Cornell Cooperative Extension Albany County 24 Martin Road Voorheesville, NY 12186

CCE IN YOUR COMMUNITY



4-H Youth Development | Capital Area Agriculture & Horticulture Program | Environment & Natural Resources Financial Literacy | Garden-Based Learning | Healthy Homes Program | Home Energy Assistance Program Lead Education & Prevention | Master Gardener Volunteer Program | Nutrition Workshops | Parenting Programs



CALENDAR OF EVENTS | OCTOBER 2025

Date	Time	Event	Contact	Location
10/3/25	12:00 - 12:45 pm	Monthly Diabetes Support Group—An informal discussion group dealing with the challenges of living with diabetes. Preregistration via Zoom is required. Please visit our website for more information: ccealbany.com	Karen kem18@cornell.edu 518-618-5595 (text or leave msg)	via Zoom
10/7/25	7:45 am Registration 8:00 am - 5:00 pm Training	Free EPA Lead Renovation, Repair, and Painting (RRP) Initial Training—The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. Preregistration is required. Please visit our website for more information: ccealbany.com	Nick neb87@cornell.edu 838-202-0742	The Riverfront Center 1250 Riverfront Ctr. Rm # 1190 Amsterdam, NY 12010
10/8/25	5:00 - 7:00 pm	Free 2025 Fall Round-Up Grazier Meeting: Hay Quality—Topics include: Hay sampling and interpreting hay analysis; Weed management. Pizza and refreshments provided. Please visit our website for more information including registration: ccealbany.com	For questions, please contact: Rachel M. ram72@cornell.edu 518-649-0267 Danielle dnd39@cornell.edu 518-764-2331	Caseyland Farm 142 Casey Rd. Schaghticoke, NY 12154
10/15/25	5:30 - 8:00 pm	Pressure Canning Soups and Meats—Learn how to safely can these low acid foods using either a dial gauge or weighted gauge canner. We will delve into the science behind the USDA approved methods. Also learn how to dehydrate meat jerky. Bring your pressure gauges to be checked if you wish! Class size is limited. Pre-registration (by October 14th) is required. Please visit our website for more information: ccealbany.com	Karen kem18@cornell.edu 518-618-5595 (text or leave msg)	CCE Albany County 24 Martin Rd. Voorheesville, NY 12186
10/16/25	7:45 am Registration 8:00 am - 5:00 pm Training	Free EPA Lead Renovation, Repair, and Painting (RRP) Initial Training—The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. Preregistration is required. Please visit our website for more information: ccealbany.com	Nick neb87@cornell.edu 838-202-0742	Steinmetz Homes 120 Emmons St. Schenectady, NY 12304
10/21/25	5:00 - 8:00 pm	4-H Teen Hangout: Crafting for Trunk or Treat—Youth ages 13 and older are invited to join us for monthly, informal hang out sessions with other teens. Meet at CCE Albany County for a Halloween themed hang out while we make decorations for our trunk or treat event. RSVP to Grace by Friday, October 17th.	Grace ged49@cornell.edu 518-765-3547	CCE Albany County 24 Martin Rd. Voorheesville, NY 12186

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Date	Time	Event	Contact	Location
10/21/25	7:45 am Registration 8:00 am - 5:00 pm Training	Free EPA Lead Renovation, Repair, and Painting (RRP) Initial Training—The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. Preregistration is required. Please visit our website for more information: ccealbany.com	Nick	Capital District Educational Opportunity Center (EOC Troy) 431 River St., 2nd Floor Troy, NY 12180
10/23/25	7:45 am Registration 8:00 am - 5:00 pm Training	Free EPA Lead Renovation, Repair, and Painting (RRP) Initial Training—The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. Preregistration is required. Please visit our website for more information: ccealbany.com	Nick neb87@cornell.edu	Albany Community Development Agency 200 Henry Johnson Blvd. 2nd Floor Albany, NY 12210 (Parking available behind building)
10/24/25	5:00 - 7:00 pm	Albany County 4-H Trunk or Treat—Join us for a family friendly trunk or treat in the CCE Albany County parking lot! Trunk or Treat: Open to the public (no registration required). Decorated Car Contest: Enrolled 4-H members and their families interested in entering their decorated car, please contact Grace.	Grace ged49@cornell.edu 518-765-3547	CCE Albany County 24 Martin Rd. Voorheesville, NY 12186
10/28/25	7:45 am Registration 8:00 am - 5:00 pm Training	Free EPA Lead Renovation, Repair, and Painting (RRP) Initial Training—The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. Preregistration is required. Please visit our website for more information: ccealbany.com		The Riverfront Center 1250 Riverfront Ctr. Rm # 1190 Amsterdam, NY 12010

National 4-H Week October 5 - 11, 2025

4-H is the largest youth-serving organization in the country. It is a volunteer-led organization that reaches youth through a variety of interactive programs. 4-H also provides programming for inschool and after-school settings.

4-H Clubs are co-ed groups with at least five members, ages 5 -18 years of age. The Cloverbud Program is open to youth 5 - 7 years of age.

Family 4-H is for 4-H members who do not belong to a club. They have an adult mentor and must complete at least one 4-H project and one community service each year.

How Do I Join? Contact the 4-H Office at 518-765-3500 | albany@cornell.edu



National Lead Poisoning Prevention Week October 19 - 25, 2025

Lead Renovation, Repair and Painting Program

Lead is highly toxic and exposure to it can be dangerous, especially for children who are 6 years old or younger. The greatest exposure to lead in our environment is lead-based paint found in homes and buildings built before 1978. Renovation, repair, or painting (RRP) projects in a pre-1978 home or building can easily result in lead dust that increases the risk of lead poisoning.

The Environmental Protection Agency (EPA) requires that RRP projects that disturb lead-based paint in homes and child-occupied facilities built before 1978 be performed by lead-safe certified contractors. In November 2025, the new Lead Rental Registry Law is scheduled to go into effect in 25 communities of concern in New York, including Albany County. As part of the new requirements, pre-1980 housing with two or more rental units must be inspected and documented as free of lead paint hazards. Property owners, landlords, and contractors are highly encouraged to become EPA certified in RRP in advance of the new law taking effect.

Cornell Cooperative Extension Albany County offers a free EPA Certified RRP Course to support lead-safe work practices. Please visit our website (ccealbany.com) to find the course schedule along with several helpful resources related to this week of awareness.

SAVE THE DATE

Date	Time	Event	Contact	Location
11/5/25	5:30 - 8:00 pm	Preserving Cranberries—We will make several different products including cranberry wine jelly, cranberry salsa and/or a chutney—just in time for the holiday season! Class size is limited. Pre-registration (by November 3rd) is required. Please visit our website for more information: ccealba-ny.com	Karen kem18@cornell.edu 518-618-5595 (text or leave msg)	CCE Albany County 24 Martin Rd. Voorheesville, NY 12186
11/7/25	12:00 - 12:45 pm	Monthly Diabetes Support Group—An informal discussion group dealing with the challenges of living with diabetes. Preregistration via Zoom is required. Please visit our website for more information: ccealbany.com	Karen kem18@cornell.edu 518-618-5595 (text or leave msg)	via Zoom
11/14/25	12:00 - 1:00 pm	Virtual Mediterranean Cooking Class—Learn some healthy cooking techniques using more olive oil, tasty vegetables and hearty whole grains for a heart healthy diet. The recipe will be sent out ahead of time so you can follow along with Karen as she does the cooking demonstration. Please visit MVP's website for details and registration: https://www.mvphealthcare.com/about/events/living-well/mediterranean-cooking-class-0632		via Zoom

