENTER CLASSROOM FOR A
STORY AND CRAFT WITH GUS



to Sign up contact Jillian:
JSP327@cornell.edu



ATTENTION 4-H VOLUNTEERS AND PROSPECTIVE VOLUNTEERS

4-H Volunteer Skills Inventory Survey

Our 4-H program is filled with talented people, and we'd love to learn more about the skills, interests, and expertise within our community. Whether you're a current volunteer, parent, alumni, or simply someone interested in supporting 4-H, we invite you to complete the survey.

This survey is not a commitment to volunteer. Instead, it helps us identify resources and talents that may be helpful when planning workshops, events, fundraisers, and other opportunities for youth.

Complete the survey here:

https://cornell.ca1.qualtrics.com/jfe/form/SV_0fgan1msiufmHVI

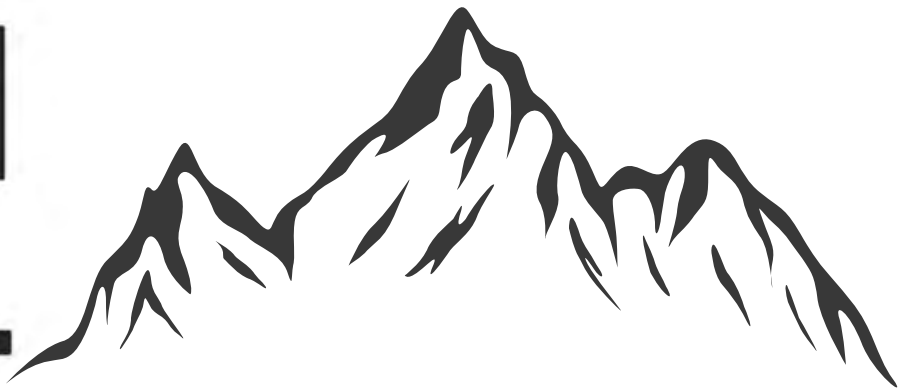


Thank you for helping us build an even stronger 4-H program!

Congratulations to Mercianna, Aleia, and Olivia !

Our Saratoga County 4-H dog exhibitors had a fantastic showing at the NYS 4-H Dog Show! Mericiana and Tally earned a Championship in Grooming & Handling and Reserve Champion in Agility with Why. Aleia and Callie earned Reserve Champion in Agility, Olivia and Rocco brought home two Top 10 placings in Grooming & Handling and Agility. We are incredibly proud of these three young ladies and their four-legged partners!





The Saratoga County 4-H Teen Council is gearing up for an exciting fall with both an outdoor adventure and important leadership opportunities for teens!

Adirondack Extreme Challenge Course Trip

Join us on Saturday, October 10 for a day of fun and adventure at Adirondack Extreme Challenge Course in Bolton Landing. Participants can meet at the course at 9:00 a.m., or take advantage of limited transportation from the CCE office. Transportation is available for the first 7 youth who register and will depart from the CCE office at 8:00 a.m.

The cost is \$20 per person, and lunch will be provided.

Space is limited, so be sure to reserve your spot by emailing Leland at glb76@cornell.edu by October 2nd.

Teen Council Business Meeting & Officer Elections

Our next Teen Council Business Meeting will be held on Saturday, October 24 at 5:00 p.m. at the 4-H Training Center. This meeting will take place immediately before 4-H Achievement Night and will include the election of Teen Council officers for the coming year.

Interested in taking on a leadership role? Youth who would like to run for a Teen Council officer position should email Chris Hull at chrishull1011@gmail.com prior to the meeting.

We encourage all Teen Council members and interested teens to attend these events. It is a great opportunity to have fun, connect with fellow 4-H members, and help shape the future of our countywide teen program!

4-H Horse News

Straight From The Horses Mouth

Fall Laminitis Risks

“No hoof, no horse.” Have you ever heard this old-timer saying? I know I have heard it many times from professionals throughout the equine industry and they aren’t wrong! Without strong, healthy hooves, we cannot have sound, happy horses to ride.

As we head into fall, horse owners need to pay close attention to their horses’ diets and pasture intake to help protect their hooves and overall health. Fall and spring can be a higher risk time for pasture-related laminitis, particularly in horses and ponies that are easy keepers or have metabolic conditions.

Laminitis and founder are not actually the same thing, although the terms are often used interchangeably. Laminitis is the sudden inflammation of the sensitive laminae within the hoof. Founder refers to the more chronic progression of laminitis, where damage to the laminae can cause the coffin bone to rotate or sink within the hoof. Laminitis can progress to founder quickly, making prevention and early management especially important.

There are several potential causes of laminitis, but fall pasture laminitis is often associated with excessive consumption of nonstructural carbohydrates (NSC), which include sugars and starches. During the cooler fall nights, grasses may continue producing sugars but use less of them for growth. This can result in higher sugar levels in the pasture. To horses and ponies, that lush grass can be like candy but, for metabolic horses and easy keepers, too much can increase their risk of laminitis.

what can you do to help reduce the risk of fall laminitis?

- Turn horses out later in the day after temperatures have warmed and the grass has had more opportunity to use its stored sugars.
- Provide easy keepers with plenty of low NSC hay before turnout so they go onto pasture with a full belly.
- Consider a grazing muzzle to further limit grass intake when appropriate.
- Work with your veterinarian or equine nutritionist to choose a concentrate or ration balancer appropriate for your horse. For horses requiring a low NSC diet, feeds with an NSC around 12% or lower are often recommended, depending on the individual horse and feeding program.
- Monitor your horse closely for changes in hoof comfort, movement, or behavior, and contact your veterinarian if you have concerns.

For more information about fall pasture management and laminitis prevention, email JSP327@cornell.edu and I can send you the OSU Extension guide on Pasture Founder.

Typical Founder/ Laminitis Stance



Important Dates



Fall Classic Horse Show **Nov. 14th**

Located at the 4-H Training Center



Last Gymkhana of the Series! **Sept. 25th**

Located at the Saratoga County Fairgrounds



4-H Achievement Night! **Oct. 24th**



**SARATOGA
COUNTY 4-H**



SARATOGA COUNTY 4-H VET SCIENCE

6pm - Tuesday January 5th, 12th, 19th,
26th, and February 2nd, 2027

To Register: Follow the
QR code or Email Jillian

\$15 Program Fee

**Minimum age 12 and must be enrolled in
4-H to Participate**

opportunities Include:
Veterinary Medicine,
Emergency Management,
Animal Husbandry, and
Networking



CONTACT

Jillian: JSP327@cornell.edu

Limited spots available on a first come first Serve basis

Cornell Cooperative Extension
of Saratoga County
50 West High Street, Ballston Spa, NY 12020

NON PROFIT ORG
US POSTAGE PAID
Ballston Spa, NY 12020
Permit #19

Address Service Requested

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4-H Office Fax: 518-885-9078

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jac275@cornell.edu

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Kim Wilbur, 4-H Administrative Assistant
kmw82@cornell.edu

Lisa Russell, 4-H Administrative Assistant
lmr283@cornell.edu

Program Committee

Wendy Kuehner	Scotia
Dick England	Fort Johnson
Shane Larkin	Mechanicville
Ann Haden	Ballston Spa
Pete Dandreno	Gansevoort
Heidi Meidenbauer	Greenfield

Teens	
Bella Hanson	Milton
Reyna Racaza	Milton

Upcoming Events & Deadlines

October

1st- 4-H Re-Enrollment Opens
4th-10th- National 4-H Week
10th -4-H at ADK Extreme
24th- Achievement Night

November

1st- 4-H Re-Enrollment Due
10th-Babysitting Course
14th- 4-H Teen Council Meeting
8th- 4-H Gingerbread Workshop
18th - 4-H Gingerbread Workshop
22nd- 4-H Gingerbread Workshop