

SNAP-Ed Nutrition Program Update February Board Report 2026

Program Highlights

Norman Howard - January has been full of great momentum around wellness and kicking off the New Year! We offered SNAP-covered classes at Norman Howard, utilizing their amazing kitchen and the Cooking Matters curriculum.

ARC - Continues to build its Healthy Living programming by booking two classes per month for individuals in the Adult Program.

Public Housing sites: We are continuing to serve programs at Public Housing sites, utilizing FVRx vouchers, which remain a much-needed resource amid rising food costs.

Centro De Oro: Every month we facilitate monthly food demonstrations for the Spanish-speaking population. In addition, we have planned five classes for their participants.

Saint Jude: We have scheduled two classes at Saint Jude I and Saint Jude II for February.

Ronald McDonald House Charities: We planned two presentations for Ronald McDonald House Charities and a table display at Unity Hospital in February - this will be our first time partnering with them so we are looking forward to starting this new partnership.

UR–ACTIVATExtO: We participated in our monthly Community Advisory Group meeting for the UR–ACTIVATExtO study.

Wilmot: We successfully established ongoing communication with Wilmot to explore a future partnership and potential voucher funding for the FVRx program. This may occur either by the end of September or after they complete their grant writing before the end of September.

Jordan Health Center: We had a positive meeting with the Jordan Health Center Dietitian and are in the process of scheduling a meeting with Dr. Clark. We will explore whether there is a possibility of funding vouchers for classes, which will remain no-cost through the end of September. We also have an upcoming meeting with RRH to explore a similar opportunity for voucher funding.

Public Market: We will continue partnering with Wilmot and Fidelis at the Public Market from April through September, offering a total of four Saturday presentations in 2026.

Strategic Plan Update –

Intentionally imbed practices of diversity and equity in all programming Bilingual Teaching Materials:

- After a recent review of our strategic objectives, we have decided to keep this as an action item, alongside continued brainstorming on ways to incorporate more bilingual teaching materials in languages beyond English and Spanish. Additionally, with the remaining SNAP-Ed budget, we are exploring the purchase of more bilingual informational handouts and posters to support our programming.

Leverage our relationships with current partners and identify new collaborators to address gaps and opportunities. Nutrition Advocacy

- The Nutrition Advisory has met in January 2026 and is meeting in a couple this month to further discuss ways in which we can identify new partnerships and address gaps/opportunities.

BOD Engagement Opportunity –

Are there any sites you know of that could benefit from receiving nutrition programming and could collaborate with us on a fee-based structure beginning in October 2026? Additionally, are there any grants opportunities that our nutrition program could fit into?

Story of Celebration or Success

Our nutrition team facilitated a heart-healthy nutrition presentation for the Greece Community Center as part of their Time Out for Women program. We were added to their winter session lineup and included on the program flyer distributed throughout the community. Approximately 90 women signed up for the program, and it was a great success. We enjoyed sharing practical tips on how to keep hearts healthy during the month of February.

Time Out for Women is a wonderful opportunity to connect with the community. The program is designed to give women time to gather in a social setting while learning about a variety of unique topics through engaging informational sessions. It was a great way to be out in the community and connect with participants!

Time Out For Women
Winter Session

Wednesdays, 1/7 - 2/25
 9:00 - 11:00 am Ages 50+

Residents: \$25 Non-Residents: \$30

1/7: "Meet the iPhone/iPad" - Daniel Jones
 1/14: "Musical Entertainment" - Josh Shapiro
 1/21: "The Center Information & Offerings/Jeopardy"
 1/28: "Let's Talk Cancer" - Nancy Iafrafi
 2/4: "Nutrition Education with Cornell Cooperative Extension"
 2/11: "Valentines Day Bingo"
 2/18: "Craft with Mo" - Maureen Elliott
 2/25: "Lifespan - Financial Programs/Scam Prevention"
 - Justin McCabe

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