



Chautauqua County

LOCAL FOOD GUIDE

FRESH, LOCAL FOODS

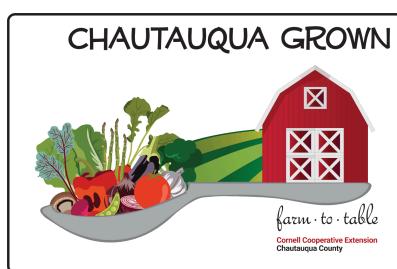
FOOD PANTRY PROGRAMS

LOCAL FARMS & FARM STANDS

COMMUNITY SUPPORTED AGRICULTURE

FARMERS MARKETS

Cornell Cooperative Extension | Chautauqua County



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WHY BUY LOCAL?

Purchasing and investing in locally grown, raised and produced products has an incredible value!



Safe: Knowing and trusting the folks who grow your food provides for more purity without the use of undesirable chemical residual on harvested food. E-coli and salmonella bacteria are less likely to be found in local food sources.

Variety: Local farmers offer a wider variety of produce that we need to stay healthy. Just visit one of our many farm stands in Chautauqua County to find out!

Economy: The purchase of locally grown food puts money into local economies. Studies have shown that every dollar spent with a local food business generates up to \$2.50 in additional local economic activity.

Community. Buying local builds long-term mutually beneficial relationships between food producers and food buyers, and reconnects eaters with the source of their food. You can also protect farmland and open space from development by keeping family agriculture a vibrant and competitive use of land.

Environment. Most food in the United States travels an average of 1500 miles before it reaches our table. Buying local reduces carbon dioxide emissions. Small family farms typically take a less intensive approach to producing food and use fewer synthetic pesticides, herbicides and fertilizers, and if they do use chemicals, follow Integrated Pest Management.

Fresh: Eating locally guarantees freshness.

Locally grown produce is usually harvested no more than twenty-four hours prior to purchasing —bringing to the table crisp, fresh vegetables at the height of their nutritional value.

Taste: Produce picked and eaten fresh tastes better. Even a week's delay in reaching the table will cause food to shrink and lose flavor. Many of our local farmers use heritage varieties, which tend to have more flavor and remind us of the garden vegetables and fruits of years ago.

AN EQUITABLE FOOD SYSTEM

Ensuring our local food system is accessible to all helps our food system thrive.
Here are ways our community aims to craft a more equitable food system!

Food is FRESH: All individuals who wish to purchase produce, and other food products, deserve the best quality products. Often food that is not local travels far distances, losing quality and nutritional value.

Food is AFFORDABLE: While some local products are priced at a value that ensures profit for the farmer or grower, there are many programs that assist in offering food, and local food, at a price available for all. This includes farmers' markets and farm stands that accept SNAP or Double Up Food Bucks, distribution of New York State Farmers Market Nutrition coupons via the Office of the Aging or WIC, as well as community food service programs, such as congregant meal sites, mobile markets, and food pantries. Other programs, such as the Office of the Aging's Local Roots Program, offer food to specific populations who may be more vulnerable to food insecurity.

Food is appropriate to all CULTURES: As most of us can attest, food is an important part of our family traditions, history and culture. Often, due to our WNY seasonality, culturally relevant foods may not be available for all. This can include products that are native to one's home country, vital for cultural recipes, or simply foods that individuals and families love to enjoy. More and more local farmers are recognizing the need to grow what they can to ensure that individuals of all backgrounds have access to the foods they want. In addition, food pantries are procuring more and more culturally relevant foods.

Food is NUTRITIOUS: Food comes in all shapes, colors and ingredients. Fed is best. However, all community members deserve equal access to foods that nourish our bodies, be that physical, emotional or culturally. Increased nutrition benefit programs increase access to farmers markets and mobile markets. Farm to school programs expand local and nutritious food access for students. More food pantries are recognizing the need to offer foods for infants/young children, such as formula, as well as food for our furry friends!



WNY SEASONAL PRODUCE

Spring (April/May)



Early Summer (June/July)



Late Summer (August/September)



Fall (October/November)



Winter (December-April)



For More Information:

<https://www.seasonalfoodguide.org/state/new-york>



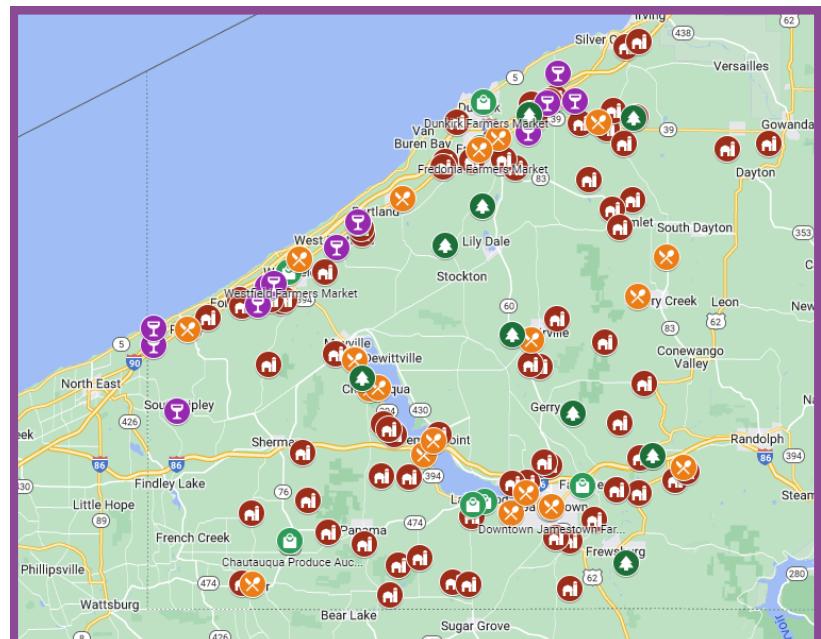
CHAUTAUQUA GROWN

Chautauqua Grown is your source for all things local foods!
Find farms, restaurants, farmers markets, and much more!

Chautauqua County is home to over 1,500 farms that produce high quality, safe, and nutritious foods for us all to enjoy! Here you will find your guide to all things local foods, including farms that sell products direct to consumers, farmers markets, and restaurants that purchase locally produced foods. This map is updated often, and is administered by Cornell Cooperative Extension of Chautauqua County.

Categories of Farms You Can Find on Chautauqua Grown:

- U-Pick Farms
- Fruits & Vegetables
- Meats/Poultry & Eggs
- Flowers
- Community Supported Agriculture (CSA) Programs
- Maple Syrup
- Honey & bee products

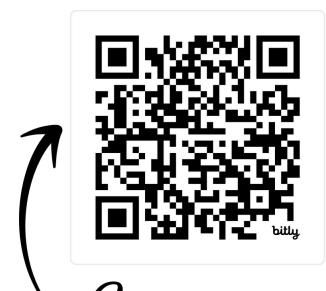


UPICK FARMS

Upick farms offer the Chautauqua and surrounding community the opportunity to visit local fruit orchards or vegetable patches up close! U-Pick farms offer visitors the chance to literally pick the produce off the vine or tree. It is also a great way to learn more about local farms, provides opportunity to support a small business, and often produce is cheaper when purchased in bulk from a u-pick operation.

Some of the produce available for u-pick in Chautauqua includes:

- Cherries
- Strawberries
- Blueberries
- Asparagus
- Fava Beans



Scan me

Access our Chautauqua Grown Map with the QR code above!

NUTRITION BENEFIT PROGRAMS



Many low-income and senior residents are eligible for **SNAP** benefits. Contact Chautauqua's local NOEP (Nutrition Outreach Education Program) Coordinator to sign up today! In addition, many local farmers markets accept SNAP benefits, as well as most retail food stores. Visit <https://www.feedmorewny.org/snap-resources/> for more information.



When you use your SNAP benefits, **Double Up** matches your fruit and vegetable purchases dollar for dollar (up to \$20 a day). That means you and your family get twice the fresh fruits and veggies. Several farmers markets in the county currently participate in the Double Up Food Bucks program. Find a Double Up market nearest you by visiting: <https://doubleupnys.com/>



The Farmers' Market Nutrition Program (FMNP) provides checks to women, infants and children through the [Women, Infants and Children Program \(WIC\)](#) and to seniors through the [Commodity Supplemental Food Program \(CSFP\)](#) for the purchase of locally grown, fresh fruits and vegetables.

Fresh fruits and vegetables can be purchased with checks at farmers' markets during the summer and fall. The program runs from June - November 30. FMNP checks are distributed to all WIC participants and via the Office of the Aging starting annually in July.



The FreshConnect Checks Program was designed to increase the purchasing power of Supplemental Nutrition Assistance Program (SNAP) consumers by 40 percent while supporting local farmers, farmers' markets, farm stands, and mobile markets. The FreshConnect Checks Program has also been available to veterans, service members, and their immediate families since 2014, and can be used to purchase fresh foods at participating farmers' markets and farm stands.

If you are a veteran, visit your local VA office. All SNAP participants are also eligible for Fresh Connect checks at participating farmer's markets



The Veggie RX program is a collaboration between the **Jamestown Mobile Market and The Chautauqua Center**. Medical providers and other staff at partnering health care organizations give "prescription" vouchers that act as money to their patients. Those patients spend the vouchers on fresh produce at area public markets. Veggie Rx patients receive five free servings each week through the duration of the season

NUTRITION BENEFIT PROGRAMS

Hope to apply for local nutrition benefits? Contact the following organizations for assistance and information!

Call or visit **Chautauqua County Department of Social Services** to apply for SNAP benefits.

South County Office Building
110 E. Fourth Street
Jamestown, NY 14701
Phone: 716-661-8200

North County Office Building
319 Central Ave
Dunkirk, NY 14048
Phone: 716-363-3500



You can also apply online at <https://mybenefits.ny.gov/>



The Nutrition Outreach Education Program via **Feedmore WNY** assists individuals and families in applying for SNAP. Confused by the process? Give Chautauqua County's NOEP Coordinator a call!

Phone: (716)-822-2005 ext 3105
Email: bbarone@feedmorewny.org

Catholic Charities administers the WIC program in both Chautauqua, Niagara and Erie Counties. For pregnant and nursing mothers and children infant to age 5.

Phone: (716) 218-1484
Email: wicinfo@ccwny.org



Chautauqua County Office for the Aging provides several food access programs, including Meals on Wheels, the Local Roots fresh produce delivery program, and distribution of the Farmers Market Nutrition Program vouchers.

Phone: 716-753-4471

CHAUTAUQUA COUNTY COMMUNITY SUPPORTED AGRICULTURE (CSA) SHARES

Community Supported Agriculture (CSA), one type of direct marketing, consists of a community of individuals who pledge support to a farm operation so that the farmland becomes, either legally or spiritually, the community's farm, with the growers and consumers providing mutual support and sharing the risks and benefits of food production.

It is important to research available CSAs to find one that is right for you! Each CSA is unique in it's offerings, add-ons, location and pickup points. Most will also offer weekly recipe ideas or produce preservation tips.

CSAs are a perfect investment for an individual or family who wishes to experience the WNY growing season, and is comfortable with trying new items week to week!



Hickory Hurst

Offering fresh produce weekly
Two-site location pickup
Add ons include syrup; honey; eggs; or cheese
Also offers a flower share
<https://www.facebook.com/HickoryHurstFarm>

Carlberg Farm Produce

Offering fresh produce weekly
Pickup at farm stand
Add ons include fresh greens; mushrooms & fresh baked bread
<https://www.facebook.com/Carlbergfarmproduce>



Green Heron Growers

Offers flexible online ordering year round
Pickup at farmstand or local farmers market
Offers variety of meat shares in various sizes
<https://theheron.org/our-farm/>

Grow Jamestown CSA

Offers weekly pickup of fresh produce from various Chautauqua county farms
Add ons include meat, eggs & fresh baked breads
Proceeds go to support the Jamestown Mobile Market program
www.jfmny.org

Stillwater Valley Farm

Offers weekly pickup of fresh produce
Unique, rare and Indigenous produce items available
Offers a 'Seed CSA' with variety of unique and cultivated seeds
Pickup at farm
<https://www.facebook.com/stillwatervalley>

Maggitti Farms

Unique and traditional produce items, including wide variety of hot peppers, radishes, and tomatoes
Uses Regenerative Agriculture practices

<https://www.facebook.com/pages/Maggitti-Farms/102136388185989>

Bemus Point Market
1 Lakeside Drive
June 14-August
Saturdays 10 AM-2 PM

Cassadaga Farmers Market
Ames Common, Maple Ave
June-September
Sundays 12:00 PM to 3 PM

 Farmers' Market Nutrition Program

 FAMILY MARKETS

Dunkirk Farmers Market
45 Cliffstar Ave.
June 11-October
Wednesdays 9 AM to 2 PM

 Farmers' Market Nutrition Program

 FAMILY MARKETS

Falconer Farmers & Artisans Market
Davis Park
June-August
Saturdays 10 AM to 4 PM

Forestville Farmers Market
5 Main Street
June 19-October
Thursdays 2 PM to 6 PM

 Farmers' Market Nutrition Program

 FAMILY MARKETS

Fredonia Farmers Market
Summer Market
Church St.
May-October
Saturdays
9 am to 1 pm

Winter Market
321 E Main Rd
Nov-April
Saturdays
10 am to 1 pm

 Farmers' Market Nutrition Program

 FAMILY MARKETS

Lakewood Farmers Market
Chautauqua Ave
June-September
Thursdays 12 PM to 4 PM

 Farmers' Market Nutrition Program

 FAMILY MARKETS

Jamestown Farmers Market
Summer Market
16 W 3rd St
June 7-Nov
Saturdays 9 am to 1 pm

Winter Market
410 N Main St
Jan-May

 Farmers' Market Nutrition Program

 FAMILY MARKETS

Jamestown Mobile Market
Days & Locations Vary
Visit: jfmny.org

 Farmers' Market Nutrition Program

 FAMILY MARKETS

Veggie RX

Mayville Evening Market
16 Water St.
June-August
Saturdays 4 PM to 8 PM

Westfield Farmers & Artisan Market
Park Ave.
May 31-September
Saturdays 9 AM to 2 PM

CHAUTAUQUA COUNTY FARMERS MARKET



TIPS FOR SHOPPING AT YOUR LOCAL FARMERS MARKET

Know WNY Seasonality: Prior to visiting, research WNY seasonal produce items so you know what kinds of fruits and vegetables to expect when you arrive at the market! Seasonality will differ depending on the type of market you visit, as well as the time of year

Bring a reusable bag: Many farmers and vendors do not offer plastic bags in support of the local environment. Visiting a market is the perfect time to bring that reusable tote! Many markets also sell bags as a fundraiser for their events

Go early: Farmers markets tend to be less crowded in the earlier hours, and it gives you the chance to get the best selection of products

Talk with the farmers: If you find a product that is new to you, or if you are curious about a farmers' business, don't be afraid to ask questions! Most farmers and vendors are more than happy to discuss their products, origins, growing practices and even may share recipes and cooking tips

Buy in Bulk: Many of the best pricing deals at farmers markets are when you buy in bulk. You can also purchase product in bulk to preserve, via canning or freezing

CHAUTAUQUA COUNTY FARM STANDS



SHOPPING AT A LOCAL FARMSTAND

Plan for Seasonality: The WNY growing season varies, sometimes even week to week during spring/summer/fall! While you can plan to purchase some items ahead of your visit, go into the shopping experience with flexibility.

Hours May Vary: Often farm stands are located at a family farms' home. Hours, even if set on social media or online, may vary because of this. Visit with patience, as many farm stands are staffed by members or even children of the farm. This presents a unique opportunity to learn more about each farms' values and growing process!

Preserve Your Bounty: Many farm stand operations will sell you product in bulk; think tomatoes for canning, or strawberries for jam. Do not be afraid to call ahead to see when you may be able to purchase in bulk, and always be sure to place your order ahead of pickup to give the farm time to pick and package your produce.

Bring cash: Most farm stands are cash only; while some do accept credit/debit and several take FMNP coupons or even SNAP, most are cash. Some are even 'pay with honesty' and do not have staff on site to provide exact change. Come prepared with smaller bills.

Abers Acres
884 NY-394 Kennedy, NY
S/M/T/W/T/F/S 10 AM to 6 PM
U Pick Hours & Winter Hours Vary



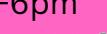
Carlbergs Farm Stand
1982 Peck Settlement Road
Jamestown, NY
F/S 10 AM to 6 PM
Summer/Winter Hours Vary



Feinen Farms
13251 Route 39 Forestville
Daily, 10 AM to 6 PM



Roberto Fred Farms
10655 Temple Rd Dunkirk
Daily 9am-6pm



Green Heron Growers
2361 Wait Corners Road
Sherman, NY 14767
Open Year Round, Daily
8 AM to 8 PM



Hidden Valley Produce
324 Warren Road
Frewsburg, NY 14738
Hours Vary. Not open on Sundays.
May through November



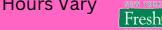
Hostetler Farm Stand
2213 Route 76
Panama, NY 14767
Mon-Sat 9am-6pm Closed Sundays



Peterson Farm
3260 Fluvanna Ave,
Jamestown, NY 14701
Daily, 10 AM to 6 PM

Old Chautauqua Farms
6645 West Main Road
Portland, NY 14769
Stand Hours Vary
U-Pick Hours Vary

Scott's Farm & Greenhouse
164 W. Fairmount Ave
Lakewood, NY 14750
&
6029 Route 60 Sinclairville, NY 14782
Hours Vary



Yerico Farms
3186 E. Main Street
Dunkirk, NY 14048
Open June to November
Hours Vary

CHAUTAUQUA COUNTY FARMERS MARKET NUTRITION PROGRAM REDEMPTION SITES

FARMERS MARKETS

Cassadaga Farmers Market

Ames Common, Maple Ave
June-September
Sundays 12:00 PM to 3 PM

Forestville Farmers Market

5 Main Street
June 19-October
Thursdays 2 PM to 6 PM

Lakewood Farmers Market

Chautauqua Ave
June-September
Thursdays 12 PM to 4 PM

Dunkirk Farmers Market

45 Cliffstar Ave.
June 11-October
Wednesdays 9 AM to 2 PM

Fredonia Farmers Market

Summer Market Church St. May-October Saturdays 9 am to 1 pm	Winter Market 321 E Main Rd Nov-April Saturdays 10 am to 1 pm
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Jamestown Farmers Market

Summer Market 16 W 3 rd St June 7-Nov	Winter Market 410 N Main St Jan-May Saturdays 9 am to 1 pm
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Jamestown Mobile Market

Days & Locations Vary
Visit: jfmny.org

Westfield Farmers & Artisan Market

Park Ave.
May 31-September
Saturdays 9 AM to 2 PM

FARM STANDS/RETAIL MARKETS

Abers Acres

884 Route 394, Kennedy
Mon-Sat 9am-6pm
Sun 10am-5pm

Biodome Project

207 Pine St, Jamestown
Tues – Fri: 11AM – 6PM
Sat: 11AM-5PM

Carlberg Farm Stand

1982 Peck Settlement Rd, Jamestown
Mon-Sat 9am-6pm
Sun 10am-5pm,

Feinen Farm Stand

13251 Route 39 Forestville
Daily, 10 AM to 6 PM

Green Heron Growers

2361 Wait Corners Road, Sherman
Daily, 8 AM to 8 PM

Hidden Valley Produce

324 Warren Road Frewsburg
Mon-Sat 9am-6pm
Closed Sundays

Hostetler Farm Stand

2213 Route 76, Panama
Mon-Sat 9am-6pm
Closed Sundays

Miller's Apples

3889 Williams St. Dunkirk
Fri 10am-1pm

Roberto Fred Farm Stand

10655 Temple Rd Dunkirk
Daily 9am-6pm

Scott's Farm & Greenhouse

6029 Route 60 Sinclairville
Daily 9am-6pm



More Info:

[https://agriculture.ny.gov/
farmers-markets-county](https://agriculture.ny.gov/farmers-markets-county)

LOCAL MARKET CALENDAR



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Cassadaga Farmers Market Maple Ave June-September 12:30 PM to 3:30 PM		Jamestown Mobile Market Various Locations/Times	Dunkirk Farmers Market Cliffstart Drive 9 AM to 2 PM	Forestville Farmers Market June-October 2 PM to 6 PM		Westfield Farmers & Artisan Market Park Ave. May-September 9 AM to 2 PM
			Jamestown Mobile Market Various Locations/Times	Lakewood Farmers Market Chautauqua Ave June-September 12 PM to 4 PM		Fredonia Farmers Market Church Street Saturdays May-October 9 AM to 1 PM Masonic Lodge November-April 10 AM to 2 PM
			FeedMore WNY Farm Market Truck YWCA Westfield 58 S. Portage Street, Westfield 11 AM to 12 PM	Jamestown Mobile Market Various Locations/Times	FeedMore WNY Farm Market Truck Anderson Lee Library, 43 Main Street, Silver Creek 11 AM to 12 PM	Jamestown Farmers Market Summer: 16 W 3 rd St Winter: 410 N. Main St 9 AM to 1 PM
						Bemus Point Farmers & Artisan Market Village Center 10 AM to 2 PM
						Falconer Farmers & Artisans Market Davis Park 10 AM to 4 PM
						Mayville Evening Market 16 Water St 4 PM to 8 PM

AGRICULTURE RELATED ANNUAL EVENTS

Busti Apple Festival: Last Saturday/Sunday in September

More Information: <https://busti-historical-society.weebly.com/>

Chautauqua County Fair & Chautauqua 4H Meat Animal Sale: Third Week in July

More Information: <https://www.chautauquacofair.org/>

Chautauqua Produce Auction: Every Tuesday and Friday, starts first

week of May

More Information: <http://chautauquaproduceauction.com/>

Farmer Neighbor Dinner: Annually Every Summer

More Information:

<https://chautauqua.cce.cornell.edu/agriculture/chautauqua-farmer-neighbor-dinner>

Festival of Grapes: Annual every September

More Information: <https://silvercreekny.com/festival-of-grapes/>

Fredonia Farm Festival: Last weekend of August

More Information: <https://www.farmfestivalfredonia.com/>





CHAUTAUQUA COUNTY EMERGENCY FOOD SERVICES

DAILY MEAL LOCATIONS

**Chautauqua County Rural
Ministry** – Dunkirk
319 Washington Ave.
(716) 366-1787

St Susan's Kitchen - Jamestown
(716) 664-2253

FOOD PANTRIES

Findley Lake UMC
2862 North Rd (716) 769-7532

Clymer Abbe Reformed Church
595 Clymer/Sherman Road
(716) 355-6336

**Cherry Creek First UMC
Twice Fed Food Pantry**
6813 Main St. (716) 296-5213

Ashville Food Pantry UMC
2180 Maple St. (716) 763-9252

Bread of Life Food Pantry –
Jamestown 1006 W. 3rd Street
(716) 483-3687
(716) 490-5510

**Forestville – Neighbor to
Neighbor Food Pantry**
9495 Prospect Rd.
(716) 257-6081

Cassadaga Food Pantry
25 Maple Ave. (716) 595-8718

Brocton-Portland Food Pantry
7081 E. Route 20, Portland
(716) 326-3417 or (716) 326-2492

Forestville Food Pantry
3 Park St. (716) 965-2655

**Falconer Food Cupboard at
Bethlehem Lutheran Church**
20 N. Phetteplace St.
(716) 665-2102

**Chautauqua County Rural
Ministry** – Dunkirk
319 Washington Ave
(716) 366-1787

**The Fred Basket-Fredonia
Presbyterian Church**
219 Central Ave (716) 679-1501

Frewsburg Food Cupboard
6 Institute St. (716) 569-2615

What Can I Expect at a Food Pantry?

Each food pantry in the county, or other emergency food program, have their own intake process. It is best to call ahead to learn the time and days your nearest pantry is open, as well as to ask questions on what you may need to bring your first visit.

Some pantries even take appointments.

Most pantries in Chautauqua County require an ID upon visiting; this could include a driver's license, a student ID or even a formal membership card.

If you do not have ID, do not worry! Pantries will work with you to ensure you get the nourishing foods you are looking for.

CHAUTAUQUA COUNTY EMERGENCY FOOD SERVICES



FOOD PANTRIES

**God's Groceries United
Methodist Church-Panama**
22 E. Main St. (716) 680-4292

Salvation Army - Jamestown
83 S Main St, (716) 664-4108

Sinclairville Food Cupboard
49 Sinclair Dr. (716) 962-2265

Kennedy - 1st UMC
3594 Church St. (716) 267-2645

Salvation Army - Dunkirk
704 Central Ave. (716) 366-3701

South Dayton Food Pantry
327 Route 322 (716) 988-3232

**Mayville – St. Paul's Episcopal
Food Pantry**
99 S. Erie St.
(716) 753-2243

Sherman Community Church
133 W. Main St. (716) 761-6522

**St. Elizabeth Ann Seton Food
Pantry - Dunkirk**
336 Washington Ave
(716) 366-2306

**Northside Food Pantry Christ
First UMC - Jamestown**
663 Lakeview Ave.
(716) 664-5803

Sherman Food Pantry
123 West Main Street
(716)-761-6978

Tree of Life – Jamestown
825 Forest Ave (716) 488-4235

**Ripley Community Council Food
Pantry** 14 N. State St.
(716) 736-4386

Silver Creek Food Pantry
260 Central Ave (716) 934-7642

Westfield Food Pantry
101 E. Main St. (716) 326-3243

FeedMore WNY Food Express Program

“Low-income, food-insecure families often lack access to fresh, nutritious food like fruits and vegetables. Through our Mobile Food Pantry Program, we deliver fresh, perishable food items such as produce and low-fat dairy products directly to those in need throughout Cattaraugus, Chautauqua, Erie and Niagara counties”

For the monthly schedule visit: <https://www.feedmorewny.org/programs-services/find-food/mobile-food-pantry/>

CHAUTAUQUA COUNTY OFFICE FOR THE AGING: LOCAL ROOTS



Local Roots is a partnership between SNAP-Ed and Office for Aging Services that helps older adults in Chautauqua County with Low or Very Low Food Security access fresh and affordable produce.

Local Roots is a CSA-style (Community Supported Agriculture) produce program focused on increasing access to the first thing often cut from diets of those struggling with Low or Very Low Food Security – FRESH fruits and vegetables!

Local Roots is a produce distribution for **12 weeks between mid-June and mid-September**. The local grower, Abers Acres, picks the produce fresh on distribution days based on what is ready to be harvested.

The 30-minute produce distribution occurs at 12 locations each week to pre-registered older adults through a partnership between OFAS and St. Luke's Jamestown Mobile Market (JMM). Locations include Forestville, Dunkirk, Fredonia, Brocton, Cherry Creek, Sinclairville, Mayville, Findley Lake, Clymer, Jamestown, Falconer, and Lakewood.

How to Sign Up

Check OFA's website at <https://chqgov.com/office-aging> to see all the programs and services offered. Additionally, by signing up for their communication system, if you are not already registered, you will be provided with information at your fingertips. OFA sends messages about the current programs you may be interested in through your preferred communication method: text, email, or an automated call. If you are not already signed up to receive these messages call the NY Connects line 716-753-4582.

CHAUTAUQUA COUNTY SUMMER FOOD PROGRAM



Across the county, lunches are served to children at various locations as part of the U.S. Department of Agriculture, Summer Food Service Program.

The program is free and available to all school aged children, ages 18 and under, as well as adults with disabilities through age 21.

Visit www.fns.usda.gov/summerfoodrocks for a map of local summer feeding sites
OR call the YMCA at 716-664-2802

LITTLE FREE PANTRIES

Started within our county during the Covid-19 pandemic, Little Free Pantries have been popping up around Chautauqua, aimed to serve those in need of food through mutual aid and no restrictions.

According to Nebraska Extension, “Little Free Pantries (LFP) are weather and animal-proof structures that store food and other items for those in need. They are accessible 24/7 and located in neighborhoods, typically in front yards or by sidewalks. LFP’s are built by and stocked by private citizens who want to help those in need in their community. How often each pantry is refilled is based on the person(s) stocking it.”

The majority of Little Free Pantries are located throughout the city of Jamestown. Do you have a Little Free Pantry at your home, church or business? Contact us at CCE to be added to our map!



SCAN ME



CHAUTAUQUA COUNTY 4-H

is October 1-September 30 and
ages 5-8 in the Cloverbud program
9-18 as “traditional” 4-H members.
imal projects plus 25 non-animal
e sewing, leathercrafting, and
photography.

Contact the 4H office at Cornell Cooperative Extension of Chautauqua County for more information: 716-664-9502



CHAUTAUQUA COUNTY'S ANNUAL 4H MEAT ANIMAL SALE

When: Annually, last Friday of the Chautauqua County Fair, Noon



What: Support the Chautauqua County 4H youth
Acquire grain fed animals for top quality meat
Obtain publicity through the sale and media
promotion

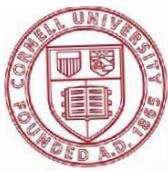


Where Do I Meet for 4-H?

Chautauqua County 4-H offers several club options throughout the County. We strongly encourage participation in a County club. For members who choose to join a county animal project, meeting locations are determined by animal species committees, but typically at JCC in Jamestown. Becoming a Lone Member is also an option if club locations are not viable for the youth.

Feel free to reach out for more information.

COMMUNITY GARDENS



Enhancing The Community: One Trowel at a Time

EVENTS

Evening in the Garden: Every third Wednesday at the JCC Demonstration Garden, May-September

Annual Master Gardener Plant Sale:
Early May

Annual Garden Symposium:
Mid-Late May



Grow Jamestown, a local food access organization sponsored by St. Luke's Episcopal Church of Jamestown, manages a community garden program within the city of Jamestown.

Visit <https://jfmny.org> for more information on how to rent a plot! Open to all community members.

The mission of the Chautauqua County Master Gardener Program is to educate and serve the community, utilizing university and research-based horticultural information. Our focus is to provide reliable fact based training programs that share best practice about gardening techniques. Please call the Extension Office with any suggestions of gardening activity that will benefit the community.

Have a Gardening Question? Call the Master Gardener Helpline

Wednesdays 12pm-2pm
April through September
(716) 664-9502 x 224

We are happy to take care of your gardening questions or concerns!



Chautauqua County Rural Ministries has a community garden and gleaning/seed starting program. Some food is then utilized within the soup kitchen. For more information visit: <https://theccrm.org/>

WANT TO BE IN OUR GUIDE?

The purpose of the Chautauqua County Local Food Guide is to be a resource for all community members and visitors to easily find a small portion of our local food system!

This guide is not meant to be an exhaustive listing of all farms, food producers, gardens, food service programs, or markets.

If you feel your farm, business, organization or community offering should be included in this guide, please contact us!

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