



Sunflower Growth Journal

Design your very own sunflower journal cover!

Title of your journal: _____

Your name: _____

Club or group (optional): _____

Date: _____

Return to CCE Office by: September 21st, 2026

Draw and decorate your cover below (add sunflowers, bees, gardens, or anything you like!):



Grower Information

Name: _____

Date Planted: _____

Sunflower Variety: _____

Location (garden/field/pot): _____

Planting Day

How deep did you plant the seeds? _____

How far apart are the seeds? _____

What was the weather like? _____

What do you predict will happen? _____

Weekly Growth Log



Week 1

Height: _____

Number of leaves: _____

Changes observed: _____

Weather this week: _____

Draw or Take a Picture of your plant:

Week 2

Height: _____

Number of leaves: _____

Changes observed: _____

Weather this week: _____

Draw or Take a Picture of your plant:



Week 3

Height: _____

Number of leaves: _____

Changes observed: _____

Weather this week: _____

Draw or Take a Picture of your plant:

Week 4

Height: _____

Number of leaves: _____

Changes observed: _____

Weather this week: _____

Draw or Take a Picture of your plant:

Week 5

Height: _____

Number of leaves: _____

Changes observed: _____

Weather this week: _____

Draw or Take a Picture of your plant



Week 6

Height: _____

Number of leaves: _____

Changes observed: _____

Weather this week: _____

Draw or Take a Picture of your plant:

Month 2

Height: _____

Number of leaves: _____



Changes observed: _____

Weather this month: _____

Draw or Take a Picture of your plant:

Month 3

Height: _____

Number of leaves: _____

Changes observed: _____

Weather this month: _____

Draw or Take a Picture of your plant:

Month 4

Height: _____

Number of leaves: _____

Changes observed: _____

Weather this month: _____

Draw or Take a Picture of your plant:



Budding Stage



When did you first notice a bud? _____

What does it look like? _____

Draw or Take a Picture of the bud:

Flowering Stage

Date first bloom opened: _____

Flower size (diameter): _____

Color observations: _____

Pollinators seen (bees, butterflies, etc.): _____

Draw or Take a picture of your sunflower:

Seed Development



Did seeds form? _____

What do they look like? _____

Did you harvest seeds? _____

Reflection

What did you learn from growing your sunflower?

What would you do differently next time?

Fun fact or favorite moment:

Optional: Add More Photos
Tape or glue photos of your sunflower as it grows!
Keep growing and learning!

