

CALENDAR OF EVENTS | MARCH 2026

CCE IN YOUR COMMUNITY



4-H Youth Development | Capital Area Agriculture & Horticulture Program | Environment & Natural Resources
Financial Literacy | Garden-Based Learning | Healthy Homes Program | Home Energy Assistance Program
Lead Education & Prevention | Master Gardener Volunteer Program | Nutrition Workshops | Parenting Programs



Date	Time	Event	Fee	Contact	Location
3/3, 3/10, 3/17, 3/24 & 4/7/26	12:00 - 1:15 pm	The Magic Years (birth - 4 years)—A five-part, six-hour, research-based parent education program for parents/caregivers. Topics include strategies on how to manage parent and child stress, understand the stages of child development, managing daily routines, parental responsibilities, and positive discipline tools. Registration (by 3/2) is required. Please visit our website for more information including registration: ccealbany.com	Free	Laura loraldi@cornell.edu 518-410-6831	Virtual
3/5/26	7:45 am Registration 8:00 am - 5:00 pm Training	EPA Lead Renovation, Repair, and Painting (RRP) Initial Training—The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. Pre-registration is required. Please visit our website for more information: ccealbany.com	Free	Nick neb87@cornell.edu 838-202-0742	Steinmetz Homes 120 Emmons St. Schenectady, NY 12304
3/5, 3/12, 3/19, 4/2 & 4/9/26	12:00 - 1:15 pm	The Tween/Teen Years (ages 11 - 18)—A five-part, six-hour, research-based parent education program for parents/caregivers. Topics include understanding parenting styles, tween/teen development, & how to improve family communication while developing a better understanding of tween/teen life challenges. Registration (by 3/4) is required. Please visit our website for more information including registration: ccealbany.com	Free	Laura loraldi@cornell.edu 518-410-6831	Virtual
3/6/26	12:00 - 12:45 pm	Monthly Diabetes Support Group—An informal discussion group dealing with the challenges of living with diabetes. We meet the first Friday of every month, through December. Pre-registration via Zoom is required. Please visit our website for more information: ccealbany.com	Free	Karen kem18@cornell.edu 518-618-5595 (text or leave msg)	Virtual
3/10/26	7:45 am Registration 8:00 am - 5:00 pm Training	EPA Lead Renovation, Repair, and Painting (RRP) Initial Training—The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. Pre-registration is required. Please visit our website for more information, including registration: ccealbany.com	Free	Nick neb87@cornell.edu 838-202-0742	Capital District Educational Opportunity Center (EOC Troy) 431 River St., 2nd Floor Troy, NY 12180
3/11, 3/18, 3/25, 4/8 & 4/15/26	12:00 - 1:15 pm	The Middle Years (ages 5 - 10)—A five-part, six-hour, research-based parent education program for parents/caregivers. Topics include managing parent and child stress, parenting styles, raising responsible children, improving family communication and strengthening family relationships. Registration (by 3/10) is required. Please visit our website for more information including registration: ccealbany.com	Free	Laura loraldi@cornell.edu 518-410-6831	Virtual
3/12/26	7:45 am Registration 8:00 am - 5:00 pm Training	EPA Lead Renovation, Repair, and Painting (RRP) Initial Training—The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. Pre-registration is required. Please visit our website for more information, including registration: ccealbany.com	Free	Nick neb87@cornell.edu 838-202-0742	The Riverfront Center 1250 Riverfront Ctr. Rm # 1190 Amsterdam, NY 12010

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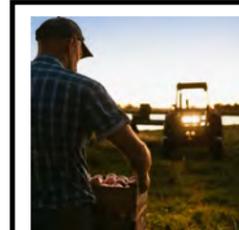
24 Martin Road, Voorheesville, NY 12186

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Date	Time	Event	Fee	Contact	Location
3/13/26	12:00 - 1:00 pm	Eat to Stay Strong (in partnership with MVP)—Discover how certain foods can help power your immune system in this educational virtual cooking class. Learn about key nutrients like antioxidants and phytochemicals, then cook simple recipes together! We will be making Spinach squares and a winter fruit salad. The two recipes will be shared ahead of time. Please visit our website for more information: ccealbany.com	Free	Karen kem18@cornell.edu 518-618-5595 (text or leave msg)	Virtual
3/14/26	11:00 am - 12:30 pm	Pruning Basics—Learn how and when to prune your shrubs, trees, and perennials. You will learn about the proper tools to use for pruning and receive hands-on instruction. The Workshop will include a demonstration of the proper way to prune in the Cooperative Extension Gardens. Pre-Registration with Carole (by 3/10) is required. Discount when combined with Garden Tools class.	\$10/class or \$15/both classes	Carole Henry albmgsspeakers@cornell.edu 518-765-3500	CCE Albany County 24 Martin Rd. Voorheesville, NY 12186
3/14/26	1:00 - 2:30 pm	Garden Tools: Choosing, Using and Sharpening—Discover the best tools to use for specific gardening tasks. Tools allow us to do more work with less effort. Workshop includes a Tool Sharpening demonstration where you will learn how to sharpen your garden tools to make them easier to use and more effective. Pre-Registration with Carole (by 3/10) is required. Discount when combined with Pruning Basics class.	\$10/class or \$15/both classes	Carole Henry albmgsspeakers@cornell.edu 518-765-3500	CCE Albany County 24 Martin Rd. Voorheesville, NY 12186
3/19/26	6:00 - 7:30 pm	Companion Planting: What is It & Why? This is an introduction to planting different plants together such as vegetables, herbs, fruits, flowers, etc. that provide a benefit to their neighbors through nutrients, providing shade, or protection from pests or disease. Pre-registration via Zoom is required. Please visit our website for more information: ccealbany.com	Free	Program Questions: albmgsspeakers@cornell.edu 518-765-3500	Virtual
3/19/26	12:00 - 1:00 pm	CCE Albany Climate Bites #1: Food Waste—In this new webinar series, we will be learning all about the causes of our shifting climate and ways we can act to make our communities healthier and more resilient. The first webinar in this series is all about food waste! Explore how food waste affects our climate and learn practical solutions that will allow you to make a difference. Please visit our website for more information: ccealbany.com	Free	Will wpl32@cornell.edu 518-765-3500	Virtual
2/19, 3/19, 4/16 & 5/21/26	6:00 - 7:00 pm	Spices Around the World—Please join us for a series of classes which will delve into capturing the flavor of spices and herbs in cooking techniques from France, China, North Africa, Italy, and the Mid-East. Please visit our website for more information: ccealbany.com	Free	Karen kem18@cornell.edu 518-618-5595 (text or leave msg)	Virtual
3/19 & 3/20/26	7:45 am Registration 8:00 am - 5:00 pm Training	EPA's Lead Abatement Worker Initial Training —The EPA's Lead Abatement Worker Initial Training is a 2-day (16-hour) course that teaches on-site workers about the dangers of lead, the roles and responsibilities of a worker, federal, state, and local regulations, and safe lead abatement methods. Training concludes with the required Lead Worker course certification exam. Pre-registration is required. Please visit our website for more information: ccealbany.com	Free	Nick neb87@cornell.edu 838-202-0742	CCE Albany County (Energy Building) 24 Martin Rd. Voorheesville, NY 12186
3/23/26	12:00 - 1:00 pm	Money Mania: Goals, Budgets & Savings Plans! Do you know how to develop strong financial goals? How about creating a household budget? Do you have savings plan for long term goals and unexpected expenses? Join to learn more about different resources and tips to help you make more informed financial decisions. Registration (by 3/22) is required. Please visit our website for more information: ccealbany.com	Free	Laura loraldi@cornell.edu 518-410-6831	Virtual

Date	Time	Event	Fee	Contact	Location
2/24, 3/24 & 4/28/26	6:30 - 7:30 pm	Cooking with Love for the Planet (3-class series)—Learn how to make your kitchen a more sustainable one and why it matters! Pre-registration via Zoom is required. Please visit our website for more information: ccealbany.com	Free	Karen kem18@cornell.edu 518-618-5595 (text or leave msg)	Virtual
3/26/26	7:45 am Registration 8:00 am - 5:00 pm Training	EPA Lead Renovation, Repair, and Painting (RRP) Initial Training—The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. Pre-registration is required. Please visit our website for more information: ccealbany.com	Free	Nick neb87@cornell.edu 838-202-0742	Albany Community Development Agency 200 Henry Johnson Blvd. 2nd Floor Albany, NY 12210 (Parking available behind building)
3/30/26	12:00 - 1:00 pm	Understanding Your Credit Report and Score—Whether you are just starting out or have an established credit history, there are still things we can do to improve or maintain a good credit score. In this workshop, participants will learn how to request and review a free credit report. Registration (by 3/29) is required. Please visit our website for more information: ccealbany.com	Free	Laura loraldi@cornell.edu 518-410-6831	Virtual
3/31/26	6:00 - 7:30 pm	4-H SPARKS Club—For all youth ages 8-12 who are not already enrolled in 4-H. This program will introduce youth to a wide variety of topics to "SPARK" their interest in new and exciting hands-on opportunities!	Free	Rachel S. rcl227@cornell.edu 518-765-3543	CCE Albany County 24 Martin Rd. Voorheesville, NY 12186
3/31/26	7:45 am Registration 8:00 am - 12:00 pm Training	EPA Lead Renovation, Repair, and Painting (RRP) Refresher Training—Within five years of completing the RRP Initial class, an EPA certified renovator must successfully complete an EPA RRP Refresher course to continue working. Pre-registration is required. Please visit our website for more information, including registration: ccealbany.com	Free	Nick neb87@cornell.edu 838-202-0742	CCE Albany County (Energy Building) 24 Martin Rd. Voorheesville, NY 12186
SAVE THE DATE					
4/2/26	6:00 - 7:30 pm	Everyone Loves Tomatoes—Learn about the different types of tomatoes, options on planting, basic tomato plant care, how to harvest and preserve your crop. Pre-registration via Zoom is required. Please visit our website for more information: ccealbany.com	Free	Program Questions: albmgsspeakers@cornell.edu 518-765-3500	Virtual
4/16/26	6:00 - 7:30 pm	Pest & Diseases in the Vegetable Garden—This presentation covers insects (both detrimental and beneficial), commonly occurring diseases, and conditions that impact common vegetables along with potential solutions and cures. Pre-registration via Zoom is required. Please visit our website for more information: ccealbany.com	Free	Program Questions: albmgsspeakers@cornell.edu 518-765-3500	Virtual
4/16/26	12:00 - 1:00 pm	CCE Albany Climate Bites #2: Microplastics—We will be hearing from Catherine Prunella, a Water Quality Extension Specialist at New York Sea Grant. She will discuss issues with microplastics and ongoing solutions to remove microplastics from our waters. Please visit our website for more information: ccealbany.com	Free	Will wpl32@cornell.edu 518-765-3500	Virtual



March is National Agriculture Month where we acknowledge the importance of how agriculture is a part of our everyday life. It is a time to recognize and appreciate farmers, ranchers and producers for their role in providing us with a safe, quality and affordable food supply, renewable resources and fiber products. *Be sure to thank an agriculture professional in your community!*