

Having trouble viewing this email?[Click here](#)

You're receiving this email because of your relationship with Cornell Cooperative Extension of Steuben County. Please [confirm](#) your continued interest in receiving this monthly update about our activities.

You may [unsubscribe](#) if you no longer wish to receive our emails.



## Cornell University Cooperative Extension Steuben County



### E-News Cornell Cooperative Extension of Steuben County

April 2014- Vol 6, Issue 4

#### In This Issue

- Clothing Evaluations this month
- Hunting Lease Network Presentation
- Taking applications for new farm guide
- Wills vs Trusts Workshop
- Beginning Beekeeping
- Postharvest Water Sanitation Workshop
- Take the SNAP Challenge
- Long Term Care Planning
- Stephanie's Picks
- Cooking Matters Grocery Tours
- Grafting Workshop
- 4-H News
- Southern Tier Outdoor Show

#### Join us for an evening of wine history on April 4

Cornell Cooperative Extension invites you to their annual **Spring Gala**, this year to be held on **Friday, April 4, 2014** at the Pleasant Valley Wine Company, 8260 Pleasant Valley Rd in Hammondsport, NY from 6:00-9:00 p.m. Pleasant Valley Wine Company is the oldest winery in the Finger Lake region. Established in 1860, the winery proudly displays the designation U.S. Bonded Winery No. 1 and has eight remarkable stone buildings listed on the National Register of

attractions

What's Going On in the Community

[Join Our Mailing List!](#)

Historic  
Places.



Join us for our program, ***A Taste of Finger Lakes History***. The Finger Lakes Museum is in the final stages of filming the second half of *Dreams into Nectar: New York's Finger Lakes Wine Story*, which is the first documentary film series ever produced on the history of grape-growing and winemaking in the Finger Lakes Region of New York State. The series begins in Colonial Times, is filled with antique photos, and continues to the present time showing how a handful of established wineries were able to not only survive, but to flourish.

There will be wine tasting, local foods to dine upon, a wine museum, a silent auction and awards. For full details on the program, our speakers and to reserve your tickets, [visit our website](#).

#### 4-H Clothing Evaluations in April and Clothing Revue on May 2nd...

The annual **4-H Clothing Evaluation** and **Clothing Revue** are the last steps in completing a Clothing Project. A member sews a garment during the current 4-H year, and then attends one of the clothing evaluations where the garment is worn for an evaluator. The last step is to attend the Clothing Revue where the member will model the garment while a commentary about the garment is read.

This year's evaluations will be held **Wednesday, April 9** at the North Cohocton Methodist Church and **Wednesday, April 23** at the 4-H Office in the County Office Building in Bath. Both times are from 3:00-5:00 p.m. The Grand Finale, the **Clothing Revue will be held on May 2** at 7:30 p.m. at the Avoca Central School. Family and friends are invited to attend.

For more information on the Clothing Revue, [visit our Home Economics page on our website.](#)



### Hunting Lease Network Presentation to be held April 7...

A presentation of the **Hunting Lease Network** will be held **Monday, April 7th**, 7:00-8:30 p.m. at the Schuyler County Human Services Complex, Room 120. Light refreshments will be provided.



The Hunting Lease Network (HLN) is an internet based service for landowners, hunters, and anglers. Their unique system is used to arrive at fair hunting or fishing lease agreements. Now found in 22 States, HLN offers benefits to landowners of additional income, craft leases unique to each property, aid in reducing crop damage, knowing who is on your property, and requiring liability coverage of each hunter or fisherman. More information can be found at [www.NationalHuntingLeases.com](http://www.NationalHuntingLeases.com).

This presentation is brought to you by Cornell Cooperative Extension of Schuyler County, Schuyler County Farm Bureau, with the support from the other 4 county Farm Bureau's in District 4, Tompkins, Tioga, Steuben, and Chemung. RSVP's can be made to [lwickham@nyfb.org](mailto:lwickham@nyfb.org) or by calling 607-535-3072.

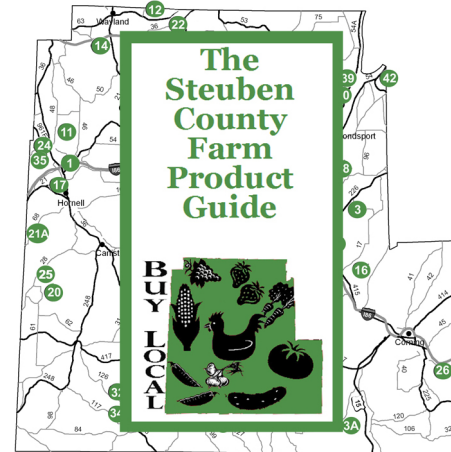
### Now taking applications for new guide to local farms

Cornell Cooperative Extension of Steuben County will be publishing a guide to local farms in April

2014. They are seeking farms that wish to be included in the farm guide. The guide contains a listing of local farms with agricultural products for sale within Steuben County. The farm guide is distributed to wineries, restaurants, libraries, hotels, motels, and chamber of commerce offices throughout the county.

Who would qualify for inclusion? Applications will be accepted from u-pick farms, greenhouses, fruit & vegetable producers, meat and poultry producers, maple producers, honey producers, wineries, Christmas tree growers and other agricultural enterprises located within Steuben County. Applicants should be bona fide farmers.

Those wishing to obtain an application should contact Kerri Bartlett at 664-2300 or email [ksb29@cornell.edu](mailto:ksb29@cornell.edu) by March 15! Applications can also be picked up at the CCE-Steuben office at 3 E. Pulteney Square, Bath; or on our website at [PutKnowledgeToWork.com](http://PutKnowledgeToWork.com).



### The Great Debate: Wills versus Trusts - Join us April 30

Estate planning today is more complicated than it has ever been. Often, mistakes in a plan are not discovered until someone has passed on. Unfortunately, then it is too late.



Join us for an informational look at planning with Revocable Living Trusts in a free Lunch and Learn workshop called **Wills versus Trusts** on **Wednesday, April 30, 2014** from 3:00 - 5:00 p.m. at the Southeast Steuben County Library, 300 Nasser Civic Center Plaza, Corning..

Cornell Cooperative Extension of Steuben County again partners with Patrick Roth, Elder Law Attorney, CPA from Corning, to lead this workshop. He will present such information as:

- How can a Revocable Living Trust based estate plan help protect you and secure your family's future?
- Do you know the unknown truths about planning with a Revocable Living Trust?
- Discover the 16 situations in which a Trust can have legal advantages over a Will.
- Learn the truth about the hidden costs of a Will based estate plan that no one talks about.

The workshop is free, but registration is required. Please call Cornell Cooperative Extension at 607-664-2300 to reserve a space. For more information on this and related topics, visit



## Beginning Beekeeping to be offered April 21 in Montour Falls...

Beekeeping 101 will be held Monday April 21, 2014 from 6:00 - 8:00 p.m. in Room 120, Human Services Complex, Montour Falls.

Presenter Cathy Halm (Leo's Honey House) will discuss beginning beekeeping for all. For more information [download a flyer here](#) or contact Roger Ort, CCE Schuyler County Horticulture Educator, [rlo28@cornell.edu](mailto:rlo28@cornell.edu) or call 607-535-7161.



## April 1: Postharvest Water Sanitation Workshop

A Produce Safety Workshop will be held at Jordan Hall Auditorium, NYSAES, 630 W. North St., Geneva, NY 14456 April 1, 2014 (No fooling!) from 9:00 a.m.-4:00 p.m. The program is made possible by a grant from the Genesee Valley Regional Market Authority Co--sponsored by: Cornell Cooperative Extension, National GAPs Program, Produce Safety Alliance, and Cornell University.



We are excited to announce that Dr. Trevor Suslow, an Extension Research Specialist at the University of California, Davis, Department of Plant Sciences will join us for a one of a kind lecture and hands--on postharvest water sanitation food safety workshop in Geneva, NY. Dr. Suslow is an industry leader and world--renowned expert in pre-harvest and post-harvest research and extension education focused on diverse fresh and fresh-cut fruits and vegetables. His emphasis is on quality and

microbial safety within the pre-harvest and post-harvest environment. Joining Dr. Suslow will be Dr. Betsy Bihn of the National GAPs Program and Produce Safety Alliance. The full day workshop is a diverse mix of hands on training and lecture style presentations.

It doesn't matter if you are a vegetable or fruit grower; fresh marketer or wholesaler. This is a great opportunity to learn from one of the best about post-harvest water sanitation and food safety! Pre-registration is required. Meeting open and refreshments at 8:30 a.m., program begins at 9:00 a.m.

For details on program topics and registration [visit our website here](#). **Registrations due Friday, March 28!**

## Can you eat on just \$4.00 a day? Take the SNAP Challenge!

### What is the SNAP Challenge?

The SNAP Challenge encourages participants to get a sense of what life is like for millions of low-income Americans facing hunger. By accepting the SNAP Challenge, you'll commit to eating all of your meals from a limited food budget comparable to that of a SNAP participant.



During the "SNAP challenge" participants limit their food budget to what they would receive if they participated in SNAP (formerly known as food stamps). A SNAP recipient receives \$ 28 for food per week per person so a family of 4 would have \$128. SNAP is meant to be supplemental, but for many low-income families it is their primary source of food dollars.

The goal of the challenge is to buy seven days' worth of healthy meals, snacks, and beverages for that price. Challenge participants find they have to make difficult food shopping choices, and often realize how difficult it is to avoid hunger, afford nutritious foods, and stay healthy.

For more information go to:

<http://feedingamerica.org/get-involved/hunger-action-month/snap-challenge.aspx>

Read blogs from those who have taken the challenge:

<http://www.extension.iastate.edu/foodsavings/>

## Free workshop on long term care planning - April 21 in Hammondspport

It is an aging society, so there are some important facts everyone should know to begin planning for long term care for your loved ones. Cornell Cooperative Extension of Steuben County is offering a free workshop, **Long Term Care Planning**, to help sort through the options from 1:00-3:00 p.m. on **Monday, April 21, 2014** at the Fred & Harriet Taylor Memorial Library, 21 William St., Hammondspport.

The workshop will be led by Patrick J. Roth, Elder Law Attorney, CPA from Corning. He will explain what Medicare covers, veteran options, Medicaid eligibility for a nursing home, long term care insurances, and planning options for you and your family. The session will include:

- Discover the four parts of Medicare and what is covered by each part.



- Learn about financial benefits that you may be eligible for if you (or your spouse) are a veteran.
- Discover the Medicaid eligibility rules surrounding long term care.
- Learn how to plan for your future long term care costs.



Registration is requested by calling 607-664-2300. For more information visit [PutKnowledgeToWork.com](http://PutKnowledgeToWork.com).

### Stephanie's Picks...



1. Some links about the effects of this cold winter on pest management. It is a good reminder, that even in those areas where cold may have had a moderate to severe impact on EAB survival, that we should not be changing our management and response plans.

[http://www.nrs.fs.fed.us/disturbance/invasive\\_species/eab/control\\_management/cold\\_hardiness/bp-EAB-and-extreme-cold.pdf](http://www.nrs.fs.fed.us/disturbance/invasive_species/eab/control_management/cold_hardiness/bp-EAB-and-extreme-cold.pdf)

<http://www.putknowledgetowork.org/agriculture-natural-resources/horticulture-3/frequently-asked-questions/>

2. Test Drive a possible new strawberry variety here <http://blogs.cornell.edu/hort/>

### Get a guided grocery store tour!

**Cooking Matters® at the store: A Guided Grocery Store Tour to Help Families Buy Healthy, Affordable Foods**

Want to save money at the store?  
Want to buy healthy foods to feed your family?  
Want to learn how to make the most of your food budget?

If you said yes, come join us for a free guided grocery store tour!

Practice skills like:

- buying fruits and vegetables on a budget
- comparing unit prices to find bargains
- reading and comparing food labels
- identifying whole grains
- and sticking to your budget!

After the tour you will receive a:

- FREE \$10 in healthy groceries of your choice using the skills learned on the tour
- FREE workbook full of tasty recipes and simple tips on buying healthy, low-cost foods
- FREE reusable grocery bag



To sign up for a tour, call 607-664-2300. Ask for a nutrition educator. Open to individuals or groups.

### Grafting Workshop - April 15

A **Grafting Workshop** will be held **April 15, 2014** from 6:00 - 8:30 p.m. at the Human Services Complex, Room 120, 323 Owego St, Montour Falls.

Fruit trees cannot be reproduced "true" to the original cultivar from seed. They can only be reproduced by grafting. Grafting describes any of a number of techniques in which a section of a stem with leaf



buds is inserted into the stock of a tree. Grafting is also used to repair injured fruit trees or for top working an established tree to one or more different cultivars.

John Reynolds, owner of Daring Drake Farms, will discuss the history of grafting, and will give a hands on demonstration on how to graft. You will take two grafted trees home! 15 -20 varieties to choose from - or - bring your own scion wood. Each class size limited to 12 - register early!

John Reynolds is the owner of Daring Drake Farms, a family



owned orchard with a flock of free range ducks for egg production. Over 125 varieties of large & small fruits are grown on the farm. Pre-registration (along with \$20 payment) is required by April 12. Online registration here: [https://reg.cce.cornell.edu/CCESCGrafting2014\\_244](https://reg.cce.cornell.edu/CCESCGrafting2014_244). Payment must accompany your online registration - no payment at the door.

For questions or more information, contact Roger Ort, CCE Schuyler County Horticulture Program Educator at [rlo28@cornell.edu](mailto:rlo28@cornell.edu) or call 607-535-7161.

## 4-H News

### **2014 4-H Camp Scholarships Available**

The Steuben County 4-H Program will be sponsoring 4-H camp scholarships for Steuben County 4-H members who will be attending either Hidden Valley 4-H Camp in Watkins Glen at [www.hiddenvalley4hcamp.org](http://www.hiddenvalley4hcamp.org), 4-H Camp Bristol Hills, Canandaigua at [www.4-Hcampbristolhills.org](http://www.4-Hcampbristolhills.org), or Camp Wyomoco, in Varyburg at [www.campwyomo.com](http://www.campwyomo.com) this summer. To be considered for a scholarship the application must be completed and submitted to the CCE-Steuben office by Monday, May 12, 2014. Applicants will be notified by Monday, May 19 as to the status of their application. [Follow this link for an application.](#)

### **Cornell University Vet School Open House**

The students, faculty, and staff of the Cornell University College of Veterinary Medicine invite you, your family and friends to our 48th annual Open House on **April 12**. DOORS OPEN TO THE PUBLIC FROM 10:00AM - 4:00PM. For more information visit <http://www.vet.cornell.edu/openhouse/>.

### **I Love New York Agriculture Art and Writing Contest**

New York Agriculture in the Classroom is proud to announce this year's I Love New York Agriculture Art and Writing contest! The contest is open to students in Pre-K through Sixth Grade and winners receive various prizes. Winning projects will be on display at the New York State Fair in August in the FFA Exhibit Building. To see the artwork of past winners or to find out more about the contest and how to enter, please visit the NYAITC <http://agclassroom.org/ny/programs/contest.htm>. Submissions are due April 25, 2014



### **New York Farm Bureau is offering FREE Student\* Memberships for 4-H and FFA members in their Junior or Senior Years of High School!**

Student Member Opportunities include:  
Develop Leadership Skills

Network With Other Agriculturalists  
Community Service Through NYFB's Partnership With Feeding America's "Harvest For All"  
Program

Promote Agriculture in Your Community

Compete in State & National competitive events through our Young Farmer program\*\*

Membership & leadership look great on your resume!!

Joining Is Easy! Visit [NYFB.org/membership](http://NYFB.org/membership) (scroll down to "special student membership") and fill out the form. Become part of the State's top organization protecting the rights of farmers, landowners and ag professionals across New York. Give us a call or check us out on-line for more information!  
[NYFB.org](http://NYFB.org) \* 1.800.342.4143

\*Student members are 16-21 years old.

\*\*Young Farmer competitions are available to members between 18-35 years old.

### **Third Annual Livestock Judging Clinic - Cobleskill**

Grow it. Fit it. Show it.

Saturday, April 26, 2014

8:30 a.m. - 6:00 p.m.

Schoharie County Sunshine Fairgrounds

Open to any and all junior livestock show enthusiasts!

[Details on our Dairy & Livestock Page.](#)

### **Advisory for Fairs**

Porcine Epidemic Diarrhea (PED) is an emerging swine disease in the United States that was first confirmed in the US in May 2013. Cases have been identified in NY and 24 other states.

[Info and advisories are listed on our forms page under "County Fair" heading.](#)

### **New York Next Generation Jersey Sale**

Get your Jersey heifer or young cow 4-H projects on May 9th! There will be many different ages to choose from...PLUS you will have an early start on training them to lead for the fairs all summer long!!!

Plan now to attend the New York Next Generation Jersey Sale on May 9th at 5 pm at the Steuben County Fairgrounds, Bath NY. Catalogs will be available in early April and you can see pedigrees online too!

Cannot make it on the 9th, no problem, you can see the heifers online and even bid from home! Just call ahead and reserve a number. Details will follow in upcoming newsletters and at the JMS (Jersey Marketing Service) website at [usjersey.com](http://usjersey.com).

The following volunteer members of the NY sale committee are available to answer questions. They

are: Jerry Stewart - Chairman - 607-382-8442; Eric Hanson - 716-225-0696; Nathan Chittenden - 518-330-3865; Meghan Moody - 814-574-4817; George Wilson - 607-287-8476; Keith Evans - 607-226-1274; and Charlie Luchsinger 315-382-4354.

You can also contact Sally Stine at 614-322-4473, Erica Davis at 614-361-9716 or your AJCA-NAJ Area Representative, Sara Barlass at 614-256-6502 or email [JMS@usjersey.com](mailto:JMS@usjersey.com).

### **Middle School Program available to middle school students**

I would like to introduce you to a middle school program we are flying this summer via the RockSat-C program, which started with RockOn.

Cubes In Space, is a no-cost global design competition for students aged 11-14 years old to develop STEM-based experiments for launch into space. The Cubes In Space program is a partnership between Rubik Learning Initiative, idoodlesoftware inc., the Colorado Space Grant's RockSat-C program and supported by the Sounding Rocket Program Office at NASA's Wallops Flight Facility. More information is available from their website <http://www.cubesinspace.com>.

Teacher registration for this program ends on April 11, 2014. This a great opportunity for middle school students to experience flying a small experiment into space for free. It is also a great way to help middle schools across the country with very little effort on your part as all the materials for the teachers and students are on the website.

Outdoor show lining up 2014 attractions....



The **8th annual Southern Tier Outdoor Show** will be held **October 11-12, 2014** at Wilkins RV, Inc. in Bath, organized by Cornell Cooperative Extension of Steuben County.

We have some amazing new attractions planned for the 2014 Southern Tier Outdoor Show!

Our featured show will be **Gould Brothers Exhibition Shooting (GBX)**. The Gould Brothers, Aaron and Steve, have very different personalities, but are extremely passionate about similar things. GBX promotes the shooting and hunting

sports, conservation, gun safety, and living with a purpose. The Gould Brothers are most well known for their live exhibition shooting shows performed at events across the country and for their online videos seen across the globe. The Goulds developed a friendship with and opened shows for Tom Knapp. Before his death in April 2013, Tom began referring his appearances to the Gould Brothers. [Read more about their story here...](#)



Also visiting this year will be Paul Schnell displaying his **Raptors in the Modern World**. He will highlight "Liberty" a bald eagle with whom the public can have their photo taken. Also performing will be a peregrine falcon, red-tailed hawk, several owls, and perhaps a Harris's Hawk.



For over two decades the [Institute for Environmental Learning](#) has blended natural history topics with live birds of prey. The goal of our presentations is to elevate people's awareness and most importantly encourage their participation in conservation efforts. As award-winning published naturalists, Paul and Anne bring over four decades of combined professional conservation and education experience to the classroom and outdoor related venues.

And now for the creepy crawly critters: [Wildlife Educator Tom Hudak](#) of Rochester, NY will be presenting venomous snakes of New York. See timber rattlesnakes up close and personal. Have your picture taken with the six-foot rat snake, "Ange". Tom will not only have his creatures on display, but will describe what the public needs to be concerned about.

Stay in touch with the latest details about this fall's show at [www.SouthernTierOutdoorShow.com](http://www.SouthernTierOutdoorShow.com) and on Facebook at [www.facebook.com/SouthernTierOutdoorShow](http://www.facebook.com/SouthernTierOutdoorShow).



## What's Going On Around the Community...

### Corning Winter Farmer's Market continues!

The next Winter Market continues this Saturday, March 29, and in April from 11:00 a.m.-3:00 p.m. on April 12 and 26!! Find many of your favorite vendors inside the Information Center on



Market Street! [Keep up to date on their Facebook page.](#)

### **April is National Child Abuse Prevention Month**

In recognition of April as National Child Abuse Prevention Month, the Task Force for the Prevention of Child Abuse and the Steuben County Youth Bureau partner with the agencies involved in the Family Enrichment Collaborative to conduct a county-wide Pinwheel Campaign.

The simple but beautiful pinwheel has been selected as a national symbol to raise awareness about the prevalence and preventability of child abuse. Through coordinated efforts, children across the county create and proudly display pinwheels at schools, Youth Centers, Parent Resource Centers, daycare centers, and even supporting businesses. Youth clubs and organizations are needed to make pinwheels for the 2014 Pinwheels and Promises Campaign for more information go

to <http://steubencony.org/Files/Documents/YouthBureau/pinwheels2014.pdf>

For two different sets of directions to make pinwheels or a Pinwheel Coloring sheet go to [http://steubencony.org/Files/Documents/YouthBureau/pinwheel\\_directions.pdf](http://steubencony.org/Files/Documents/YouthBureau/pinwheel_directions.pdf)

For more information on the Steuben County Pinwheel Campaign, contact the Youth Bureau at (607) 664-2119, or at [billc@co.steuben.ny.us](mailto:billc@co.steuben.ny.us).

### **I Love My Park Day is Saturday, May 3**

I Love My Park Day is a New York State initiative to bring communities together to clean up parks in preparation for the spring and summer months ahead. For I Love My Park Day in 2013, over 4,000 New Yorkers volunteered at state and local parks. [For more details visit this link.](#)

### **Dairy Festival is June 7**

[Find out parade float information here.](#)

### **Build A Business Series begins April 1**

The Small Business Development Center is offering a Build A Business Series - 12 session Business Plan at the VFW in Bath. [Download a flyer here.](#)

---

**The Cornell Cooperative Extension educational system enables people to improve their lives and communities through partnerships that put experience and research knowledge to work.**

**Carla Dawejko**

**Public Affairs Coordinator**

**Cornell Cooperative Extension of Steuben County**

Cornell University Cooperative Extension provides equal program and employment opportunities.

CCE does not endorse or recommend any specific product or service. This newsletter is solely intended to educate consumers about their choices.

Scan this code to visit our website:



[Forward email](#)



This email was sent to [crd24@cornell.edu](mailto:crd24@cornell.edu) by [crd24@cornell.edu](mailto:crd24@cornell.edu) | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Cornell Cooperative Extension of Steuben County | 3 E Pulteney Square | Bath | NY | 18840

