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Gardening Misinformation – Further Sources

Resources on Misinformation

Misinformation and Disinformation, American Psychological Association: https://www.apa.org/topics/journalism-facts/misinformation-disinformation.

Identifying Misinformation and Pseudoscience, Brown University Health (Slide 12, "Red Flags"): https://www.brownhealth.org/be-well/how-identify-nutrition-misinformation-and-pseudoscience.

Misinformation, Disinformation, and Propaganda Media Literacy, Cornell University Library LibGuides: https://guides.library.cornell.edu/evaluate-news/media-literate.

Evaluating Information with the CRAAP Test, Meriam Library of California State University: https://library.csuchico.edu/sites/default/files/craap-test.pdf.

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MYTHS:

Plants as Personal Pest Repellent

Summertime Personal Pest Control, Cornell Cooperative Extension Westchester:

 $\underline{https://s3.amazonaws.com/assets.cce.cornell.edu/attachments/72425/Summertime_Pest_Control_CCE_2024.pdf}{?1744120840}$

Debunking Garden Myths, Cornell Cooperative Extension Westchester:

https://s3.amazonaws.com/assets.cce.cornell.edu/attachments/66406/Debunking_Garden_Myths_CCE_2023.pd f?1709326970

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- Luker, Hailey A., Keyla R. Salas, Delaram Esmaeili, F. Omar Holguin, Harley Bendzus-Mendoza, and Immo A. Hansen. "Repellent Efficacy of 20 Essential Oils on Aedes Aegypti Mosquitoes and Ixodes Scapularis Ticks in Contact-Repellency Assays." Scientific Reports 13, no. 1 (January 30, 2023): 1705. https://doi.org/10.1038/s41598-023-28820-9.
- Matsuda, Brent M, Gordon A. Surgeoner, James D Heal, Arthur O. Tucker, and Michael J. Maciarello. "Essential Oil Analysis and Field Evaluation of the Citrosa Plant 'Pelargonium Citrosum' as a Repellent against Populations of AEDES Mosquitoes." Journal of the American Mosquito Control Association 12, no. 1 (April 1, 1996): 69–74.

Companion Planting

The Myth of Companion Planting, Linda Chalker-Scott, Washington State University Extension: https://s3.wp.wsu.edu/uploads/sites/403/2015/03/companion-plantings.pdf.

Companion Planting in the Vegetable Garden, UMass Extension: https://ag.umass.edu/home-lawn-garden/fact-sheets/companion-planting-in-vegetable-garden.

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Fertilizer

Fertilizing Trees and Shrubs, Cornell Cooperative Extension Westchester: https://s3.amazonaws.com/assets.cce.cornell.edu/attachments/72427/Fertilizing_Trees_and_Shrubs_CCE_2025. pdf?1744120929

Environmental Implications of Excess Fertilizer on Water Quality, North Dakota State University Extension: https://www.ndsu.edu/agriculture/extension/publications/environmental-implications-excess-fertilizer-and-manure-water-quality

Soil Amendments

The Myth of Gypsum Magic, Linda Chalker-Scott, Washington State University Extension: https://s3.wp.wsu.edu/uploads/sites/403/2015/03/gypsum.pdf

Exploring Organic Mulches, Washington State University Extension: https://s3.wp.wsu.edu/uploads/sites/403/2015/03/wood-chips.pdf

Pine Needle Mulch and Soil pH, University of New Hampshire Extension: https://extension.unh.edu/blog/2019/10/do-pine-trees-pine-needles-make-soil-more-acidic.

Soil Management in Home Gardens and Landscapes, Penn State Extension: https://extension.psu.edu/soil-management-in-home-gardens-and-landscapes.

Organic Matter and Soil Amendments, University of Maryland Extension: https://extension.umd.edu/resource/organic-matter-and-soil-amendments.

Too Much Organic Matter, Oregon State University: https://news.oregonstate.edu/news/study-shows-some-urban-gardens-contain-too-much-organic-matter

Organic Labeling

Natural and Organic Label Claims, Michigan State University Extension: https://www.canr.msu.edu/resources/natural-and-organic-label-claims.

What Do Labels Really Mean?, University of Connecticut Extension: https://publications.extension.uconn.edu/2019/12/09/what-do-labels-really-mean-organic-natural-cage-free/

Consumer Reports Guide to Food Labels, Consumer Reports: https://www.consumerreports.org/food-labels/seals-and-claims

Food Labeling Overview, University of California Davis Department of Food Science and Technology: https://ucfoodsafety.ucdavis.edu/processing-distribution/regulations-processing-food/food-labeling

GMOs

GMOs 101: Getting Down to Basics, Michigan State University AgBioResearch: https://www.canr.msu.edu/news/gmos-101-getting-down-to-basics.

Science of GMOs, University of Connecticut College of Ag, Health, and Natural Resources: https://gmo.uconn.edu/.

What Do You Know About Bioengineered Crops?, University of California Davis Biotechnology: https://biotech.ucdavis.edu/blog/what-do-you-know-about-bioengineered-crops-aka-gmos

Native Plant Superiority

The Myth of Native Plant Superiority, Linda Chalker-Scott, Washington State University Extension: https://s3.wp.wsu.edu/uploads/sites/403/2015/03/native-plants.pdf.

Some Native Tree Species May Worsen NYC Air, Lamont-Doherty Earth Observatory at Columbia University Climate School: https://lamont.columbia.edu/news/planting-some-tree-species-may-worsen-not-improve-nyc-air-says-new-study

How Native is Native?, University of Illinois Urbana-Champaign Extension: https://extension.illinois.edu/blogs/garden-scoop/2020-09-05-how-native-native

Chalker-Scott, Linda. "Nonnative, Noninvasive Woody Species Can Enhance Urban Landscape Biodiversity." Arboriculture & Urban Forestry (AUF) 41, no. 4 (July 1, 2015): 173–86. https://doi.org/10.48044/jauf.2015.017.

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Tree Myths

Tree Myths and Misconceptions, Penn State Extension: https://extension.psu.edu/tree-myths-and-misconceptions

Tree Wounds and Wood Decay Fungi, University of Kentucky Plant Pathology: https://plantpathology.ca.uky.edu/files/ppfs-or-w-01.pdf

Tree and Shrub Establishment Care, Cornell Cooperative Extension Westchester County: https://s3.amazonaws.com/assets.cce.cornell.edu/attachments/63963/Death_of_Newly_Planted_Trees_and_Shrubs_CCE_2021.pdf?1697825864

Healthy Roots and Healthy Trees, Colorado State University Extension: https://extension.colostate.edu/topic-areas/yard-garden/healthy-roots-and-healthy-trees-2-926/

No Mow May

The Truth About No Mow May, Cornell Cooperative Extension Westchester: https://s3.amazonaws.com/assets.cce.cornell.edu/attachments/71884/No_Mow_May_CCE_2025_(1).pdf?17411 https://s3.amazonaws.com/assets.cce.cornell.edu/attachments/71884/No_Mow_May_CCE_2025_(1).pdf?17411

The Messy and Controversial Science Behind No Mow May, North Dakota State University Extension: https://www.ag.ndsu.edu/news/columns/dakota-gardener/dakota-gardener-the-messy-and-controversial-science-behind-no-mow-may.

Documenting Serious Issues in a Bee Paper on 'No Mow May', Zach Portman of University of Minnesota Bee Lab: https://zportman.medium.com/documenting-serious-issues-in-a-bee-paper-on-no-mow-may-dd9b563feac0.

Lawn Alternatives, University of Maryland Extension: https://extension.umd.edu/resource/lawn-alternatives.

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More Myth Busting

Horticultural Myths, Linda Chalker-Scott, Washington State University Extension: https://puyallup.wsu.edu/lcs/

Garden Myths Debunked, Oregon State University Extension: https://news.oregonstate.edu/news/myth-vs-reality-what%E2%80%99s-truth-behind-some-common-gardening-practices

Debunking Pest Myths, University of California Agriculture and Natural Resources: https://ucanr.edu/blog/pests-urban-landscape/article/debunking-pest-myths

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