

VIRTUAL CAREGIVER SUPPORT GROUP

In this group, you will build a support system of people who understand. Alzheimer's Association® support groups are conducted by trained facilitators and are a place to:

- Exchange practical information on challenges and solutions.
- Discuss issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

To extend your support network, visit ALZ connected®, our online community, at alzconnected.org.

This program is supported in part by a grant from the New York State Department of Health.



Second Wednesday of every month



1:00- 2:00 p.m.



Zoom

**Please note new date and time.*

To register
Call 800.272.3900

In partnership with:

Cornell Cooperative Extension
Sullivan County