

PARENTING DOESN'T COME WITH A MANUAL...BUT THIS IS PRETTY CLOSE

PARENT AND SUPPORT EDUCATION (PASE)

This workshop is a free, hands-on course designed for real-life Dutchess County parents with real-life challenges. Whether you're parenting a toddler, teen, or somewhere in between, this workshop delivers clear, doable communication skills that actually work.

4-hour intensive for folks who like their insight fast and focused.

Participants get:

- Certificate of Completion
- Interactive training of parenting skills and activities to use every day!

It's free. It's flexible. It's filled with parenting "hacks!"

Boost your child's confidence with every encouragement

guide behavior without yelling or threats (yes, really!)

give your child choices that actually work for you

keep your cool when things get heated

connect more deeply by honoring emotions (yours & theirs)

FRIDAY, October 10th, 5:30-9P
St. John's Evangelical Lutheran Church
55 Wilbur Boulevard- Room 208
Poughkeepsie, New York 12603

REGISTRATION REQUIRED!



**This workshop does not qualify for nor can be a substitute for the DCFS mandated class. This service is provided to Dutchess County organizations and residents only.*



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Dutchess County

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