

Nutrition & Gardening Internship

FLSA Classification: Non-Exempt Hourly	Reports to: Environment & Gardens Educator
Compensation: \$18/hour	Schedule: Part-time, 20 hours/week
Employment Dates: Summer 2026 Internship, 12 Weeks, May-August	
Work Location: CCE Madison Office, 100 Eaton Street, Morrisville, NY	

SUMMARY

This internship is an opportunity to learn about community food systems by supporting CCE Madison's farmers market outreach and nutrition education programs. The intern will be a visible, energetic presence at local farmers markets, conducting hands-on cooking demonstrations that connect fresh, seasonal produce to practical, affordable meal preparation. This role bridges garden education and nutrition education through SNAP-Ed aligned programming, helping community members – especially those with limited food budgets – discover how to cook and eat well with what's locally grown.

LEARNING OBJECTIVES & INTERNSHIP ACTIVITIES

- Plan, prepare, and deliver cooking demonstrations at farmers markets using seasonal produce from the CCE Madison Community Learning Garden.
- Develop low-cost, high-nutrition recipes and accompanying handouts tailored to the needs and budgets of SNAP-eligible participants and other community members.
- Connect community members to food assistance resources at market events, including SNAP enrollment information and incentive programs such as Double Up Food Bucks.
- Assist with nutrition education programming that links garden-based learning to healthy eating, including tastings, food activities, and interactive displays.
- Support harvest, food distribution, and coordination between the Learning Garden and farmers market programming.
- Help recruit, coordinate, and work alongside volunteers at market events and educational programs.
- Create social media content documenting cooking demos, seasonal ingredients, and the connection between local growing and healthy eating.
- Maintain records of program activities, participant interactions, and inventory of supplies and educational materials.

QUALIFICATIONS

- **Preferred Area of Study:** Nutrition, Public Health, Culinary, Horticulture, or related studies.
- Strong written and verbal communication skills
- Attention to detail
- Ability to work as a team and independently
- Dedicated work ethic

PROGRAM BENEFITS

- Hands-on experience-based learning and training opportunities
- Performance Reviews & References
- Professional Development through Cornell Garden Based Learning
- Job skill and power skill development

Health and Safety – Applied to all duties and functions

- Support the Association to maintain a safe working environment.
- Be familiar with and strive to follow any applicable federal, state, local regulations, Association health and safety policy/procedure/requirement and standard.
- Act proactively to prevent accidents/injuries and communicate hazards to supervisors when identified.

Policy – Applied to all duties and functions

- Aware of, and adheres to, established Cornell Cooperative Extension Association of Madison County policies, and procedures.
- Contribute to the overall success of the organization by performing all assigned duties in a professional, timely and accurate manner.

Equal Opportunity Employment

Cornell Cooperative Extension is an employer and educator recognized for providing equal program and employment opportunities in accordance with applicable laws.