



**Let's dance!**

# ***Friday Fitness Series***

**10:00 - 11:00 am**

**Fridays, April 3rd, 10th, 24th,  
May 1st, 8th, 22nd, 29th**

**CCE Extension Education Center  
64 Ferndale-Loomis Rd, Liberty, NY 12754**

Wear comfortable clothing, take your shoes off and enjoy a fusion fitness practice inspired by dance, martial arts, and healing arts.

Mats provided for registered participants.



**Drop in: \$15**

**5-class pass: \$70**

**\$0 solidarity price (for those that cannot pay at this time)**

**SCAN TO REGISTER:**



Cornell Cooperative Extension is an equal opportunity educator, provider and employer.