



# MARCH

Newsletter

## HARVEST OF THE MONTH: MAPLE SYRUP



### HIGHLIGHTS



- Maple Baked French Toast taste test at Sullivan West Elementary
- Ag Literacy Week: 10+ volunteer readers reached over 400 students!
- Cooking with Mrs. Ruggles' classes at Sullivan West Central School

### CAFETERIA

On March 12th, Dara Williams, food service director at Sullivan West, had everything ready to go for our winter season taste test before 8:00am. She had prepared a delicious Maple Baked French Toast Squares recipe for students to sample using real maple syrup supplied by Erika Malmgreen of Winterton Farms. Erika brought along props to demonstrate to students the process of tapping trees and collecting sap. The recipe was sampled by about 100 students and 79% reported that they loved it! We are planning another community taste test event for May or June (location TBA).

### COMMUNITY

*Spring is here!*

If you have felt cooped up by the long, cold winter, the end is in sight and spring is officially here. Although some of the hardest NY farmers grow produce all winter, many farmers and gardeners are planning and starting seeds right around now. At CCE, we host lots of workshops for farmers and gardeners, as well as other community groups. For more information about community classes and events, follow CCE Sullivan on [Facebook](#) and [Instagram](#)!



From left to right: Joy, Dara, Alan & Erika at the breakfast taste test



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## IN THE CLASSROOM

At Sullivan West Central School, Alan and Joy shared a recipe (pictured below), cooking tips, and information about cauliflower with 40 students on March 4<sup>th</sup>. Later in the month, a total of 5 elementary schools and 1 daycare participated in Agricultural Literacy Week, with 9 adult volunteer readers and a handful of FFA student readers reaching a total of more than 25 classrooms and 400 students. Special shout-out to Laurie Kilgore, who read to all of her K-5 art classes at Chase Elementary!



Alan Carroll at Liberty Elementary School during Ag Literacy Week

## OPPORTUNITIES & UPCOMING EVENTS



### Upcoming Harvest of the Month:

April: Dairy

Say cheese - [we're making mozzarella!](#) Send me an email to book a 60-minute slot.

May: Spring Greens/Snap Peas

### Save the Date:

June 5 - Farm to School Day at Rockland Elementary

August 19 - Food service staff conference at SUNY Sullivan

Want to book a session for your classroom?

Email Joy at [jil362@cornell.edu](mailto:jil362@cornell.edu)



Featured recipe in Mrs. Ruggles' classes: *Roasted Cauliflower with Maple Tahini Dressing*