



Families Thriving Together!

2025 In Review



Land Acknowledgment



CCE-Tompkins is located on the traditional homelands of the Gayogōho :nq' (the Cayuga Nation). The Gayogōho :nq' are members of the Haudenosaunee Confederacy, an alliance of six sovereign nations with a historic and contemporary presence on this land. The confederacy precedes the establishment of Cooperative Extension, Cornell University, New York State and the United States of America. We acknowledge the painful history of Gayogōho :nq' dispossession, and honor the ongoing connection of Gayogōho :nq' people, past and present, to these lands and waters.



Workshops for Parents/Caregivers

2025 Workshop Series

6—Parenting Skills Workshop Series© (PS: *It Works*)

2—Thriving with your Spirited Child©

1— Parenting Styles

2025 Stats:

9 workshop series

123 Participants

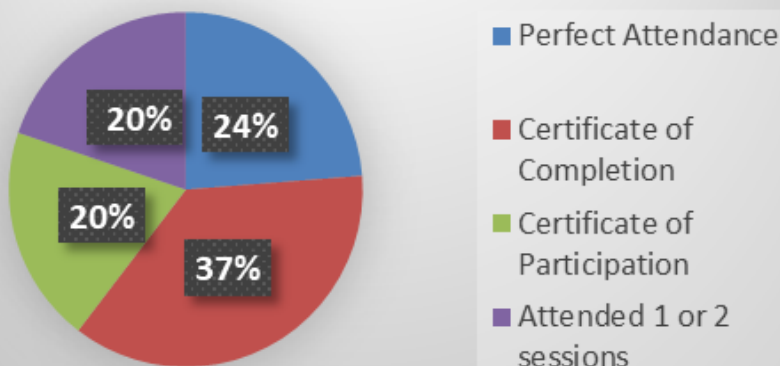
(96 virtual, 14 in person)

65 Females

24 Males

4 Undisclosed

2025 Participant Attendance



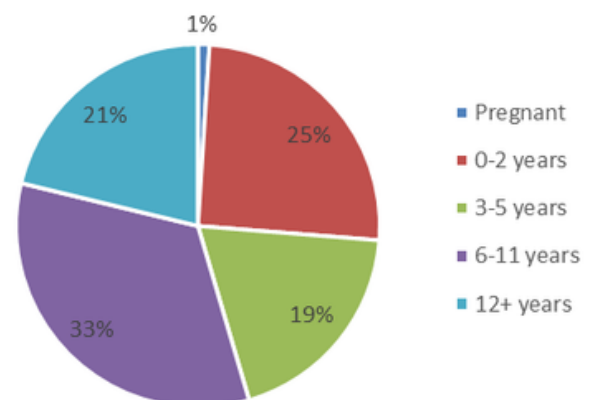
These interactive workshops support positive communication between parents/caregivers and children and were offered free of charge.

Certificates
Certificates of Participation:
Attend 3-4 sessions

Certificates of Completion:
Attend 5 or more sessions

Perfect Attendance:
Completion Certificate with a gold star

2025 Children of Participants 220 Total



Parenting Skills Workshop Series ©

PS: It Works!

8 Sessions

- 1 & 1/2 hours each (virtually)
- 2 hours each (in-person)

5 Communication Skills

1. Encouragement
2. Can Do
3. Shared Decision Making
4. Self-Control—"Body Messages" & "Choosing A Way"
5. Respecting Feelings

Assessment

- Try out different approaches
- Deal with challenging situations
- Use Encouragement
- Use Can Do
- Use Shared Decision Making
- Use Self-Control, identify "body messages"
- Use Self-Control, use "choosing a way"
- Use Respecting Feelings

A retrospective post/pre survey is completed at the end of the series where participants rate their ability before and after on the following:

Participants also assess themselves, before and after, on these statements:

- How confident are you about parenting?
- How big an issue are conflicts in your family?
- How satisfied are you with your family?
- How positive do you feel about yourself as a parent?

Learn more about PS: It Works Parenting Skills Workshop Series at:

<https://www.human.cornell.edu/pam/engagement/parenting/faculty-students/workshops>

<http://ccetompkins.org/family/parenting-workshops>

Parenting Styles Workshop Series

The 7, 90 minute virtual **Parenting Styles Workshop Series© (PStyles)** sessions are designed to increase parents' knowledge, understanding, and skills to raise competent and confident children. Key knowledge and skills presented are:

→ **Child Development - Ages and Stages**

→ **Cultural Influences**

→ **Parenting Styles & Discipline**

→ **Environmental Issues**

Parenting Styles Workshop Series© has been adapted to complement the Cornell Cooperative Extension-Parenting Skills Workshop Series© curriculum with CCE-NYC colleagues from their Enhanced Parenting Skills and the Effective Black Parenting® evidence-based curriculum; see: <http://ccetompkins.org/family/parenting-workshops/parenting-styles-series>

Thriving with your Spirited Child

7, 90 minute virtual sessions, are designed to provide resources and tools to parents/guardians of spirited children for dealing effectively with their children's temperamental traits.

Topics include:

- ☐ Understanding your child's temperamental traits
- ☐ Identify cues leading up to challenging behavior
- ☐ Cope with tantrums and blow-ups when they do occur
- ☐ Develop strategies for reducing or eliminating power struggles (especially at mealtimes, bedtime, dressing)

Spirited Child

- Assertive • Energetic
- Persistent • Strong
- Independent
- Sensitive • Creative
- Curious

- ☐ Learn more about strategies for parenting spirited kids
- ☐ Help your child deal with spiritedness
- ☐ Make parenting a spirited child positive, even joyful

*University of Wisconsin-Extension Lori Zierl's 7 Part Parent Program Thriving with Your Spirited Child, based on Mary Sheedy Kurcinka's book "Raising Your Spirited Child".

<http://ccetompkins.org/family/parenting-workshops/thriving-with-your-spirited-child>

2025 Workshop Feedback

"Anything - any class/workshop - by Cornell Cooperative Extension is worth doing."

At the conclusion of a workshop series, participant retrospective post/pre self-evaluations showed that discussing specific parenting issues and learning skills/techniques **increases** their awareness of their parenting role and **supports positive change** in how they interact with their children.

I liked how applicable the tools are, how easy to use. Ran into something yesterday and it was easy to take what I've learned and apply them in everyday situations

I learned that there are many more effective tools than just saying, "stop doing that".

[I've learned I don't [always] have to fix or solve the problem. Rather, I can find out [understand] what someone is feeling and why.

I liked how the skills are applicable to parental and non-parental situations. ... focusing on your family, your children, yourself, and use with other people,

Learned having to use self control first before start working on child.

This has helped me be more compassionate with myself

Participants also value the **comfortable and inclusive atmosphere**, with emphasis on the support and knowledge they gained from the instructors and other parents.

Participants' recommendations for workshop improvements include:

Make a library and give suggestions, at beginning and end of class ask about books parents have read, found helpful,

Maybe use more visuals, more videos, or making something into a game

We still have a hard time getting together in person – that would make it interesting. Online was still effective

The breakout sessions, maybe at least the first one or two breakout sessions would benefit from having a facilitator in there, expectations were clear, Might be better if facilitator started out in breakout room, setting the tone,

Have more Community events where we get to meet instructors

Cornell Cooperative Extension of Tompkins County/CCE Tompkins

CCE Tompkins MISSION, VISION, GUIDING PRINCIPLES

CCE Tompkins MISSION We put knowledge to work in pursuit of economic vitality, ecological sustainability, and social well-being. We bring local experience and research-based solutions together, helping families and our community thrive in our rapidly changing world.

CCE Tompkins VISION Individuals, families, and communities thrive, live well, and reach their potential in Tompkins County.

CCE Tompkins GUIDING PRINCIPLES (how we do our programmatic work)

Our work in the community is realized through:

Participatory learning, action, and reflection

- Collaborative community building
- Civic participation and leadership development
- Utilization of community assets
- Research relevant to communities



Tompkins Families! Mission, Vision, Guiding Principles

Tompkins Families! MISSION We work with communities, parents, children and their extended families from diverse cultural and socioeconomic backgrounds, as well as individuals from higher risk populations. We seek to collaborate with community agencies, leaders and stakeholders from the villages, towns, and cities of Tompkins County.

Tompkins Families! VISION Tompkins Families! is a leader in empowering individuals, families, and communities to thrive, live well, and reach their potential.

Tompkins Families! Guiding Principles

- Strengthen and support parents, families and communities through education
- Focus on the well-being of children, reducing child abuse and neglect through parenting education
- Strength-based family and community development approach
- Develop the capacity of community members for taking on leadership roles
- Use a collaborative model that is community driven and encourages community decision making
- Responsive to community needs, including linking individuals to services and opportunities
- All programming is accessible and affordable

KASA focused- (Knowledge, Attitudes, Skills and Aspirations)

- Use research, evidence –informed and evidence-based models
Strengthen the Five Protective Factors: Resilience, Social Connections, Concrete Supports, Knowledge of Parenting and Child Development, Social –Emotional Competence of Children

Protective Factors Framework

Participant workshop
feedback indicates changes
in the following
Protective Factors -

Knowledge of Parenting and Child Development

Increases Parental knowledge and strategies

- *Learning how many behaviors are physiological responses that can't be helped, helped me understand them better*
- *Important to be able to understand a spirited child so we are able to help guide them and help them understand themselves so when they are independent they can be spirited and happy and spirited and successful.*

Parental Resilience

Helps parents manage stress and function well when confronted with challenges

... came to class knowing I need some skills, learning I do have some skills, steps help, more confident now, focusing more on what I am doing right,

- *The reframing has been particularly helpful for me when my child becomes difficult, it has allowed me to be more patient with them*
- *I learned a great deal and I feel I can be a better parent now than I was before*
- *Self-control – instead of arguing, walk away*

Social and Emotional Competence of Children

Promotes family and children interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions and establish and maintain relationships

- *Liked the ongoing encouragement to reframe their child's behavior to understand their experience without judgement*
- *Highlighted my need to try less to change my kiddos behavior and more about being better about setting boundaries and be ok with not giving in every time*
- *Learned to just walk away instead of yelling, take a moment to myself and come back to talk to them in a calm voice*

Social Connections

Promotes positive relationships that provide emotional, informational, instrumental and spiritual support

- *Great place to meet likeminded parents, widen social network for self and kids, meet other parents/kids, exchange ideas*
- *Safe space -others going through similar situations.*

Concrete Supports

Promotes access to concrete support and services that address a family's needs and helps minimize stress caused by challenges

- *I learned to listen to your body messages, then choose a way to control yourself*
- *The bulk of the work comes in the practice in every day life. For something that can be very daunting and complicated it was broken down really well.*

Home Visits:

Facilitated Parenting Time / Parenting Skills & Strengthening Families Program / SFP

Coached visits 1-2 hours each

Guided goal setting meetings & guided reflections along the way

Parenting Time visits are tailored to each family's needs & goals. Educators model & coach use of the 5 communication skills : Encouragement, Can Do, Shared Decision Making, Self-Control & Respecting Feelings.

SFP visits are a skills training program designed to increase resilience and reduce risk factors for substance abuse, depression, violence and aggression, delinquency, and school failure among youth.

1:1 visits take place virtually and in-homes, with parents and children present. Parenting educators provide guidance on ways for parents and children to interact positively with one another.

2025 Stats:

104 hours of direct coaching

Facilitated Parenting Time

5 families

5 women

9 children

Strengthening Families Program

2 families

1 woman 1 man

4 children

Parents' Goals:

Be consistent, be a calm parent

Make sure child has everything they need, support
child on their bad days

DSS Caseworker Goals for Parents:

To better equip parent with knowledge and information regarding how to care for an infant and issues that come up along the way

That parent will be open to feedback about their parenting, that they have realistic goals about child development

Parent continue to set boundaries/rules with children, be consistent

Goal Setting & Evaluation

Family members define goals and evaluate their use of skills during weekly meetings. Progress, family strengths and changes in goals are discussed and recorded on weekly log sheets as well as at mid-point and final review sessions.

Child Welfare Goals:

Prevent placement of the child and ensure child is safe in the care of their parent

That child will remain in the home

That parent use skills learned and applies them to their parenting

Parents Apart© (PA) - Virtual

Helping Children Cope with Separation & Divorce

2025 Stats:

59 participants

27 males

32 females

39 court ordered

CCE-Tompkins is a New York State Certified provider of this program. The focus of this 4 hour workshop (two 2-hour sessions) is for parents to learn how to help children adjust to parental separation or divorce. The virtual program is offered monthly.

Parents Apart Highlights

- Parents of the same child(ren) are placed in different workshops
- Parents may attend voluntarily or may be referred or ordered to attend by Family or Supreme Court

Parenting Education in the Jail In-Person A 12 Session Revolving Series

12 sessions in 2025, 60 minute each

Collaborators:

- Alternatives to Incarceration/ Probation/Day Reporting
- Tompkins County Jail

2025 Demographics:

- total attendance 87
- 22 men attending 1 or more sessions

Visit these websites for more information:

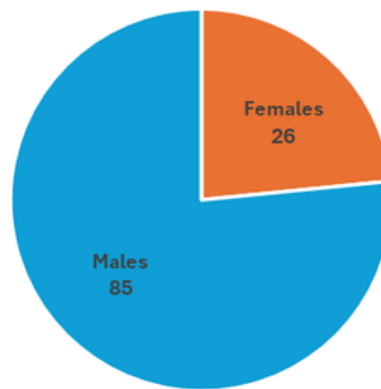
<http://ccetompkins.org/family/parenting-workshops/parents-apart>

New York State Parent Education and Awareness Program <https://www.nycourts.gov/ip/parent-ed/>

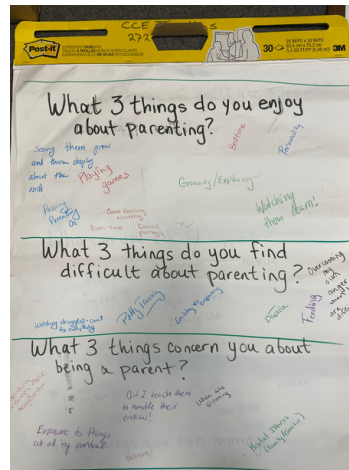
Tompkins County Day Reporting

CCE-Tompkins hosts weekly 1-hour “Healthy Family Relationships” workshops as part of Tompkins County Day Reporting Program, Alternatives to Incarceration (ATI). There were a total of 44 classes, 111 in attendance in 2025.

Healthy Family Relationships
2025
Total Attendance



More Information: <https://www.tompkinscountyny.gov/All-Departments/Probation-and-Community-Justice>



Supporting Strong Families

In 2024 the focus of our work expanded to include a partnership with the Learning Web, the Advocacy Center, and Tompkins County Department of Social Services, with CCE-Tompkins supporting parenting education efforts for parents ages 16-26. Building relationships across the agencies and start up of playgroups specifically for young parents have begun and will be expanded upon during 2025/2026.

2025 - Highlights

In-person PS: It Works! and Strengthening Families Program

In-person PS It Works and Strengthening Families Program with Family Treatment Court Participants in 2025. These classes are a collaboration between CCETC and DSS Family Treatment Court/FTC, exclusively for referrals from Tompkins County Department of Social Services. One of the strengths of PS: It Works! is that the skills are taught through practice, using situations drawn from real-life scenarios generated by participants. Thus, while the curriculum is the same regardless of where the class is offered, these classes offer participants an opportunity to be in community with others that are traversing the unique challenges of parenting in recovery. Strengthening Families Program is a 2Gen series for parents and their youth ages Birth -17. The 2025 series was held with parents and children ages 3-5. With a family meal, one hour in breakout groups, then one hour in family groups connecting and practicing skills that support healthy parent/child relationships, limit setting and safety that help increase healthy decision making.

I

2Gen PS: It Works!

2Gen PS: It Works!, during 2025 F&CD continued work on the development of a 2 Gen (parents and youth together) version of the PS: It Works! curriculum. In the 2 Gen iteration, youth ages 6-10 are invited to join their parents in the workshop. As with the original PS: It Works! curriculum, the course teaches 5 communication skills and utilizes situations generated from participants' real-lives to practice the skills. For the first hour youth and parents are in separate groups, in the second hour families come together to practice. Work was done to design sessions that would be engaging and accessible for the youth, as well as the families together. This project is enhanced by working with Cornell Professor Laura Tach. Two in-person series were successfully piloted in 2025 with 10 families, 14 adults, and 19 youth attending one or more sessions with 25 receiving certificates of participation/completion. Through a partnership within CCE Tompkins Nutrition staff a healthy family meal with nutrition lesson has been added to this program. Funding from Cornell supported continued refinement of the curriculum and piloting the 2 rounds of the 2Gen PS: It Works! series in 2025.

Inclusive Parenting Education Community of Practice

The **Inclusive Parenting Education Community of Practice** was established in 2022 to examine issues and strategies related to inclusivity in parenting education. The community of practice met quarterly over the course of 2025, and included parenting educators from across the NY state extension system. During meetings members share experiences, challenges, resources and research evidence- books, journal articles, research briefs, relevant to the work of creating more inclusive programming.

Pinwheels for Prevention

April is Prevent Child Abuse/Thriving Families month. To spread the joy, CCE Tompkins planted a pinwheel garden around the building for the month of April along with distributing pinwheels and vases to organizations in the community. Each pinwheel carried the messages, "Take me" and "Families Thriving Together", along with a QR code which led to the Family page on the CCE Tompkins website. In 2023 F& CD distributed 400 pinwheels to community organizations throughout Tompkins County. This has grown to over 1000 pinwheels being distributed throughout Tompkins County in 2024 and 2025.

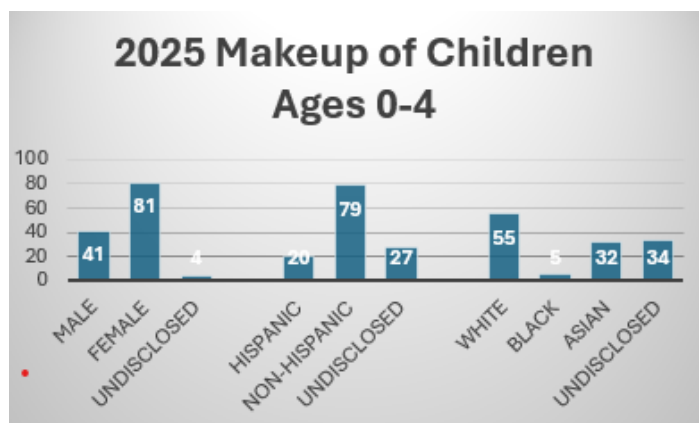
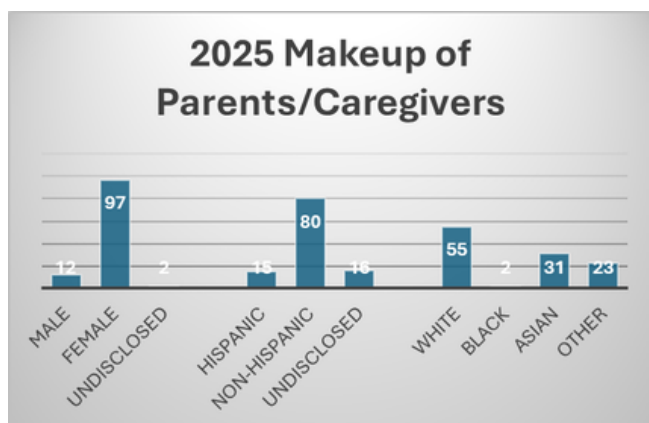


Family Resource Connection Tompkins/FRCT

Family Resource Connection Tompkins/FRCT: A grant from the New York State Office of Children and Family Services aims to strengthen community-based learning, mutual support and leadership. Participants and their families add new skills and develop new connections, adding to their parenting “toolboxes” through participation in parent-chosen activities. Using Community Cafes and other forums, community parenting assets and needs are identified. Drawing on the Protective Factor Framework and other models for community development, FRCT engages with stakeholders throughout Tompkins county to envision ways to build support for families and collaborates with others work to enhance local resources/supports for families. Some resources and assets are unique to each community, while others may overlap, with commonalities such as; needing supports for extended families, childcare providers, schools, civic and youth organizations, health care providers, libraries, congregations, town boards and businesses. Our intention is to continue to identify, celebrate, and encourage each community to create places, programs and synergies that nurture families from within. Our work in specific communities has led to established pathways for collaboration that strengthen capacity to share resources for optimal outcomes. Specifics include: community cafes with parent/ community led topics and follow-up action plans. Additionally, FRCT brings parent voice and participation to county wide initiatives.

OCFS funding provides help to meet **concrete needs** of some of the families served. Families receive support for basic needs such as winter clothing, utility payments to prevent shut off, rent payments to prevent eviction, car repairs, groceries, and more through a referral process in collaboration with multiple local agencies.

Family Playgroup a six session series for parents/caregivers and their children ages 0-4. F&CD’s partnership with a CCE Tompkins nutrition educator helps to create a multi-faceted program. The first hour of the two hour program includes songs, movement, bi-lingual story time as well as a nutrition lesson where families make a nutritious snack. The second hour is open play in our family friendly area. Six series were offered in 2025 and participation included 104 families, 111 adults, and 126 children.



Open Play started in 2025 in response to needs identified by Playgroup families for a safe secure play space, with developmentally appropriate materials, for families with children ages 0-4 to gather during the colder months of the year. Open Play was held for 17 sessions in 2025 and was attended by 45 families (46 adults and 49 children).



Tompkins Families: Stronger Together 2025

The Protective Factors Framework, five protective factors are used to support child and family well-being, and build family strengths. Stronger Together events held in 2025 provided an opportunity for families to come together in community, enjoy a meal, crafts, seasonal activities, connection and conversation.



February: Resilience

April: Social Connections

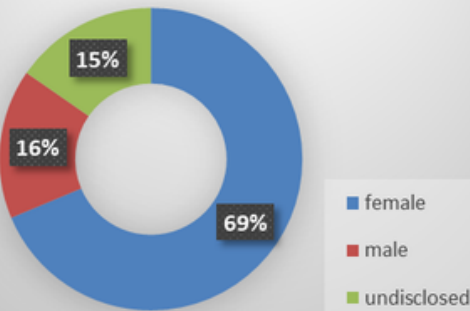
June: Parenting Skills and Child Development

October: Concrete Supports

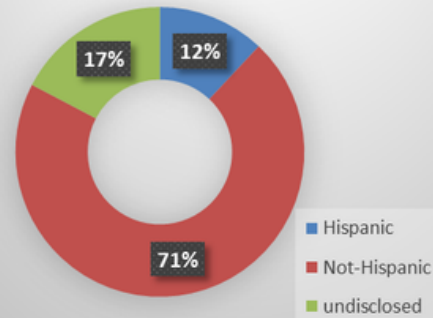
In 2025 a total of 97 families, 15 primary languages other than English (293 individuals, 146 adults, 147 children) joined us for these events.



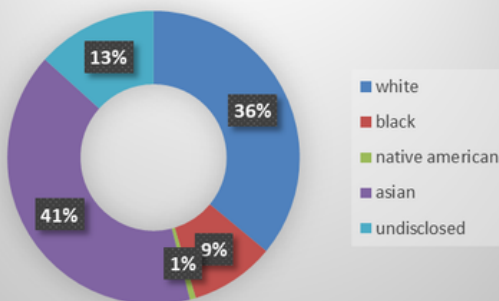
Gender



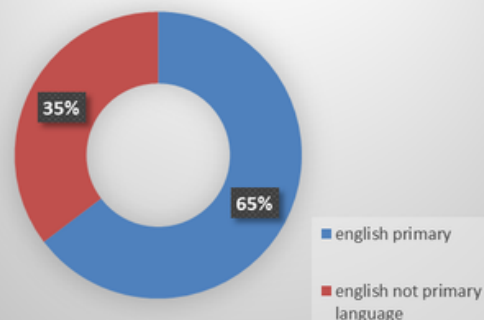
Ethnicity



Race



Primary Language



Family & Community



These events were supported by partnering with the following CCE-Tompkins program areas

Nutrition



4-H Youth Development



Transportation



Environment



Horticulture



Energy & Climate Change



For more information on the Protective Factors, see page 16 or visit <https://ctfalliance.org/protective-factors/>

Coalition for Families

***Coalition for Families* focuses on creating family-centered services, enhancing collaboration between agencies, and exploring policy issues. Monthly dialogues focus on current research and best practices with guests from local organizations and colleges. Coalition meetings bring together community members and professionals for a variety of topic presentations, as well as networking and resource sharing. 2024 saw a shift to hybrid presentations, supporting in-person and zoom participation!**

In 2025, there were 5 sessions which focused on the following topics:

January: Winter Blues and Mental Health - Learn how the Mental Health Association's Family Peer Support program can help when raising a child or young adult facing social, emotional, or behavioral health challenges.

March: Compassion Resilience, From Fatigue to Compassion; Building Resilience - Compassion Resilience is the power to return to a position of empathy, strength, and hope after the daily experience of whatever challenges we may face, The ability to maintain physical, emotional and mental well-being while responding to people who are suffering. Compassion Resilience allows us to find optimism in an imperfect world. This presentation is designed for any human being who is caring for others, personally or professionally.

April: ACE's and Healing Centered Services - this workshop covers what ACEs (Adverse Childhood Experiences) are and how they affect kids' brains, behavior and health; how safe, caring relationships help kids heal and grow; key factors that protect and support children and families; simple tools and resources for caregivers, teachers and helpers; and how to create strong, nurturing spaces where all kids can thrive.

May: Talking with Teens about Pornography and Sex - When and how young people are first exposed to pornography - and why it matters. How today's online content is shaping youth's understanding of sex, relationships, and self-worth. What social science research tells us about the changing nature of pornography and its impacts. Guidance from leading sex educators on how to have open supportive, engaging conversations. Tools to help caregivers, educators, and community members create safe, informed, and respectful spaces for growing up.

July: Teens & Screens - The ever-increasing presence of technology in teens' lives presents new opportunities, but not without potential questions and risks. This workshop explores the latest research on the impact of screens. Participants will learn strategies and have opportunities for discussion around how to best manage parenting in this technology-infused world.

Collaborations with other CCE Tompkins Departments

When possible CCE-Tompkins Family & Community Development collaborates with other CCE Tompkins departments. In 2025 our programming included collaborations with 4-H, Primitive Pursuits, Energy, Way to Go and Nutrition. Cross program collaborations through playgroups, Stronger Together events, parenting workshops, Earth Day, the Duck Race and tabling are some of the ways we supported families and increased awareness of ways CCE-Tompkins brings research based education to the community. A couple of examples in which that collaboration happens is through programming such as including a family meal with brief nutrition lesson as a part of our 2Generation parenting workshop series and multiple program areas leading activities during Stronger Together events.

Professional Development Trainings

PS: It Works! aka **Parenting Skills Workshop**©

Personal – Professional

Peer, Parent, Partner-Communication Skills for All People

This two day, in-depth professional development training provides a foundation in the five communication skills, skill-streaming, and facilitation of the *Parenting Skills Workshop Series*©. *Parenting Skills for Literacy* is included to offer the option of children's books as an additional learning tool with family literacy activities.

For more information visit:

ccetompkins.org/family/professional-training/ps-it-works-parenting-skills-facilitator-training

Encouragement

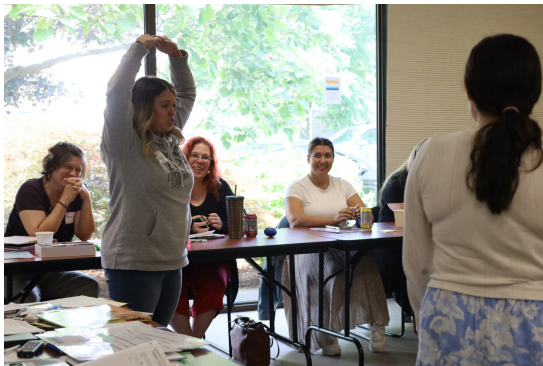
Can Do

Shared Decision Making

Self-Control

Respecting Feelings

**Replace
impulsive
behavior
with these five
communication
skills**



Protective Factors Framework Training

The Protective Factors Framework Training focuses on helping families, programs, and communities create and maintain five key protective factors.

The Five Research-Based Evidence-Informed Protective Factors

Parental Resilience

The ability to recover from difficult life, and often to be strengthened by and even transformed by those experiences.

Knowledge of parenting and child development

Understanding child development and parenting strategies that support physical, cognitive, language, social and emotional development.

Social and Emotional competencies of Children

Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions and establish and maintain relationships.

Social Connections

Positive relationships that provide emotional, informational, instrumental and spiritual support.

Concrete support in times of need

Access to concrete support and services that address a family's needs and help minimize stress caused by challenges.

For more information visit: <http://www.cssp.org/reform/strengthening-families/basic-one-pagers/Strengthening-Families-Protective-Factors.pdf>

Community Cafe Host Training

Learn how to host a successful community cafe. Changing the lives of children, families and communities, through a series of guided conversations that matter.

For more information visit: [http://www.cssp.org/community/constituents-co-invested-in-change/ community-and-parent-cafes](http://www.cssp.org/community/constituents-co-invested-in-change/community-and-parent-cafes)

Contact cce-parenting@cornell.edu if interested in a training or hosting a cafe.

Early Childhood Development Collaboration / ECDC

VISION

Every child in Tompkins County will have optimal developmental outcomes.

MISSION

A collaborative of multiple perspectives, including parents, grandparents, community members, organizations, businesses, and government agencies, who:

- Focused on prenatal – 0 – 5, recognizing the vital importance of the first five years of life in the physical, social-emotional and cognitive development of children.
- Maximize resources and fill gaps to assure children have what they need to grow and flourish and those who care for them have information and access to the level of support they need when they need it.
- Champion the needs of children during their early years by taking individual and collective action.

GOALS

Promote a community culture that embraces all infants, toddlers, pre- schoolers and the people who love them through neighborhood-based opportunities and venues for building connections and support for families. Sustain and grow a network of caring service providers who put the family in the center by using strengths based family developmental approaches and ensuring services are easily accessible to families. Collaborate with parents to inform and engage providers, funders, and policy makers in the quest to support families in meeting their goals for optimal development of their youngest members.

CURRENT FOCUS

Access and availability of resources to meet the needs of our community.

ECDC is open to all and meets monthly.

If interested in joining the group email: cce-parenting@cornell.edu

Collaborators

Parenting education in Tompkins County continues to be supported and enhanced by partnerships, collaboration and in-kind contributions.

Co-sponsoring workshops with agencies or schools helps provide a safe bridge connecting parents with relevant community resources.

CCE-Tompkins family & community staff, including parenting educators, develop strong relationships with agencies, schools, and parents which helps to connect participants from diverse backgrounds from across the community to programs.

The CCE-Tompkins has an active **Family and Community Development Program Development Committee**.

These volunteers serve in an advisory capacity, providing input and support to staff and to the CCE Board of Directors on local program needs., and are key in identifying and prioritizing the needs of local residents to ensure that Cornell Cooperative Extension's work is relevant and focused, to make the best use of available knowledge, money, time and other resources allocated to Family and Community Community Development Programming.

If you are interested in knowing more or serving on the program committee please contact one of our staff.

Staffing, Volunteers & Contact Information

2025 CCE-Tompkins Family & Community Development Staff and Interns

The amazing Tompkins Families work is lead by 3.5 full time equivalent staff.

Additionally the work is guided and supported by community at large voluntary membership on the Family & Community Development Program Advisory Committee and volunteer attorneys sharing their expertise during a segment of Parents Apart.

2025 F&CD Program Advisory Committee Members (Volunteers)

Jude Rose, Kathy Lind, Katy Pearce, Susie Hatch, Susan Perkins,
Sue Chaffee, Tibor Janoski, Margo Polokoff, Mariama Chambliss, Qian Xu, Herianna Valenzuela,
Mack Rovenolt, Simone Balog-Way

Parents Apart Legal Presenters (Volunteers)

Diane Withiam, Erin McKinley, Iska Ziver, Chuck Guttman,
Beth Reiter, Jason Leifer, Angelica Parado-Ababya



Anna

Serena

Alba

Cyle

Family & Community Development Team

Funding

Thanks to the following agencies who generously provided contracts and grants in 2024 to support CCE —Tompkins, Family and Community Development and Parenting Education programs:

Tompkins County Department of Social Services, Tompkins County Probation, Tompkins County Jail, and New York State Office of Children and Family Services.

Parenting Skills Workshop Series, Parenting Styles Workshop Series, Thriving with Your Spirited Child, Strengthening Families Program, Family Home Visits and Supporting Strong Families are funded primarily by the **Tompkins County Department of Social Services**.

Primary funding for Parents Apart ® comes from participant fees.

In 2025 **Tompkins County Probation** supported Parenting Education in the Jail and Healthy Family Relationships at Day Reporting.

New York State Office of Children and Family Services, supports Family Resource Connections Tompkins/FRCT

Development of a 2Gen PS: It Works! curriculum and piloting the program is supported by funding through Cornell Smith-Lever.

CCE-Tompkins provides supplemental support for all projects.

For more information & to keep up to date on what's happening:

Sign up to receive our **monthly newsletter Family Matters**: <http://ccetompkins.org/>

Like us on **Facebook, Tompkins Families**: <https://www.facebook.com/TompkinsFamilies/>

Visit us on the **CCE-Tompkins website**: <http://ccetompkins.org/family>

<http://ccetompkins.org/family/tompkins-families>

Sign up for Parenting **Workshops**: [parenting workshop registration](#)

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