



Upstate NY Fall Planting & Harvest Cheat Sheet

Cornell Cooperative Extension Allegany County



Crop	Start (Late August/Early Fall)	Start (Early Spring)	Direct sow / Indoors	Harvest
Beets	Sow until late August	Sow April	Direct sow	55 - 70 days. Mulch or late fall harvest.
Broccoli	Transplant by late August	Start indoors Feb-March, plant April	Indoors for transplants	60-80 days. Fall heads are sweeter, protect from hard frost.
Brussels Sprouts	Transplant by late August	Start indoors Feb, plant April	Indoors for transplants	90-110 days. Improves after frost. Best for early Spring planting.
Cabbage	Transplant by late August	Start indoors Feb, plant April	Indoors for transplants	65-90 days. Tolerates light frost. Cut outer leaves to extend season
Carrots	Sow until late August	Sow April	Direct sow	65 - 75 days. Leave in ground into November, mulch heavily for storage
Garlic	Plant mid-September to mid-October	Not Spring-sown	Direct sow (cloves)	Harvest next July. Mulch heavily, great overwinter crop.
Kale	Sow late August. Harvest Oct-Nov	Sow early April	Direct sow or transplant	50 - 65 days. Gets sweeter after frost; can overwinter if covered.
Lettuce (leaf)	Sow until mid-Sep	Sow mid-April	Direct sow or indoors for transplant	Sensitive to frost <28°F. Harvest young leaves frequently.
Onions (bulb)	Plant sets or overwinter varieties	Start indoors Feb-March, transplant April	Indoors or sets	90-120 days. Long-day types work best in WNY
Radish	Sow until med-Sept	Sow mid-April	Direct sow	25-30 days. Fast crop, ideal for succession planting.
Swiss Chard	Sow until late August	Sow April	Direct sow or indoors	50-60 days. Tolerates light frost, cut outer leaves to extend season.
Spinach	Sow late August / early-Sept	Sow late March-April	Direct sow	40-50 days. Cold hardy. Survives light snow with cover.
Turnips	Sow until late August	Sow April	Direct sow	50-60 days. Greens are edible too.

