

Having trouble viewing this email?[Click here](#)

You're receiving this email because of your relationship with Cornell Cooperative Extension of Steuben County. Please [confirm](#) your continued interest in receiving this monthly update about our activities.

You may [unsubscribe](#) if you no longer wish to receive our emails.



## Cornell University Cooperative Extension Steuben County



### E-News Cornell Cooperative Extension of Steuben County

May 2014- Vol 6, Issue 5

#### In This Issue

Clear the Clutter and Simplify Your Life!

First Steps to Estate Planning

Wills vs Trusts Workshop

Beef: Can You Afford It?

Stephanie's Picks

Maple Syrup in Your Classroom

Cooking Matters Grocery Tours

4-H News

Southern Tier Outdoor Show activities

What's Going On in the Community

[Join Our Mailing List!](#)

#### 4-H Clothing Revue is May 2nd

The annual 4-H Clothing Evaluation and Clothing Revue are the last steps in completing a Clothing Project. A member sews a garment during the current 4-H year, and then attends one of the clothing evaluations where the garment is worn for an evaluator. The last step is to attend the Clothing Revue where the member will model the garment while a commentary about the garment is read.



This year's Grand Finale, the **4-H Clothing Revue** will be held on May 2 at 7:30 p.m. at the Avoca Central School.

Family and friends are invited to attend.

For more information on the Clothing Revue, visit our [Home Economics page on our website.](#)



### Clear the clutter and simplify your life and finances...

Do you feel like you are drowning in clutter? Overwhelmed by the sheer volume of stuff? Having trouble finding the item you need? **Clear the Clutter and Simplify Your Life and Finances** may be the workshop that helps you address these questions.



Cornell Cooperative Extension of Steuben County is offering this free workshop on **Tuesday, June 3 from 6:00 - 8:00 p.m.** at the Southeast Steuben County Library, 300 Nasser Civic Center Plaza, Corning, NY.

Nancy Reigelsperger, CCE-Steuben Financial Educator, will help you discover the strategies for taking a positive approach to controlling the clutter you might have. She will touch on ways to eliminate paper accumulation and provide alternate ways to keep sentimental items.

The workshop is free, but registration is required. Please call Cornell Cooperative Extension at 607-664-2300 to reserve a space. For more information on this and related topics, visit [www.putknowledgetowork.com](http://www.putknowledgetowork.com).

### What are the first steps to estate planning?

Making financial decisions can be confusing and overwhelming, to the point that you do nothing to prepare for your financial future. Cornell Cooperative Extension of Steuben County is offering a free workshop to get you started, **First Steps to Estate Planning** on **Monday, May 19 from 6:00 - 8:00 p.m.** at the Dormann Library, 101 West Morris Street, Bath.

Patrick Roth, Elder Law Attorney, CPA from Corning, will lead the workshop and help you understand estate planning basics, so you can make decisions with confidence. He will also outline the necessary documents for every estate plan.



The workshop is free, but registration is required. Please call Cornell Cooperative Extension at 607-664-2300 to reserve a space. For more information on this and related topics, visit [www.putknowledgetowork.org](http://www.putknowledgetowork.org).

### The Great Debate: Wills versus Trusts - Join us June 4 in Corning!

Estate planning today is more complicated than it has ever been. Often, mistakes in a plan are not discovered until someone has passed on. Unfortunately, then it is too late.



Join us for an informational look at planning with Revocable Living Trusts in a free Lunch and Learn workshop called **Wills versus Trusts** on **Wednesday, June 4, 2014** from 1:00 - 3:00 p.m. at the Southeast Steuben County Library, 300 Nasser Civic Center Plaza, Corning..

Cornell Cooperative Extension of Steuben County again partners with Patrick Roth, Elder Law Attorney, CPA from Corning, to lead this workshop. He will present such information as:

- How can a Revocable Living Trust based estate plan help protect you and secure your family's future?
- Do you know the unknown truths about planning with a Revocable Living Trust?
- Discover the 16 situations in which a Trust can have legal advantages over a Will.
- Learn the truth about the hidden costs of a Will based estate plan that no one talks about.

The workshop is free, but registration is required. Please call Cornell Cooperative Extension at 607-664-2300 to reserve a space. For more information on this and related

topics, visit [www.putknowledgetowork.org](http://www.putknowledgetowork.org).

### Beef: Can You Afford it?

It's almost grilling season but beef prices are high. In fact, they are at an all-time high and are expected to remain high for the next year or two. Why? The number of cattle in the US



is low due to high grain prices and dry weather conditions. Cattlemen are increasing their herds but it takes a long time to increase the number of cattle (a calf born in the spring of 2014 would be bred in 2015, might have a calf by 2016 and that calf couldn't come to market until 2017).

If you love grilled hamburgers, but when prices get over \$3.50 a pound you start looking for ways to save, check out #6 on the

Spend Smart, Eat Smart website below. What better way to get extra veggies in your meals by adding this to your burgers! There are also 6 other great ideas.

<http://blogs.extension.iastate.edu/foodsavings/2014/04/28/beef-how-can-we-afford-it-for-dinner/>

### Stephanie's Picks...

It's that time of year for soil sampling again! Learn how to take a soil sample here:

<http://dairyone.com/analytical-services/agronomy-services/soil-testing/>

As the temperatures rise and the forsythia bloom it becomes time to put down crabgrass control for lawns. If you need to make an application the time is now. For more lawn care tips visit Cornell's gardening website at

<http://blogs.cornell.edu/horticulture/about/lawn/>



You may also want to check out Cornell's gardening sight to learn how to transplant and maintain trees and shrubs before investing in that this season.

<http://www.hort.cornell.edu/uhi/outreach/recurbtrees/pdfs/17transguide.pdf>

### Maple Syrup in Your Classroom...

As maple syrup season comes to a close for so many producers across the state - did your students have an opportunity to visit a sugarbush and see the process of syrup production from tree to table? Whether you stepped foot in a sugar house or not, a new set of lessons and activities have been developed to teach about this important agricultural product.



The Western New York Maple Producers Association is proud to present their new maple syrup production lessons for use in your classroom. Integrate the ideas and concepts of maple syrup production in the context of social studies, mathematics, ELA, and science.

Targeted for 2nd grade, these activities are easily altered to meet the needs of higher and lower grade levels. Through experiential learning experiments your students will taste, smell, observe, and touch the elements of maple syrup production.

[Access the lessons here.](#)

**Get a guided grocery store tour!**

**Cooking Matters® at the store: A Guided Grocery Store Tour to Help Families Buy Healthy, Affordable Foods**

Want to save money at the store?

Want to buy healthy foods to feed your family?

Want to learn how to make the most of your food budget?

If you said yes, come join us for a free guided grocery store tour!

Practice skills like:

- buying fruits and vegetables on a budget
- comparing unit prices to find bargains
- reading and comparing food labels



- identifying whole grains
- and sticking to your budget!

After the tour you will receive a:

- FREE \$10 in healthy groceries of your choice using the skills learned on the tour
- FREE workbook full of tasty recipes and simple tips on buying healthy, low-cost foods
- FREE reusable grocery bag

To sign up for a tour, call 607-664-2300. Ask for a nutrition educator. Open to individuals or groups.

## 4-H News

**Tractor Supply 4-H Clover Fundraiser continues through May 4** The Tractor Supply Spring Paper Clover Fundraiser is now being held through May 4. Customers at local Tractor Supply can support 4-H by purchasing paper clovers for \$1. All funds raised will be donated to 4-H, 70% of funds go to state and county 4-H programs (60-65% to the county) and 30% to National 4-H Council.

### 2014 4-H Camp Scholarships Available

The Steuben County 4-H Program will be sponsoring 4-H camp scholarships for Steuben County 4-H members who will be attending either Hidden Valley 4-H Camp in Watkins Glen at [www.hiddenvalley4hcamp.org](http://www.hiddenvalley4hcamp.org), 4-H Camp Bristol Hills, Canandaigua at [www.4-Hcampbristolhills.org](http://www.4-Hcampbristolhills.org), or Camp Wyomoco, in Varyburg at [www.campwyomo.com](http://www.campwyomo.com) this summer. To be considered for a scholarship the application must be completed and submitted to the CCE-Steuben office by Monday, May 12, 2014. Applicants will be notified by Monday, May 19 as to the status of their application. [Follow this link for an application.](#)



### **New York Next Generation Jersey Sale**

Plan now to attend the New York Next Generation Jersey Sale on May 9th at 5 pm at the Steuben County Fairgrounds, Bath NY. Cannot make it on the 9th, no problem, you can see the heifers online and even bid from home! Just call ahead and reserve a number. Details can be found at the JMS (Jersey Marketing Service) website at [usjersey.com](http://usjersey.com). For more information contact Jerry Stewart - Chairman - 607-382-8442.

**Fairbook Cover Contest** Would you like to see your drawing featured on the cover the 2014 Steuben County Fairbook? We are asking any 4-Her's interested to submit their drawing (one per member please) to the CCE Office by June 1st to be considered for the contest. We will need your name, age, and what club you are a member of or if you are an independent member. Stuck on what to draw? Some things to think about: What does 4-H mean to you? What are some of your favorite things about fair? Be sure to think of ALL that 4-H has to offer! The winner's drawing will be published on the 2014 Steuben County Fairbook and be congratulated in the next Steubenite!

### **2014 4-H Career Explorations at Cornell University July 1-3 the Registration is Open**

UNIVERSITY U (8th and 9th grade as of fall of 2014)

FOCUS FOR TEENS (9th grade as of fall of 2014 if attended University U in 2013 or 10th - 12th grade as of fall of 2014)

Registrations are FIRST COME FIRST SERVE and spots fill up quickly, so please contact Kim at [ksb3@cornell.edu](mailto:ksb3@cornell.edu) or fax it to her at 607-664-2303 or call and leave a message 607-664-2306 if you will be attending and the information she needs to register you online. Please remember to indicate your adult t-shirt size. Go to <http://nys4h.cce.cornell.edu/events/Pages/CareerEx.aspx> for the registration form and workshop choices for Focus For Teens participants and for more information.

### **Junior Dairy Leader Program**

This one-year program explores careers in the dairy industry along with hands-on experiential learning for a select group of youth ranging from 16-19 years old. The program presents youth with a realistic view and experience for the dairy industry as a viable, profitable and progressive business sector young people can look to for career opportunities while also building personal and professional skills. For more information and the application visit <http://www.ansci.cornell.edu/prodairy/jdl/index.html>. Applications are due June 30, 2014.

### **Equine& Dairy 101 at Morrisville State College - June 7 and 8**

Equine & Dairy 101 at Morrisville State College. AWESOME Equine and Dairy 101 will provide 4-H youth ages 13-19 years an opportunity to learn about the science behind the animals they love so much. Youth from New York State will be exposed to hands-on "college classes" that will provide knowledge of equine and dairy nutrition, anatomy, physiology, and reproduction. Youth choose between the Equine tracts or the Dairy tracts. Participants spend the night on campus in the dorms, eat at the college cafeteria, enroll in classes, and spend two days as a college student! Cost is only \$100 for youth and \$75 for chaperones (chaperones not required). This program was developed to give youth an opportunity for hands-on learning of animal science while exploring a college campus atmosphere.

For more information contact Kristi Cranwell, CCE Oneida County:(315) 736-3394 ext.122 or kac292@cornell.edu. Registration ends May 30. [To register visit this link.](#)

### **2014 Dairy Festival and Photo Contest**

The Steuben County Pomona Grange has hosted the annual Steuben County Dairy Festival and Parade to honor America's dairy industry since 1957. The 2014 Dairy Festival Parade will be held June 07, 2014 at the Steuben County Fairgrounds in Bath. The theme is Dairyland Heroes. The parade will begin at the Steuben County Fairgrounds. It will start at 10:30 a.m. 4-H Clubs can receive 4-H on display credit if they have a club float. For more information about the parade rules for floats contact the CCE- Steuben office or Phil Warner Chairman at 607-776-4827 or Cheryl McGlynn Co Chairman.

### **NYS 4-H Forestry Weekend**

Join youth from across the state for a weekend of forestry activities, games, and competition during the 2014 4-H Forestry Weekend May 9-11, 2014 in Delaware County. This three-day event is for youth aged 10 and up (and staff and volunteers) interested in learning more about forests, and to select the NYS team that will go to the 2014 National 4-H Forestry Invitational (must be 14-19 for the national event).

This is a fun and educational weekend. Youth do not need to have extensive forestry knowledge to come. On Saturday is a chance to learn more and on Sunday is the competition. Cost \$40 per person: includes food, materials, and cabin lodging. (A \$95 value!). Space is limited, so register now! The registration deadline is before April 30, 2014. All youth must have a designated chaperone. For more information [visit this link.](#)

### **Steuben County Twin Tier Poultry Club Auction**

The Steuben County Twin Tier Poultry Club Auction will be held at the Steuben County Fairgrounds on Saturday, May 10, 2014 and Saturday, September 13, 2014. For more information contact Keith Orfanides at (607) 769-6641 visit



<http://www.steubencountyfair.org/calendar.html>.

### **Riding Evaluations**

Any 4-H horse members who did not exhibit at the 2013 Steuben County 4-H Horse Shows, 2013 Walk/Trot riders, 2013 Novice riders, 2013 Cloverbud riders, first year drivers, and new horse/driver combinations will be required to have a riding/driving evaluation before they exhibit at the Steuben County June or July Qualifying Shows. There will be Riding Evaluations on Sunday May 25th at the Riding Clinic being held at the Fairgrounds. If you are unable to participate in this evaluation, you will need to be evaluated at either the June or July qualifying shows at 8:00 a.m. Your parent or legal guardian needs to be present for the evaluation and you need to bring the evaluation form with the first page filled out including your parent/guardian signature with you.

### **Reminders:**

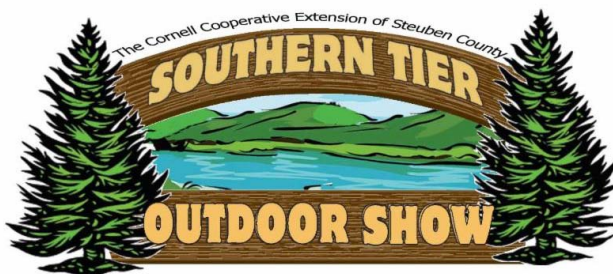
1st year 4-H members must be enrolled by May 1, 2014 to be eligible to exhibit in the 2014 Steuben County Fair.

May 17 - NYS 4-H Public Presentation Contest, and NYS 4-H Horse Communications Contest, Cornell University, Morrison Hall

Horse News: [Visit our 4-H webpage for complete details](#). Your project equine(s) must be registered with the county by Friday, May 30th. All the appropriate forms were included in your horse packet provided to your leader and available online. Horses cannot participate at the shows unless this form has been submitted! The Qualifying Horse shows are June 14, pre-entries are due Friday, May 30.

May 28 - Horse Certificates, Rabies, Coggins due to 4-H Office, and Horse Educational Requirement Deadline to show.

Outdoor show lining up 2014 activities....



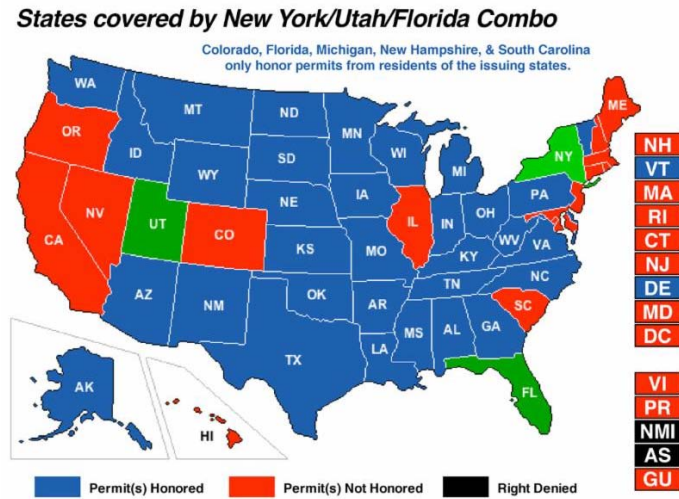
The **8th annual Southern Tier Outdoor Show** will be held **October 11-12, 2014** at Wilkins RV, Inc. in Bath, organized by Cornell Cooperative Extension of

Steuben County.

What's new this year?

Cornell Cooperative Extension of Steuben County will bring together a number of professional speakers on outdoor topics. Seminars are offered on the hour throughout the weekend. Featured topics include Black Bears in New York State, the Bald Eagle Restoration Project, Ice Fishing techniques, Maple Syrup tapping and gradient system, Snakes of New York, Goose Hunting, Goose Calling Techniques, Forestry topics, and much more.

Two courses will be held throughout the weekend event. The **Concealed Carry USA class**, a four hour class from 8 a.m. to noon on October 12, will provide individuals the opportunity to obtain a concealed firearm permit that covers 34-39 states. Instructors are NRA and Utah-BCI certified. [Sign up now at this link.](#) We are also working on offering the **Department of Environmental Conservation's Hunter Education Course** on Friday evening and Saturday (open to students age 11 years and older.) Stay tuned for details!



David Dockstader, President of the Governing Board of Cornell Cooperative Extension of Steuben County and owner of Demon Run ATV Trails, is planning to construct an **ATV Challenge Course** at the outdoor show. It will include a track with straw bales marking the boundaries, a small obstacle course, an area to drive through a figure eight course, an area of small bumps, and a teeter totter balance beam.

The **Companion Retriever Hunting Challenge** on Sunday, October 12 at noon is the finale of a year-long Championship Series with competition for over \$1,250 worth of prizes, including a \$500 cash first place award. The event focuses on a

typical owner/handler of a retriever that is a family companion as well as a hunting partner. The two contest levels consist of goose and duck hunting scenarios for handlers at least 12 years of age and older. The event is supervised and judged by Jim Beverly, a renowned retriever trainer from western New York with 47 years of experience in the waterfowl hunting industry. Entries cost \$30 and winners will receive trophies and prize money with a door prize raffle for all. To register call Beverly at 716-474-4661. A final **Qualifying Challenge** will be held on Saturday, October 11 at 1:00 p.m.



Stay in touch with the latest details about this fall's show at [www.SouthernTierOutdoorShow.com](http://www.SouthernTierOutdoorShow.com) and on Facebook at [www.facebook.com/SouthernTierOutdoorShow](http://www.facebook.com/SouthernTierOutdoorShow).

### What's Going On Around the Community...

#### **I Love My Park Day is Saturday, May 3**

I Love My Park Day is a New York State initiative to bring communities together to clean up parks in preparation for the spring and summer months ahead. For I Love My Park Day in 2013, over 4,000 New Yorkers volunteered at state and local parks. [For more details visit this link.](#)

#### **Business Planning Workshop**

This workshop is designed for the person who is thinking about starting their own small business or an existing business owner seeking financing. Topics discussed will be Federal and State legal requirements and how to write a business plan. There will be ample time for questions and answers.

Wednesday, May 7, 2014  
8:30 - 10:00 a.m.  
Business Development Center  
24 Denison Parkway West, Room 111  
Corning, NY

There is no cost for the workshop but registration is required by May 5th. For information or to register call (607) 937-6861 or e-mail [sbdc@corning-cc.edu](mailto:sbdc@corning-cc.edu).

#### **A Tax Guide For Small Business Owners**

- Find out about the mandates regarding sales tax web filing and 5% vendor credit.
- Learn the difference between employees and independent contractors.
- Receive updates on recent law changes that affect small businesses.

This seminar will cover everything you wanted to know about NYS taxes.

Wednesday, June 25, 2014

Time: 9:00 am - 11:00 am

Cost: \$10 and pre-registration is required.

Location: CCC Business Development Center

24 Denison Parkway West, Room 104

Pre-registration is required June 23rd. Please complete the form and enclose it with payment in the amount of \$10 per person payable to Corning Community College SBDC and mail to: Corning Community College SBDC, 24 Denison Parkway West, Corning, New York 14830. For information, call (607) 937-6861 or e-mail SBDC@corning-cc.edu.

### **New York Agriculture in the Classroom is pleased to announce the 2014 Food, Land & People Spring Distance Trainings.**

By participating in this training teachers will receive:

- 5 hours of Professional Development Credit
- Food, Land & People curriculum (\$45 value) Aligned with NYS and Common Core Learning Standards
- NEW! Eat Well, Be Well curriculum (\$15 value) Aligned with NYS and Common Core Learning Standards
- 20 lessons are available in Spanish
- Books from New York Agriculture in the Classroom
- Ideas and inspiration from teachers across the state for integrating agriculture in their curriculum

Dates: Tuesday, May 13th and Thursday, May 15th

Time: 6 pm - 8:30 pm

Hosts: Livingston County Cornell Cooperative Extension in Mt. Morris, NY

Wayne County Cornell Cooperative Extension in Newark, NY

Ulster County Cornell Cooperative Extension in Kingston, NY

For more information about the training, or how to register, [please visit this site.](#)

To learn more about the Food, Land & People curriculum and to view a sample lesson plan, visit: <http://www.agclassroom.org/ny/resources/flp.htm>.

### **Finger Lakes SPCA Events**

Community Meeting FLSPCA Building Project - Bath Fire Hall - May 1, 2014 7:00-9:00 p.m.

Paws & Pairings - Heron Hill Winery - May 30, 2014 6:00-9:00 p.m.

[Follow this link for details.](#)

**Dairy Festival is June 7**

[Find out parade float information here.](#)

---

**The Cornell Cooperative Extension educational system enables people to improve their lives and communities through partnerships that put experience and research knowledge to work.**

**Carla Dawejko**

**Public Affairs Coordinator**

**Cornell Cooperative Extension of Steuben County**

Cornell University Cooperative Extension provides equal program and employment opportunities. CCE does not endorse or recommend any specific product or service. This newsletter is solely intended to educate consumers about their choices.

**Scan this code to visit our website:**



[Forward email](#)



Try it FREE today.

This email was sent to [crd24@cornell.edu](mailto:crd24@cornell.edu) by [crd24@cornell.edu](mailto:crd24@cornell.edu) | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Cornell Cooperative Extension of Steuben County | 3 E Pulteney Square | Bath | NY | 18840