

# 4-H ADDITIONS

**Elementary School Enrichment Programming Catalog** 

### School Year 2025 - 2026

ALL programs are interactive and hands-on!

## TRY THESE TWO PROGRAMS IN THE SAME WEEK! Great on their own (\$35) ... Better together. \$60

**Label Literacy** 2/3-2/28

Julie Curren, Educator

**Think Your Drink** 2/3 - 2/28

Julie Curren, Educator

Empower students with label reading knowledge! "MyPlate" review, label introduction. Food label scavenger hunt allows for practice of new skills.

1 class per program

**Grades 3-6** 

\$35 per class

Drink nutrition facts label introduction. Small group activity identifies how much sugar is in popular drinks. Practice comparing drinks by labels. Kids create a "healthier drink" to sample.

1 class per program

**Grades 3-6** \$35 per class

### **Eat a Rainbow**

11/4 - 12/18

Julie Curren, Educator

#### MyPlate.gov

"MyPlate" discussion and game. Eat a Rainbow BINGO. Healthy "try it" snack supplied.

> \*\*Try it snack is fruits and vegetables \*\* NO wheat, dairy, or nuts.

1 class per program

Grades 1-3

\$35 per class



12/9-2/24

Julie Curren, Educator

The **4-H Mission to Mars** Program series connects classrooms to NASA. The series builds knowledge over **3**, **1** hour programs, to give children a good picture of space exploration, technology, engineering and good old "Perseverance"!

1 class per program

Grades 3-6 \$100 for 3 class series

Program 1
Mars? Why Mars?

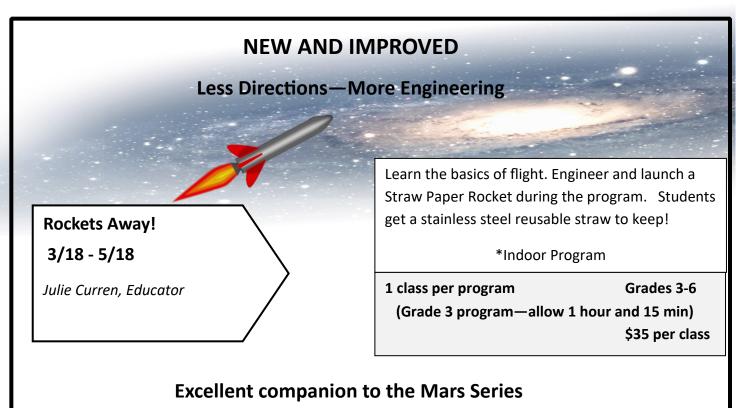
Group discussion of our Solar System, compare Mars to Earth and get an understanding of why we are exploring there. Students figure out how much they weigh on Mars and understand the implications of differences in atmosphere and orbit. A Mars Learning Booklet and Classroom Solar System Mobile Template are left behind.

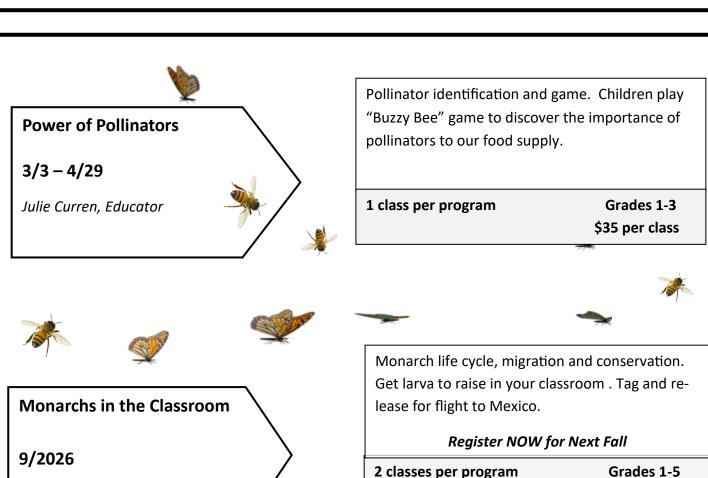


A history of the exploration of Mars, a visual discussion and comparison of the machinery the USA has sent to Mars and the progression of the technology up to present. Students will engineer and test their own **paper helicopter**.

Program 3
Prepare for Landing!

Discover the difficulties of landing on Mars and how the engineers meet that challenge. Students get a chance to **land on Mars** in a classroom game.





1 class per program

Kindergarten \$35 per class

Julie Curren, Educator

#### **Birds in Your Backyard**

1/6-2/24

Julie Curren, Educator

Interactive intro to bird basics. Students become more familiar with common backyard birds while playing Bird Song BINGO. Connect to Cornell's Lab of Ornithology's bird cams and be a citizen scientist by participating in the Great Backyard Bird Count!

1 class per program

Grades 1-2

or 3-6

\$35 per class

#### **On Your Own**

Life of an Apple STEAM Unit Kit

Grades: 1st-3rd \$35 per class

Available anytime for a 4-week loan

Videos created by **local** Farmers, CCE Saratoga Agriculture Professionals and

a local Beekeeper

#### **Videos**

- Seasons of An Apple Tree
- Honey Bees and Beekeeping
   STEAM Activities and Lessons including:
- Scientific observation of an apple.
- Venn diagram and graph activities
- Anatomy of a Honey Bee
- Parts of a Flower
- Create Your Own Pollinator activity...

#### **Ozobot Missions**

10/21-12/18

1st Mission



Meet Ozobot! Ozobot is a smart robot that can follow lines or roam around freely, detect colors, and can be programmed using visual codes. Your students will learn hands-on about robotics, math and programming.

\*2nd program adds skills and picks up where the 1st program leaves off. 1 is prerequisite to 2.

1 class per program

**Grades K-2** 

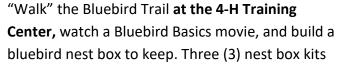
\$35 per class

#### **Bluebirds in NY Workshop**

**3/11** 10am – 12pm

Live, in-person field trip workshop at the 4-H Training Center

Julie Curren and Greg Stevens, Educators



included with the program!

Grades 2-6

(Adult helpers needed) \$35 per class

Additional nest box kits \$15 each

**Curriculum extensions supplied** 



#### **Incubation and Embryology**

Session 1 - 2/23 -3/20 Session 2 - 4/20-5/15

Educator, TBD

**Session 1** – Pick up **2/23 @3:30-5pm** Session 2 - Pick up 4/20@3:30-5pm

· \$20 deposit for incubator

FEES:

- · \$30 non-refundable service fee
- · \$10 per dozen for eggs OR
- ·\$12 per dozen for eggs only









This program provides an opportunity for students to experience the incubation, development, hatching and brooding of chicks.

**4-H Environmental Field Day Tuesday May 19, 2026** 3rd-6th grade

A day of trees, water, plants, soil and native animals. Children learn about our interdependence on the environment with naturalists, forestry and environmental conservation professionals.

\$3 per child



4-H Field Days is held outdoors at the 4-H Training Center Middle Line Rd, Ballston Spa

10am-12:30pm



4-H Agriculture Field Day

**Tuesday May 12, 2026** 

1st-3rd grade

Children get a close up look at animals, food and daily agricultural life. Experts present live animals, fibers and other aspects of farming. Sheep, bees, horses, maple and more...

\$3 per child