

FARM TO SCHOOL

E-Newsletter

OCTOBER'S HARVEST OF THE MONTH: APPLES

CAFETERIA HIGHLIGHTS:



- Apple sauce taste test in Liberty
- NY Thursdays deliver local products to Sullivan County cafeterias



IN THE CAFETERIA:

LIBERTY ELEMENTARY PARTICIPATED IN A TASTE TEST ON 10/22. STUDENTS COULD SAMPLE **WARM OR COLD APPLE SAUCE. CHECK OUT THE RESULTS FROM KINDERGARTEN AT RIGHT!**

Tast Test Voting

Loved it! 😍	Liked it 😊	Tried it - not my favorite 😞
20	10	5



IN THE CLASSROOM:

Nutrition Educator Joy Leon has been reaching out to schools to begin to schedule Farm to School educational sessions with interested schools and classrooms. If you would like to schedule a session or set of sessions, reach out to me at jll62@cornell.edu. Virtual field trips and standards-based resources related to Agriculture in the Classroom are also available for you to build into your curriculum if you are ready to jump in right away.

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IN THE COMMUNITY

Big Apple Crunch & Farm to School Day Events

October 16th at Sullivan West Elementary School: an annual Farm To School Day event was held.



Educational stations were set up by Sullivan West's FFA Chapter, A Single Bite, Cornell Cooperative Extension of Sullivan County, 4-H, Sprouting Dreams Farm, Myers Century Farm, and Sullivan 180. Over 500 students in grades K-5 rotated through each station, learning about agriculture, opportunities to get involved, testing out STEM skills, getting some physical activity, and sampling farm-fresh (and school garden-fresh!) products.



Students enjoying the outdoors at Liberty Elementary's Big Apple Crunch



October 21-27th: Fallsburg, Sullivan County BOCES, Liberty Elementary, Sullivan West Elementary and High School, KLR Middle School and Rockland Central School all participated in the Big Apple Crunch. That's a total of at least 6 county schools and more than 2000 students who participated in the crunch!



Above: Iris Fen Gillingham shares a garlic planting demonstration at Gael Roots Community Farm

Opportunities:

Farmers - we want to hear from you! We are putting out a call to local farmers who may be interested in visiting classrooms and/or hosting students on a field trip. If that is you, please reach out!

Teachers - if you are interested in hosting a farmer at your school district or visiting a farm on a field trip, we are here to help make connections and coordinate those activities.

Community - if you would like to get involved, there is a space for you at the table. Ag Literacy Week is only a few short months away and volunteers are always welcome!

Follow-up:

Each month, CCE Sullivan will be sharing information and educational resources that can help you incorporate Farm to School subjects in the classroom, cafeteria, and community. Please share these messages with parents and families as you see fit. Starting next month, the format will be an Outlook newsletter that you can subscribe to (or unsubscribe if you wish).

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