



SULLIVAN COUNTY OLDER ADULT COMMUNITY NEEDS SURVEY 2026

Help the Office for the Aging plan meal sites, caregiver supports, and outreach. Responses are anonymous; please do not include your name

1. What town or ZIP code do you live in? _____

2. What is your age range?

- ☐ Under 60 ☐ 60-69 ☐ 70-79
☐ 80-89 ☐ 90+ ☐ Prefer not to answer

3. If a nearby lunch meal site offered a nutritious meal and social activities, how likely would you be to attend?

- ☐ Very likely ☐ Somewhat likely
☐ Not sure ☐ Unlikely

4. Where would a meal site be most useful to you?

Town, neighborhood, or facility:

5. How far could you reasonably travel to a meal site?

- ☐ Under 5 miles ☐ 5-10 miles
☐ Over 10 miles ☐ I would need transportation

6. Which days work best for a lunch meal site?

- ☐ Mon. ☐ Tues. ☐ Wed. ☐ Thurs.
☐ Fri.

7. Are you an unpaid caregiver for someone?

- ☐ Yes ☐ No ☐ Not sure

8. When would a caregiver support group work best?

- ☐ Weekday morning ☐ Weekday afternoon
☐ Weekday evening ☐ Saturday
☐ In person ☐ Online/Zoom ☐ Either
☐ I would not attend

9. How do you prefer to receive information? Check up to three.

- ☐ Mail ☐ Newspaper ☐ Email
☐ Facebook/social media ☐ County website
☐ Phone call ☐ Text message
☐ Doctor/healthcare provider
☐ Family/friends
☐ Community, senior, town, or faith group
☐ Other: _____

10. How much does each issue affect your health and well-being?

Circle one: 1 = Not at all; 5 = A great deal

	1	2	3	4	5
Housing/home repairs	☐	☐	☐	☐	☐
Transportation	☐	☐	☐	☐	☐
Healthy food	☐	☐	☐	☐	☐
Healthcare/medications	☐	☐	☐	☐	☐
Money for basic needs	☐	☐	☐	☐	☐
Social connection/loneliness	☐	☐	☐	☐	☐
Personal safety	☐	☐	☐	☐	☐
Internet/phone/technology	☐	☐	☐	☐	☐
Caregiving help/respite	☐	☐	☐	☐	☐

11. What one change would most improve your ability to live well and independently in Sullivan County?

Thank you for sharing your feedback!

